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FIRE DISTRICT PROJECTED IN FUTURE

It is interesting to note that there is considerably more interest in the proposed South Lane fire district association now than a few years back when such an organization was suggested. Then it was more or less a matter of indifference. Now a number living outside of the protection usually offered by a municipality know what it is to be without fire protection. They know the history of Glenwood, known as west Springfield, located close to both Springfield and Eugene. Other recent incidents have served as a reminder that some sort of protection is needed.

Urban residents won't get any benefits from such an organization, neither will they share any expense, but they are interested nevertheless and are willing to show a sympathetic cooperation because when fire strikes, it is no respecter of county or city lines and may occur a short distance across the city limit. In a case of this kind it is difficult for city firemen to say "no". Yet, in many towns this has been done because of the possibility of a fire occurring within the city limit and the financial responsibility of the city in the event of total or partial loss.

There are several hundred buildings outside of Cottage Grove within a radius of six miles of the city center, there are many just across the city line. In most instances there is no fire protection and in the event of a fire the chances are that the property will be destroyed, oftentimes at a heavy financial loss to the owner. In such instances there is often a feeling of bitterness against the city or town nearby for refusing aid, but this criticism has not moved cities to extend aid in cases of this kind any more than it has moved the same city to extend aid to such residents for proper sanitary measures. After all it is the choice of the property owner to reside either within or without the city limits, and if within the city limits he must help pay for the conveniences enjoyed and the protection afforded.

A rural fire association offers protection to many who could ill afford a fire loss. The deputy state fire marshal is the authority for the statement that the savings in the insurance rate would also offset the taxes necessary to maintain and equip such a district. The savings in insurance he says would practically counterbalance the tax rate if all property owners carried nearly full insurance coverage.

At the present time there are over fifty rural fire districts operating in the state. Many, including the fire district of the Junction city area, are operating at a small expense to the residents.

Clip Rug Sprouts
If a rug sprouts loose ends of yarn, as the best may do, clip the sprouts even with the surface, using sharp scissors. That's much better than pulling them up like weeds.

Sun Ray Shield
Scientists claim the earth's atmosphere shields its inhabitants from harmful sun rays and helps to equalize day and night temperatures.

Washington Letter

By Harris Ellsworth, Rep. in Congress from Oregon

TENSION ON THE FLOOR. Even favorable war news and unusually fine spring weather have not had a soothing effect on the general temper of the house. There seems to be a tension, the like of which I have not seen before in my time here. During the past two weeks, heated clashes have occurred on the floor nearly every day. Such verbal conflicts are as often between members on the democratic side of the aisle as between members on opposite sides of the aisle. This condition has had no serious bearing on the work of the house as yet, but in my opinion, a brief recess should be taken. It would be unfortunate to have such extremely important matters as the Bretton Woods Agreement considered by a tired and irritable Congress. The general talk "on the Hill" is that legislative business will be suspended for a couple of weeks near Easter.

FOOD STUDY. The republican congressional food study committee, of which I am secretary, has just about completed its organization for this term of Congress, and is planning to dig deeply into several immediately critical food problems. During the 78th Congress, this committee contributed some valuable suggestions regarding the handling of the nation's food problem. One outstanding value of our work was that we called attention in advance to certain dangers with the result that remedial steps were taken before crises developed. One such case was the poultry distribution problem in the New England states. Data gathered by our committee was also useful in averting a more serious potato famine than occurred. We also called attention to the fact that, while the live animal inventory of the country was unusually large, meat was short in the markets. Slaughtering quotas were subsequently removed.

The studies of our food committee clearly pointed to one fundamental weakness in the national handling of the food problem. This weakness is the multiplicity of agencies, departments and executives having direct or indirect control over food production, distribution and transportation. For a year and a half, we have been urging that food be placed under the control of a single administrator. A bill was introduced by Tom Jenkins, chairman of the food study committee, in 1943. Later, the chairman of the committee on agriculture introduced a similar bill which was reported favorably to the house, but it was never acted upon.

As soon as the food study committee staff organization is complete, and our data is brought up to date, the committee will doubtless again urge the passage of legislation to place food under one single control.

There has been considerable debate on the floor of the house recently on the subject of the present food situation. Apparently some badly needed food items are scarce because ceiling prices are lower than the present cost of production. Congressman Frank Barrett of Wyoming pointed out recently that prices can be held down and even rolled back, or that food production can be increased, but it will be impossible to do both. The food study committee will endeavor to search out the facts on this point.

The department of agriculture appropriation bill is up for passage in the house this week. I was disappointed that the appropriations committee did not increase the regular appropriation for forest products research. In its report, the committee justifies its action by expressing the belief that such research funds will be available from the various war appropriations during the next fiscal year. I hope their assumption is correct, but I am inclined to doubt it. However, it still may be possible to have additional research funds included when the bill is considered by the Senate, or needed appropriations can be made in a deficiency bill later.

The words "billion" and "million" may sound alike, but a ten-dollar bill and a penny don't look much alike, and that's the ratio.

APPRECIATES HOME PAPER

Seattle, Wash. Mar. 20, 1945.
W. C. Martin
Cottage Grove, Ore.
Dear Sir:

As we don't want to miss any of the Sentinels, I am enclosing my subscription for another year. We enjoy reading about all our friends in the Grove. Hope it won't be long before we can return to Cottage Grove to live, but at present we are both very busy. Mr. Strausen is working for the U. S. Army Engineers and I am employed by Cameron Wholesale Company.

Yours truly
Mr. and Mrs. F. C. Strausen
Formerly prop. of Crawford hotel. We send best regards to all our friends.
Mr. and Mrs. F. C. Strausen
2325 42nd N.
Seattle 2, Wash.

FINANCIAL REPORT OF 1945 INFANTILE PARALYSIS FUND SOUTH LANE COUNTY, COTTAGE GROVE, OREGON

RECEIPTS	
Schools	\$565.67
Organizations	855.66
Business Firms	264.50
Personal Contributions	141.00
Theatres	405.50
Wishing wells in stores	189.13
Total receipts	\$2,421.46
EXPENDITURES	
Advertising	\$12.05
Typing	13.50
Phone calls	85
Envelopes and postage	14.99
Total expense	\$41.39
Net receipts	\$2,380.07
N. J. Nelson, Chairman. Ruth DeLong, Treasurer.	

TERROR TACTICS KEEP JAPANESE FROM HOMES

WASHINGTON. — Terror — dished out by hoodlums, arsonists and nightriders — is keeping some of the evacuated Japanese and Japanese-Americans from returning to the west coast.

Only about 1,700, of the 110,000 evacuated after Pearl Harbor, have gone back. Sixty thousand still are in relocation camps, waiting to go back or to find homes elsewhere.

Terrorization, intimidation and discrimination have been used against about one of every 70 evacuees who have returned. This estimate is by officials of the war relocation authority (WRA).

Attorney General Biddle says the "relocation of the Japs" will continue rather slowly and quiet-

ly because most of the Japs will stay in the camps because they are afraid to go home."

Trend to Frozen Foods Noted in Outlook Circular

The pack of frozen fruits and vegetables in the United States exceeded 500 million pounds in 1944, even though only an estimated 30,000 retail stores out of 450,000 are equipped to handle these products. This trend toward frozen food processing is one of the topics discussed in the current agricultural situation and outlook circular just issued by the O. S. C. Extension service.

Other important outlets for frozen foods are hotels, restaurants, dining cars, steamships and other large users who receive supplies direct through wholesale channels. Increased marketings of fruit juices, and the possibility of developing air transportation for farm products are other items included in the circular along with much production and marketing data pertaining to spring planted crops, vegetables, fruits and nuts.

Among annual and perennial spring-sown crops of commercial importance in Oregon reported on in the circular are wheat, feed grains, hay, and pasture seeds, potatoes, sugar beets, hops, dry peas and beans, flax and peppermint.

A close adjustment still obtains generally between hay supplies and livestock, the report shows. In some areas hay-eating animals would overbalance feed supplies if growing conditions for pastures and hay should be less favorable than in the past few years.

The entire report, designated as Oregon Outlook Circular No. 1, is available without charge from county extension offices or direct from the college.

Protein Value
The nutritive value of a protein depends primarily on its amino acid composition. Most proteins are composed of about two dozen different amino acids combined in a variety of ways. When we eat proteins we are eating amino acids. Eight of these amino acids are nutritionally essential factors.

Umbrella Breaks
When you have fabric breaks in your umbrella either have them mended or patch them yourself. Back and forth darns or press on patches can be used for fabric tears.

WISDOM IN BIOLOGICAL ENGINEERING

Man, together with other higher vertebrates, has developed some elegant automatic mechanisms for regulating the physical and chemical properties of his blood and body fluids. The relative constancy of one's internal environment in the face of external stress and change is characteristic of such factors as blood volume, blood sugar, hydrogen ion concentration and salt content of the body fluids. The thermostatic regulation of internal body temperature is another case in point. These factors are beautifully controlled with little or no conscious thought on our part. As Claude Bernard pointed out nearly a century ago this regulation renders the higher vertebrates free of their external environment to a degree impossible for animals not possessing these automatic mechanisms. Homeostasis of the internal environment, as Cannon, Barcroft and others have demonstrated, is one of the truly central problems of physiology.

When, for example, the environmental temperature falls a bird or mammal conserves more of its metabolic heat and maintains its internal temperature constant. A frog, on the other hand, must take on the temperature of its environment. In cold weather its metabolism and other dependent reactions are slowed up until it becomes immobilized and a prisoner of the climate. Freedom this is not just a matter of sociology and politics, but freedom of a sort has its substratum in biochemistry and physiology.

DR. H. A. HAGEN.

Scorch Pan When you scorch a pan, try sprinkling dry baking soda over the scorch, letting it stand for a while. You will be surprised at how much more easily it can be removed.	Cut Losses Modern forest management and good fire prevention have cut losses from forest fire in half in the Soviet Union in the past five years, says Moscow.
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New Stock of WALLPAPER



We have new Wallpaper patterns to choose from. Also Nu Enamel, Paints and Varnishes. No priority needed to make your home snug, comfortable and beautiful. See us today for your Wallpaper, Paint, Nu Enamel and Varnish Needs.

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We Represent That Kind.

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Cottage Grove, Oregon

Painting Papering

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Is a good time to have your Spring Decorating done while labor and materials are still available.

City Painting and Decorating Co.
Phone 252 For Appointments

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ONLY

To Whom It May Concern

Just Received 30,000 feet electric wire; One electric range; One washing machine; 2 electric radios.

Lee's Electric Shop

Watch Your Kidneys!

Help Them Cleanse the Blood of Harmful Body Waste

Your kidneys are constantly filtering waste matter from the blood stream. But kidneys sometimes lag in their work—do not act as Nature intended—fail to remove impurities that, if retained, may poison the system and upset the whole body machinery.

Symptoms may be nagging headache, persistent headache, attacks of dizziness, getting up nights, swelling, puffiness under the eyes—a feeling of nervous anxiety and loss of pep and strength. Other signs of kidney or bladder disorder are sometimes burning, scanty or too frequent urination.

There should be no doubt that prompt treatment is wiser than neglect. Use Doan's Pills. Doan's have been winning new friends for more than forty years. They have a nation-wide reputation. Are recommended by grateful people the country over. Ask your neighbor!

DOAN'S PILLS



Meet the "workhorse" of the railroads



Not glamorous, not a "show-off"—the unpretentious box car. You never see it bristling with Sherman tanks, 105 mm howitzers, 10-ton trucks and jeeps, like the flat cars and gondolas. It's just a modest workhorse—doing one of the biggest war transportation jobs of all.

When you see a mile-long string of box cars, just think of this. These plain, unassuming cars are carrying the war to Japan. Inside are airplane engines, parts to outfit ships, medical supplies for our men in the Pacific, millions of tons of foodstuffs and ammunition and small arms.

For nearly all the war cargo that goes to sea, goes by rail first. And this huge transportation job is just as important as fast production in our war factories.

The humble box car best symbolizes the fact that transportation is not the job of one railroad. It's the job of all railroads working closely together—pooling their resources and exchanging equipment and facilities.

That is why you see on Southern Pacific rails the box cars of nearly every railroad in the country—New York

Central, Erie, L & N, Illinois Central, Northern Pacific, Union Pacific, Burlington, Rock Island, Pennsylvania, Southern, Western Pacific, and Santa Fe to name just a few.

As the pressure on Japan increases, you will see an increasing number of war freights rolling on Southern Pacific's 15,000 miles of line. That's because Southern Pacific serves the major West Coast ports of embarkation and more military and naval establishments than any other railroad.

When you see these freight cars, representing almost every railroad, let it remind you how all the railroads are working closely together to deliver the stuff our fighting men need—on time!

S.P. The friendly Southern Pacific