

W. C. MARTIN

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CAN'T HIT A HAPPY MEDIUM

For several years, we have not been able to hit a happy medium so far as the enforcement of speed and safety laws are concerned. Its either too much or too none. We think the observation of a member of the city council in this respect is timely when he expressed a hope that enforcement officers might be able to stop speeding and unsafe practices without going too far in the direction of rigid observance of the letter of the law as was practiced here a few months back.

It seems that some motorists will take advantage of leniency on the part of officers and will take streets and corners at fifty per unless called down as well as fail to stop at stop signs on thoroughfares. Safe driving is probably more important now in view of the fact that wrecked cars can not be replaced and in view of the present statistics that cars are going off the nation's highways at the rate of three per minute. All of which means that in the course of time the loss of cars will vitally affect our civilian transportation system.

Appropos of the approaching 4th of July when normally the highways would be crowded with cars, Robert Farrell, secretary of state has urged motorists to "Put Victory First on the Fourth." Farrell estimates that the majority of motorists traveling the highways of the state during May drove at an average speed of 49 miles per hour. Monthly speed checks reveal that only eight percent of the motorists held their speed below the 35 mile war time speed mark.

WHY BIG CITIES ARE OUT OF DATE

Cities had their beginnings as port towns. Before railroad were built, rivers carried furs and produce of the interior to ports. There ocean vessels awaited their cargoes. Ports, being centers of transportation, also became manufacturing centers.

The newer cities developed at the railroad junctions. Where coal and raw materials were conveniently assembled, and where finished goods could readily be sent out, was a logical place for a town to grow bigger.

Steam power contributed to growth. It could be transmitted only by the length of shafts and belts, so factories grew large. Homes and services for workers multiplied.

Naturally where there was manufacturing and business there grew also hotels, restaurants, banks, business and entertainment facilities. As populations climbed, the presence of labor supply was an inducement for new industries to locate in the city where skilled workers already were present.

These were the forces that started the great American cities of today. Although counterforces have long since diminished their strength, another ancient force has continued their effort. That is inertia, the force of habit, so strong in man that cities have kept on getting bigger long after the necessity for larger metropolises has disappeared.

The river, of course, has become a minor factor in transportation. The automobile, the motor bus, the motor truck and the modern highway have supplemented the railroad. Both passengers and freight can be set down economically at any point. Neither the railroad junction nor even the railroad station is so completely determining a factor as formerly was true.

The decentralizing characteristics of electric power are of primary importance. Unlike steam, electric power can be transported for hundreds of miles. Unlike steam, it is readily divisible. A manufacturing business nowadays can be conducted with a quarter-horse-power electric motor in a barn along any highway where a truck can travel.

Power, people, materials and finished goods all are infinitely more mobile than in the years when great cities started.

If the logic of economic forces prevails, post-war America will see the huge cities grow at a lessening rate while population will increase in the smaller towns and cities. More people will live along the highways. Population growth in the big cities has during much of the last twenty years, been vertical. Skyscrapers and apartment buildings piled human beings on top of one another. In the future the direction should be horizontal. There is plenty of land. Air travelers have long noted how this trend is under way as homes and small acreages extend along the highways for many miles on the major routes out of most cities.

The reasons for big cities to grow bigger no longer exist. Wider distribution of people into areas where living is at its best should be expected. The forces to that end are in being.  
—The Pathfinder.

High in Food Value

Distillers' by-products from alcohol are high in food values for animals and poultry, and there are more of them now since alcohol production has been increased and shifted to meet war needs.

Protect Bees

To keep extremely cold winds from penetrating the insulation around beehives, they should be protected by a snow fence or other windbreak on the side from which the prevailing winds blow.

Washington Letter

(By Harris Ellsworth)

Washington D. C.—The activities of Congress ceased Saturday for a period of several weeks so that members who wish to do so may attend both the republican and democratic conventions. Both conventions are being held in Chicago this year. The republican meeting began Monday. I am leaving for home today, but will stop off in Chicago and watch the operations of the Republican National convention.

Although I shall be away from Washington several weeks, my office here will be open, and any matters requiring attention here can be handled by my very competent office staff. Just address me in the usual way—House Office Building, Washington, D. C.

When I am in Oregon during the summer, I expect to be traveling around the district the greater part of the time, but office space has very kindly been provided for me in the post office building in Roseburg, which will be my personal headquarters, and through which I can be reached at nearly any time.

This is the last weekly newsletter I shall write for some little time. I wish it were possible, as a substitute for this weekly communication, to see and talk with everyone in my congressional district during the summer. I realize that is not possible, but I do want to see everyone who has some problem with which I might help, or who has anything at all to talk over with me.

SUMMER—ITS JOYS AND DANGERS

By Dr. H. A. Hagen.  
Winter has been so well advertised as a season in which we may anticipate disease and disaster, that most of us become instinctively on our guard along about the time the leaves begin to turn. "Ah," we say to ourselves, "trouble is brewing. We must watch our step."

But comes summer, and with it a general tendency to relax. This is widely accepted as the season of Good Health and wellbeing. But, significantly, there is no great variation in the community disease rate. We don't have quite so many colds, perhaps (although they are always more or less prevalent; and everyone knows, of course, that a "summer cold" can be especially aggravating). But hot weather breeds its own special variety of maladies. Stomach disorders are much more prevalent in the summer season. And of course there are conditions directly traceable to rising temperature—heat prostrations, heat rashes, sunburn and the like.

So, all in all, it well behooves us to be on our guard. There is no season of the year in which we can safely lean back and say, "Now, at last, we are in the clear. Nothing adverse is likely to happen to us for a spell. We'll just relax!"

And yet summer, despite its potential dangers, is the season for recreation and rebuilding. These are times to store up health and energy which we will need to carry us through the fall and winter months. Let the children play. Encourage them in every health-building endeavor. That's the way Nature intended them to behave!

But let us not overlook the fact that activity sometimes leads to accidents. In pursuit of summer's sports and games the youngsters—and some of us older folk, as well—may sustain some falls, sprains and bruises. Even the Victory gardener comes in for his full share of back injuries, aches and pains.

Don't take these summer accidents too lightly. They may, quite often, lead to serious consequences. And the most distressing part of it is that the malady which shows up months hence, may not be traced to the real source.

But how, you may ask, can disease result from an injury?

In just this way: The spinal system is the body's "electric line" distributing vital energy to

every part of the body, through a system of connecting nerves. An injury to the delicate spinal cord—even the slightest displacement—may result in pressure on a delicate nerve, thus reducing, or even cutting off entirely the flow of energy to some vital organ of the body. When this condition results, that part or organ becomes diseased. Nature sends out her distress signals. We say we have "stomach trouble" or "kidney trouble," or trouble in whatever organ may be afflicted. Actually, the trouble is in the spine.

ROUNDUP

OPA announces that it may establish ceilings on wage rates for independent contractors for services rendered on farms, where the War Food Administration has established maximum wage rates of farm workers. Used car rationing is not planned at this time or for the future, so far as OPA knows. Unused farmers Pr-19 certificates held by dealers have the same standing as new certificates for the purchase of farm supplies. WPB says. Passenger travel for the first quarter of this year was 25.5 percent over traffic in the same quarter last year. OWI reports. To insure travel facilities for disabled military, naval and merchant marine personnel, railroads may cancel reservations, space assignments or tickets and if necessary must cancel or discontinue passenger train service and refuse permission of passengers other than disabled personnel or attendants to board trains. ODT has announced.

Lamb, Cheeses Go Back on Ration List July Second

With more cattle on the hoof than was ever known, local butch-

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C. O. Clark

A. K. Clark

ers have been unable to figure the move of the OPA in raising points on beef steaks and roasts and putting choice cuts of lamb back on the ration list, effective July 2nd. Points on some choice beef cuts will be boosted to a new high. Some cheeses will also go back on the rationed list.

Price Administrator Bowles explained the increase in point value on beef by saying that the civilian beef supply for July was cut twelve percent.

MINERAL OIL PROTECTS SWEET CORN

To protect growing sweet corn from the corn earworm, use an inexpensive white mineral oil (medicinal oil), the Department of Agriculture advises. Wait at least 3 days after the silk first emerges before oiling, and not later than 7 days. An ordinary glass medicine dropper when half full of mineral oil is enough for a small ear of corn, and about three-fourths full for a large ear. Insert the medicine dropper about a quarter of an inch into the silk mass just inside the tip of the husk. Since not all silks ma-

ture the same day, treated ears may be marked with a crayon or strip of cloth. The oil kills worms in the silk and prevents the entry of others.

ADVISES BUYING EXTRA EGGS NOW

If every housewife will buy an extra dozen eggs now and store them in her refrigerator she can help solve a big problem now facing the War Food Administration. At present, WFA says, there are 1,400 carloads of eggs for which no cold storage space can be found. By using their refrigerators, housewives can make it possible to save 25 million dozen eggs. Egg production has begun to decline seasonally, and it soon will be possible to handle all supplies in the usual manner.

SHELL OIL SUBSCRIBED \$8,000,000 IN 5th WAR LOAN

E. R. Husted, local manager, announces that the Shell Oil Company Incorporated, subscribed eight million dollars on the Pacific Coast for the Fifth War Loan Drive, of which \$45,000.00 are being allocated to Lane County.

PETITIONS FILED WITH COUNTY CLERK

Initiative petitions for the proposed constitutional amendment have been filed with County Clerk, W. B. Dillard. The petitions provide monthly annuities from a gross income tax as a substitute for the present old age assistance plan in the state. Petitions bearing the names of 1,300 voters have been filed at the clerk's office to check the names to determine if they are registered voters. The proposition will be submitted to the voters this fall and would give a pension of \$60.00 per month to those over 60 years of age.

GATES MARKET

Open for business today, June 29th



Keep Oregon Green for Jim and Joe!

Forest fires destroy one of Jim's and Joe's most valuable possessions . . . just as surely as if their homes were to burn!

Whether or not your Jim and Joe are loggers or lumbermen, a big share of their income in peacetime comes from forest industries. You see, business makes business, and the forest industries account for about \$6 out of every \$10 worth of business done in this region!

And the forests give Jim and Joe the happiest vacation times men can have . . . hunting, fishing, skiing in the greatest evergreen land in the world. Forests are part of their homeland.

As if that were not enough, keep in mind that the fewer the forest fires, the sooner they'll be coming home. Forest fires destroy timber they need—need badly—in the drive to victory. Forest fires burn up manpower, too . . . scarce manpower that's needed to get out the woods!

NOW—MORE THAN EVER BEFORE—KEEP OUR FORESTS GREEN . . . for Jim and Joe!

REPORT EVERY FIRE — PROMPTLY!

When you see a wisp of smoke in any wooded land, whether the trees are large or small, rush to the nearest telephone and tell Central you wish to report a fire. She will connect you with proper authorities. Above all, caution friends to be careful with matches, cigarettes, campfires.

PARFUME - LA - FLORAL

Long Lasting Perfume Per Bottle 59c-69c-\$1.38-\$2.75

Antiseptic Tooth Powder 2 oz. bottle 29c	VIMMS Vitamins and Minerals 283 Tablets \$1.79	Hines Honey and Almond Cream SPECIAL \$1.00 size for 59c	Vantines Incense. Assorted Odors 10c and 25c Per Box
Mint Dental Plate Rubber \$1.00	Colonial Club Shaving Cream 4 oz. Jar 49c	BUG-G-ETA Kills Slugs and Snails 25c and 50c	Optically Ground Sun Glasses \$1.75 to \$3.50 Per Pair

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