

THE Arcade Theatre
takes pleasure in presenting two great pictures for your entertainment this coming week.
Sun.-Mon.-Tues., July 20, 21, 22
Charles Morton, Polly Moran, Mary Dressler and Anita Page in
"Caught Short"

Wed.-Thurs., July 23, 24
TALKING PICTURE EPICS, INC.
(Frank R. Wilson, President)
Presents a camera and microphone record of a **FASCINATING JOURNEY** Through a Land of Mystery

THRILL after THRILL
in the lairs of these ferocious jungle cats...
Commander GM DYOTT in HUNTING TIGERS IN INDIA
Expedition under auspices of American Museum of Natural History

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"Crackers" First Baked
by Massachusetts Man
As far as any authentic record shows, the first cracker bakery in the United States was that of Theodore Pearson at Newburyport, Mass. He began business in 1792 and his specialty was a large cracker which was known both as a "pilot" and as ship's bread. Joshua Brent was Pearson's first great business rival. He erected an oven for cracker baking at Milton, Mass., in 1801. He was succeeded by many other cracker manufacturers. The crackers were first made by hand. During the years between 1840 and 1895 the mechanical crackers underwent a remarkable development. Prior to 1840 the use of machinery in the cracker-making process was practically unknown. Even then the dough was still worked up and put into the oven one piece at a time. Machinery was finally invented which took the dough after it had been prepared by hand and rolled it into a thin sheet which, as it passed over a sort of endless belt, was cut by a stamping machine which works automatically.

Nature Gives Warning in Odors That Offend
It may be regarded as a safe rule to regard offensive odors as associated with poisonous substances. Sewer gas, though not necessarily infectious, is nevertheless a most harmful because of the poisonous and malarious substances of which it is composed. The deadly carbonous oxide, though itself odorless, is almost invariably associated with other gases which betray its presence. The sense of taste also serves as a protection against poisonous substances. Wholesome substances, with rare exceptions, have neutral, sweetish or acid flavors. Substances which have bitter, acrid, smarting, nauseating or astringent flavors are usually noxious. So great is our perversity, we actually contaminate and render harmful perfectly wholesome foodstuffs by the addition of pepper, mustard and other hot and irritating substances which nature warns us against. Dr. John Harvey Kellogg in Good Health.

Ground Squirrel Economy
Rodent-control experts in the biological survey of the United States Department of Agriculture often save considerable money for farmers or ranchmen who have rodent pests on their lands. Not long ago a rancher in California had planned to use a migrant on 4,500 acres in an effort to rid the land of ground squirrels, at an estimated cost of \$4,500. On the advice of a biological survey worker, who found that on this particular ranch fumigation would be expensive and unsatisfactory, the rodents were controlled by a specially prepared poison mixture of steam-rolled oats, at a cost of only \$200.

Tropical Fish
The difference between a sailfish and a flying fish is that the flying fish, after a fashion, and the sailfish does not. Flying fishes, of which there are a number of species, are small and light but have long winglike pectoral fins. The fish works up speed in the water, thrusts itself into the air, and the "wings" are able to carry it for some distance. The sailfish is a very large deep sea fish, related to the swordfish, but having teeth, and characterized by the large, high dorsal fin, which is suggestive of a sail.

One Forest Fire Cause
In Forests and Mankind explanation as to why forest fires occur so frequently in areas that have already been burned over is given: "Fires in a sense brew fires. The effect of each fire, no matter how light, is to prepare the land for another, since each successive burning leaves dead trees and charred limbs behind it, that under the hot summer sun dry out like tinder and furnish more and more fuel for the flames that follow, until at last the land becomes a barren waste, unfit for tree growth—unfit for anything but to serve as a reminder and a warning."

Grand Little Idea
"But, dear," said the wife, looking over the plans for their new home, "what's the idea of these two bathrooms next to each other?"
"That," he said grimly, "is something to make married life easier. One will be fixed up any way you want it, the other is mine, and if ever you stick a guest towel in it, or object to my singing in it while I'm taking a shower—well, you may as well start packing up and go home to mother."—Cincinnati Enquirer.

Chose Good Place to Fall
A meteorite crashed to earth in Yenesei province, in central Siberia some years ago. It exploded as it neared the earth and illuminated the country for nearly 500 miles. The heat from this body could be felt for a distance of 300 miles. It was the largest falling star in history. If it had struck New York city, every building and subway would have been destroyed and every bit of life wiped out.

No Hurry
On the eve of their execution an Irishman, a Scotchman and a Jew were asked if they would like any special delicacy. The Irishman voted for Irish stew, the Scotchman for a bottle of whisky and the Jew for fancied strawberries and cream.
"But," protested the warden, "strawberries are not in season."
"Well," retorted the Jew, "I can wait."—Judge.

Sails Aided Locomotives
Sails at one time attached to the roofs of the coaches aided the woodburning engines of the Pontchartrains railroad in Louisiana which a short time ago celebrated its one hundred anniversary.

Self-Control Prominent Attribute of Socrates
Socrates was a graduate of the school of hard knocks who learned to talk by talking and to preach what he had himself practiced. His two main tenets were self-control and self-knowledge, and here the stories about him are quite consistent. When he was confronted with people of means he would enjoy their luxuries. He outdrank Aristotle at Agathon's banquet, but generally he preferred not to drink too much lest he might think too little. He believed in temperance, and when made symposiarch, or leader of the feast, he called for "little cups."

Good food he enjoyed, but he could endure the poor cooking of his wife. The same with clothes. During the campaign at Potidea, when others were clad in sheepskins and furs, he walked barefoot on the snow. But unlike many moral reformers Socrates did not insist that what he did was the only thing to do. If the Greeks had smoked tobacco he would not have belonged to the Anti-Nicotine league. No, his doctrine of self-control seemed to be this: "I can do with, and I can do without, and I trust that you can do the same." Or, as he put the matter when present at the fair: "How many things there are which I do not need."—Woodbridge Riley in "Men and Morals."

Nothing to Distinguish Murderer From Others
It has been discovered that only 2 per cent of the murderers in New York in the past 15 years have been fat men, and that the most ghastly crimes are usually committed there by those who are devoid of vitamins. One of the most famous murderers in the world, Charles Peace, was described by a counsel who once defended him as "a small, spare man, clean-shaven, with a very prominent chin, which he could so distort as to make himself unrecognizable. The police description of him issued at the time was: "Thin and slightly built, 5ft. 4in. high, grey (nearly white) hair, beard, and whiskers." Crippen was spare of chest, narrow of shoulder, meager in height, and devoid of muscle, with protruding eyeballs which gave his face a meaningless stare. Scotland Yard was asked about the Cassius type, but no encouragement was given to the New York theory. "My experience is," said an official, "that murderers have few characteristics to distinguish them from the ordinary men you meet in the street, train or omnibus."

Ancient Writing
Cuneiform or "picture writing," which gets its name from the wedge-shaped marks that form its alphabet, was invented by the Sumerians and used by the Babylonians, Assyrians and Persians for 3,000 years.
Loose Leaf Systems, Sentinel.
Typewriter Ribbons, Sentinel.

SOCIETY
Longfellow-Young.
Announcement was made last week of the marriage of Miss Muriel Young, daughter of Mr. and Mrs. J. E. Young, and Reason Longfellow, son of Mr. and Mrs. J. M. Longfellow, which was solemnized April 12 in Roseburg, Rev. Baird of the Christian church officiating. The announcement came as a surprise to their many friends, no word of the marriage having leaked out. Mr. Longfellow is employed by the W. A. Woodard Lumber company. Both are graduates of the Cottage Grove high school. Mr. and Mrs. Longfellow have moved into the Jones cottage on H street. A number of friends gave a charivari for them Sunday night.

The Mothers' club was entertained last Thursday at the home of Mrs. Jeff Turner on Silk creek, with Mrs. Turner and Mrs. Lawrence as hostesses. Twenty-one were present. The day was spent quilting and a chicken dinner was served at noon. Mrs. Rosa Curran, chairman of the welfare committee, reported that 68 garments, 12 pairs of shoes and 6 hats had been given out during June. She made a plea for more clothing donations. Arrangements were made to hold a picnic in August at the home of Miss Miriam Piper.

Fruits and Jelly WANTED FOR DOERNBECHER HOSPITAL
An appeal has been received by The Sentinel from Mrs. J. O. Holt, Lane county chairman, for fruit and jellies for children in the Doernbecher hospital, Portland.

In past years Cottage Grove has given freely to this enterprise, but for some reason the work has been neglected this year. Mrs. Holt appeals to the women's clubs of the city to take up this work once during the canning season. Contributions may be delivered to the Westminister home, Kincaid street, Eugene, or may be sent direct to the hospital. Because of lack of sufficient support from legislative appropriations the hospital has had a severe struggle and this aid from women's clubs of the state has been greatly appreciated.

The Elmaries club spent the week end up Teeters creek beyond Dorena. Those in the group were Mr. and Mrs. N. J. Nelson, Dr. and Mrs. H. A. Hagen, Mr. and Mrs. Merville Yeatch, Mr. and Mrs. Victor Chambers, Mr. and Mrs. Charles Hall, Mr. and Mrs. Fred Anderson, Mr. and Mrs. H. C. Wells, Mr. and Mrs. George Matthews, Mr. and Mrs. Oscar Woodson and Mr. and Mrs. Ralph Saltman of this city and Mrs. P. B. Sisco of Redmond, sister of Mrs. H. A. Hagen.

Mr. and Mrs. John Barker entertained Sunday, honoring Mr. Barker's brother, Horace Barker, on his 73rd birthday anniversary. The honor guest's sons, Earl and Walter Barker, and their families of Portland and Mrs. E. E. Markley were guests. A bounteous dinner was served and a social afternoon was enjoyed.

Mrs. E. W. Armes entertained last Thursday afternoon, continuing the series of vanishing luncheons for the benefit of the Presbyterian ladies' aid society. A social afternoon followed the luncheon. The color scheme for the dining room decorations was yellow.

Radox Brings Foot Comfort To America
Nothing Like It Ever Sold By Druggists Before
CORNS — CALLOUSES — BURNING FEET
Now you can buy Radox in America at any up to date drug store, Cottage Grove Pharmacy is selling dozens of packages a day. Three or 4 baths according to directions and your corns and callouses are gone, your red, burning aching feet are changed to strong vigorous ones and bear this in mind—
If Radox doesn't do as advertised—money back.
Getting a corn out needs only a few Radox footbaths. In the last few years millions of packets of Radox have been sold to corn sufferers. Here is a typical letter:
"My wife had a very bad corn for several years on the ball of the foot, and four smaller ones on the toes, also hard skin which was very painful. After a few soakings in a Radox footbath the hard skin began to peel off, and the corns came right out after a week. It is a pleasure for her to walk now." E. S. 1st November, 1929.
Radox contains four different salts. One banishes odor, one is antiseptic, one softens the water, and one releases oxygen which carries the softening salts right to the roots of corns which are thus loosened so that they can be lifted out bodily. Only Radox contains this fourfold combination.

Mrs. Albert Hansen entertained Tuesday afternoon with a 1 o'clock luncheon as one of the series of vanishing luncheons being given for the benefit of the Presbyterian ladies' aid society, and guests were Mrs. W. I. Isom, Mrs. Georg Bjorset and Mrs. A. W. Shofstall.

The Presbyterian Sunday school held a picnic Wednesday afternoon at the Veatch picnic ground. Swimming was a feature. A delicious picnic supper was served.

Miss Stella Adams entertained last Thursday with a vanishing luncheon as a benefit for the Presbyterian ladies' aid society. Guests were Mrs. Haney, Mrs. Rosa Curran, Mrs. W. L. Hatch and Mrs. Laura McKernan.

Mrs. C. S. Roberts entertained Friday with a vanishing luncheon and guests were Mrs. William Thum, Mrs. Schofield Stewart, Mrs. H. C. Wells, Mrs. W. J. Moyer. Summer flowers were colorful decorations.

The junior department of the Degree of Honor lodge held a picnic last Thursday evening at Curran bridge. Games were played and swimming was a feature. A picnic supper was served.

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We have in transit a fine commercially fast print—We will sell for 11½c
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