

Cottage Grove Sentinel

Established August 15, 1889
Published Every Thursday at
Cottage Grove, Oregon

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Editor, Publisher

Subscription Rates, Cash in Advance

In Lane-Douglas Counties	1 year \$2.00
In Lane-Douglas Counties	6 months \$1.25
In Lane-Douglas Counties	3 months \$0.75
Outside This District	1 year \$2.25
Outside This District	6 months \$1.50
Outside This District	3 months \$0.90

Exceptions: Men or women serving in the armed forces may continue to subscribe for the Sentinel at \$1.50 per year.

Foreign rates on application. No subscription accepted for less than 3 months. Important: In changing address notify us immediately and give former as well as present address.

Entered at Cottage Grove, Oregon, as second class matter.

Member
OREGON NEWSPAPER
PUBLISHERS ASSOCIATION

NATIONAL EDITORIAL
ASSOCIATION
1943
Active Member

SURVEYS

An advertising man was once employed by a big advertising agency to direct a survey of the attitude of women toward painted fingernails. This was away back in 1929, before women painted their nails.

The questions were so worded that women were likely to reveal the degree of their prejudice, if any. After several weeks of work, the net result was 98 per cent against paint on nails.

The verdict was reported to the big bosses, the advertiser, with the recommendation that the advertising campaign for painted finger nails be put on, regardless.

The women were wrong and the advertising agent was right, because painted finger nails are now commoner than white teeth. Consequently the man who conducted the survey doesn't think much of Gallup Polls, surveys or straw votes—neither do we.—Inklings.

THIS WOULD WAKE US UP

A fellow remarked the other day that perhaps if the Japs dropped a few bombs around Portland and Seattle, it might stop some of this absenteeism in the defense plants. Such a thing might serve to wake us all up in more than one way.

All of which reminds us that Cottage Grove, which made such a fine start in its civilian defense activities, might be found lacking due to the fact that as we understand it we still have the civilian defense machinery, but due to changes a good many of our citizens have been lost to Portland, the setup would have to be revamped. The need of such an organization exists now in the same degree as it has since the attack on Pearl Harbor. In fact the danger of bombings may be even greater in the next few months than it has in times past unless the military authorities have missed their guess.

EVERYBODY OUGHT TO BE GOOD

(J. E. Jones)

Vice President Henry A. Wallace seems to have gone out on a limb—again—in a recent statement. "Without a close and trusting understanding between Russia and the United States there is grave possibility of Russia and Germany later making common cause," he declared. That isn't very good, even if a Vice President did say it, and dispatches from Moscow have quoted United States Ambassador Standley as saying the Russian people were not being told the complete story of United States aid to Russia. He evidently talked too much out of turn. The Russians promptly broadcast the most recent statement from Washington by Lend-Lease Administrator Stettinius, and that cleared up any misunderstanding—if there was any.

According to other statesmen and would-be statesmen the United States is not getting on any too well with England; it is not doing enough to help China. In fact, the World is full of misunderstanding eritics, who are doing more damage than good! That explains why there are many thoughtful men and women who are convinced that preparations for peace should be made now. The Atlantic Charter and the declaration of the United Nations are accepted as a basis for such a peace.

That might save the United States and other nations from the risk of being double-crossed at the peace table, as it happened in 1919 when our Allies sold Woodrow Wilson and the United States down the river.

An agreement between the United Nations would bring about the establishment of temporary government over the Axis nations, establish an international force backed up with military and naval power that would have the strength to carry out the orders, or mandates, of a United World government and Court.

All of which simply means that if the United Nations are victors in this war that they would find an establishment prepared to enforce peace, even if some jackanapes, like Mussolini, or the Son of Heaven of Japan should decide to break loose. The subject is very big, but the chances are too good to miss.

Reno, Nevada, claims to be a factor in the dairy industry. I suppose that's why the cream of the country goes there to get separated.

Have you noticed how a fighter rides the punches? He weaves so as to move with the blows . . . many of which seem to do little damage. The art of living is learning how to ride the punches that life hands out.

Maybe we'd be better off to have a little more inflation and a little less government.

When you hear a man say "money can do anything," it's a ten to one shot, he hasn't any.

French Governor-General



Pierre Bolson is the French governor-general of Dakar, French West Africa. His appointment to the post raised a storm of protest, as he was formerly an aide of the Vichy Government.



COMMANDER IN BISMARCK SEA VICTORY—Lieut. Gen. George C. Kenney, in command of American Air Forces in the Southwest Pacific, directed one of the most decisive operations of the war in the crushing defeat of a 22-ship Japanese convoy off the coast of New Guinea. Lieut. Gen. Henry H. Arnold, commanding general, Army Air Forces, in a statement said: "In attacking and eliminating the enemy where he was most vulnerable and before he had time to get set, Gen. Kenney utilized the striking power of his air force to the fullest advantage. The bomber crews and fighter pilots who disregarded bad weather and comparatively close enemy air bases carried out their missions in the highest traditions of the Air Forces."

SGT. PALMER WRITES FROM NORTH AFRICA

The following letter addressed to Prin. F. L. Grannis and student body was written by Sgt. Palmer six days before he was reported missing in action. Because his letter typifies the attitude of the average servicemen regarding his native land, we thought the contents worthy of publication.

United States Army
North Africa,
Feb. 14, 1943

Dear "Pop," Faculty and Students:

I can imagine that you'll all be surprised to hear from me. But, I was thinking of the wonderful times I've had in old C. G. Hi, and had to write. I can't say much, but I'll say what I can.

I've come quite a ways around this world since I left Cottage Grove. From California to New York. I came to Ireland, England and now North Africa. We are part of those that were the invasion forces in North Africa.

Of all the places I've been there is none to compare to that little old town of Cottage Grove, Oregon. We've been in battles, saw some and felt some horrible things.

I've found out one thing especially: a man never knows what he's fighting for till he's heard hot lead around him, seen cold and shining bayonets, fought beside comrades that in the next instant die. It's not nice—yet I'll tell you we're glad to give our lives to make America always the land of the free, brave, and home of liberty and democracy forever. You never know how wonderful America is till you have to leave it, not knowing whether you'll ever see it again.

I'm proud of America and all in the service are proud of her. It's a wonderful sight to see Old Glory waving. If you don't think so—go somewhere in a foreign land where you can't see it. I reckon those that fought for our land before us would be proud of us. They fought for their children and their children's children for generations to come. They made it possible for us to have freedom and we don't propose to have it taken from us.

Only peoples, born in freedom and democracy, actually realize how much that freedom and liberty is worth fighting for. Have confidence in us and victory is ours.

Some day—God willing—this war for everlasting freedom will end and we'll all come home to the most wonderful of nations. We pray for that time to come soon, and still we know it can't come till the enemy is crushed forever. We fight for liberty now, for us and for our children in countless ages to come. Maybe they'll have to fight again, and they'll remember that we of today made it possible that they could carry on the battle of righteousness and glorious, shining liberty. Think of us often, as we do all of you. Pray to God for the courage and guidance that only he can give to an army and folks at home who are fighting for the right of free speech, press, the right to vote, and above all freedom of Religion and land.

I hope you're all well. I am at the present, I can always look back and say: it was in that little town of Cottage Grove, Oregon, at good old C. G. Hi is where I first received the full knowledge of the value of the system of govern-

ment and principles of freedom that we have today and which we'll ALWAYS fight for. God bless you all. Write once in a while. I'd love to hear from you all. With a tender place in my heart for all of you always—

I remain your friend and

past pupil,

Sgt. Johnnie C. Palmer.

(If you see fit read this to the students. It's how we think and feel.)

Hope the censors let this pass.

SPAGHETTI with MEAT SAUCE

by Dorothy Greig

MOTHER used to say that every time she served spaghetti with meat sauce she felt like a mother robin feeding her hungry young ones. Everyone received it with such frank gusto.

Well, these are certainly days to remember that favorite . . . for what other dish can better satisfy so many with such a small quantity of



meat? Look you upon the meat sauce described here . . . just 1/2 pound of meat for six to eight servings! But there's a little trick in my meat sauce. It's the consommé which deepens and enhances the beef flavor. Then, to give even more dash, both condensed tomato soup and tomato paste are added. Altogether a rich and satisfying sauce:

Meat Sauce:
2 tablespoons olive oil
2 tablespoons butter
2 cloves garlic, finely chopped
1 medium onion (1 cupful chopped)
1/2 pound beef, ground
1 cup mushrooms (sliced)
1 can condensed consommé
1 can condensed tomato soup
1 can (6 oz.) tomato paste
1/2 teaspoon salt
1/4 inch of pepper

Cook the finely chopped garlic and onion in the butter and olive oil until soft, but not brown. Add the ground beef and mushroom slices and continue sautéing until they are brown. Then add the consommé, tomato soup, tomato paste and seasonings. Cover and simmer 20 to 30 minutes to thoroughly blend the flavors.

Spaghetti:
1 box (9 oz.) spaghetti
Grated sharp cheese
Cook the spaghetti in boiling salt water until tender.
To serve: Serve a generous portion of spaghetti on the plate with a large spoonful of meat sauce poured over the spaghetti. Sprinkle with the cheese. Serves 6 to 8.

Largest in S. America
At one time ground sloths were the largest and probably the most numerous animals native to South America, says a Field museum paleontologist.

Dairy
A greater quantity of dairy products was manufactured during 1941 than in any other year on record, according to the U. S. department of agriculture.

FACTS TO KNOW AND THINK ABOUT

Dr. H. A. Hagen

There are ten to twelve pints of blood in the body of an adult. Among the many duties of the blood are: to carry oxygen from the lungs to the various organs of the body, and to carry carbon dioxide from the organs of the body to the lungs.

It is the red corpuscles in the blood that really carry the oxygen. The blood contains twenty-five to thirty trillion (25-30,000,000,000,000,000) of these red corpuscles. Each red corpuscle is about 1-2/1000 of an inch in diameter. The total combined surface area of all these corpuscles is almost an acre.

It is from the air sacs in the lungs that the oxygen in the air we breathe passes into the blood to be picked up by the red corpuscles. These air sacs also receive from the blood the carbon dioxide which we exhale. If the walls of all the air sacs of the lungs were straightened out and put side by side, they would cover a surface about 100 times as great as the skin area of the body.

The small blood vessels (capillaries) of the lungs, which lie in direct contact with the walls of the air sacs, are just wide enough to permit the corpuscles to flow through in single file. During moderate activity, all the blood of the body (including corpuscles) passes through the lungs every minute. Therefore, each minute a great corpuscle area comes in contact with an extensive air sac area to pick up oxygen. And the only thing separating the blood from the air in the air sacs is a membrane about sixteen one hundred thousandths of an inch thick. Oxygen and carbon dioxide pass through it easily.

If you apply heat to the skin, the blood vessels widen and the skin becomes red. If the air we inhale is too warm, the blood vessels of the lungs widen and the corpuscles cannot pick up oxygen so easily. Neither can "heavy" air sacs expand and recoil so easily in breathing. When the vessels of the bronchial tubes and lungs are widened by too warm air, the person is more susceptible to "colds in the chest."

To protect bronchial tubes and lungs, keep the temperature of your home not over 68 to 70 degrees Fahrenheit. If you feel cool at that temperature, put on an extra wrap and increase the humidity of the air by boiling water. The width of the blood vessels

Swiss Soldier Can Take It



Swiss soldiers—150,000 of them—can take it. Here is one keeping in training by leaping from the underbrush and landing on a bed of rocks.

of the lungs is controlled by nerves which pass between the bones of the spine. Disrelationship of these bones could easily cause interference with these nerves and be a primary cause of "colds in the chest." At the least sign of such a cold, have your Chiropractor correct the position of these bones, before more serious lung congestion develops.

Detroit of Germany

Stuttgart is the Detroit of Germany, birthplace of the automobile industry in that country. In the northeastern division of the city known as Unterurkheim the large plant of the Daimler automobile grew from the motorcycle built in 1885 by Gottlieb Daimler and the first automobile built the following year by the same inventor.

YOUR HEALTH DEPENDS ON THIS

If you have poor posture, all the advice and all the exercises will be of little avail, if there are bones out of alignment in your spine. Your effort will be similar to trying to pick yourself up by your bootstraps. Before good posture and graceful carriage can be maintained without any real effort, the structural misalignments must first be corrected by an engineer of the human body. The profession which has made human engineering its specialty is that of Chiropractic. The doctor of Chiropractic is the only one who can supply you with the basis for health—something which can not be bought in a bottle, taken in the form of a pill, and can not be injected into your body—good body balance and carriage resulting from the freedom of structural misalignment and unrestricted nerve system. You have not given your body all the help that can be rendered until you have received a spinal examination at the hands of a competent chiropractor and permitted the chiropractor to make such corrections as are necessary. Your health depends on this.

Dr. H. A. Hagen

Have You a Man in the Service of Our Country?

Son? Husband? Brother? Father?
Employee? (Daughter? Sister?)

Then You Must Be Proud Enough of Him (or Her) to Display An Official War Service Flag In the Window of Your Home or Store or Plant. Think What They're Doing For You.



- Size 8" x 12"
- Guaranteed Washable
- A Blue Star for each person in service
- The added "V" Symbolizes the Service Flag of Today
- Not a print but a heavy woven material
- This is 1942 version of official Service Flag used in World War I

Only \$1 each

We are displaying also war worker flags and beautiful American flags at \$1.00 each.

See these flags. An extraordinary value

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