

## Cottage Grove Sentinel

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OREGON NEWSPAPER PUBLISHERS ASSOCIATION  
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## SIMPLIFIED INCOME TAX

The man who can devise a tax law where the average individual might be able to prepare his tax statement without assistance from the bureau of revenue or a tax expert will be elected president. This statement has been repeated so often in the last few weeks, it ought to be worthy of consideration by the presidential aspirants.

The greater the tax rate, the more complicated the preparation of tax statements become and we have about reached the point where nobody knows anything. Even the treasury officials can't fill out the forms alike and when this situation prevails the taxpayer can't be blamed for his failure to understand what it is all about.

## POST WAR HEADACHES

International collaboration appears to be the present trend of thought and the theme of the administration, but the average individual wonders if this move is any more practical now than during the past fifty years. The theory in itself is very convincing and if possible would no doubt promote a better world understanding.

In establishing international collaboration we would necessarily have to have free trade or certainly more commercial connections than we had in peace times. Free trade means that the American farmer and the American laborer would have to compete with the standard of living conditions prevailing in the neighboring nations, where often peon and coolie labor is employed. To establish such relations without detriment to the laborer or the farmer, we would have to either raise the standard of living in these nations or else so perfect our methods of production by mass production on a scale hitherto unknown. So far we don't seem to have made much impression on the world in this respect and at best it would be a long slow process. It has been said that if the living standard of the world was raised one sixth, we would be able to export everything we could produce, but it's a big if to surmount and one that's fraught with many headaches.

## FIDDLIN' LEE

Down in Texas, W. Lee O'Daniel has made several political campaigns with success by fiddling himself into office. He started his political campaign as a radio announcer and conceived the idea of organizing a hillbilly band and supplying the voters entertainment along with his campaign. His technique has spread like wild fire in the south and now the first thing a prospective candidate does is to organize a hillbilly band and go after the votes.

There are advantages in a campaign of this sort. No political platform is necessary and the candidate does not have to try to remember what he promises and thus avoids a headache. His main problem is to produce music; soothing music to the voters and watch the results at the polls.

Now an O'Daniel backer proposes to start an O'Daniel boom for president by storming the democratic convention with hillbilly bands. If the move is successful the Texas senator might be fiddled right into the white house and if called upon to solve a national or international problem fiddling right out of it. The only thing is to convince the voters that he might be able to fiddle away some of the post war problems or fiddle out of the next depression. Nero fiddled while Rome burned one time, but the move was not very popular.

## OREGON LOSES A STATESMAN

Oregon lost a real statesman in the death of Senator Charles McNary and one that will not be easily replaced. Recognition of the ability of Senator McNary was not confined to the border of this state, but he was well and favorably known in every state in the union. He was definitely a national figure and commanded respect wherever he was known.

Statesmen of the calibre of McNary are rare because of the difficulty of choosing between a statesman and a demagogue. Time has recorded so few of them that their deeds stand out as the bright pages of history. It will be so with McNary and for this reason his loss will be so keenly felt.

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## Soybean in America

First mention of soybeans in American literature was made in 1804 by one James Mease, who wrote that "the soybean is adapted to Pennsylvania and should be cultivated." It was not until 1898, however, that the department of agriculture began the introduction of a large number of soybeans from Asiatic countries.

## CHURCHES

FIRST PAPSTIST  
Rev. George E. Hardy, Pastor.  
Church school 9:45 a. m. Mrs. H. H. Weeldreyer, sup't. 11:00 a. m. morning worship. Sermon topic "Heart to Heart." Communion will be served and new members received. Mrs. H. J. Hardy will sing. 6:30 p. m. Baptist Youth Fellowship, Mrs. W. C. Martin, sponsor. 7:30 p. m. Happy Evening service. Topic "Help Wanted." Tuesday 7:30 p. m. Bible conference will start with Roy L. Brown conducting the services. All are welcome to these services each night.

FREE METHODIST  
915 So. 6th St.  
L. C. Gould, Minister

Sunday school at 9:45 a. m. Preaching 11:00 a. m. Evening service 7:45 p. m. Midweek prayer meeting Thursday 7:45 p. m.

These days when law enforcement is grappling with child delinquency, no sound thinking man wants his children caught in this whirl of sin. While there is no absolute protection against the wiles of Satan to trip our children up, the Sunday school is the best guaranteed protection to be found for them now. If you or your children are not now attending any other school we heartily invite you to meet with us on Sunday.

The sermon topic for the eleven o'clock service is "A Testimony Up to Date."

PRESBYTERIAN  
Sunday school 9:45 a. m. LeRoy Beghtol, superintendent. Morning worship 11:00 a. m. Pvt. Robert Newman of Camp Adair will supply the pulpit. Intermediate Endeavor 5:00 p. m. Senior Endeavor 6:00 p. m.

CHURCH OF CHRIST  
Bible school 9:45 a. m. Worship and communion 11:00 a. m. Subject, "Forgetting God and Failing." Christian Endeavor, June Eastburn, president, 6:30 p. m. Evening service 7:30 p. m. Subject, "Perfect Through Suffering." Prayer meeting Thursday 7:30 p. m.  
Roy Hands, S. S. Sup't.  
L. P. Nebelung, Minister.  
Wendell Small was ordained to the Christian Ministry at the Sunday evening service by the local minister, L. P. Nebelung. Brother Small is a student at the Northwest Christian College at Eugene and at present is the minister of the Hebron church. Mr. Small is the son of Mrs. Florence Small, Quincy Avenue, Cottage Grove.

METHODIST  
Frank E. Brown, Minister.  
Sunday: 9:45 Sunday school, S. L. Mackin, sup't. 11:00 morning worship, sermon: "The Master of Life." 5:00 vespers service. 6:00 Methodist Youth Fellowship.  
Tuesday, 7:30, official board meeting. Wednesday, 7:45, choir practice. Thursday, 7:30, cottage prayer meetings.

CHRISTIAN SCIENCE SOCIETY  
Sunday school 9:45. Forenoon service, 11 subject "Man." Evening service second Wednesday of each month at 8:00 p. m. The Bible, Christian Science literature and the writings of Mary Baker Eddy may be borrowed or purchased before or after the Wednesday service.

CHURCH OF GOD  
1060 East Adams Avenue  
Sunday school 10 a. m. Morning worship 11 a. m. Young People's meeting 7 p. m. Devotional service 8 p. m. Prayer meeting Tuesday 8 p. m.

Paul declared the whole counsel of God: It is the will of God that we know and follow all of his word.

The lessons studied in our Sunday school classes are interesting, instructive, and helpful. Reader, we invite you to bring your friends to our services to worship God and study his word with us.  
Roy E. Hutchison, Pastor.

BLUE MOUNTAIN  
M. G. Hixson, pastor  
Sunday school 9:45 a. m. Morning service 11:00 a. m. Young peoples service 6:45 p. m. Charles G. Eastburn, leader. Evangelistic service 7:45 p. m. Bible study and prayer service Wednesdays 7:45 p. m.

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CATHOLIC CHURCH  
Rev. J. L. Maxwell, Pastor.  
Mass each Sunday at 10:30.  
Lenten devotions at church Wednesday at 8:00 p. m. Rosary instructions and benediction. Friday 8:00 p. m. Stations of the Cross and benediction.

SEVENTH-DAY ADVENTIST CHURCH  
West Main Street  
Sabbath school, 9:30 o'clock. Preaching service 11:00 o'clock Every Saturday. Visitors welcome

ASSEMBLY OF GOD  
Hilton T. Park, Pastor.  
Sunday school at 9:45 a. m. Preaching, 11 a. m. Young people's service at 6:30 p. m. Evening evangelistic service, 7:45 p. m. Tuesday night, prayer service, 7:45 p. m. Thursday night, preaching service, 7:45 p. m.

HEBRON CHURCH OF CHRIST  
On the banks of the Hebron dam.  
Sunday school 10 a. m. Worship and sermon 11 a. m. Christian Endeavor in the church, 7 p. m. Wendell Small and Ladd Howard, ministers.

## OUR FREEDOMS

By Elmer Kent  
We hear a lot these days about the four freedoms—religious, speech, from fear, and last but not least the freedom from want. Last week this writer attended a meeting in Salem of state Townsend officials who accepted a bill drawn by their attorney which when signed by some 15,000 legal voters, will be placed on the ballot to be voted on in November. If there was ever a chance for the people of modest means to do something for themselves in the line of security from want in the declining years, this certainly is the opportunity. This bill will in no way interfere with the National Plan now before congress but will place the western states in the lead for a greater security and will automatically be discontinued when a national law is enacted. It provides for approximately \$60 per month for all past 60 who care to retire, for widows with dependent children and others physically unable to earn a livelihood, and will be financed by a 3% gross income tax and will certainly bar the unpopular sales tax so often defeated by Oregon voters. California, Washington and Arizona will vote on a similar bill in November. This law will fit in well with post war plans and should help to tide over the depression we will surely have unless something is done. It also provides for our boys when they are mustered out of service. Surely this should have the careful study of labor, the Grange, and all organizations working for the good of the common people. Be sure and register that you may sign the petitions, and then give the bill careful study that you may intelligently cast your ballot in November.

Protein Fortifier  
Soya products are not substitutes for wheat flour and should not be used as such. They are a protein fortifier which can also be used as an extender, to make certain foods, such as meat or eggs, go further.

Replace Ship Losses  
During the last war, replacements for shipping losses were effectively made by the Allies, particularly in the first and last years. Their original 36,300,000 tons was reduced by losses of 18,800,000 tons in four years, and yet in October, 1918, there were 42,500,000 tons of Allied and neutral shipping in operation or under repair.

Office Supplies, The Sentinel.

## CHIROPRACTIC FOR ABNORMAL BLOOD PRESSURE

THERE ARE two types of abnormal blood pressure—high and low. High blood pressure indicates that there is an increased resistance to the flow of blood through the arteries so that the heart must maintain a higher pressure to keep the normal circulation of blood. The cause of this increased resistance may result from an abnormal contraction or narrowing of the arteries, hardening of the arteries, or certain disorders of internal organs.

Low blood pressure is due to a decreased resistance to the flow of blood through the vessels, resulting from a lack of tone of the muscular coat of the vessel causing a widening or dilation.

The question is frequently asked, "How can Chiropractic correct blood pressure?" It is successful in a large number of cases, particularly where there is excessive contraction or lack of tone of the muscular coat of the blood vessels. Adjustments operate through the nervous system, by correcting abnormal impulses, adjustments restore normal tonicity to the muscle walls of the vessels, resulting in lower back disorders.

Dr. H. A. Hagen

Hughesovka  
The Russian government, in 1870, gave to a British subject named Hughes a concession to manufacture iron rails. Operations were started and from 1880 to 1914 British, French and Belgian capital were invested in the industry's development which was profitable because of the Donetz coalfield and the iron and manganese deposits in that area. Hughesovka (Yuzovka) was the name of the town where the company was situated but it has since been named Stalin. The iron rail industry fell off following the 1917 revolution but was revived about 1924 and progressed rapidly.

Concrete Barge  
The concrete barge is experimental and subject to controversy among the experts, but has performed well and fills a definite war need. A concrete barge uses two-thirds as much steel as a cargo ship, but of a lower grade and readily available. The barges have been slow in building, and are costly for tonnage delivered. This program has recently been curtailed. The same criticism applies to wooden barges. Both concrete barges and wooden barges are a very small part of the total program.

Protein Fortifier  
Soya products are not substitutes for wheat flour and should not be used as such. They are a protein fortifier which can also be used as an extender, to make certain foods, such as meat or eggs, go further.

Guard Against Effects  
As in all communicable diseases, much of the danger of the cold lies in its possible after-effects. The best treatment is to go to bed when the symptoms first appear. Keep the room comfortably cool. Drink plenty of water and fruit juices. Eat lightly. Sleep as much as possible.

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5 room plastered house, paved sidewalks, hard surfaced street, new linoleum in kitchen, lot 50 x 100, good garden. \$2800.00 cash.

4 1/2 acres: three miles south of Cottage Grove, off Hi-way 99 on good rd. All fenced and cross fenced, small barn, sm fruit, four room house with elec. and water, newly decorated. \$3000.00.

6 acres 5 miles South. Lots of fruit, berries and grapes, some wood, good barn, chix house, woodshed and garage. Four room house with elec. and water, no bath. year round creek and lots of springs. \$2500.00. Some terms.

17.9 acres. All bottom land and ready to plow. County road on three sides. Creek at back, 3 miles out. \$1,500.00 cash. No buildings.

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| 50c Vick's Vatronol     | 39c  |
| 60c Mentholatum         | 55c  |
| 75c Ben Gay             | 59c  |
| 50c Pine Needle Balm    | 49c  |
| 35c Hill's Nose Drops   | 29c  |
| \$1.25 Anacin           | 98c  |
| 30c Vick's Vatronol     | 24c  |
| 75c Anacin              | 59c  |
| 75c Musterole           | 63c  |
| 40c Musterole           | 33c  |
| \$1.25 Crep Mulsion     | 1.12 |
| \$1.25 Crep Terpin      | 1.04 |

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|--------------------------------|------|
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| 50c Mennen's Baby Oil          | 43c  |
| \$1.00 Mennen's Baby Oil       | 89c  |
| \$2.25 Mennen's Baby Oil       | 1.98 |
| 50c Johnson's Baby Powder      | 21c  |
| 50c Johnson's Baby Oil         | 43c  |
| 50c McKesson's Baby Oil        | 39c  |
| 75c Dextri-Maltose             | 63c  |
| \$1.20 S. M. A.                | 94c  |
| \$1.20 Similac                 | 98c  |
| \$1.00 Lactogen                | 87c  |
| 85c Dextin                     | 79c  |
| 50c Pabulum                    | 39c  |
| 25c Pabulum                    | 19c  |
| \$3 Oleum Percomorphum         | 2.67 |
| 75c Oleum Percomorphum         | 67c  |
| \$3.50 Super "D" Concentrate   | 3.24 |
| \$1.50 Super "D" Concentrate   | 1.38 |
| 85c Super "D" Concentrate      | 77c  |
| \$1.50 Super "D" Cod Liver Oil | 1.39 |
| \$1 Super "D" Cod Liver Oil    | 83c  |

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