

The Progressive Education Sessions Were Well Attended

Held April 20-21 at Eugene; Ferrin and Phelps of Local Schools Were on Program.

The newest educational ideas were discussed and their value carefully appraised by leading educational experts of the nation at the annual northwest section conference of the Progressive Education association at the University of Oregon April 20 and 21.

The conference centered on the theme, "Re-thinking Education," which has a particular significance at this time, when many schools are working on one or more of the phases of curriculum building.

Those from the local schools, who took a prominent part in the conference, were Superintendent H. B. Ferrin and Principal Victor N. Phelps of the Central school. The former was one of the leaders in the discussion Wednesday on the subject "Meeting the Needs of Adolescents Through the Curriculum," and the latter was a leader in the discussion Tuesday on the subject, "Too Subjects in Progressive Education."

Reports indicate that not only the latest educational trends were carefully examined, but older methods, even those accepted as "tried and true" were thoroughly discussed and analyzed.

Around 1000 teachers from Oregon, Washington and Idaho were in attendance and more than 100 were assigned as speakers and discussion leaders.

The imposing list of nationally known educators who spoke and took part in practical discussions was headed by Dr. Carson Dyan Jr., president of the national association, and Frederick Redafer, executive secretary, both of whom came here from New York. Others were Dr. George W. Frazier, president of Colorado State Teachers' college; Dr. Daniel Prescott, professor of mental hygiene, Rutgers university; Dr. Frederick M. Hunter, chancellor of higher education for Oregon, and Dr. Dexter M. Keezer, president of Reed college.

The annual banquet of the association was held on April 20, Dr. Ryan as speaker on the topic, "The Child—His Problems, Attitudes and Emotions."

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MARTIN MOTORS

PONTIAC DEALERS
Ninth and Gibbs



Illustrated above is the new, modern display counters recently installed in the meat department of Irish-Swartz Inc. Behind the counter, on the left, H. F. Litwiller, proprietor of the market and delicatessen, and his assistant, Tom Owen.

"We feel that we have a right to be proud of our new equipment," H. F. (Bud) Litwiller, told a Sentinel reporter as he presented him with a picture of his new meat department in the local Irish-Swartz store.

"We have installed the latest type air conditioned cooling system, the most modern cooling units available in display counters today. With the aid of these counters we can retain all the natural flavor and juice in the meat—which was not possible with the old system—and offer our customers better meat, at no increase in price. We intend to continue to supply our customers with the finest of fresh meat, and we have also arranged to carry a complete line of delicatessen foods, as well as fish."

Mr. Litwiller has operated the Irish-Swartz meat department since last November, coming here from Long Beach, California. Several years before he had operated a grocery store here.

This market, always regarded as outstanding for a small city, has been improved under Mr. Litwiller's management, and now offers Cottage Grove residents a market comparing most favorably with those found in the largest cities.

Prize Winning Essay

The Relation of the Consumption of Alcoholics to Taxation for Crime, Public Relief and Accidents.

By Heath Lowry
Senior C. G. High School.

"In the campaign against alcohol, we are playing for big stakes—the health, character and efficiency of our people, the economy of our state—the very soul of our civilization."—Alice L. Higgins.

We are to study three phases of the alcohol question—taxation for crime, public relief, and accidents and their relation to the consumption of alcohol.

In studying crime, we find that the individual should be an asset to society; not a liability. The use of alcoholic beverages quickly affects others than the drinker, for wherever one life touches another, it may help or harm the common life which we call society. The last statement is all too true. If the drinker affected only himself, it would not be so bad; but when he murders half his family, robs the local store, or some such crime, it is too much—he is a real menace to society. Are we to let him run loose to bring further depredation on our homes?

The Massachusetts Bureau of Labor and Statistics made one of the first reliable statistical investigations (1919) of the relation of alcoholism to crime. It found from records of penal institutions in Massachusetts that in 50.8% of all convictions for crimes, other than drunkenness, "The intemperate habits of the criminal led to a condition which induced the crime."

"Crime investigations in countries whose reputation is that of light drinking," says a recent monograph from the U. S. department of justice, "have resulted in the following percentage due to alcohol: Germany, 41.7 per cent; Austria, 58.8 per cent; France, 60 per cent."

These facts are amazing; for they really show us how very vital the situation is in our world today. Judge Healy found distinct alcoholism in one or both parents of from every three of a thousand delinquent boys and girls studied.

Another striking statement has been made by Dr. W. C. Sullivan, who has had exceptional experience with prison population. He says that chronic intoxication is responsible for three-fifths of the homicidal crimes in England as well as for many other crimes of violence.

Innumerable statistics may be cited, but these only prove more conclusively that alcohol is directly responsible for much of our crime today. So the question which seems to be the all-engrossing one is: "Are we, the public, to sit back and have an attitude of indifference toward this problem?"

Crime, however, is not the only important factor of the liquor problem. There is the problem of public

relief. This is a most important issue, and a study of the problem brings forth a host of statistics which show us the trend of American today, namely: (1) Destitution or home suffering is increasing; (2) drinking and dissipation by youth is the present tendency; (3) That children and their home life are affected by parental drinking.

In the following paragraphs we will discuss some statistics which are of utmost importance to the public relief situation.

Instantly is a prevalent disease in many of our American homes today. What causes it? The question has numerous answers; but, let me say that alcohol certainly has "its name in the pot." Before the prohibition amendment was enacted, alcohol was directly responsible for 101 out of the 1,000 cases who entered the hospitals for the insane in 1910. But, in 1922 (during prohibition) alcohol was the sole cause in but 37 of the cases from 1,000.

In 1917 a study was made of 43 leading life insurance companies concerning risk in insuring:

1. Those who were slight drinkers (not more than 2 beers or 1 whiskey per day).

2. Those who had drunk so any degree, but were not drinking now.

3. Moderate drinkers (who drink more than those in No. 1, but still were considered temperate).

The study covered the lives of over 2 millions of policy holders for a period of 23 years. The result was the following facts for each group:

Group 1. 118 deaths—nearly one-fifth more than average.

Group 2. 150 deaths—one half more than the average.

Group 3. 186 deaths—nearly double the average.

This study was entitled "When Drinkers and Abstainers are Compared." It gives clear evidence that drink is responsible for many of our deaths and disabilities.

However, we must not think that drink affects adults only. It is responsible for many of our deformed and mentally disabled children. Many poor unfortunates are born with either a physical deformity, or a mental disease just because their parents couldn't leave "the bottle" alone. They must go through life in some institution, a constant drain on society; for it is the public who must support these homes. We do not grudge these, less fortunate than ourselves, a decent place to exist; but it is not fun for anybody to support somebody else's children for them while they are in a continual state of debauchery.

A study was made by Dr. Bayr of Vienna. He studied school children and their grades. His study showed that the child who had used no alcoholic beverages was as a rule, or rather on the average, more intelligent. The results are shown as follows:

No alcohol—134 students, good marks 42 per cent, fair marks, 49 per cent, poor marks, 9; Seldom any—164 students, good marks 34 per cent, fair marks 56 per cent, poor marks 9; Once a day—219 students, good marks 28 per cent, fair marks 59 per cent, poor marks 14 per cent.

Twice a day—71 students, good marks 25 per cent, fair marks 58 per cent, poor marks 18 per cent; With 3 meals—3 students, fair marks 33 per cent, poor marks 66 per cent.

This chart is self-explanatory and is important only as a means of further showing that drink is harmful to the well-being of children in school as well as for adults.

Another interesting bit of statistics states, "out of 352 able-bodied men who failed to support their families, 243 were drunkards." Do you realize that this is 69 per cent! Indeed the saying, "Philanthropy paid the bill," surely is true in this case.

We are able to summarize the liquor problem and its relation to public relief by saying: "Either by taxation or by private philanthropy, society has to help pay for the burden of sickness, premature death, and poverty due to the use of alcoholic liquors."

Eagle Cigar Store

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WANTADS

WANTADS STRICTLY CASH.
or cash a word, minimum 20c, three or more for price of two; additional ones for one-third the price of first.

PLOWING—If you need help with your spring plowing see E. Kirchofer, 911 south River Road. a8-22p

FOR SALE—Country home, 3 1/2 acres, 4-room house, some furniture, garden tools and 2 dozen chickens. One mile west of Baginaw Cash Store. Price \$500 cash. Jesse Withers, owner. a8-22p

FOR SALE—Rhode Island Red and White Leghorn hatching eggs, 50c setting. Rhode Island Red roosters, \$1. R. C. Arne, on south Sixth street, phone 15F5. Apr8-22c

SEE THE HOPE CHESTS AND Cedar Chests of drawers we now have in stock. Many other good buys at **SHORTS BARGAIN STORE**. apr8-22p

FOR SALE—BRAIDED RUGS, \$2 each. Mrs. Ceila Handy, 36 N. Fifth street, Cottage Grove, Ore. Fifth St., Cottage Grove, Ore. jlp

TURKEYS FOR SALE—Naragansett poults, blood tested, 1200 a week. George Binder, Elkton, Oregon. a8-22p

FOR SALE—Purebred Guernsey bull, 2 years old, \$45 if taken soon at Warren Kelly place 6 miles east of Cottage Grove on Row river. Phone 25F3. apr8-22c

FOR SALE—50 young ewes, with lambs, good sheep and a good buy. Ernest D. Wade Store, Elkton, Ore. a15-29p

FOR SALE—Make me an offer on the Blair 40 acre tract joining Cottage Grove, it must be sold. Frank Blair, Lowell, Ore. a15-m13c

FOR SALE—Good 6-room house, well located, with two 10x12, garage, woodshed, some fruit and walnut trees. Must be sold soon. Charles Cochran, 235 12th St., Cottage Grove. a15f6c

FOR SALE—Weanling pigs, 8 weeks old. Benton Schrenk, Thornton Corners, Cottage Grove, Ore. a22p

THE M. S. BARKER MUSIC Store has appointed Mr. A. M. Perini to sell, buy and trade musical instruments. Mr. Barker repairs all kinds of musical instruments at a reasonable price and guarantees his work. Write Mr. Perini, B.B. route, or in care of M. S. Barker Music Store, 560 Willamette St., Eugene, and he will call at your place. a15-29c

FOR SALE—TWO GOOD USED telephones. Lee Lanb, Creswell, Oregon. a15-29p

LOST in Cottage Grove Sunday or Monday, spare tire and rim for Whippet (4.75x19). Green rim. Smooth tread. Finder please notify F. E. Babcock, 1620 west Main. a22p

FOR SALE—Six head of work horses, weight from 1250 lbs. to 1700 lbs. Joe Abeene, phone 23F24.

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Agonizing Pain Completely Disabled California Woman for Weeks at a Time Before Taking Williams R.U.X.

It is impossible to describe fully in words the sheer joy that comes to those who have been relieved of years of tormenting pain and suffering. The utter wretchedness of rheumatic victims who find themselves completely helpless from the excruciating pain of acute attacks is pitiful indeed. To know that they are growing worse day by day, facing the possibility of complete helplessness and horrible deformity, is a burden almost beyond human endurance.

A Doctor's Formula

A famous World War Doctor, seeing so much pain and suffering among our soldiers abroad, devoted years of his life to this problem. The result is Williams R.U.X. Compound, a prescription that is giving joyous relief to many thousands of sufferers from their agonizing pain. Typical of the letters of gratitude we are constantly receiving from those who have been helped is this one from Mrs. Gladys Allen, 232 Kentucky St., Vallejo, California. She says:

"For sixteen years I have suffered each year with an attack of neuralgia. It has put me to bed for weeks at a time and one time for four months. If there is any worse suffering I cannot conceive of it. About three months ago it started on me again on the right side of my face and down into my shoulders. My eye swelled almost shut. The pain was terrible. This time, as before, nothing I tried gave more than temporary relief. One day I was holding a hot pack to my face, glancing through our local paper, and I saw an advertisement of Williams R.U.X. Compound. I sent



"The only medicine that ever did me any real good," says Mrs. Gladys Allen of Vallejo.

for a bottle and it helped me so much I continued taking it. After taking only two bottles the swelling and soreness are practically all gone and I am feeling fine again. I am certainly grateful for this quick relief and ask that this letter be published so that others who suffer as I did may know of this wonderful medicine."

Williams R.U.X. Compound Guaranteed

Williams R.U.X. Compound is guaranteed to relieve you promptly or it will cost you nothing. Get a bottle at Kelly Drug Store today. If it does not give you relief in ten days—if you are not completely satisfied in every way—take back the empty bottle and you will be refunded the full purchase price. Paid Advertisement.