

You Are Invited

—We urge you to investigate the protection and service of the Farmers Exchange. 60,000 policyholders, low rates, absolutely prompt service. A phone call may save you good hard earned dollars.



WANTED, Man or Lady to represent us in Cottage Grove and vicinity.

Farmers Automobile

Inter-Insurance Exchange
632 East Broadway, Eugene, Ore.

China Scores Again
Manuscripts dating back more than 1,000 years, recently found in China, show that mutual benefit societies were popular as early as the Ninth century, fines being levied for failure to bring in one's contributions of wheat and millet.

for
CLEANER
SPRING
CLEANING

1 1 1 1

Ruud Automatic
Water Heaters
for only

**\$5 DOWN—EASY
MONTHLY**

A detailed illustration of a tall, cylindrical Ruud Automatic Water Heater. It features a dark, metallic finish with a lighter-colored control panel near the top. The heater is shown with stylized steam or smoke rising from its base, suggesting it is in operation. The background is plain white, making the heater stand out.

**MONTHLY
PAYMENTS**

Liberal allowance on your old water heater or water coil.

**Natural Gas Corporation
of Oregon**

509 Main **Phone 90**

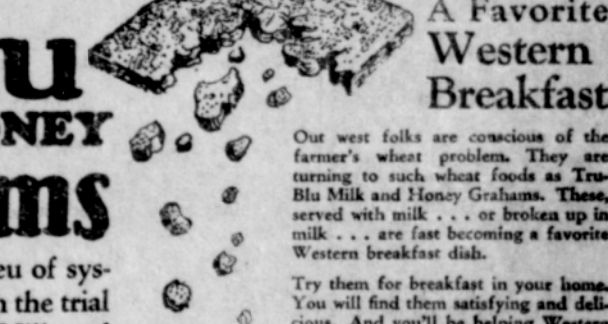
1. The first step in the process is to identify the problem or issue that needs to be addressed. This involves gathering information and understanding the context of the problem.



ern Wheat

... when you feel lazy, listless, tired . . . look to your system a rest from the heavy foods of winter. Turn to the foods, that do not tax the system. You will feel better. Many strength, vigor.

100



strenuous, vigor

True-BLU HONEY Grams

A Favorite
Western
Breakfast

Our west folks are conscious of the farmer's wheat problem. They are turning to such wheat foods as True-Blu Milk and Honey Grams. These, served with milk, or broken up in milk . . . are fast becoming a favorite Western breakfast dish.

Try them for breakfast in your home. You will find them satisfying and delicious. And you'll be helping Western wheat farmers when they really need your help.

et, in lieu of sys-
s worth the trial
-Blu Milk and
delicious—and

FREE

delicious—and

HONEY ...MILK!

...ve long been recog-
... Only ingredients
...ever used. In 1923
...a decided improve-
...is used in the bat-
...ver. So good, we'd

FREE
Interesting Book of Treu-Blu
Recipes

Josephine E. Wright, teacher of cooking, has supplied Treu-Blu with a host of her own famous Recipes, giving many new uses for Treu-Blu Milk and Honey Graham. If your grocer has exhausted his supply, write to the nearest Treu-Blu Dispatch Co. plant.



Buy Tri-Bis
Grahams in the 24b.
Package - It's 4
Big Money's Worth

ORDER FROM YOUR
GROCER

UIT COMPANY--Spokane, Portland, Seattle

SUNSHINE BISCUITS and Specialties
