

Home Dehydrated Methods Told in New OSC Bulletin

Harvesting of fruit or vegetables for dehydration early in the day and prompt preparation for processing are important factors in successful preservation of food by this method. These and other pointers on handling all of the common kinds of fruits and vegetables by home dehydration are explained in a bulletin just issued by the OSC Experiment station entitled "Home Fruit and Vegetable Dehydration."

In this station circular, No. 149, E. H. Wiegand, Thomas Onsdorff and Alyce Holmes of the food preservation department explain every step in handling fruit and vegetables from the time of picking in the orchard or garden through to storage. The bulletin even includes some suggestions on the preparation of dehydrated foods for cooking.

The importance of keeping drying temperatures at about 150 to 155 degrees is emphasized in the bulletin. If temperatures below this range are maintained the evaporation of moisture is not rapid enough, while if higher temperatures are used the food dries too rapidly for best quality. Fortunately, the same temperature is applicable to all kinds of fruit and vegetables hence does not need to be varied.

"Early morning harvest of vegetables while they are fresh and succulent is recommended," say the authors. "Rapid handling then will conserve vitamins ordinarily lost through long holding in storage. Under no conditions should succulent vegetables be held longer than six hours after harvest before drying and it is essential that they be kept cool during this time."

While some have criticized dehydration as being wasteful of valuable food elements, this is not necessarily the case if the products are promptly and properly handled, the bulletin points out. Fruits and vegetables contain varying amounts of vitamins, sugars, proteins and minerals all of which are essential to the body. With proper care given to each step in the preparation and processing, maximum amounts of these elements may be retained.

The bulletin contains three pages of tabulated directions for handling 27 different kinds of fruits and vegetables.

Cedars

Mr. and Mrs. Lev Van Schoick attended a birthday dinner Sunday, honoring his father, Cag Van Schoick, on his 83rd birthday anniversary, at the home of Mr. and Mrs. Walter Peck. All the children of Mr. and Mrs. Van Schoick were present with their families except Clifford and his family.

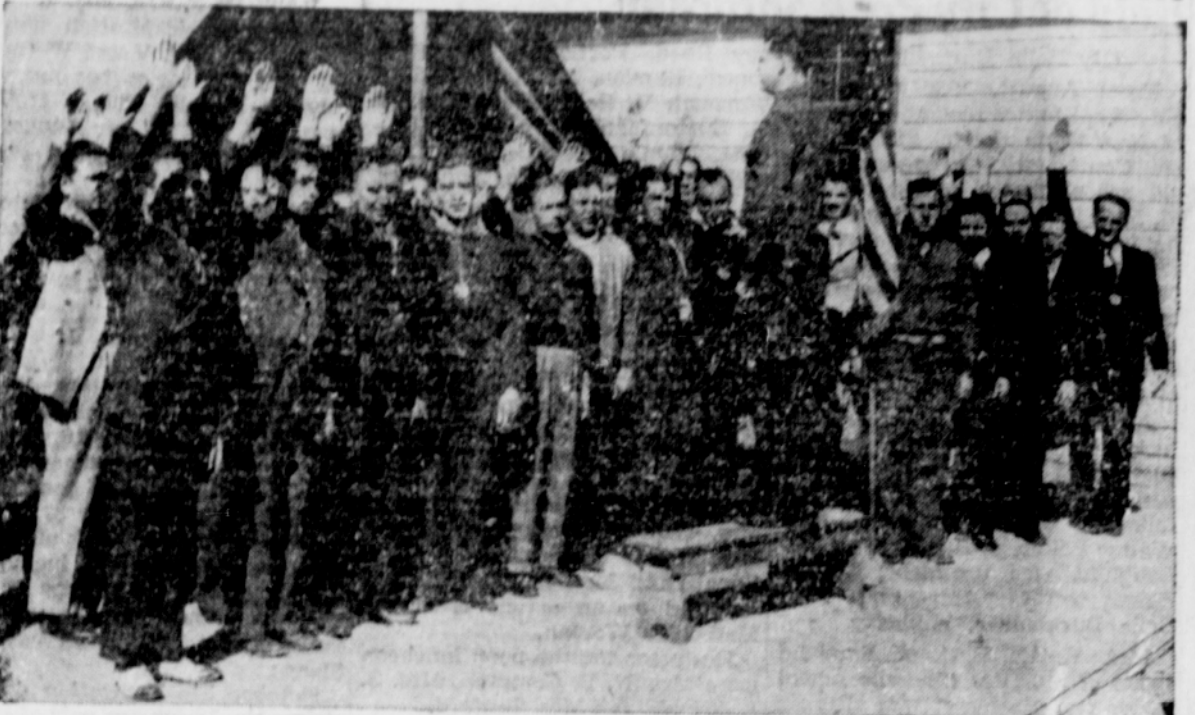
Mrs. Myrtle Powers and son Franklin have returned from Seattle where they moved last spring. Mrs. Powers' health was not good in Seattle.

Mrs. Herbert Eakin and Mrs. Alice Jones of Portland were callers on Mrs. N. E. Compton last Thursday afternoon. Mrs. Jones was a former resident of Cottage Grove and is a house guest at the Eakin home.

Mr. and Mrs. Art Sloan of Cottage Grove and Mrs. Alice Marshall of Portland were dinner guests at the home of Foster and Fanny Phillips last Thursday.

Mrs. Eva Aubrey had the misfortune of losing a valuable cow last week. The cow was found-

Civilian Into Soldier — The Oath of Enlistment



"I do solemnly swear (or affirm) that I will bear true faith and allegiance to the United States of America; that I will serve them honestly and faithfully against all their enemies whomsoever; and that I will obey the orders of the President of the United States, and the orders of the officers appointed over me, according to the Rules and Articles of War."

Mrs. June Addy of Eugene spent the week end at the home of her parents, Mr. and Mrs. Sterling Bolton.

Mr. and Mrs. E. R. Sowles of Portland spent Wednesday and Thursday with Mr. and Mrs. W. A. Hemenway.

Miss Grace Robertson, a nurse at the Sacred Heart hospital, and Miss Cora Keneyck of Eugene were week-end guests at the W. A. Hemenway home.

Miss Margaret Hemenway is spending a two weeks vacation at the home of her parents.

Lt. Keith Marrell spent a few days recently with his parents, Mr. and Mrs. Glen Merrill.

Delight Valley

The Oscar Jacksons entertained with a picnic supper at their home Thursday evening. The V. Carlsons of Cottage Grove and Robert Rausch family of Eugene were guests.

Mrs. Lou Harding of Corvallis has been a recent house guest at the home of her niece, Mrs. Oscar Jackson.

Alice, Ione, Florence and John Dunlevy, Esther and Wesley Hansen left Sunday for Howell's Produce farm on Goodpasture island where they will pick beans.

Mrs. Ralph Sears spent Saturday and Sunday with her daughter, Mrs. Elwyn Bales, who has been ill at Dorena.

On Monday evening the Lee Nixons, Oscar Jacksons and Ernest Sears attended a birthday party in honor of Victor Carlson at the Carlson home in Cottage Grove.

Saginaw

A family reunion was held at the Frank Grimes home Sunday with a picnic dinner at noon. Those attending were Mr. and Mrs. Harold Dawley and daughters, Patsy, Lois and Janet, Mr. and Mrs. Jess Loomis and daughter Bernadine, Mr. and Mrs. S. L. Russum and grandson Raymond, Mr. and Mrs. H. F. Russum and sons Bob and Keith and grandchildren Darlene and Donnie, Mr. and Mrs. Bert Dawley, Mr. and Mrs. Phil Dykstra and daughters Donna and Nancy, Mr. and Mrs. Eldon Jones, Mrs. D. D. Hunt, Mrs. E. E. Clow, Mrs. C. W. Montgomery, Mr. and Mrs. Dean Russum and daughter Sally Jean and Mr. and Mrs. Frank Grimes and sons Jack and Jim.

S. K. Adams sold the Saginaw store and apartments last week. The new owner will take possession on once.

Lewis Snider sold his farm and service station last week.

Mr. and Mrs. Art Reed of Santa Clara spent Saturday evening at the Lowell Benson home.

Mrs. Pearl Ackley of Portland spent several days with her mother, Mrs. Myrtle Bolton.

The Claude Kirkendall family are moving on the Logan Bear place this week which they recently purchased. The Levi Russell family who were renting the place, moved to Goshen Sunday, where they purchased a place.

Mr. and Mrs. Lyle Scott and children of Eugene visited recently at the Lawrence Montiet home.

Mr. and Mrs. Jim Abbott were guests at the Frank Chapman home Sunday.

Mrs. Conrad Keene spent Monday with her mother, Mrs. Lindsey of Creswell.

TIMBER WORKER AT BOOTH KILLED BY ROLLING LOGS

Ray C. McCulloch, 22, of Florence, was killed Monday morning at Booth when he was caught between two rolling logs, which caused a crushed chest and internal injuries while in the employ of Crown-Zellerbach Corporation, according to a report made by the county coroner, H. C. Stearns. He had been a resident of the coast community for the last two years.

Grain Cuts Silage Seepage

Grain is more than just a silage preservative. It reduces seepage, increases the total nutrient content of the silage and increases the protein content. It is also a convenient way of feeding part of the grain ration to cows.

SERVICES FOR MRS. LULA MAY HOPPER

Graveside services were held here Tuesday evening at 7:30, August 3, at the Masonic-L.O.O.F. cemetery for Mrs. Lula May Hopper who passed away in a Salem hospital July 28. L. P. Nebelung, pastor of the Church of Christ, officiated. Mrs. Hopper was born December 22, 1887 in the east and came to Cottage Grove with her parents at the age of two years and had resided here since with the exception of the time spent in a Salem hospital during the past three years.

She is survived by her husband, one son Charles Doty, by a former marriage who is serving as an electrician in the air corps in Northern Africa. She is also survived by her mother, Mrs. Bettie Earl, and one brother, Charles Earl, both of Cottage Grove.

Indians Get Us Corn

Corn and potatoes came to us from the Indian country of South America.

Have Your Car Washed, Vacuum Cleaned, Simonized, Lubricated

at the **STANDARD STATION**

U. S. Highway & 6th St.

Also Tire Inspector **H. Gaebbels**

Hepburn Tracy Reunited in M-G-M Dramatic Hit

Spencer Tracy and Katharine Hepburn, who found one of the year's brightest star teams in "Woman of the Year," are reunited in another dramatic and romantically exciting newspaper story in Metro-Goldwyn-Mayer's "Keeper of the Flame," adaptation of the I. A. R. Wylie novel, starting at the Arcade Theatre August 8th.

Tracy plays Steve O'Malley, noted war correspondent and newsman, who is assigned to write the life of a great patriotic leader recently killed in an accident. Tracing down events in the man's life he meets and falls in love with his young widow, played by Miss Hepburn. Circumstances point to murder, and the newspaperman comes to suspect the widow of complicity in a plot to kill her husband, which precipitates a series of tensely dramatic situations until the real facts disclose that she was attempting to protect his memory, and that he was involved in an unpatriotic, dictatorial plot.

Tracy's portrayal is grippingly dramatic, and Miss Hepburn rises to emotional heights in the dramatic climax in a burning arsenal. Richard Whorf, newcomer from the Broadway stage, is compelling as the jealous secretary, and Margaret Wycherly, veteran stage star, gives a gripping performance as the demented mother of the dead man.

George Cukor directed with deft skill and great attention to delicate human interest moments in the story. Principals include Audrey Christie, Donald Meek, Frank Craven and Darryl Hickman.

Latham

Lonnie Harris attended the two-day session for 4-H members of livestock, poultry and vegetable garden projects held at O. S. C. August 2 and 3. He spent Tuesday night with an uncle near Springfield.

Mr. and Mrs. Roy Williams and daughter of Portland visited Lee Williams, Mrs. Murray Trunnell and other relatives over the week end.

Mrs. William Schletter of Delight Valley visited at the Stone home over night this week.

Jake Kraai has erected a garage and painted his house recently.

Mrs. Clara Miller of Port Orford has been visiting her daughters, Mrs. Nellie Harris and Mrs. Buelah Robinson this week.

Lester Harris of Camp White spent the week end at home.

Marvin Harris has been transferred from Fort Whiteman, Florida to a camp near Los Angeles.

Mr. and Mrs. J. E. Middleton of Prosser, Washington have spent the week at the O. A. Nichols home.

Mr. and Mrs. Arthur Corliss have returned from Portland to again make their home in Cottage Grove.

Mrs. J. B. Grubb visited a few days at the home of her son, Lewis Strobeck in Eugene recently.

Mrs. Hattie Best of Portland and Belle Burkholder of Cottage Grove visited at the W. L. Baker home Tuesday.

Derald McKibben of Camp Adair spent the week end at home.

The Jolly Workers club met at the W. L. Baker home Wednesday.

Mrs. Mike McKibben and son of Portland spent a few days at the L. W. McKibben home last week.

Dorena

Mrs. Robert Coombs of Springfield spent Friday with her parents, Mr. and Mrs. Chas. Teeters.

Mr. and Mrs. Jake Thornburg and sons of Cottage Grove visited friends here Sunday.

Mr. and Mrs. Louis Dodge and son Wilburn were Eugene visitors Saturday evening.

Gordon Elfving, son of Mr. and Mrs. Harry Elfving, left Tuesday August 2 for army service.

Mrs. Ivan Smith of Lorane spent Thursday with her parents, Mr. and Mrs. S. V. Dudley.

C. M. Adams of Cottage Grove is painting the interior of the school rooms this week.

Jerry Mosby spent the week end with friends in Harrisburg.

Mr. and Mrs. Bernie Stewart of Wilmington, California, are spending a two weeks vacation at the home of their daughter, Mrs. Ralph Conklin and family.

Mr. and Mrs. Chas. Teeters, Mrs. Clarence Peterson and children attended the Old School-mates picnic held in Cottage Grove Saturday afternoon.

Lynx Hollow

A son was born to Mr. and Mrs. Lester Lebow on July 29 at the McFarland maternity home in Cottage Grove. He weighed 8½ pounds and was named Darrel Bruce.

Mr. and Mrs. Carl Tyler are holding an auction sale Sunday, August 8, and will dispose of their stock, due to Mrs. Tyler's ill health.

Office Supplies, The Sentinel.

Feeder Makes Panamas

Most panamas worn in the United States come from Ecuador and Colombia where they are hand-woven by Indians from split and bleached leaves of the palmlike toquilla. Hat-making is a home industry, generally a side line to farming. A simple hat may be in the making for six months.

BOB BOSTWICK

is now working with

Bill at

BILL'S BARBER

SHOP

Cottage Grove Hotel

THE TOWN PUMP

BY Stan

SPEAKING FOR YOUR STANDARD SERVICE MEN AND WOMEN



Get your tires inspected early



Like to be able to forget about tire inspections until next year? You can do it—and avoid the usual last-minute rush too, by getting the job done right now. If you have an "A" book just stop this week and see any of us Standard folks who are tire inspectors. Then you'll be finished with inspections till March, 1944. It's a smart way to steer clear of that stampede of folks who put off tire inspections till just before September 30.

How to cure the creeps



Motor oils that creep away from hot spots leave your engine exposed to extra wear. That's why we give RPM Motor Oil a special ingredient that makes it stick like a Siamese twin to hot or cold metal. Even when your car is idle it stays put, gives you instant lubrication when you start.

Down in front

Don't let your front wheel bearings down. Every 5,000 miles they need a careful cleaning and greasing that we Standard folks are specially trained to do. For safe driving, let us check them next time you come in for one of our never-miss lubrication jobs.



STANDARD TAKES BETTER CARE OF YOUR CAR

STANDARD OF CALIFORNIA

KEM'S for DRUGS

The Rexall Store

Headquarters for:

Waterman's Fountain Pens

Rexall Home Remedies

Cara Nome Toiletries

Symphony Lawn, Cascade & Lord

Baltimore Stationery

Regular 22c

MODESS, 12s 3 pks 59c

60c Tube

ALKA SELTZER 49c

For heat fatigue

THERMODEX TABS

100 39c

Ten Dbl. Edge

KLENZO BLADES 29c

Armand's

LEG MAKEUP 98c

6 oz Silque

HAND LOTION 49c

50c Dr. Wests

M.T. TOOTH BRUSH 47c

19x24 White

DRAWING PAPER

Sheet 5c

Leather

WRIST BANDS 50c

Bottle 1000 1/2 Gr

SACCHARIN TABS 80c

Willkie's book

"ONE WORLD" 1.00

Regular Pk 5's

AUTOSTROP

BLADES 25c

6 oz Klezco

C.N. OIL SHAMPOO 50c

25c Pepsodent

TOOTH PASTE 21c

16 oz. Bottle

MI 31 MOUTH WASH 59c

Rule'd & Plain

Wtg. Tablets 10-25c