

Maintain a well balanced health building program daily, because mind and body are inseparable. Run on even emotional keel. Recognize early factors of strain. Face the facts of reality squarely. Follow a balanced schedule of work, play, relaxation and sleep.

Dr. H. A. Hagen

Chiropractic Physician
Phone 30 Cottage Grove

SOCIETY

STEELE-KELLY

Fairview (Special). — Harvey Kelly, son of Mr. and Mrs. Fred Kelly of Fairview, and Miss Jeanne Steele, daughter of Mr. and Mrs. Ray Steele of Dorena, were married Tuesday, July 12. Harvey is a graduate of the Cottage Grove high school and is employed at the Irish-McBroom market. The couple will make their home in Cottage Grove.

On Friday evening, July 15, the Rebekah lodge held their regular meeting and installation of officers with the I.O.O.F. lodge. Installing officers were D.D.G.M. Curtis Hanson and D.D.P. Myrtle Kent, assisted by D.D.G.M. Chas. McKibben and Mearl McKibben.

Elective officers installed were: Mrs. Len Culver, N.G.; Mrs. Carl Plunkett, V.G.; Mrs. Chas. Conner, secretary; Mrs. Eva Hatch, treasurer. Appointive officers were Mrs. George Currin, R.S.N.G.; Mrs. Al Hamloth, L.S.N.G.; Mrs. Chas. McKibben, R.S.V.G.; Mrs. John Sanders, L.S.V.G.; Mrs. S. O. Van Schoiack, Warden; Mrs. L. McCoy, conductor; Mrs. C. Peterson, chaplain; Mrs. R. Awbrey, O.G.; Mrs. I. Morris, I.G.; Mrs. Clara Stevens, musician. About 100 attended. Visitors were from Eugene, Marcola and Portland. Mrs. Anna Mae Stevenson, P.N.G. of this lodge, was in attendance, also Mrs. Stella Baker, who had been in Oklahoma for two years. Refreshments were served.

A regular meeting of Pho Theta Rho Girls was held Monday evening. Miss May Anubrey, new advisor, was present. The girls will hold installation Monday evening, July 25, at 7:30. The public is invited. A number of Theta Rho girls attended the installation of the Eugene girls last Wednesday evening. They were guests at a dance after installation. Those attending were Mary McKibben, Jeanette Trunnell, Lura Wilson, Bethel St Elmo, Lois Hansen, Alice Trunnell and Ilene Trunnell.

Mrs. William Veelman and Mrs. Max Plath entertained the Neighbors of Woodcraft socially Tuesday evening at the home of Mrs. Veelman on south Sixth street. A 7:45 dessert was served after which four tables of bridge were at play. Special guests were Mrs. W. A. Gregg, Mrs. G. W. McQueen and Mrs. Opal Dunford. Mrs. W. W. McFarland and Mrs. J. P. Graham won prizes and Mrs. Gregg won the guest prize.

The Staff club of the Rebekah lodge will not hold its regular meeting this month. The Past Noble Grands club will hold its annual picnic in the city park Thursday, July 28. The meeting will be at 2 o'clock with a 6:30 supper. Committee is Mearl McKibben, Mrs. Minnie Morelock, Vina Smith and Anna Nickles.

The Research club entertained with a shower Tuesday evening at the home of Mrs. George Bjorset for Mrs. Norman Lewis (Evelyn Coiner), a recent bride. Mrs. Stella Baker, who had been in Oklahoma for two years, and Mrs. Helen Bosley, charter member of the club, were present. Refreshments were served.

LAKE REUNION HELD.

The eighth annual Lake reunion was held Sunday, July 17, at the Eugene-Springfield auto park. A basket lunch was served at noon, after which the regular business meeting was presided over by A. C. Lake of Noti, president.

Short talks were given by Bert Myers, vice president and Mrs. Aus Jones of Reedsport.

Philip Lake was elected secretary and treasurer, filling the vacancy of Henry M. Lake, who passed away June 5, 1938.

The meeting place for the reunion was changed to Skinners Butte park, Eugene.

Those present were A. C. Lake, Noti; Mrs. Mary Cole, Miss Opal Myers and Mr. and Mrs. Bill Guiley, all of Eugene; Mr. and Mrs. Chas. McDonald and three children, Marcola; Mr. and Mrs. Raymond Miller of Black Butte; Mr. and Mrs. Bert Myers and sons Loren and Delbert, Mr. and Mrs. D. L. Miller, Mr. and Mrs. Ray Myers and sons Norman and Lloyd, Mrs. Myrtle Lake and son Philip, all of Cottage Grove; Mr. and Mrs. Arthur Jenkins and daughter of Colton; Mr. and Mrs. Douglas Castle and two children of Lorane; Mr. and Mrs. Harold Kirk and three children of Springfield, and Leonard, Leo and Charlotte Layng of Troutdale.

Guests were Miss Lola Houghton and Orest Houghton of Eugene; Miss Geraldine Seiling of Yoncalla and Mr. and Mrs. Aus Jones of Reedsport.

Globe Trotter Travels

55,000 Miles in 10 Years

Lorain, Ohio. — Francis Toth, twenty-seven-year-old globe trotter, has returned to his native Lorain after a ten-year, 55,000-mile trek to all continents.

Toth, who began his adventure at the age of seventeen when he took passage from the United States on a fruit liner, spent five years as a soldier of fortune in the Far East, visited Tibet, India, toured Europe, touched Africa, Australia and South America in his wanderings.

Describing formidable Tibet, Toth said:

"It is so unreal, so strange, so utterly remote and 'faraway' from anything I have ever seen that words have not yet been coined to describe what I felt as I looked on this forlorn, forgotten and unhappy land."

American Citizens

A child born in America is an American citizen, regardless of the nationality and citizenship of his parents. There are several thousand American-born Japanese who are citizens of this country and many more in Hawaii. Most American citizens are such by birth or by the usual process of naturalization. A few persons, in unusual circumstances, have been made citizens by acts of congress, and some became citizens by the transfer of territory from other flags to that of the United States—as in our share of the Virgin Islands.

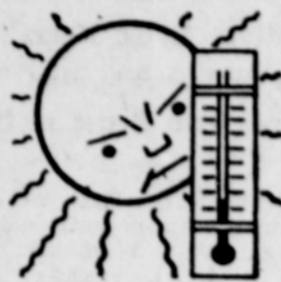
Eskimos in Champlain Valley

That there was a contact between the Eskimos and the Indians of the Champlain valley was indicated by the discovery of ground slate implements found in excavations between Vergennes, Vt., and Lake Champlain.

Inspired "Boy on Deck" Poem
The death of the ten-year-old son of Louis de Casablanca, a French naval officer, inspired the poem of "The boy who stood on the burning deck."

Emperor Is Sacred
Sovereignty, in the Japanese constitution, is the sacred manifestation of the emperor's political rights, as combined in the emperor "himself," who is "sacred" and "inviolable."

Special On Sundays



During this sensational heat wave we will pack Super Creamed Ice Cream in gallon or half-gallon Dry Ice containers. Dry Ice will keep your Super Creamed Ice Cream from 6 to 8 hours. Just the thing for your picnic or trip to lake or coast.

Gallons \$1.25 ½ Gallons 65c

Nothing to Return!

GUSTAFSON'S
Super-Creamed Ice Cream Store

Phone 31 Corner of 6th and Main

Special Demonstration
on
Colfanite

Nothing Like It in America!

Graber-Gettys

July 25, 26, 27

We will have a factory representative at our store on the dates outlined above to demonstrate to you COLFANITE, the new wipe on finish that provides a protective film impervious to acids, alcohols and cleaners—that eliminates the weekly task of waxing, polishing and cleaning and that sells for no more than a high grade varnish. Easily applied, cleans as easily as porcelain.

There Is A Colfanite Finish For Every Purpose

Don't Miss This Demonstration!

DRUG PRICES CUT

Down Go Prices on Many Items to Meet Prices of Nearby Cities.

NO CREDIT, GREEN STAMPS or COUPONS Allowed
On Items Sold at Oregon State Fair Trade Prices.

Bromo Seltzer—30c size	25c	25c Talcum Powder, Large Can,	10c
60c size	49c	Rubbing Alcohol—Pint	19c
\$1.20 size	95c	75c Bayer Aspirin—100s	59c
\$1.35 Lydia Pinkhams	\$1.00	Ex-Lax—25c size	23c
\$1.25 Petrolagur	89c	50c size	47c
39c Epsom Salts, U.S.P.—2 lbs.	19c	98c Vacuum Bottle—Pint	79c
Pierces G.M.D. or Favorite Prescription,		40c Fletcher's Castoria	31c
\$1.35 size	\$1.16	75c Family size	59c
\$1.00 size	87c	Kotex—12s	20c
\$1.00 Bisodal	79c	30 pack, with 35c Quest Free	48c
100 Aspirin	29c	Lady Ester Cream—55c size	39c
Drene Shampoo—60c size	49c	83c size	59c
\$1.00 size	79c	50c Tasteless Castor Oil	29c
50c Ipana Tooth Paste	39c	\$1.00 Jergens Lotion with 50c Woodbury Powder—A \$1.50 Value for	79c
Mentholatum—30c size	27c	25c Listerene Tooth Paste—2 for	26c
60c size	53c	Antiseptic Solution—Pints	29c
Milk Magnesia—Pints	29c	Agar Agar—Lb.	\$1.49
Quarts	49c	Colgate Dental Cream—35c size	33c
Fitch Shampoo—\$1.00 size	89c	20c size	19c
75c size	57c	Ponds Creams—35c size	25c
89c Ager Emulsion—Pint	39c	55c size	39c
50c Pabulum	43c	\$1.50 Kaomagma	\$1.29
Working Men's Lunch Kits—		Jeculin—12 oz.	\$2.67
\$1.50 value	\$1.19	24-oz.	\$4.49
Sal Hepatica—30c size	25c	50c Unguentine	43c
60c size	49c		
\$1.20 size	97c		

JULY SAVINGS

Substantial Reductions on the Following Items

Hats — Swim Suits — Blouses
Ladies' Sheer Dresses

Hats up to 2.95 values 1.00 & 1.49
Blouses, 3.85 values, 2.95
Blouses, 2.95 values 1.95
Blouses, 1.95 values 1.49
One group ladies sheer and white dresses, 1.95 values 1.59
Two-piece play suits, reg. 98c 69c

Arnest Dress Shop

Cottage Grove Pharmacy

Brown's Drug Store

Watch This Paper for Future Reduced Prices