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CONFUSING ISSUES.

There is a good deal of confusion in the minds of the people with reference to new rules and regulations affecting the present emergency in the rearmament program. Remembering the experiences of the last war when waste and duplication caused some rather stringent regulations to be issued, which brought some hardships and some sacrifices, people are reluctant to respond with the expected enthusiasm unless an acute emergency exists. Actual war and the preparation of war always brings about confusion, duplication of effort and waste and the present effort to rearm has been no exception.

One day we hear a statement made and the next day the same statement contradicted. The existing scarcity, or the apparent scarcity, of many materials today never entered the picture a few months back. A long range planning program has been conspicuously absent. But planning ahead is necessary in times of stress as well as in times of peace. Absence of it brings about maladjustments and the resultant difficult times.

SILENT SOLDIERS.

The four horsemen have ridden hard this year. They have brought War, Famine, Pestilence, and Death to a large part of the world. It will take every last ounce of strength and knowledge possessed by mankind to halt their sweeping horror. Before many weeks pass, the great annual Christmas Seal campaign will be on in earnest. The funds from these little seals are used to fight one of the most powerful of the horsemen's allies—Tuberculosis.

Through the ages tuberculosis has been known as the great white plague. For centuries it was the number-1 killer. In times of distress it literally destroyed whole populations. The fact that this is not true today is due solely to the achievements resulting from the continuous sacrifices of medical scientists. C. L. Newcomb, Christmas Seal sale director for the National Tuberculosis Association, recently said: "In the 34 years of Christmas Seal sales, the tuberculosis death rate has been cut by three-fourths, but the disease last year took over 1,000 more American lives than were killed or died from wounds in the American Expeditionary Force in the first World War."

Tuberculosis is still a major problem. With the world again facing conditions that will make a fertile field for a new outbreak of the disease, it behooves the individual to look with new significance this year on the cheery seals adorning his greeting cards. They are silent soldiers in a gigantic battle, a crucial battle between humanity—and the four horsemen.

TO FIGHT INFLATION.

A move is underway to organize holders of life insurance policies to fight inflation, according to the Oregon Voter. A large percent of the \$30,000,000,000 insurance companies hold in trust for the policy holder is invested in government bonds and obligations. The nearer we approach inflation, the more policy holders will suffer in the view taken by the national policyholders committee. A great majority of policyholders have invested in life insurance as a means of saving their earnings and inflation hits the pensioners and those with limited income first.

The difference between hens and men is explained by the Blue Mountain Eagle. When eggs are cheap the hen works the hardest whereas man waits until things are the highest to stage a strike.

Mennonite Journeys by Buggy

Adhering to the belief of his people that automobiles are too worldly, Aaron S. Martin, young Mennonite farmer, set out with horse and buggy on a 100-mile trip from Ephrata, Pa., to Selinsgrove, to accept a job. Martin expects to make the journey in two days. "I don't want to push the horse too much," he said, "and I guess I'll be able to sleep in a barn along the way, if I'm allowed."

Largest Wolves

The largest wolves are the timber wolves which are found generally in the Rocky mountains and the Great Plains areas. They grow as large as 5½ feet in length and the species is one of the largest in the world.

Five-Cured Tobacco

North Carolina raises 79 per cent of all five-cured tobacco grown in the United States.

THIS WEEK IN DEFENSE

Arming of Ships.
The House passed a bill modifying the neutrality act to permit arming of merchant ships. Navy Secretary Knox told his press conference the Navy is ready to put guns aboard American merchant ships as soon as congress authorizes the action. He said arming merchant ships will slow down submarines and impair their marksmanship because they will have to stay below the surface and use their limited supply of torpedoes instead of attacking with shellfire.

Lend-Lease Aid.
Navy Secretary Knox announced two overage submarines are being transferred to Britain under the lend-lease program. The President announced lend-lease transfers during September reached a record \$155,000,000 in equipment and services—about three times the monthly average of the past six months. The President reported only 5 percent of the original \$7,000,000,000 for lend-lease remains unused. The House voted \$3,711,000,000 for further lend-lease activities.

Production.
Price Administrator Henderson, speaking in Detroit, said although the U. S. is producing 35 percent more than ever before—45 percent more than in 1929—only 12 to 14 percent of national income is going into defense. He said America is giving only one hour of eight for defense work. Although OPM schedules show this will be increased to two out of eight hours by next June, he said. Hitler is using five of every eight hours for German war efforts.

OPM Research Chief Stacy May reported spending for defense in September rose to approximately \$1,347,000,000—\$203,000,000 higher than August. He said Hitler could be beaten if the U. S. shifted 50 percent of its productive capacity to armaments and suggested a \$50,000,000,000-a-year defense program.

Congress passed legislation authorizing a \$1,500,000,000 increase in RFC borrowing and lending power to be used partially to expand steel producing facilities by 10,000,000 tons at a cost of \$1,000,000,000. OPM ordered auto production for January, 1942, cut "at least" 51 percent below last January levels.

Subcontracting.
The OPM Contract Distribution Division announced large defense orders will be withheld from firms refusing to farm out a sizable part of the work. The announcement said small business must be mobilized quickly because more than 60 percent of all industrial workers are employed by firms having less than 500 workers each.

The Navy reported as an example of its subcontracting policy that 75 small shops in New York state are working on parts for naval gun mounts.

Priority Unemployment.
The Federal Security Agency asked all employees who anticipate layoffs due to shortages to report their problems at once to the nearest State Employment office—the first step in obtaining government action to give plants defense orders.

Agriculture.
The Agriculture Department reported the farm labor supply at 64 percent of normal and 25 percent below last year, and said farmers have been able to keep their hired men from taking industrial jobs only by sharply increasing wage rates. The Department said farmers do not need priority orders to purchase farm machinery except special classes, because ratings are assigned to manufacturers and warehousemen who supply framers.

The Bureau of Labor Statistics index of 900 wholesale prices re-

mained unchanged during the week ended October 11 although in the past year average wholesale prices have risen 17.3 percent and are the highest since early 1930.

Priorities.
Priorities Director Nelson extended priority assistance to virtually all industrial plants needing maintenance and repair parts. The order was in line with . . . All policy of keeping all industrial machines in good running order.

Ships and Oil.
The Maritime Commission has awarded contracts for construction of 49 tankers which it said will be part of the largest and most modern tanker fleet in the world. Including those building or ordered by the commission and private interests, 208 new tankers of 2,196,300 gross tons will be finished by the end of 1943, bringing the total available to 568.

Army.
War Secretary Stimson announced the Army has adopted a new semi-automatic carbine to replace the present .45 calibre pistol. The new weapon will allow 33 percent additional firepower. Mr. Stimson also announced 2,000 junior officers of the National Guard will be transferred to the Air Force for ground duty to free flying officers for air duty. The Army announced formation of four new Coast Artillery Barrage Balloon Battalions, each with 1,257 men.

Exile



Arnulfo Arias, ousted pro-Axis President of Panama, shown as he arrived in Havana, where he fled when pro-American elements took over his administration. Arias opposed Washington plan to arm U. S. ships under Panama registry.

"I advise you Madam," instructed the doctor, "to take frequent baths, get plenty of fresh air, and dress in cool clothes."

"What did the doctor say?" inquired her husband an hour later. "He said I ought to go to Atlantic City, and then to the mountains," related his wife. "Also that I must get some new light gowns at once."

He was sitting for an examination and found the questions rather too much. However, he used his intelligence as far as possible until he came to one question, which read: "State the number of tons of coal exported from the British Isles in any given year." He thought for a moment, and then his brow cleared. Hastily he wrote the answer: "1966—none."

Cheapest Sidewalks in World
The cheapest sidewalks in the world are made of solid marble and are located at Marble, N. C. The stone is taken from surface quarries a few yards from the walks.



Oregon Farmers Get Defense Goals

Declaring that "food will win the war and write the peace," Secretary of Agriculture Claude R. Wickard this week gave the Oregon USDA Agricultural Defense Board the job of mobilizing the state's farmers behind a big production program. Among the increases sought by production goals are milk, eggs, pork, beef and veal. Every individual farmer will be asked to do his part.

Carrots Attain Distinction As Good Vegetable

The so-called lowly carrot of yesterday has moved to the head of the table today as a vegetable almost second to none in the scientific appraisal of nutrition specialists, says Miss Lucy Case, extension nutritionist at Oregon State college. Today's carrot is about all anyone could ask of any vegetable as it tastes good, has an attractive color, has a high food value and, in Oregon at least, is available fresh from the garden all year, she says.

Carrots rate high nutritionally because they are a good source of carotene, a substance which human beings can change to vitamin A in their bodies. In fact, carotene is what gives carrots their attractive bright orange color. In general, the deeper the color of the carrot, the better the source of vitamin A it is.

Because vitamin A is such an important item in a good diet, and because both yellow and green leafy vegetables are good sources of carotene, nutritionists recommend at least one serving a day of these vegetables. Carrots and other green and yellow-colored vegetables are on the list of "protective" foods. Besides the vitamin A they contain, carrots also are a good source of calcium, riboflavin, B1 and C vitamins.

"The carrot is a regular vegetable-of-all-trades in the kitchen,"

says Miss Case. "It goes into stews, pot roasts, soups, chowders, vegetable combinations of all sorts, and even into mock pumpkin pies, pickles, and conserves. Young, tender carrots, served raw, are one of the best salad jowars. Their mild flavor and bright color combine well with vegetables of distinctive flavor and pale color, such as cabbage, celery, and cucumbers. Or serve the carrot in slender sticks cut lengthwise of the root. For variety, cube the carrots or shred them on an ordinary salad shredder (finest size)."

One favorite way of preparing shredded raw carrot is in a gelatin salad in combination with pineapple or orange. Another is a crunchy sandwich filling made of shredded carrots, chopped peanuts, and salad dressing. Cabbage, carrots, grated onion juice, and chopped peanuts make a fine winter salad.

For variety try cooking shredded carrots in a small quantity of boiling water containing salt and a small amount of sugar. Do not drain. Season with butter or cream and a little nutmeg.

Largest Spider

The largest spider is the tarantula, native to Central and South America. It has a body as long as two or three inches. The feet and legs have a spread of from seven to eight inches in diameter.

Original Tunnel Builders

Earthworms are the world's original tunnel builders and have no doubt taught men much in the art of sinking underground shafts, according to the magazine Natural History.

BITS O' BUSINESS

Pennsylvania's \$70,000,000 super-turnpike, tunneling through mountains for 159 miles between Harrisburg and Pittsburgh, seems to be a financial as well as artistic success: it'll earn nearly \$3,000,000 its first year, more than enough to pay operating costs and bond interests. . . First plant in the country for mass production of plastics in extruded forms—to replace aluminum, copper, and brass in household materials—has opened in Norwalk, Conn. . . Auto companies are considering sending out new cars with only four tires, as rubber conservation move; independent tire dealers are much in favor of it as boon to their sales opportunities. . . The proposed 10-million-ton expansion in the nation's steel ingot capacity will be shared by 30 firms. . . China and Brazil are hustling to get in on the U. S. silk market—the latter is exporting silk fabric for the first time this year. . . Portable typewriter companies are making fewer models to save materials.

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Radio Ray
Has This to Say:

The saying goes that all work and no play makes Jack a dull boy, but not with his employer.

• • •

We bought some life insurance lately and we found that life insurance companies don't believe that life begins at forty.

• • •

Only the brave deserve the fair, and only the rich can support them, so what the heck.

• • •

Being rich doesn't always mean a lot, however. There was the fellow who owned a yacht, an airplane and three automobiles but walked in his sleep.

• • •

Rich and poor alike need radio repairs at times. Many folks are having their sets tuned up for winter. Why don't you?

• • •

Radio Ray Service
"Expert Technical Advice"

OUR DEMOCRACY by Mat

BRED IN THE BONE

THE DEAN OF AMERICAN WRITERS, BOOTH TARKINGTON, SAYS THAT OUT HIS WAY, IN INDIANA, PEOPLE LICKED THE HARD TIMES OF '73 BY THRIFT AND ENDURANCE.

FOR YOUR COUNTRY BUY DEFENSE BONDS

BY THE SAME SELF-DISCIPLINE, HABITUAL TO AMERICANS WHEN NEEDED, THE PEOPLE OF THE COUNTRY ARE MEETING THE PROBLEMS OF OUR NATIONAL EMERGENCY.

Next time, try the train

You can go EAST through CALIFORNIA for no extra rail fare

If you're planning a trip East and back this year, just remember that Southern Pacific round-trip tickets take you East through California for not 1c extra rail fare to most destinations. Add San Francisco, Los Angeles and many other cities to your trip at no additional ticket cost.

Fast, air-conditioned trains all the way including streamliners and coach-tourist economy trains.

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PAY YOUR BILLS . . .

Keep Your Credit Good!

YOU WANT YOUR MONEY WHEN DUE . . .

SO DOES THE OTHER FELLOW

When you buy Goods or Service on "Open Account"—the seller is demonstrating a friendly trust in you—by extending the Credit. When you pay promptly, you prove this trust was rightly placed.

When you do not meet your obligations as mutually understood, you are not only abusing the whole commercial cycle—for you embarrass the seller in his effort to meet his obligations promptly.

The whole credit idea is interwoven. It can only be continued to the degree that all of us meet our obligations promptly.

BE WITH THE MAJORITY—PAY UP AND KEEP YOUR CREDIT GOOD!

REMEMBER —

WHEN YOU ASK YOUR MERCHANT OR DOCTOR FOR CREDIT YOU ARE ASKING FOR A PERSONAL LOAN

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