

# LION ROARS

BETTY THOMPSON, Editor

## Outstanding Students Elected

Seven outstanding girls and five outstanding boys were elected by the senior class during a meeting last Thursday to be the final group from which one boy and one girl will be chosen by the faculty to receive the American Legion awards commencement night. The girls elected were: Alberta Adkins, Joyce Baldwin, Donna Chestnut, Mary Decker, Leona Hamill, Betty Thompson and Lorraine Voss. The boys elected were: Ralph Allen, Bob Daugherty, Fay Davis, Neil Hammond, and Kenneth Lovgren.

It will not become known until commencement night, May 28, who the outstanding boy and girl to receive the awards will be.

In order to be eligible for these awards, the student must have attended Cottage Grove union high school for at least three years.

## New Members Initiated

The new members of the National Honor Society were formally initiated at a brief but impressive candlelight ceremony Tuesday evening, May 11, at the high school. The honored guests were parents of the initiates and faculty members.

Refreshments of punch and cookies were served. Bob Daugherty sang a solo accompanied on the piano by Helen Smith.

The room was decorated with the colors of the society, blue and gold, carried out in iris and Scotch broom.

Impromptu skits were given by the new members after the more formal program.

## League Sponsors Tea

The girls' league is sponsoring a tea, for mothers of seniors on Thursday, May 13, from 2:30 to 4:30 in the cafeteria.

Proceeding the tea, mothers will be shown throughout the building, and will get acquainted with teachers and students.

Following the tea, the mothers will go into the auditorium where installation of new Girl League officers will take place.

## Home Ec Club Elects

At the last club meeting the Home Ec club elected their next year's officers. The honors were bestowed upon the following people: President, Bernadine Loomis; vice president, Hazel Hutchison; secretary, Evelyn Hutchison; treasurer, Madeline Ocumpaugh; historian, Betty Caviness; club reporter, Hazel Hutchison.

## See India Picture

All students who didn't wish to dance during the noon hour on Victory Day last Friday went into the auditorium and saw the movie, "Wheels Through India." It was a picture on the Roosevelt expeditions through India and Burma.

One of the startling parts of the show was seeing a Burmese priestess kiss a huge cobra three times at the risk of getting killed.

## Large Crowd Sees Senior Play

The unusually large audience which attended "Lost Horizon," the senior play, last Friday night was held spell-bound from the time the curtains first drew back, revealing the beautiful and artistic room in the lamasary of Shangri-La, until the curtains closed on

the last tense scene in act three.

Many in the audience commented on the intelligent, imaginative, and convincing interpretations by the members of the cast of the various characters in the play, and complimented the stage crew's fine work on the stage-set.

The play was directed by Mrs. Julia Shick, the stage crew by Miss Dorothy Parks.

Especially effective were the roles of Conway the Consul, played by Charles Cooley; Mallinson, the vice-consul, by Kenneth Franklin; the English girl, Helen, by Carolyn Englund.

The atmosphere of fantasy, bordering on the supernatural, was emphasized by the acting of Janet Rynearson as Lo Tsen, of Leo Roberts as the High Lama, and of Vance Meyer as Chang.

Occasional touches of humor were ably provided by Earl Bridwell as Henry Barnard, the American, and Betty Thompson as the missionary.

Other characters who contributed much to the general effect of the whole performance were: Marian Turner as Tashi, Betty Powell as Ai-Ling, Joe Watson as the Tibetan manservant, and the four characters in the prologue and epilogue: Mary Marden, Leona Hamill, Bob Daugherty and Fay Davis.

Proceeding the play the Royal Victory Court made up of Queen Carolyn Englund, Crown Princess Joanne Sloan and their princesses and escorts were ushered to the section reserved for them in the auditorium.

## School Briefs

Charlotte Jenkins, sophomore, withdrew Thursday, May 6, to join her husband at Fort Knox, Kentucky.

Mary Croniger, junior, withdrew from school last week because of illness.

Salesbooks, receipt books, book-keeping systems. The Sentinel.

## LEGAL NOTICES

### NOTICE TO CREDITORS

Notice is hereby given that the undersigned has been appointed executrix of the Last Will and Testament of JOHN DUNLEVY, Deceased, by the County Court of Lane County, Oregon. All persons having claims against said Estate are hereby notified to present same, duly verified, with proper vouchers, to the undersigned at the law office of Herbert W. Lombard, First National Bank Building, Cottage Grove, Lane County, Oregon, within six months of the date of the first publication of this Notice. Dated and first published May 13, 1943. HERBERT W. LOMBARD, Attorney. 39-51-43

### RADIO REPAIRS

By Dexter Somers  
318 Main

## SPRING HOUSE CLEANING

Dr. H. A. Hagen

In young people particularly do we find at this season, rashes, hive like appearances and various skin eruptions. Sometimes these rashes are almost epidemic. Large numbers suffer from them, and for a while there is considerable alarm; but as time passes these conditions run their course, the skin clears up and the sufferer feels better than before the rash appeared.

This is quite natural, for nature has finished her spring housecleaning of the body. That is precisely what these eruptions and skin affections of the springtime are. They represent Nature's efforts to rid your body of the accumulated waste you have stored up in your system during the long winter months.

You might wonder just why the body stores up this waste material in the winter more rapidly than at any other time and also why Nature adopts these eruptive means of getting rid of the waste.

One reason is that all of us eat heavier in winter than at any other time, and we are all less active. Our diets are heavy in starches, cereals, meats and contain less fruit and fresh juicy vegetables. Instead of eating the fresh vegetables, we eat more of the dried ones; peas, beans, lentils and so on, are freely used. While these are all good foods and cannot be condemned, too much of them, that is a diet which contains mostly of these foods to the neglect of the use of plenty of fresh fruit and vegetables results in but one thing—a system overloaded with fuel which cannot be used and so nature must do something quickly to take care of the body by disposing of the surplus to keep it from developing serious illness and so she throws off the extra waste matter accumulated during the winter, in the form of hives, or skin eruptions, especially in young people from sixteen to thirty when spring arrives.

Older folks do not as readily respond to this house cleaning effort of Nature. They are less active than younger people and the body does not throw off the accumulated waste as easily. Older people do not suffer from eruptive conditions but store these acids and poisons from excess food and too little exercise, until Nature adopts some more drastic means to rid the body of them. It may be a series of colds, by which she tries to pass off the waste through the secretion of mucus which is discharged in constant sneezing and sniffing. Then again the blood stream may be so heavily burdened with this waste that the whole body becomes poisoned and we become dizzy, lazy, and tired and suffer from fainting spells.

Or perhaps the extra work of taking care of the poison is too much for the kidneys and liver and either one or the other of these organs suffer; their functions become sluggish or slowed and eventually may break down all together in some one or more of the serious kidney or liver complaints and you have really something serious to trouble you.

If we refuse to help Nature by adjusting our diets to one predominating in fresh fruits and vegetables, if we cannot take exercise, if we cannot spend the time outdoors we should, all right, but one thing we can do; we can use our personal effort to keep the eliminative channels of the body working normally and regularly, so that Nature will not be over-burdened. We can supply the bulk and the lubrication, the food necessary to keep the colon free from unfriendly bacteria, which are often missing in our diets. By doing this we are more than helping, we are making it possible for the body to use its vital energies in the process of digestion, and assimilation.

The best minds of the medical profession are getting away from the idea of purging the system. They realize that the use of violent purges and cathartics is injurious and tends to cause exactly what they are supposed to relieve. You yourself know from experience that after awhile the laxative or cathartic you have been using loses its action on the system and you have to try another, to which the system is unaccustomed, to get results.

However, nowhere in Nature do we find this the case with foods. Foods which supply bulk and hold moisture are always effective; they never fail. With proper bulk foods the intestinal canal is self-regulating. We should therefore use more of the foods which supply bulk and cellulose.

We urge you young people who are suffering from skin eruptions, Nature's spring housecleaning, to use more cabbage salad, plain grated cabbage salad with lemon juice and oil. Try this salad for your evening meal for ten days. You will be happy to see your rashes disappear. And to the older folks we would say that I know of nothing finer and more effective in keeping the system free, clean and sweet and wholesome than the wide use of bulk foods either raw or steam waterless cooked. If you avoid intestinal uncleanness—you will prevent a host of other physical ills.

# Wanted ads

RATES: 2 cents per word for 1st insertion, 1 cent per word for subsequent insertions; Minimum charges: 1st insertion 30 cents, subsequent insertions, 25 cents each insertion. Service charge of 15 cents additional will be added for want ads charged after Thursday. Keyed ads 25 cents extra. Card of thanks, resolutions, etc., take same rate as want ads.

FOR SALE: Rabbits, does and young friers. Eula Keller, 911 South River Road. 39-11p

## MISCELLANEOUS—

FOR RENT: Modern unfurnished three-room cottage, wired for electric range. Prefer couple with no children. See W. C. Martin at Sentinel office or phone 236J. 28-1tc

FREE: If Excess acid causes you pains of Stomach Ulcers, Indigestion, Heartburn, Belching, Bloating, Nausea, Gas Pains, get free sample, Udga, at Cottage Grove Pharmacy. 38-15p-52

GAS, ELECTRIC WELDING, truck winches made, etc. If it's a repair job, get our estimates. Cottage Grove Boiler and Welding Co. Madison Street. Phone 181Y. 1-1tc

WATER WELL DRILLING, pumps and supplies. Phone 26F23. J. H. Thomas, Oakland, Oregon. 42-1tc

25 Years Experience. Clean, neat work. Paperhanging, painting. C. Maxson, 817 So. Third St. 50-1tc

## LEGAL NOTICES

### NOTICE OF PUBLICATION

Forest Exchange No. 022804, United States Department of the Interior, District Land Office, Roseburg, Oregon, May 5, 1943. Notice is hereby given that the Lane County Council, Boy Scouts of America, Inc., Eugene, Oregon, did, on this date, make application under the act of March 20, 1922 (42 Stat. 465), as amended by the act of June 13, 1935 (49 Stat. 338), to select certain timber from portions of Secs. 13 and 24, T. 19 S., R. 4 E., W. M. Willamette National Forest, Lane County, Oregon, in exchange for the N $\frac{1}{2}$ NE $\frac{1}{4}$  SW $\frac{1}{4}$ NE $\frac{1}{4}$ , SE $\frac{1}{4}$  NW $\frac{1}{4}$ , Sec. 14, T. 16 S., R. 4 E., W. M. Willamette National Forest, Lane County, Oregon. Any and all persons claiming the lands selected or having bona fide objections to the exchange, should file their protests on or before June 17, 1943.

GEORGE FINLEY, Register. 39-5t-43

### NOTICE OF FINAL SETTLEMENT

Notice is hereby given that CHARLES A. BEIDLER, Administrator of the Estate of HENRIETTA E. SHIELDS, Deceased, has filed his Final Account with the County Court of Lane County, Oregon, and said Court has fixed and appointed Tuesday the 8th day of June, 1943, at 10:00 o'clock A. M., and the County Court room, County Court House, Eugene, Lane County, Oregon, as the time and place for the hearing of objections, if any, to the final account and final settlement of said Estate. Dated and first published May 6, 1943. CHARLES A. BEIDLER, Administrator. HERBERT W. LOMBARD, Attorney. Cottage Grove, Oregon. 38-5t-42

### NOTICE TO CREDITORS

Notice is hereby given that the undersigned has been appointed Executor of the Last Will and Testament of Emma Porter, Deceased, by the County Court of Lane County, Oregon. All persons having claims against said estate are hereby notified to present same duly verified with proper vouchers to the undersigned at the law office of Herbert W. Lombard, First National Bank Building, Cottage Grove, Oregon, within six months of the date of the first publication of this notice. Dated and first published April 29, 1943. FRED H. ARNOLD, Executor. HERBERT W. LOMBARD, Attorney. 37-5t-41

### NOTICE TO CREDITORS

Notice is hereby given that Beulah A. McFerrin has been appointed by the County Court of Lane County, Oregon, as administratrix of the estate of Frank W. Hawkins, deceased, of Lane County, Oregon. All persons having claims against said estate are hereby notified to present them, duly verified as by law required to said administratrix at the law office of Alta King, 613 Main Street, Cottage Grove, Oregon, within six months from the date of first publication of this notice, April 29, 1943.

BEULAH A. McFERRIN, Administratrix. 37-5t-41

### NOTICE

WHEREAS in Chapter XXVI Oregon Code 1930 and amendments thereto, it is declared to be the duty of every person, firm,

partnership, company and corporation owning, leasing, occupying, possessing or having charge of or dominion over any land, place, building, structure, wharf, pier or dock which is infested with ground squirrels and other noxious rodents or predatory animals, or as soon as the presence of the same shall come to his, their or its knowledge, at once to proceed and to continue in good faith to exterminate and destroy such rodents by poisoning, trapping or other appropriate and effective means; and

WHEREAS gray digger ground squirrels (Citellus douglasii) are noxious rodents in Lane County, Oregon.

Now, therefore, all of such persons, firms, copartnerships, corporations and companies owning or having dominion over land in said Lane County, Oregon, are hereby required to take steps to exterminate said gray digger ground squirrels (Citellus douglasii) within thirty days from the date of the first publication of this notice. If such steps are not taken, a person or persons appointed by the county court of said Lane County will enter upon said lands and proceed to exterminate said gray digger ground squirrels (Citellus douglasii) and the cost of said extermination will be levied against said lands.

The County Agricultural Agent hereby designates Monday, May 3, as a day to be known as "squirrel poisoning day" throughout the said Lane County, and it is hereby recommended that poisoned barley, as prepared by the undersigned and representatives of the U. S. Fish and Wildlife Service, be used for the purpose of such extermination. Such poisoned barley may be secured from the undersigned at his office in Eugene, Lane County, Oregon, at approximately the cost of preparation.

Date of first publication of this notice April 29, 1943. (Signed) O. S. FLETCHER, County Agricultural Agent.

### SUMMONS

Case No. 29189  
In the Circuit Court of the State of Oregon for Lane County. GEORGE T. GERLINGER, Plaintiff,

vs.  
E. R. LUCKEY; JENNIE L. LUCKEY, a widow; IRA HAWLEY; PHOEBE B. KINSEY; J. E. HOLT; CARRIE FRIENDLY HARRIS and FRED HARRIS, her husband; THERESA FRIENDLY WACHENHEIMER and SAMUEL WACHENHEIMER, her husband; ROSALIE FRIENDLY HAYES and DEAN H. HAYES, her husband; FRANK M. HORN; JAMES R. HORN; MELVIN CORNELL; MILDRED CORNELL; WILLIAM CURRIN; SCHOOL DISTRICT NO. 25 of Lane County, Oregon, a municipal sub-division of the State of Oregon; JAMES CHAPIN and JANE DOE CHAPIN, his wife; MARY JANE UNDERWOOD; DANIEL DEVINE and EMMA DEVINE, his wife; JOHN Wm. VAUGHN, sometimes J. W. VAUGHN, and SINIA VAUGHN, his wife; E. W. WHIPPLE and DELLA E. WHIPPLE, his wife; HUGH L. WHIPPLE and HELEN B. WHIPPLE, his wife; FRANK WHIPPLE and ELLA WHIPPLE, his wife; ARON LURCH, a single person; BEN LURCH and LAURA LURCH, his wife; MARGUERITE MOSBY, a widow; HUBER MOSBY, a single person; JACK W. KERNS, a widower; PHILIP MOSBY, a single person; DORA HAND and RALPH HAND, her husband; BERNICE BOSLAUGH and RALPH BOSLAUGH, her husband; LITA BOSLAUGH and HAROLD BOSLAUGH, her husband; GERALD MOSBY, a single person and a minor; IDA B. STOCKS, a widow; FRANCIS CHRISMAN, a widower; PORTLAND TRUST AND SAVINGS BANK, a Corporation. The unknown heirs of any of the above named persons or parties if any are deceased; also all other persons or parties unknown claiming any right, title, estate, lien or interest in the real estate described in the complaint herein.

Defendants.

TO: E. R. LUCKEY; JENNIE L. LUCKEY, a widow; IRA HAWLEY; J. E. HOLT; PHOEBE B. KINSEY; CARRIE FRIENDLY HARRIS and FRED HARRIS, her husband; THERESA FRIENDLY WACHENHEIMER and SAMUEL WACHENHEIMER, her husband; ROSALIE FRIENDLY HAYES and DEAN H. HAYES, her husband; FRANK M. HORN; JAMES R. HORN; MELVIN CORNELL; MILDRED CORNELL; WILLIAM CURRIN; JAMES CHAPIN and JANE DOE CHAPIN, his wife; MARY JANE UNDERWOOD; DANIEL DEVINE and EMMA DEVINE, his wife; JOHN Wm. VAUGHN, sometimes "J. W. VAUGHN" and SINIA VAUGHN, his wife; E. W. WHIPPLE and DELLA E. WHIPPLE, his wife; HUGH L. WHIPPLE and HELEN B. WHIPPLE, his wife; FRANK WHIPPLE and ELLA WHIPPLE, his wife; ARON LURCH, a single person; BEN LURCH and LAURA LURCH, his wife; FRANCIS

## LEGAL NOTICES

CHRISMAN, a widower; MANCHIE CHRISMAN, a widow; the unknown heirs of any of the above named persons or parties if any are deceased; also all other persons or parties unknown claiming any right, title, estate, lien or interest in the real estate described in the complaint.

DEFENDANTS.  
IN THE NAME OF THE STATE OF OREGON: You are hereby summoned and required to appear and answer the Complaint of the plaintiff filed against you in the above entitled suit on or before the last day of the time prescribed in the order of publication, to-wit: on or before the 20th day of May, 1943, and if you fail to so appear and answer, for want thereof, the plaintiff will apply to the above entitled Court for the relief prayed for in the Complaint, to-wit: that you and each of you be adjudged to have no estate or interest whatsoever in or to the land or premises herein described, to-wit:

Beginning at the northeast corner of the Thomas Gibson D.L.C. No. 63 Notf. No. 866 in Section 33 in said Township 20 and Range 3 West, and running thence south 0 degrees 34' east for a distance of 1498.86 feet, thence west 217.5 feet; thence south 644.0 feet; thence west 578 feet more or less to the center of the Coast Fork of the Willamette River; thence down stream following the center of the main channel (North 52° East) for a distance of 229 feet more or less to its intersection with the west line of the George Cooley D.L.C. No. 43; thence north 395 feet more or less to the northeast corner of the James Chapin D.L.C. No. 40; thence north 61° west 667.8 feet to the east line of the S. P. Railroad right of way; thence along said right of way line north 29° east 1469.00 feet to the south line of the Henry Small D.L.C. No. 57, where is set an iron pipe; thence further in the same course and following the same right of way 420 feet more or less to its intersection with the center of the channel of said Coast Fork; thence upstream along the center of said channel to its intersection with the north line of D.L.C. No. 63; thence east 165 feet more or less to the place of beginning, containing 36.65 acres, all in Lane County, Oregon, and that the plaintiff is the owner in fee simple of the said property as set out in the Complaint herein, and that you and each of you be forever enjoined and debarred from asserting any claim whatsoever thereto adverse to the plaintiff, and for such other and further relief as to this Court may seem just and equitable.

This summons is published pursuant to an order made by the Honorable G. F. Skipworth, Circuit Judge of the State of Oregon for Lane County on the 13th day of April, 1943, which order directs that this summons be published once a week for four successive weeks in the Cottage Grove Sentinel, a newspaper of general circulation, printed and published at Cottage Grove, Lane County, Oregon, and that you be required to appear and answer on or before the last day of the time prescribed in said order, to-wit: on or before the 20th day of May, 1943. Date of first publication April 22, 1943. Date of last publication May 20, 1943. HERBERT W. LOMBARD, Attorney for Plaintiff. Residence and Post Office Address: Cottage Grove, Oregon. 36-5t-40

Professional Cards

### FUNERAL HOMES

KARL R. MILLS, Mortician. Phone 202

### DENTISTS

DR. W. E. LEBOW—Dentistry—No. 1 Omer Apartments Cottage Grove, Ore. Phone 35

### PHYSICIANS

H. AXLEY, Physician and Surgeon—Evenings by appointment. Over Kem's for Drugs. Cottage Grove, Oregon.

DR. KATHERINE SCHLEEF, M. D.—Physician and Surgeon. Apartment 10, Omer Apartments. Phone 247.

### ATTORNEYS

HERBERT W. LOMBARD, Attorney at Law, First National Bank Building, Cottage Grove, Oregon. Phone 94.

ALTA KING—Lawyer, 613 Main Street. Office phone 254J; Res. phone, 28F31, Cottage Grove, Ore.

TITLE ABSTRACT CO., 881 Oak St., Eugene, Ore. Edward F. Bailey, Pres. Abstracts, Title Insurance, Etc.

HARRY K. METCALF, representing Hartford Fire & Casualty Co., and Equitable Life Insurance Society. Phone 115-J.

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## WANTED TO RENT—

WANTED TO RENT: Three bedroom house, also two bedroom house. Both in town or close to town with electricity. Telephone 286J. 39-11p

## WANTED—

WANTED: Garcon tractor from 4 to 9 horse motor. Lewis Frost, Elkton, Oregon. 38-3t-40

WANTED white rabbits, bred or big enough to breed. Write Roy McCracken, 845 5th, Springfield, Oregon. 38-2tp-39

WANTED by June 1st or 15th, furnished house or apartment, 2 adults, reasonable. Box 66, city. 38-2tp-39

WANTED: Elderly ladies to room and board. 1329 West Main Street. 39-11p

WANTED to buy three acres with modern improvements near Cottage Grove. Write or see Walter Pentico, Lynx Hollow, route 1, Creswell, phone 31F4. 39-11tc

## LOST—

LOST: Brown bill fold containing personal papers and gas stamps. Reward. Orvall Mattoon, Drain, Oregon. 39-2tp-40

LOST: Pair child's gold rimmed glasses in vicinity of Adventist church. Please return to 1339 West Main street or Sentinel office. 39-11p

ESTRAYED from my place 7 miles southeast on Mosby Creek, one white face (Hereford) cow. Notify D. P. Potter, Disston road. Reward. 39-11p

## FOUND—

FOUND: Bicycle east of Lorane. Will return on identification. Inquire Dew Drop Inn, Lorane. 39-11p