

Cottage Grove Sentinel

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W. C. MARTIN

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FIRE CONTROL STATIONS

An authority on fire-fighting recently said practically all fires could be extinguished with a glass of water at the beginning. The great, destructive fires, in other words, are caused largely by delay in discovering and fighting them.

In these days, when maximum conservation of materials and labor is vital, fire control is the duty of everyone—housewife, executive, foreman and worker. And fire control has two distinct phases. The first phase is fire prevention. That simply means that every home and every place of business must be periodically inspected, and all fire hazards, no matter how minor they may seem, promptly eliminated. Any one can obtain the necessary information on what to look for from fire departments, fire marshals, or from the National Board of Fire Underwriters, 85 John St., New York City.

The second phase is fire prevention. And it isn't enough to depend on your local fire-fighting department, no matter how good it is. A fire which could be immediately put out in its first stage, may turn a home or a factory into a raging inferno in a matter of minutes. A little equipment, plus a little knowledge, makes it possible for any one to extinguish the average fire safely and swiftly.

It is well to have a chemical extinguisher of an approved type on hand. In addition, have a supply of sand and a hose where you can reach them instantly. Sand is a first-class extinguisher, and should be used wherever it is too difficult to reach a fire with water. When you tackle a fire, move fast—and don't get excited.

Everyone who can should take advantage of the fire control instruction given by civilian defense organizations. The lessons on how to defend ourselves against incendiary attack can be applied with equal force to all other kinds of fire. The goal we must strive for is to make "every house a fire control station."

SPARE THE DOCTOR

War's drain on the nation's doctors continues to grow rapidly. In time, it is likely that all physically fit younger doctors, and many older doctors, will be called to military service. And so, the burden of work on the doctors who remain at home will be doubled and redoubled.

Many authorities are now advising the public as to how it may help these doctors perform their job with maximum efficiency under difficult conditions. First, don't ask your doctor to make a house call if you are able to go to his office. Second, don't call him at inconvenient times unless there is an emergency. Third, when you do see him, don't waste his time in gossip and idle talk. It may be all right to "visit" with the doctor in normal times—it is definitely a bad practice now.

The standards of American medical care are the highest in the world. During the war, with millions of people working at arduous labor, every possible means of guarding and maintaining these standards must be used. And you can be certain that the doctors will do their part. They will willingly work longer and harder. They won't spare themselves. They know better than anyone else that the preservation of civilian health is absolutely vital to the war effort.

The patient who wastes a doctor's time may, unwittingly, be depriving a person who desperately needs it, of medical attention. Spare your doctor!

FIR TREES

In proportion to its weight when dry, Douglas fir timber is perhaps stronger than that of any other large conifer in the country, and being tough, durable, and elastic, it is admirably suited for shipbuilding, piles, and heavy timber in general.

When lumbering is going on in the best Douglas woods... many of the long slender poles are saved for spars; and so superior is their quality that they are called for in almost every shipyard in the world, and it is interesting to follow their fortunes. Felled and peeled and dragged to tide-water, they are raised again as yards and masts for ships, given iron roots and canvas foliage, decorated with flags, and sent to sea, where in glad motion they go cheerily over the ocean prairie in every latitude and longitude, singing and blowing responsive to the same winds that waved them when they were in the woods.

"After standing in one place for centuries they thus go round the world like tourists, meeting many a friend from the old home forest; some traveling like themselves, some standing head downward in muddy harbors, holding up the platforms of wharves, and others doing all kinds of hard timber work, showy or hidden."—John Muir in The Forest Log.

BRAVEST PAGES

Some of the brightest and bravest pages in the history of this war are being written in the Balkans. Hitler's brutal legions have overrun the little states—but they have not broken the spirit of the people. The Balkan people, by the million, are fighting back.

The saga of General Mihailovich, the Yugoslavian leader, will make a magnificent book some day. When the Yugoslavian armies were crushed, a plane was ready to take him to safety. But he refused to go. He remained behind to organize the most remarkable guerrilla army in history—an army which has taken a toll of thousands of Germans and Italians.

Some 23,000 square miles of rough and difficult country is still controlled by Mihailovich's hordes. Hitler and Mussolini have no bitterer, braver, or more determined enemy.

STRICTLY MODERN HOUSE

5 rooms, on West Side. Paved street. New foundation. \$1400, \$650 down, balance \$20 payable every 3 months. These payments include taxes and interest.

CURRAN ADDITION

4-room modern house, venetian blinds. Corner lot 60x100. Few fruit trees. \$1900. One-third down.

4-room house just outside city limits on South 1st street. Needs some repairs but livable as is. \$1100, 1/2 down, \$20 per month.

MERL KING

With

701 Main St. **RODMANS** Phone 216

OUR DEMOCRACY—by Mat

GREASE-FOR THE GUNS OF VICTORY!



MUCH-NEEDED GLYCERINE, MUNITIONS ESSENTIAL, IS MADE FROM FATS... SO AMERICAN HOUSEWIVES, IN THE THRIFTY TRADITION OF THEIR MOTHERS, ARE STRAINING EXCESS COOKING GREASE INTO CLEAN CONTAINERS AND ARE TURNING IT IN TO BUTCHER-SHOP COLLECTION STATIONS. EVERY DROP HELPS WIN THE WAR.—
THERE IS SOMETHING FOR ALL TO DO.

Eat More Cheese Forest Fire Facts

"We urge American consumers to eat more cheese," states Secretary of Agriculture Claude R. Wickard. "It is a rich source of food elements that are vital to good health." Furthermore, consumption of cheese will encourage production which is essential right now to keep up needed food supplies according to Secretary Wickard. To encourage consumers to eat more cheese the Department of Agriculture has designated cheese as a victory food special for the two-week period, August 17-29.

With nearly 170 million pounds more cheese in storage than the average for this season of the year, the Dairy Council points out that every man, woman and child in the United States could eat an extra pound of cheese and still have a lot more cheese on hand than is normal for this season of the year. Furthermore, cheese production is far in excess of any previous time. During the first five months this year more than 387 million pounds of Cheddar cheese were manufactured in this country. That compares with 255 million pounds of Cheddar cheese manufactured during the same period last year and with an average production of 176 million pounds during those five months in the past ten years.

Since cheese contains practically all of the ingredients of milk, it is recognized as one of the most important of all protective foods. Secretary Wickard gives added emphasis to the important part cheese plays in improving nutrition and national health today with this additional statement, "It is of great importance that present high production be maintained to meet wartime needs both at home and abroad. We may need even more before long. We must keep right on making cheese without any let-up. By using more cheese we can lighten the load on meat supplies which will be short for the next couple of months."

THINGS TO WATCH FOR

Plastic fasteners of a type similar to, and intended to take the place of, the priority-struck metal slide fasteners... Flocks of plastic kitchen utensils, like potato knife, cheese grater, corn holder and dish-drying rack... (Post-war) Auto windows raised and lowered by the same kind of motor that now operates automatically the disappearing tops on roadsters... A "dunker's glove" made of moisture-proof paper, to fit over forefinger and thumb when you're dipping doughnuts, or whatever you wish to dunk... Apple syrup, as a possible substitute for war-shortened glycerine in keeping tobacco products moist... A non-alcoholic cologne (on account of the war) that is snow-white in color and deliciously named "Ice Cream"... A new Decca album of hit tunes from "This Is The Army," with a royalty of two cents for each of the eight record sides going to the Army Relief Fund.

Throw your scrap into the fight.

VETERANS OF FOREIGN WARS meets 2nd Monday of the month at Cottage Grove armory. All members are invited to attend.
W. Ace Gregg, Commander.

CHURCHES

CHRISTIAN SCIENCE SOCIETY

242 Second Street.
Sunday school at 9:45; forenoon service, 11; subject, "Christ Jesus." Evening service, second Wednesday of each month at 8:00 p. m.
The Bible, Christian Science literature and the writings of Mary Baker Eddy may be borrowed or purchased before or after the Wednesday service.

METHODIST CHURCH

Rev. W. A. Briggs, Pastor.
Sunday school at 9:45. Sam Mackin, Supt. Morning worship at 11:00. Sermon topic, "The Whole City Was Stirred Saying Who Is This."

Youth Fellowship meeting at 7 o'clock. Evening worship at 8:00. Sermon topic, "If I Am Tempted Am I A Sinner?"
Prayer meeting on Thursday nights at 8:00 p. m.

CHURCH OF GOD

1060 East Adams Ave.
Sunday school, 10 a. m. Morning worship 11 a. m. Topic "Evil Spirits to Be Avoided," continued.
Young people's meeting, 7:15 p. m. Devotional service, 8 p. m. Text, "The Letter Gilleth, But the Spirit Giveth Life." Prayer meeting Friday, 8:00 p. m.
We invite you to worship God with us.

Roy E. Hutchison, pastor.

ASSEMBLY OF GOD

Hilton T. Park, Pastor.
Sunday school at 9:45 a. m. Preaching, 11 a. m. Young people's service at 6:30 p. m. Evening evangelistic service, 7:45 p. m. Tuesday night, prayer service, 7:45 p. m. Thursday night, preaching service, 7:45 p. m.

CATHOLIC CHURCH

Rev. J. L. Maxwell, Pastor.
Mass each Sunday at 8:00 a. m.

SEVENTH-DAY ADVENTIST CHURCH

West Main Street
Sabbath school, 9:30 o'clock. Preaching service 11:00 o'clock. Every Saturday. Visitors welcome.

BLUE MOUNTAIN CHURCH

Betty Williams, Pastor.
Bible school, 10:00 a. m. Service 11:00 a. m. Young people's service 6:45 p. m. Evangelistic service, 7:45 p. m.

FIRST BAPTIST CHURCH

Ercile L. White, Pastor.
Church school at 9:45 a. m. Mrs. W. C. Martin, Supt. Morning worship service at 11:00. Sermon subject, "Seek and Ye Shall Find."

B.Y.P.U. at 7:00. Evening worship service at 8:00. Sermon subject, "Soldiering for Jesus Christ."

Wednesday evening at 8:00, choir practice. Thursday evening at 8:00, hour of prayer and Bible study.

FREE METHODIST CHURCH

So. 6th and Harrison
Rev. C. Alfred Herald, Pastor.
Sunday school at 9:45 a. m. Classes for different age groups. Morning preaching service, 11:00 a. m.

In the evening, a combined young people and adult service at 7:45 p. m.

"But they that wait upon the Lord shall renew their strength; they shall mount up with wings as eagles; they shall run and not be weary; and they shall walk and not faint." Isa. 40:31.

Mr. and Mrs. S. M. Ramsey

of Portland are visiting Mrs. Ramsey's brother, C. W. Partin, who, with the Ramseys, visited Mr. Partin's daughter and family in Marshfield over the week end. The entire party will leave for a trip along the Oregon coast Thursday for a stay of several days. Mr. Ramsey is a member of the Portland police.

Office Supplies. The Sentinel.

CAN FOOD NOW

To the Editor: Once more it is the time of year in our fair valley when there is an abundance of fresh fruit and vegetables. This year much more than ever there have been repeated warnings that if we want food next winter we must prepare for it now for many items ordinarily on the grocers shelves will go to our armed forces. This, too, will include a major portion of the dried products put up this fall by canneries. Much home drying can be done inexpensively at home if desired. There may be a time when money can't buy what we need. A word to the wise.

AN OBSERVER.
(Name on Request)

NAVY HOSPITAL OPENED

In realistic readiness for casualties which may result from coming battles in the Aleutians, a new four-million dollar Naval Hospital has been opened at Seattle on a 165-acre site.

First of the hospital buildings was begun in February of this year, and the organization comprises a complete community within itself. There are forty-one buildings including quarters for one hundred navy nurses. The corpsmen barracks will quarter 375 hospital corpsmen. The hospital equipment is of the most modern type including even individually heated trays to transport food from the diet galley. A guard force is maintained and the hospital has its own fire fighting trucks, equipment, and organization.

SUBSTITUTE CLERK-CARRIER EXAM ANNOUNCED

An examination for substitute clerk and carrier has been announced at the Cottage Grove post office. This examination is for the purpose of establishing an eligibility list for filling all existing and future vacancies in clerks and carriers. Anyone interested may secure an application blank and copy of the announcement from the Civil Service Secretary at the local post office. Applications must be in Seattle on or before September 11th. J. B. Leonard, secretary of U. S. Civil Service Examiners.

NEWSPAPERS SUSPENDED OPERATIONS

Two newspapers of southwestern Oregon have suspended "for the duration"—or longer. They are the Oakland Tribune and South Umpqua News. Subscription list of the Oakland weekly was taken over by Roseburg Chieftain.

Throw your scrap into the fight.



Not this time!

Many veterans of the last A. E. F. will remember how they traveled to the eastern seaboard in coaches, and through France in tiny freight cars with the legend "40 Hommes, 8 Chevaux" painted on the side. "Forty men, eight horses."

It's not that way this time. Now the U. S. railroads are moving a great many more of our fighting men in sleeping cars than in the last war. And these men have clean bedding and porter service.

This is one of the reasons why you may not always be able to get just the Pullman accommodations you want.

So far the difficulties of wartime travel here have been very minor ones, compared with other warring nations. We can all be thankful that we are living in a country where these problems can be worked out by sympathetic cooperation between a railroad and its customers, and not by the orders of a dictator.

The War Bonds you buy now will help pay for a new home after the war.

S-PThe Friendly
Southern PacificFREE TO PURCHASERS
OF WAR STAMPSOfficial U. S. Army Air Corps
Squadron
Insignia

In color on cloth, these insignia are great for sewing on youngsters' sweaters, shirts or jackets. Start a collection. You get one of these regulation Air Corps Squadron Insignia—the kind actually on fighters and bombers—FREE every time you buy a War Stamp from a Shell Dealer. A new one out each week.

THIS WEEK—49th BOMBARDMENT SQUADRON

