

Health-O-Grams

Public enemy number one is the fellow who refuses to keep well and becomes dependent on others.

Dr. H. A. Hagen

Chiropractic Physician

Phone 30

Cottage Grove

London

Mr. and Mrs. Joe Brookhart had as guests the 4th, Mr. and Mrs. Lloyd Ritchey, Miss Betty Ritchey, Lewis Ritchey, Mr. and Mrs. Phil Brookhart and son, all of Drain, Mr. and Mrs. J. W. Thorn and children, Mr. and Mrs. G. D. Ritter and children, Mr. and Mrs. Otto Perini and children and Mr. and Mrs. C. C. Ritter.

Mr. and Mrs. Glen Banton and children spent the 4th at Reedsport.

Mr. and Mrs. Andy McPherson of Springfield were recent guests at the Joe Abeene home.

Mr. and Mrs. George Sutherland spent the 4th at the Lyman Adams home in Cottage Grove.

Harry Garman had the misfortune to run off a bridge near Black Butte last week and damaged his car quite badly. Mr. Garman was accompanied by his small son, but neither of them were injured.

Mr. and Mrs. O. K. Edwards of Wilamina were here Saturday. Work at the clay mine started Monday. Mr. and Mrs. Edwards were guests at the W. T. Jones home while here.

Mrs. Edith Abeene of Portland is a house guest at the Joe Abeene home.

Dale Cox has gone to Central View to work for an uncle, Jesse Hooker.

Mrs. Thena Miller, recently of Mapleton, is visiting at the home of her daughter, Mrs. Claude Abeene.

People from Sunnyside, Washington, Eugene, Irving, Lorane, Anlauf and Grants Pass attended church services here Sunday.

Louise and Lanez Goodwin spent the fore part of the week visiting friends in Eugene.

Edna Lee Andrews of Irving was the guest of Clara Powell this week.

Adele Bostick of Dorena is a house guest at the Harold Abeene home.

Mrs. Lynch Currin drove to Salem Friday and brought her mother, Mrs. Ella Wills, home. Mrs. Wills had been visiting at the Albert Noth home.

The Gerald Banton family and Miss Winnie Marlow of Sunnyside, Washington, visited relatives here this week.

Phyllis and Barbara Gravos of Eugene visited the fore part of the week at the LeRoy Goodwin home.

Recent guests at the T. W. Hobwood home were the A. C. Barnes family of Prineville, Virgil Hensley of Chico, California, and Donald Dow of Sweet Home.

The Abeene clan held their annual reunion at the Cedar creek picnic grounds Sunday. Those present were: Mrs. Abeene of Portland, Mr. and Mrs. Roby Abeene and daughter of Milwaukie, Mr. and Mrs. Allen Flesher of Scio, Mr. and Mrs. Gurnee Flesher and family of Salem, Mr. and Mrs. Loren McPherson and son of Vaughn, Mr. and Mrs. Robert L. Adkison, Loyal R. Adkison and sons, T. E. Abeene, Mr. and Mrs. Arno Peterson of Eugene; Mr. and Mrs. A. K. McPherson, Mr. and Mrs. R. R. Roberts and family, Mr. and Mrs. J. A. Seavey and family, Springfield; Mr. and Mrs. Jed Wheeler and family, Mr. and Mrs. Cecil Wheeler and family of Trent; Mr. and Mrs. Glenn Abeene and Mrs. Minnie Abeene of Oakland; Mr. and Mrs. A. V. Abeene, Mr. and Mrs. Royal Abeene and son of Sutherlin; Mr. and Mrs. Joe Abeene and family, Mr. and Mrs. Ivan Abeene and family, Mr. and Mrs. Claude Abeene and family, Mr. and Mrs. Claris Abeene and family, Mr. and Mrs. Harold Abeene and family, Mr. and Mrs. Julian Small and family, Mr. and Mrs. Henry Hess and son of Cottage Grove. Visitors included: E. L. Washburn and Mrs. Emma Fox and family of Eugene and Miss Adele Bostick of Dorena who was a visitor at the Harold Abeene home.

China Has Much Coal

China is one of the foremost coal countries in the world with reserves estimated at 243,669,000,000 tons.

FILMS

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STRANGE SUPERSTITIONS

By Edwin Finch



HSPANISH SAILORS BELIEVE IT TO BE BAD LUCK TO STEP ON OR OFF A BOAT WITH THE LEFT FOOT FIRST AND IF A SAILOR'S WIFE PUTS A BROOM BEHIND THE DOOR WITH THE BRUSH UP IT MEANS BAD LUCK FOR HER HUSBAND AT SEA

THE NATIVES OF JAMAICA BELIEVE THAT TO OBTAIN A GOOD CROP OF PUMPKINS, THE SEED SHOULD BE PLANTED EARLY IN THE MORNING BEFORE EATING OR DRINKING AND THE ONE PLANTING THE SEED SHOULD THEN SIT QUIETLY FOR AN HOUR WITH A STONE UPON HIS HEAD—IF ONE WALKS ABOUT TOO MUCH AFTER PLANTING, THE VINE WILL ALSO RUN ABOUT WITHOUT BEARING FRUIT

Mount View

Mrs. Curtis Annand and two sons of Cottage Grove and Mrs. Annand's father, George Layng, and Buddy Dowens of McClelland, California, who is staying for the summer at the George Layng home, were visitors one day last week of Mrs. Amanda Sears.

Mr. and Mrs. Boone Humphrey were Sunday visitors at the R. O. Dwiggin's home at Meadowview.

Mr. and Mrs. C. A. King were accompanied to Eugene, recently, by Mr. and Mrs. George Frazier, who visited their son in the hospital.

Miss Maxine Powell is employed at Coburg, and Miss Laveta Powell is employed at Penegra.

Mr. and Mrs. Claude Arne and daughter Shirley attended the Farmers' Creamery picnic Sunday at Swimmer's Delight.

Mr. and Mrs. I. O. Zieroff visited Sunday at Monroe with Mr. Zieroff's brother.

Leon Arne of Broadbent, was a house guest last week of a brother, Claude Arne.

The Mount View Neighborhood club will hold their annual picnic Sunday, July 16, in Layng's grove.

Henry Russum, accompanied by his brother, Sam Russum, of Thornton Corners, visited last week with a sister in San Francisco, and from there went on to Luray, Kansas, to visit their mother. They expect to be gone three weeks.

Mr. and Mrs. Harry Williams and daughter Marie, and Mrs. Henry Russum and sons visited at several coast points last week, returning by way of Newport.

Miss Sarah Riley, of Bakersfield, California, was an overnight guest Friday, of Mrs. Amanda Sears.

Mimeograph stencils. Sentinel.

Women Factor in Oregon History

UNIVERSITY OF OREGON—The first six white women to cross the Rockies into Oregon did much toward making the northwest the "cradle of American western civilization," Dr. Clifford Merrill Drury, biographer and historian, told University of Oregon summer session students in an address recently.

In 1938 these women joined together to form the first women's club west of the divide, the Columbia Maternal association, which was "devoted to the founding of Christian homes in the West" in the hope that they might train their children and husbands "in the way that they should go," said Dr. Drury, who has unearthed much new material in his research for biographies of Marcus Whitman and Henry Spaulding.

The first white women in Oregon were the wives of these two famed pioneers, who, with their coming in 1836 laid not only the groundwork for Christianity in the Northwest, but helped cast the die for progressive communities of which they dreamed but were never to see. "The work that has been done thus far in investigating the lives of these lesser-known pioneers has hardly begun. We are still too young a people, perhaps, but realization of the import of their problems will come in time," the speaker declared.

He urged conservation of the old letters and relics that the northwest has to offer, and pointed to their study as a possible solution to more fully understanding the future.

RACING PIGEONS

Ten racing pigeons winged eastward Monday toward Pittsburgh, Pennsylvania from Portland while their owners waited anxiously the outcome of a wager.

The fleet birds were released at Portland Sunday, less than 24 hours after they left Pittsburgh by airplane. They were last sighted heading east-northeast, apparently retracing the route of the plane.

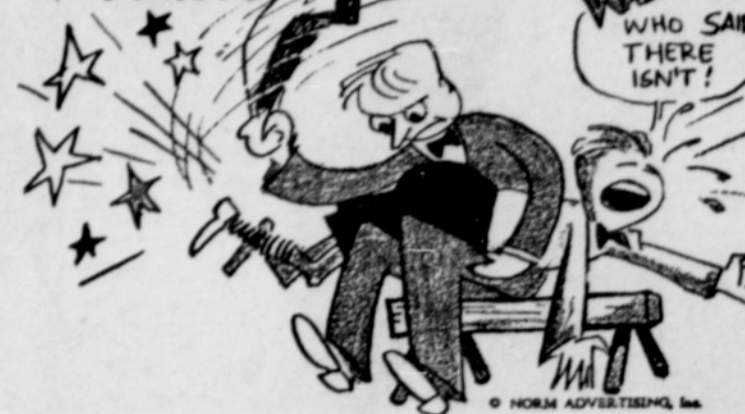
Ralph Warren, president of the Oregon pigeon club, said he believed it was the longest race attempted by pigeon fanciers—

roughly 2,500 miles. He said the birds probably would arrive in Pittsburgh in four days, since they can average 600 miles a day.

The birds are owned by Charles W. Beckman and Albert P. Greb of the Mount Oliver pigeon association, Pittsburgh.

Kem Says It's a Fact!

THERE ARE NO SUCH THINGS AS GROWING PAINS



And We Can Prove It!

(PROOF NEXT WEEK)

For Sunburn, 6 oz. REXEME CREAM	49c	For Hives—Rex'l MILK MAGNESIA	35c
For Hot Days up ELECT. FAN	1.89	Oilset acid fruits Carbonates Comp.	63c
1x5 yd. waterproof ADHESIVE TAPE	23c	For Tender Feet REX'L FOOT PO.	25c
Asthma Relief REX'L AS'MA PO.	50c	For Poison Oak GYPSY CREAM	50c

(PROOF LAST WEEK'S AD)

OWLS DO NOT AVOID DAYLIGHT! On the contrary, most of their time is passed in full exposure to light. They are fond of sunning themselves. I. Dr. P. Chalmers Mitchell, Official Guide to the London Zoo, 1907.

SAVE WITH SAFETY AT THE REXALL STORE

KEM'S for DRUGS
PHONE 82 The Rexall Store PHONE 82

Announcement

On July 1st, we sold to Bernard Thaxton and Stella Depew all equipment and fixtures formerly owned by Nelson Motor Service and recently owned by the H. & H. Garage, the building known as the Bungalow garage and Service Station, located on 5th street, 1/2 block off Main. We have leased the building to them, which they now operate as Thaxton Motor Service. We wish them success.

HOMER C. and N. J. NELSON

Invitation

We extend a cordial invitation to the motoring public to visit us. We are experienced in the service station and auto repair business and would appreciate serving your automotive needs. We are here to render the highest class of service possible and when in need of general auto repairing, body or fender work or general service for your car, we invite you to call and give us a trial.

Thaxton Motor Service

By BERNARD THAXTON, Manager

Products

Standard Oil Company of California products will be featured exclusively, including Standard gasoline unsurpassed, R.P.M. and Standard Penn motor oils. Use your Standard oil credit card here.

Arcade Theatre

Admission 10c and 35c

FRIDAY, SATURDAY, JULY 14-15:

"STREETS OF NEW YORK," Jackie Cooper, Martin Spellman, Dick Purcell, Marjorie Reynolds, George Irving.

SUNDAY, MONDAY, TUESDAY, JULY 16-17-18:

"ROSE OF WASHINGTON SQUARE," Tyrone Power, Alice Faye, Al Jolson, William Frawley, Joyce Compton, Hobart Cavanaugh.

WEDNESDAY, JULY 19:

"SECRET SERVICE OF THE AIR," Ronald Reagan, John Litel, Ila Rhodes, James Stephenson, Eddie Foy, Jr.

Diane Theatre

Admission 10c and 25c; Bargain Nights Admission 10c

THURSDAY, FRIDAY, JULY 13-14:

"BACK DOOR TO HEAVEN," Wallace Ford, Aline MacMahon, Stuart Erwin. BARGAIN NIGHTS. Admission 10c.

SATURDAY, SUNDAY, JULY 15-16:

"NORTH OF THE YUKON," Charles Starrett, Linda Winters, Sons of The Pioneers. Saturday Matinee 2:30 P. M. Admission 10c and 15c.

MONDAY, JULY 17—CLOSED.

TUESDAY, WEDNESDAY, JULY 18-19:

"MYSTERY PLANE," John Trent, Marjorie Reynolds, Milbourn Stone. LOCAL NEWS REEL.