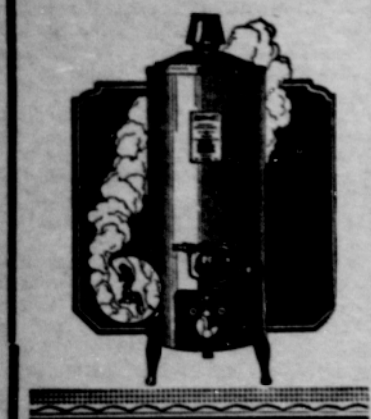


PAGE TWO

Days of Rest and Joy
Mary B. Hazeltine in her book "Anniversaries and Holidays," says: "The calendar includes 77 holidays, special days, seasonal festivals and holidays, without counting the feast days of the saints or constitution and statehood days, which in some countries and states are observed as holidays; the former are counted with the names of persons, of whom there are 52; the latter with events, of which there are 229; a total of 1,198 calendar entries, an average of three and a half for every day."

Experience
One thorn of experience is worth a whole wilderness of warning.—James Russell Lowell.

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Umbrellas Designed to Ward Off Heat of Sun

The first umbrellas were used, not to keep off rain, but as shields against the sun. Their original home was in hot, brilliant climates, and in eastern countries from the earliest times the umbrella was one of the signs of royalty and power. The Maharajahs of India had, in fact, among their titles "lord of the umbrellas."

The early umbrella was a heavy, ungainly article. It had a long handle and ribs of whalebone or cane. The covering material consisted of oiled silk or cotton, and was very heavy in substance and liable to stick together in the folds.

Gingham was next used as a substitute for the oiled silk, and finally William Sangster patented the use of alpaca as an umbrella-covering material. This was in 1848, only 33 years ago.

Four years later came the invention of Samuel Fox, who patented the "Paragon" rib formed on a thin strip of steel rolled into U or trough section, and today all umbrellas are constructed on this principle.

Nowadays the aim of the manufacturers of umbrellas is to get an article that will not occupy much space, and some of the latest patterns have almost doll-like proportions.

Charleston Famous for Its Fine Old Churches

There are 80 churches in Charleston, S. C., and they range in age from 223 years down. St. Michael's church, where George Washington and the Marquis de Lafayette both worshipped on their several visits to the city, was built in 1752. St. Philip's church, completed in 1728, had for centuries its spire a light which served to warn ships at sea. In its interesting old graveyard is buried Edward Rutledge, one of the signers of the Declaration of Independence, and John C. Calhoun, the South's great statesman.

Also in Charleston is the Huguenot church (French Protestant), said to be the only one of its kind in the United States. Its architecture and its history are interesting and distinctive. St. Andrew's church, built first in 1696 and rebuilt in 1706, and the Greek church, built in 1711, are in the plantation area, less than ten miles from the city.

Selling Their Tresses

In the countries of Europe it is a somewhat common affair to encounter a hair merchant traveling through the countryside and making bids for the hair of women who would rather have the money than their glory crown. One of the largest hair markets in the world is held in Soho district of London. Dealers from many foreign countries attend this hair fair, and they can tell the quality of a girl's tresses by a quick look or a moment's fingering.

When they strike a bargain with the owner, a local barber steps forward and crops the hair close to the nape of the neck. Sometimes it is of such beauty that as much as \$30 or \$40 a pound is paid for it. Germany and Alsace-Lorraine supply most of the fair hair that is wanted. From the south of France and Italy comes the best dark hair in the world.

Odd Methods of Intermment

Upright burial was the recognized and traditional form of interment favored by the kings of ancient Ireland. It was not considered fitting that a monarch should be prone, accordingly they were buried erect, clad in their war panoply, and usually with their faces turned toward their enemies. The ancient Irish believed that as long as their kings remained in this position they exercised an evil influence on their foes. So powerful was the belief in this ability that on one occasion the body of a king was disinterred by those hostile to his clan, and placed in another grave, head downward. In order to break the succession of disasters which dogged them while he rested with his face turned toward them.

Andrew Jackson's Protege

"Among the incidents of Tallahassee," says Augustus Buel in "History of Andrew Jackson," was the capture of a little Indian boy not more than two years of age, both of whose parents had been killed. General Jackson took charge of him, provided him with clothing and made a captured colored woman, a slave of the Creeks, nurse him. He subsequently sent him and his nurse to the Hermitage. The boy, to whom Jackson gave the name of Lincolnton, lived on the general's plantation until he reached the age of twenty, when he died of what was then called "quick consumption" (pneumonia).

Even Dropped "H" Is Silent

In London where quiet is perhaps more esteemed than in other cities, a sound-proof house has been built. The walls, ceilings and floors are of sound-proof insulating materials, and doors equipped with non-silencing devices, and the windows with silencer ventilators that permit air to enter but exclude sounds. As for the traditional cricket on the heath, it has probably been trained to do its chirping outside.

Be Honest

You may pay your debts promptly and with care, and yet be essentially dishonest. You may, for instance, pretend you are doing something for a good reason, yet know your real motive is selfish. No man is really honest who deceives himself.—Grit.

Famous Old Frisco Hostelry

The San Francisco Chamber of Commerce says that the hotel What Cheer house, built on a hill of an old ship in San Francisco bay provided rough comfort for miners and ranchers. It was operated by Robert B. Woodward, who also later conducted the well-known pleasure park, Woodward's gardens. The What Cheer house was located at Sacramento and Leidesdorff streets in San Francisco. It is reported that this hotel was the first in San Francisco to be run on the European plan, and at one time it contained the only library in town, which was frequented by Mark Twain and Bret Harte.

Fire Proof Safe. Sentinel.

Recipe for "Frickasie" in Old Colonial Times

Southern cooks of Colonial times may have used what today appears as queer spelling, but memories of the meals they served to bewigged gentlemen of the times continue to dominate portions of the modern American menu.

Recently a relic explorer thumbed the pages of a Colonial cook book and found a recipe for "Frickasie" as a Grandmother's "with the following wording:

"Take ye fowls, cut them in pieces and clean them. Season with pepper and salt, a little mace, nutmeg, cloves, some parsley, a little bit of onion.
"Let them lay two hours, then flour them well, fry in sweet butter hot before you put them in. Fry fine brown. Wash ye pan and put them in again with a pint of gravy. Let them simmer in ye gravy. Take ye yolks of three eggs with a little grated nutmeg and a little juice of lemon, and two spoonfuls of wine. Shake it over the fire until it is as thick as cream. Pour over ye frickasie, and so serve it to ye table hot."

Stockings Might Have Fitted Lincoln's Hands

Even Abraham Lincoln had to bow a little to prevailing styles, a fact which recalls a highly amusing incident which happened on the eve of a big White House reception. An emergency call was sent out of those affairs at which the President would be compelled to shake hands with thousands of people, and Mrs. Lincoln sent out for a box of white silk gloves, both to protect Mr. Lincoln's hands and to make sure that by frequent changes he would look neat and fresh throughout the reception.

The gloves came but were far too small to fit the mighty hands of Lincoln. An emergency call was sent out. All Washington sent gloves, but none were large enough. Mrs. Lincoln was greatly vexed and on the verge of tears when the President turned to her and said with a chuckle:

"Better gets me some of your stockings; they're bigger."—Los Angeles Times.

Gibraltar in History

The rock of Gibraltar after centuries of conflict between the Moors and Spain was formally incorporated into the Spanish crown in 1502. It was taken from Spain by the allied British and Dutch forces July 24, 1704, and Sir George Rooke hoisted the British flag and took possession in the name of Queen Anne. Abortive effort for the recovery of the rock both by a military and peaceful arbitration was made by Spain for many years. During the American War for Independence an extreme effort was made, backed by France, and in 1770 one of the most memorable sieges in history took place. In 1783 a final engagement occurred and peace was declared. Since that time the rock has been in the possession of the British crown and has the status of a crown colony.

Poetic Indian Names

Indian names given to many of Maryland's rivers show that the Indians was a poetic fellow, says an article in the Baltimore Sun. Patuxet was originally Patapskut and meant "at the jutting ledge of rocks," referring to a cluster of rocks at the river mouth. Potomac and Susquehanna first were named from the tribes living on their banks. Potomac means "the people who come and go"; Susquehanna, "the people with the booty taken in war"; Magdaly, "a small plain devoid of timber"; Nanticoke, "marsh and upland"; Wicomico, "where the houses are building"; Onanock, "foggy place"; Choptank, "great blue water"; Monocacy, "stream containing many large boulders"; Youghiogheny, "stream taking a roundabout course."

Work That Will Endure

Modern sculptors believe in hard work. Specimens of their work have recently been exhibited exquisitely fashioned out of stones that are almost as hard as a diamond, and certainly considerably more resistant. Works of this sort is all the more remarkable when we remember that, until comparatively recently, the modern fashion in sculpture was to model in clay. The master's model was copied in marble or stone by masons. The old methods, which gave us the gargoyles of the medieval cathedrals, are now coming back, however, and sculptors are again working direct on the stone.

Water-Heating Systems

The process of water heating remained in disuse, probably because of the expense of installation, for nearly 2,000 years after its invention. Orta perfected what was called a "hypocauste" for heating the rooms of the ancient Roman dwellings, and for heating the water in the famous baths through pipes or flues.

But the early settlers of this country heated their water in tubs placed on their stoves, and warmed their houses with fireplaces.
Silent 30 Years
Samuel Frommer, a business man known as "the silent man," has died at the house of the "miracle rabbi" in Corktown, Spain. Frommer had not spoken a single word in 30 years, but lived a most retired life and spent much of his time in prayer. He had confessed to a priest that he had hastily told his wife that he wished she was burnt to death, and shortly after that she met death in a blaze in a fire at his home. He made a vow to the priest that he would keep silence and spend his time in prayer.
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THE SENTINEL

SOCIETY

Mrs. Minnie White of Portland, grand associate matron, paid an official visit to Cottage Grove chapter, Order of the Eastern Star, Friday night. Degree work was exemplified for Mrs. D. P. Cameron. Mrs. White gave an instructive address and complimented the chapter on its work. Short talks were given by members. Mrs. White was presented with a corsage. Announcement was made of a district meeting to be held in April in this city. Yoncalia, Drain, Creswell and Cottage Grove are included in the district. A social hour followed the meeting and refreshments were served. Mrs. Charles Hall, the chapter's hostess, presided. Officers of the chapter entertained Mrs. White with a 1 o'clock luncheon at the Colonial. A school of instruction was held in the afternoon.

Delegates to the district convention of Neighbors of Woodcraft which will be held May 28-29 in Klamath Falls were nominated at a meeting of the local circle Wednesday night of last week. Those named were Mrs. Mildred Trunnell, Miss Doris Lebow, Mrs. Elinor Wolford, Mrs. Anna Schoen and Mrs. Eva Hatch. Election of delegates and alternates will be held April 8. Tentative plans were made for a membership meeting to be held April 8 at which time a program will be given and refreshments will be served. Mrs. Mabel Dixon will be in charge of this meeting. At the close of the meeting a pantomime was presented by Mrs. Wolford's group in the membership contest.

Mrs. Harold Wolford and Mrs. Ralph Blank entertained Friday evening with five tables of bridge at the Wolford home, honoring Mr. Wolford and Mr. Blank on their birthday anniversaries. Those present were Miss Alice Kent and Clarence Lewis of Eugene, Mr. and Mrs. Paul Morgan, Mr. and Mrs. Harold Swartz, Ross Glass, Miss Mary Vinson, Claude Huff, Miss Marie Nixon, Miss Viola Strong, Miss Alma Lindamood, Miss Audrey Wolford, Miss Ellen Tovey, Clara Hodge, Lloyd Wolford, the guests of honor and the hostesses. Delicious refreshments were served. Mixed spring flowers were decorations.

The Delphian club at its meeting Monday night continued its study of sixteenth century music. The following program was given: "The Anglican Litany," Mrs. S. L. Godard; "Some Famous Elizabethan Musicians," Mrs. C. E. Umphrey; "Virginal and Lute Music," Mrs. Raymond S. Trask; "Predecessors of the Opera," Mrs. Elbert Bede; "The Rise of Opera," Mrs. C. C. Cruson. Mrs. Hame and Mrs. Lewis were guests.

Mrs. Earl Garoutte was hostess Thursday afternoon of last week for the Beau Monde club, entertaining with a 1 o'clock luncheon at the Colonial. Bridge was played in the afternoon and Mrs. Cleo Moleck and Mrs. W. A. Garoutte received prizes.

Mrs. Frank Creson was honored with a birthday handkerchief shower when 26 women of the Eagles auxiliary gathered at her home Thursday afternoon of last week. Dainty refreshments were served.

The Joker club will be entertained tonight (Friday) at the home of Miss Myrtle Kem.

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Easter, at the right price.
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SOUP—Campbell's Tomato—Made only of choice, plump, unsweetened tomatoes, the kind that are almost bursting with tongue-tempting juices. **7c** per can 3 cans **20c**
SHRIMP—Gulf Kist—Fancy grade—new pack shrimp—No. 1 cans **15c**
MILK—MacMarr—large 16-oz. tins, 3 for **20c**
COMB HONEY **14c**
OIL, Wesson—always fresh in sealed cans—qt. **45c**
PINEAPPLE—Fancy Shred or Crushed No. 2 1/2-cans for **43c**
Delicious for salads or desserts. Broken Sliced—No. 2 1/2-cans **35c**
FLOUR—MacMarr—A pure hard wheat flour—milled from select northwest wheat. 49-lb. sack **\$1.09**
No. 10 sack **29c**
RAISINS—Choice Thompson Seedless—4-lb. bags **25c**
PRESERVES—Crown Point Pure Strawberry—3-lb. jar **49c**
MAYONNAISE—Best Foods—The perfect complement to a perfect salad. Pt. **33c**
CATSUP—Del Monte—The simmered-down essence of vine-ripened tomatoes, delicately spiced, large bottle for **17c**
YEAST—Fleischman's—the world's largest selling yeast—recommended by thousands of physicians. 3 cakes for **10c**
MOLASSES—Aunt Dinah—Made from the cream of fresh - crushed Louisiana sugar-cane-juice. No. 2 1/2-can **20c**
COFFEE—MacMarr, pound, 32c 3 lbs. **95c**
MacMarr Coffee is a blend of the finest coffees grown, richly aromatic and possessing a rare, fine flavor.
COCOANUT—Bulk, lb. **23c**
MALT—Blue Ribbon—3-lb. can **49c**
GELATINE—Knox—"sparkling Gelatine"—makes wonderful salads or desserts, package **19c**

SPINACH, Full of Iron, 2 pounds **11c**
LETTUCE, Large Solid Heads, 2 for **13c**
ASPARAGUS, Fresh and Tender, 2 pounds **19c**
BANANAS, Golden Ripe, 4 pounds **25c**

Hostesses for the regular meeting of the Rebekah lodge at 7:30 tonight (Friday) in I. O. O. F. hall will be Mrs. Ida Caldwell, Mrs. Elsie Currin, Mrs. Alice Conner, Mrs. Rosa Currin, Mrs. Mina Clark, Mrs. Mabel Dixon, Mrs. Verna Frans, Mrs. Alameda Downes, Mrs. Hattie Durham, Mrs. Martha Eastham, Mrs. Elizabeth Fuller, Mrs. Elouise Fuller and Mrs. Iva Farrar. Visiting members have been invited to attend. Light refreshments will be served.

Mrs. George Morgan was hostess Monday afternoon for the O. L. H. club, inviting Mrs. W. B. Johnston as an additional guest. A pleasant social afternoon was spent playing bridge. Mrs. Johnston held high score and Mrs. George Jacobson low. Dainty refreshments were served at the tea hour. The club will meet Friday, April 10, with Mrs. James P. Graham.

The ladies' aid society of the Presbyterian church will meet Wednesday afternoon in the church parlors.

The concluding bridge party of a series given last week by Mrs. A. W. Swanson, Mrs. Merville Vestal and Mrs. Ralph Salsman at the Swanson home was held Thursday afternoon. Seven tables were in play. Mrs. C. J. Kem held high score, Mrs. C. T. Smith second high and Mrs. Charles Beidler low. Bowls of mixed spring flowers formed an attractive setting. Dainty refreshments were served.

Mrs. J. T. Smith entertained Tuesday with a 1 o'clock luncheon at the Colonial for the M. P. G. club. A joint luncheon with the Tuesday Bridge club was enjoyed. Following the luncheon the group went to the home of Mrs. Smith for a social afternoon with needlework. Members who attended a recent home party in Portland told of the party. Flowering currant and Oregon grape were room decorations.

The S. O. S. club will meet Tuesday afternoon at the home of Mrs. Clarence Madden, 1306 south Fourth street. The group is making plans for a cooked food sale to be held Saturday, April 18.

The missionary society and the ladies' aid society of the Christian church held a joint devotional meeting in observance of a week of prayer Wednesday afternoon in the church parlors. The hostess committee was Mrs. Clyde Butler, Mrs. Otis Biggs and Mrs. Brannan. Devotionals were led by Mrs. T. M. Boyd.

Mrs. Earl Garoutte, Mrs. W. A. Garoutte and Mrs. Wilbur Spray have issued invitations for a series of bridge parties to be given this afternoon and tonight at the Colonial.

The Tillieum club held a covered dish dinner Wednesday night at the home of Mr. and Mrs. D. H. Hemmaway. An evening of five hundred followed. Martin Anderson of Eugene was a guest.

Flowers Used as Foods

In Japan the bulbs of the dahlia are eaten as a vegetable, while the sugar-coated blossoms of the mimosas, marigold and rose are a popular sweetmeat in France.

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FRESH ASPARAGUS 3 lbs. 25c	PURE LARD Best for Cooking 4 lbs. 45c	HAMS Fancy Sugar Cured Half or Whole 23c lb.
SUGAR Pure Cane Fine Granulated 18 lbs. 89c	Mayonnaise Best Foods Bulk 28c pint	TISSUE 1000 Sheets 6 rolls 39c One 5c shopping bag Free

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