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W. C. MARTIN

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GROPING FOR A PLAN

First and foremost of course is to win the war, but to keep the peace we must have a feasible post-war plan. Several have been advanced so far from the various sources but none seems to have "clicked" in the mind of the public. Perhaps it will develop that we shall do a lot of talking and accomplish nothing as we did during the depression when suggestions ranging from technocracy to currency devaluation were advanced as a cure-all. Basically the chief problem then was one of distribution and it may be again during another adjustment period.

Of all plans advanced to establish the security we hope to win, none so far as we know takes steps to eliminate politics, which may be vital if something on the order of the League of Nations or a World Court is established.

Even locally we have not figured out a very workable plan to assist in rehabilitation if and when the need arises because we are rather hazy about the changes that the future will bring. Perhaps if we could have some assurance nationally or internationally that a stable plan would be advocated, then we could go to work on what we think our own problems might be.

THE NEW FRONTIER

Every great war opens a new frontier. Prior to the first world war, the frontiers were geographic. The civil war was followed by the great westward trek of war weary men and women looking for new opportunities and a new life. With the close of the current conflict, at least a major portion of the new frontier, like that of twenty-five years ago, will be in the industrial field. But instead of automobiles, it will lie this time in the scientific development of the nation's natural resources. Research men of the coal, metal mining and oil industries, working quietly in laboratories surrounded by military secrecy, have lifted the veil of the future. They have seen the new frontier in all its promise, and enough hints regarding its nature and extent have leaked out to stir the imagination of the man in the street.

The miracles of the sulfa drugs, derivatives of coal, are just one phase of the coming revolution in discovery and research. Rubber synthetics are multiplying almost by the score, along with plastics and other materials, each of which can easily mean the establishment and growth of an entire new industry. Beyond these is a vast realm of discovery of which the public as yet knows nothing. There is a petroleum synthetic, for example, it is effective for its purpose even when diluted in a ratio of one part in 100,000,000; it is handled in a "concentrate" of .01 per cent. The future will see 100,000-mile tires, 20,000-mile lubricating oil, 50 to 70-mile-to-the-gallon gasoline, and sealed cooling systems with petroleum-product liquids in both cars and planes.

This country has just begun to grow. Individual initiative is inseparable from the American republic type of government. If the way is kept clear, it will make the past seem puny by comparison with the future. The way for future achievements can be kept clear only by a steadfast resolution that in this country government must not be the sinister competitor of free enterprise. This is as true of the natural resource industries as of the smallest pop-corn stand. These industries hold the future of a new frontier. It will never materialize except by the efforts of free men under the stimulant of private ownership and management.

REVERSE THE PROCESS

Congressman Ditter of Pennsylvania, in a recent speech condemning the high-handed practices of a federal bureau, said: "It cannot be gainsaid that there exists among the people of this nation a profound distrust in the competence and even in the sincerity of a large portion of the bureaucracy of Washington in the pursuit of the war effort."

At a time when the government needs every dollar that it can tax from the people or borrow from them, its policy should be to encourage private productive enterprise which pays taxes and maintains the national wealth.

Government competition with private enterprise destroys the foundation of tax revenues. Such a practice is neither just to investors nor wise as a public policy. It is un-American in principle.

Commenting on the growing public fear of bureaucratic power, Congressman Ditter says: "There is a deep-seated belief that with a fanatical zeal, many officials . . . place the victory over our enemies in a minor place in comparison with their ambition for control and power and the promotion of ideological objectives, both of which hinder rather than help the prosecution of the war."

If an election was held today to see which was the biggest heel in his nation; Mussolini of Italy or John L. Lewis in the United States, the result would undoubtedly be a draw.

SPINAL MISALIGNMENTS PRODUCE MANY DISEASE CONDITIONS

Medics Find Bad Spines Cause Symptoms of Appendicitis, Colitis, Gall Bladder Disease, Sciatica and Headaches.

RECENT RESEARCHERS supply abundant proof of the importance of the spine, and its relationship to disease. Writing in the Physiotherapy Review, Vol. 16, No. 4, Drs. R. F. Atsatt and L. E. Atsatt make a further contribution to the accumulated mass of evidence in discussing the far-reaching effects of distortion and curvature of the spinal column:

"Many healthy people have abnormal curves in their spines and are totally ignorant of their existence. On the other hand, many patients are treated for a variety of ills which are directly referable to minor deviations in the spine. This may seem to be an unusual statement, but multiple vague symptoms, many occipito-temporal headaches, many symptoms of asthma, occasionally definite abdominal pains along the sciatic and femoral distribution are simply phenomena of crooked spines."

The authors describe how irritation to the spinal nerve roots as they leave the spinal column may give rise to sciatic pain, symptoms of colitis, appendicitis, gall bladder disease, pain in testical or ovary, uretral colic and other manifestations of visceral disease. All these phenomena, they declare, may be due to irritation of nerve roots resulting from associated mis-alignments of spinal bones.

Bookkeeping Outfits, all kinds. The Sentinel.

Beans in the Wartime Menu

The point value of dried beans and peas has been cut in half, and many homemakers will be using them in place of meat that now requires coupons from their ration book. Beans are a good and nourishing food that sticks to the ribs. Among the vegetables, dried beans and peas come nearest to milk and cheese, meat and eggs, as body builders. And besides protein they have vitamin B1 and iron, all packed into small space. Every family has its favorite in the dried bean family and its favorite way of fixing beans. There are many varieties—navy beans—lima beans—kidney beans—these and many others. All varieties make good bean soup and good baked beans, make a good filling for sandwiches, and are grand for a hearty salad.

A pound of dried beans for 4 points from your ration book—1 cup is about 3/4 of a pound—that means that for four points you have the makings for a main dish at two meals for a family of six. That is the kind of thoughtful figuring homemakers will find worth while.

To serve in style, add white sauce, catsup and bacon fat to cooked beans and mix together. Sprinkle with grated cheese and bread crumbs and brown in the oven. And here are two recipes that will serve six generously.

Bean Chowder
1 cup dry beans
1 1/2 qts. cold water
1 cup diced carrots
1 cup tomatoes
1 onion, chopped fine
2 tsp salt
2 tbsp uncooked cracked wheat or
1 tsp flour
2 cups milk
Few grains pepper.

Wash the beans; add the cold water and soak overnight. Cook in a covered pan until the beans begin to soften, then add the vegetables and continue to cook until tender. Add salt and cracked wheat or flour mixed with a little cold water. Stir. Cook about 30 minutes. Add milk and pepper. Heat to the boiling point and serve. Serves 6.

Lima Beans O'Brien
2 cups cooked lima beans
1 tsp scraped onion
1 cup grated cheese
2 hard cooked eggs
1 cup white sauce
1/2 tsp salt, 1/4 tsp pepper
Mix all ingredients except eggs. Place in buttered baking dish and bake in a moderate oven (350 degrees) for 20 minutes. Garnish with sliced hard cooked eggs.

Takes Broad Detour
Ancient caravan trails, some modernized and capable now of handling truck traffic, are the only means of ground transportation from Lake Chad to the northern war theater. Of these, two routes stand out on the map. One (more than 2,000 miles long) makes a broad detour through the Chad colony of French Equatorial Africa, turning westward finally to join a road that cuts across eastern Libya all the way to the Mediterranean port of Benghazi. The other (the one which runs from the northwest shore of Lake Chad to Tripoli) passes through French West Africa and western Libya.

Between Italians and British
Of all France's once vast overseas empire, only barren, hard-baked French Somaliland, in northeast Africa, had not been severed from Axis-captive Vichy by early December. This colony between Italian Eritrea and British Somaliland has 180 miles of northeast African coastline at the vitally important Strait of Bab el Mandeb that leads from the Red sea into the Indian ocean.

Vitamins
Vitamins are sometimes spoken of as the "sparks" which enable a person to make use of the food he eats.



EAT WAFFLES IN WARTIME!

Enjoy those tender, melting delicacies that give so much oomph and variety to meals! Treat your waffle-iron well! You'll be glad you did!

Back Up The Boys
..... Buy Bonds

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CHURCHES

CHURCH OF GOD

Sunday school 10:00 a. m. Morning worship 11:00 a. m. Both evening services dismissed because of the baccalaureate services at the high school. Prayer meeting Tuesday 8:00 p. m. We extend a general invitation to the public to worship God with us.

Roy E. Hutchison, pastor.

CHURCH OF CHRIST

Bible school 9:45 a. m. Roy Hands, Supt. Worship and communion 11:00 a. m. Subject "Christ's Instruction on His Doctrine and the Law." We will dismiss the evening service and attend the baccalaureate services at the high school.

Prayer meeting, Senior young folk, Wednesday 8:00 p. m. Prayer meeting adult, Thursday 8:00 p. m.

L. P. Nebelung, minister.

METHODIST

Sunday school 9:45 a. m. S. L. Mackin, superintendent. Morning worship at 11:00 a. m. The Rev. Herbert F. Kuehn of Eugene will preach. Sermon subject "Our Missions," personal experiences while a missionary in Southeast Asia and Malaya where he was stationed for several years and for two years after the war broke out. We will unite with the other churches in the evening in the baccalaureate services in the high school auditorium. Prayer meeting Thursday evening at 7:45 p. m.

PRESBYTERIAN

Sunday school 9:45 a. m. Mrs. L. W. Coiner, Supt. Three weeks more of special Bible study for the high school group at the Sunday school hour taught by Supt. H. B. Ferrin. Morning service at 11:00 a. m. Chaplain Frank B. Worthington, Chief Chaplain 104th Battalion, 23rd Division, Camp Adair, will bring the sermon.

Intermediate Christian Endeavor at 5:00 p. m.

We will attend the baccalaureate services Sunday evening in the high school auditorium.

CATHOLIC CHURCH

Rev. J. L. Maxwell, Pastor.

Mass each Sunday at 10:30.

BLUE MOUNTAIN

Mrs. Betty Williams, pastor.

Sunday school 9:45 a. m. Morning service 11:00 a. m. Young people's service, 6:45 p. m. Evangelistic service 7:45 p. m. Prayer service Thursday, 2:00 p. m. Evangelistic service Friday, 7:45 p. m.

SEVENTH-DAY ADVENTIST CHURCH

West Main Street
Sabbath school, 9:30 o'clock.
Preaching service 11:00 o'clock
Every Saturday. Visitors welcome

CHRISTIAN SCIENCE SOCIETY

202 Second Street
Sunday school at 9:45; forenoon service, 11, subject, "Soul and Body." Evening service second Wednesday of each month at 8:00 p. m. The Bible, Christian Science literature and the writings of Mary Baker Eddy may be borrowed or purchased before or after the Wednesday service.

ASSEMBLY OF GOD

Hilton T. Park, Pastor.
Sunday school at 9:45 a. m. Preaching, 11 a. m. No evening service. We are uniting with the other churches in the baccalaureate services at the high school. Tuesday night, prayer service, 7:45 p. m. Thursday night, preaching service, 7:45 p. m.

BAPTIST

Sunday school at 9:45 a. m. Mrs. H. H. Weeldreyer, superintendent. Morning worship service at 11 a. m. Mrs. Paul Means of Eugene, a returned missionary from the Malay peninsula will be in charge of the service. No evening services as the congregation will attend the baccalaureate services in the high school auditorium.

FREE METHODIST

Sunday school at 9:45 a. m. Classes for all age groups. Morning worship service at 11:00 a. m.

Washington Letter

(By Harris Ellsworth)

WASHINGTON, D. C.—The Congress was saddened and shocked last week by the sudden death of Harry L. Englebright, representative from California. He was on the floor Wednesday afternoon. I saw him and talked with him. He seemed to be in good health. Thursday morning he was taken to the hospital and his death was announced that afternoon. He was taken by a heart attack.

It has been raining here off and on all week. One minute, fine spring weather—wonderful—the next it is pouring—and I mean pouring! Here it is the middle of the month of May and we've had very little of what I have always heard about as the wonderful spring weather in Washington. Just unusual, I guess.

Last week the federal housing authority approved the construction of a number of new homes in the city of Sutherlin. I was delighted for I had been working on that problem for weeks. Sutherlin has had a regular "boom" and its population has increased, as a result of lumbering and mining activity, far beyond the dwelling capacity of the city. I am hopeful that additional dwelling units will also be approved. We had a very good case—but this is a big government and we are fighting a global war. Even a good case must be crowded along or it might easily get lost in the shuffle. It is a substantial part of my job here to see that such applications do not get lost—and to get them acted upon with reasonable promptness.

Speaking of doing things for cities in my district, I think I should mention fire engines. I thought at first that it would be a very simple matter to obtain a WPB permit for a city to buy fire equipment. Not so. It seems that more than 2000 cities want more fire equipment! There isn't that much equipment left on inventory and WPB is not authorizing construction unless the case is compelling. I have contacted the very able young man in WPB who does out the fire engines so many times on behalf of cities in my district that we have become friends.

The principal business of the House of Representatives this week was the Trade Agreements extension bill.

Agreements with foreign countries, known as Reciprocal Trade Agreements, since 1934 have taken the place of tariff laws passed by Congress. Passed in 1934 the law was renewed in 1937 and again in 1940. It is up for renewal again now. The House, during the week just ended, finally voted to extend the agreements two years—instead of three years. Republicans and anti-administration democrats do not like the trade agreements system. They claim it is unconstitutional and that it places the power of life or death over many of our industries—including agriculture, in the hands of the State Department.

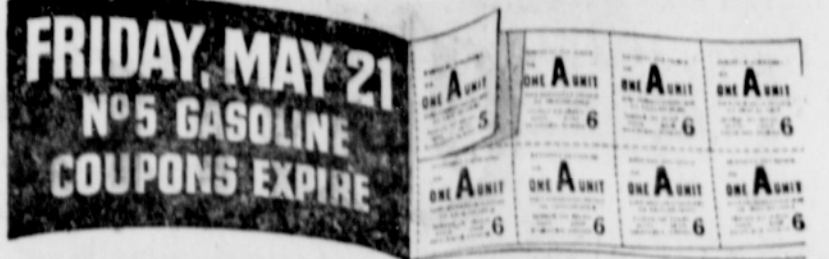
There was very strong support for the idea of a provision for review and veto by Congress within 60 or 90 days after any agreement had been negotiated. The Senate may incorporate this congressional check on State Department decisions. The House would not approve the right of review. The net result of the disagreement over the trade treaty law was that the whole thing was compromised on the two year extension amendment. That is reasonable solution to a highly controversial question for the reason that the trade agreements are operative during the war and so the two year extension may be for the war period and then the entire subject of foreign trade can be reviewed by Congress after the war.

We will unite with the other churches at the high school in the baccalaureate services.

C. Alfred Herald, pastor.

Salesbooks, receipt books, book-keeping systems. The Sentinel.

IF YOU'RE AN "A" BOOK HOLDER :



REGARDLESS OF HOW MANY COUPONS YOU'VE HAD TO USE

It's the date to change your Motor Oil



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IT'S AN EASY MISTAKE to make—to think that in driving less, you needn't pay so much attention to your oil. Fact is, you ought to be even more careful!

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Emma Lazarus
Emma Lazarus (1849-87), the American-born Jewish poet, whose sonnet, written the year before her death, appears on the pedestal of the Statue of Liberty, also was known as an essayist. She wrote impassioned against the persecution of her race in "Songs of a Semite." In addition she wrote "Alade," a romance based on the life of Goethe, and translated the poems of Heine. During the 1890's she gave great assistance to the Russian Jews.

Meant Just That
Synthetic rubber has been a fascinating subject ever since a few years before the last war when valuable work was done on the constitution and synthesis of natural rubber. In those early years of the present century the term "synthetic rubber" meant just that—namely, the product formed by the actual synthesis of the rubber hydrocarbon which is the chief constituent of natural rubber.

Over-subscribed by 539 Per Cent
The record subscription for Canada's Third Victory Loan came from the village of Ste. Madeleine, Quebec, which over-subscribed its objective by 539 per cent.

'Hey Rockie' Gets in Swim
Thanks to the phenomenal financial success of Fort MacArthur's yardbird show, the special services division was able to turn over a check for \$10,000 to Col. W. W. Hicks for the erection of a swimming pool.

FOR PLANTING TIME

New crop of garden and field seeds here—Get your onion sets, potato seed, etc now for the early garden.

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