

Recovering Yanks Toss Logs



Making the long trip back to health and physical fitness, these Yank doughboys are doing body-building exercises at a hospital, somewhere in Britain. Here they are tossing and catching heavy logs.

CHURCHES

BAPTIST

Church school 9:45 a. m. Mrs. H. H. Weeldreyer, Supt. Morning worship 11 a. m. B.Y.F. 7:00 p. m. Evening service 8:00 p. m. Wednesday 8:00 p. m. choir rehearsal, Mrs. Helen Judy Hardy, directing. Thursday 8:00 p. m. mid-week service.

The Pastor will bring the second in his series on "Christ's Call to His Church," preaching on the topic "A Call to Suffer" in the morning worship hour.

In the Happy evening service the pastor will preach on "The Preeminent Christ."

All young people are invited to the young peoples service at 7:00 p. m. under the able sponsorship of Mrs. W. C. Martin.

During the mid-week service the pastor is bringing a Bible study in the First Epistle of John. This Thursday night we will study I John 2:12-29.

METHODIST

Church school 9:45 a. m. S. L. Mackin, superintendent. Morning worship at 11:00 a. m. The Rev. Frank Brown, pastor, will preach. 7:00 p. m. Youth Fellowship. 8:00 p. m. evening worship. Thursday 8:00 p. m. mid-week prayer service.

PRESBYTERIAN

Sunday school at 9:45. Mrs. L. W. Colner, Supt. Morning worship at 11:00. Sermon, "Thought Control," Prov. 23:7.

The Summer Conference at Silver Creek Falls begins next Monday. We will be represented by several delegates. If any other young people are interested in attending this splendid conference and spending a week in study and fun they should see the pastor at once to make arrangements for registering.

We invite you to join in our worship and other activities.

Paul M. Joy, pastor.

CHURCH OF CHRIST

Bible school, 9:45. Worship and communion, 11:00. Sub. "The Difference Between a Sinner in the Church and the One Out." C. E., 7:00. Evening service, 8:00. Subject, "Exponents of Bible Christianity." Prayer meeting Thursday, 8:00.

It is urgent that all men of the church meet at 8:00 o'clock Friday night.

Sunday following the morning service the church folk will have a basket dinner at the park. All members should be present.

Roy Hands, Superintendent. L. P. Nebelung, Minister.

CHRISTIAN SCIENCE SOCIETY

Sunday school at 9:45; forenoon service, 11, subject, "Truth." Evening service second Wednesday of each month at 8:00 p. m. The Bible, Christian Science literature and the writings of Mary Baker Eddy may be borrowed or purchased before or after the Wednesday service.

CHURCH OF GOD

1063 East Adams Ave. Sunday school 10 a. m. Mrs. G. E. Mendell, Supt. A suitable subject matter is presented to the classes of the various ages to make the study interesting and helpful.

Morning worship 11 a. m. Young peoples meeting 7 p. m. Mrs. Bessie Easterling leader. The lessons presented are very inspiring. Devotional service 8 p. m. Prayer meeting Tuesday 8 p. m. Reader we invite you to meet with us to worship God. You will enjoy the services.

Roy E. Hutchison, pastor.

CATHOLIC CHURCH

Rev. J. L. Maxwell, Pastor. Mass each Sunday at 10:30.

SEVENTH-DAY ADVENTIST CHURCH

West Main Street. Sabbath school, 9:30 o'clock. Preaching service 11:00 o'clock. Every Saturday. Visitors welcome.

FREE METHODIST

Sunday school at 9:45 a. m.

With The Armed Forces

Kenneth Hayes, son of Mr. and Mrs. Bert Hayes of Lorane, has enlisted in the navy, according to word reaching here.

Ross Dey, who has been on a 40-day leave from the navy, has returned to his ship.

Mrs. Nell Sarff visited for a few minutes in Eugene Saturday night with her son Derril Sarff, cook third class, who was returning to Kodiak, Alaska, after spending a few days on Goat Island, San Francisco, California. Derril was aboard a merchant marine destroyer and in active service in the battle of Attu.

Mrs. Elizabeth Radtke Smith received her call from the WAAC last Wednesday and left Saturday for Des Moines, Iowa, for training. Mrs. Smith is the daughter of Mr. and Mrs. Paul Radtke of Cottage Grove.

Corporal Lloyd Gilham returned to Camp Claiborne, Louisiana, last Tuesday after a week's leave spent at the home of his parents, Mr. and Mrs. C. C. Gilham on Black Butte road.

Lieutenant and Mrs. Marvel Geer are leaving tonight for Las Cruces, New Mexico, after spending two weeks with their parents, Mr. and Mrs. Joe Geer and Mr. and Mrs. P. C. Christensen. Lt. Geer is stationed at Deming Air Base, a distance of 60 miles from Las Cruces, and the trip is made every day.

Mr. and Mrs. Terry Moody have received word from their son, Pvt. Bob Moody with the marine corps in the South Pacific, saying he is well and gaining weight and how he does enjoy the Sentinel—even if they are late.

John Calvin Miller Jr. of the Crawford hotel, entered the Marine Corps at Portland last week end. He will be transferred to San Diego for basic training on July 28. Private Miller attended Cottage Grove high school for two years, but was graduated from Harrisburg high school in 1937. A professional welterweight boxer for three years, he had been recently employed by the Blue Mountain Lumber Co. as a logger.

Thomas O. Kem, son of Mr. and Mrs. C. J. Kem, has been promoted to first lieutenant according to word from General Simon Boliver Buckner Jr., commanding general of the Alaska defense command. First Lt. Kem was one of a group of seventy-one officers now serving in Alaska who were promoted to the grade of first lieutenant. Lt. Kem has been in Alaska and the Aleutians for two years.

Bill Pruitt with the navy has been transferred from a training station at San Diego, California, to Madison, Michigan, according to word received here.

Mrs. James Payne of Silk creek has recently received word from her husband that he is going on extensive maneuvers from Camp Livingston, Louisiana. Sgt. Payne is with the signal corps.

John C. Welden arrived at Camp Callon, San Diego, California, July 16 for his basic training in an anti-aircraft training battalion. After one week in camp, John writes his parents, Mr. and Mrs. M. V. Welden, that he is in the best camp in the U. S. including army, navy and marine. He will spend 13 weeks there taking his basic training.

Richard G. Welden, S. M. 3/c, completed his final training for signalman at Noroton Heights, Connecticut Advanced Training school June 26. From there he was sent to the armed guard station in Brooklyn, New York, for sailing orders and now is a signalman on one of Uncle Sam's ships somewhere on the Pacific.

Tuesday Mrs. Flossie Stark received several letters from her husband, Richard Stark, who was reported missing in action some time ago. From these letters he is being held a prisoner in Germany and says "not to worry about me, things could be worse. Red Cross is doing a wonderful work. Send socks and summer underwear."

What You Buy With WAR BONDS

Battle of the Atlantic

A sinking smokestack, a great air bubble, an empty lifeboat, all that is visible of a torpedoed tanker, all that is evident of the hard work, the savings we put into War Bonds to build this tanker, to load it with 50,000 gallons of high octane gas.



Our money is still safe but the tanker is lost forever. Another and another and another must be built to take its place.

The men who sail the seas are giving their lives to win the Battle of the Atlantic. We are asked only to lend our money.

U. S. Treasury Department

Canning Hints

Safety First

All home-preserved vegetables, except tomatoes, must be cooked at boiling temperature in a covered container for at least ten minutes just before serving, says Mrs. Julia Kiene, director of Westinghouse Home Economics Institute. Even if vegetables are to be used for a salad, they must be cooked first, chilled quickly and used immediately.

After Processing

Don't ever invert jars after processing—it's an outdated practice, say Westinghouse home economists. Set hot jars upright on several thicknesses of cloth or newspaper. Avoid drafts. Don't move or handle jars for at least

24 hours—it takes that long to complete the seal. Screw bands may then be removed and reused.

Blanching In Steam

Recent tests definitely prove that blanching vegetables in steam saves more essential vitamins than blanching in boiling water. Mrs. Julia Kiene, director of Westinghouse home economics institute reports. Blanching in steam is a comparatively simple process: Put about one inch of water in the bottom of a deep utensil and bring to a brisk boil. Place vegetable to be blanched in a wire basket or colander. Place that in the utensil containing the rapidly boiling water, cover tightly and steam. Steam for five minutes when canning or preparing vegetables for a quick freeze locker; when dehydrating or brining,

steam until vegetable feels soft but isn't completely cooked. No Chemicals in Canning. Chemical preservatives should never be used in canning, warns Mrs. Kiene. None of them is wholesome or necessary and some might be harmful.

MRS. SCHISKA RECEIVES CHECKS

Mrs. Grace Schiska received a check in the sum of \$54,905.21, the county's share of the motor vehicle fund. The money was turned into county general road fund. Another check for \$1,825.86 was received from the liquor control board as the county's share on the tax from alcoholic beverages.

Office Supplies, The Sentinel.

IRISH-SWARTZ

Have you bought that EXTRA bond? If not you haven't done your bit toward winning this war. Let's do our part now.

Fruit Jars

BALL MASON
Glass Top Quarts

79c Doz.

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Quarts

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Quarts

89c Doz.

JAR LIDS

Bernardin
Self-Sealing
Regular.

3 doz. 25c

JAR CAPS

Bernardin
Self-Sealing
Complete.

Regular Doz. 21c

JAR RUBBERS, regular

4 doz. 15c

PAROWAX

2 pkgs. 25c

CERTO Deal

3 bottles 39c

SURE JELL Deal

3 pkgs. 25c

M. C. P. PECTIN, full quarts

69c ea.

SOAP POWDER, Big Ben—10c size

4 for 19c

Zero

All Purpose
Cleanser Qt. 25c

Vinegar

In Your
Container Gal. 35c

Soup Mix

Minute
Man 3 pkgs. 25c

PUREX Bleach

1 gal. 21c

SUNBRITE Cleanser Can

5c

Fly Tox

Pint 23c Qt. 39c

Vienna Sausage

Libby Quality 2 cans 25c

Dev. Meat

No. 1/4
Cudahy 4 for 25c

DINNER BELL MARGARINE

2 lbs. 35c

SAUER KRAUT One lot in quart jars

10c qt.

GEO. WASHINGTON Tobacco

49c lb.

VELVET or P. A.

1 lb. tin 69c

SUGAR

With Your
13, 15 or 16
Stamps

10 lbs. 63c

RAISINS

Bleached.

4 lb. Package

53c

ALL SWEET

Swift's

2 lbs.

49c

FISHER'S

Zoom

The Sensational
New Cereal

Pkg. 23c

Pancake

4 lbs. 29c

9.8 lbs. 55c

Wheat Germ

Pkg. 25c

Blend

49 lbs. \$2.05

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bond buying?

