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Feel Miserable This Spring?

To Be Well Your Kidneys
Must Function Properly.

SPRING find you tired, nervous and depressed? Are you stiff and aching, subject to nagging backache, drowsy headaches and dizzy spells? Are kidney excretions too frequent, scanty or burning in passage? Too often this indicates sluggish kidneys and shouldn't be neglected.

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Mrs. M. Gorton, 1202 13th St., Hood River, Ore., says: "My kidneys troubled me and didn't act as they should. I had backache quite frequently and suffered from backache and nervousness over my kidneys. Soon after I used Doan's Pills the aches and pains left and my kidneys haven't given me any trouble since."

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A STIMULANT DIURETIC FOR KIDNEYS
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For Preservation of Fine Colonial Homes

More than any other city in the country, the atmosphere of the Nineteenth century is retained by the city of Annapolis. It has many landmarks and institutions of the pre-Revolutionary days, including ancient trees, structures and customs around which the romance of history has been woven. There are several particularly fine specimens of homes of that period, but the touch of modernism has threatened some of these and the movement to preserve them for all time has been inaugurated by the administrators of St. John's college, itself one of the oldest institutions of higher learning in this country. Three signers of the Declaration of Independence aided in the formation of the college and their homes, still preserved, are but a short distance from the college campus. The houses which the college proposes to preserve are the Pinckney house, the Price house, the Hammond-Harwood house and the Peggy Stewart house. The latter was built by the owner of the vessel which caused the Peggy Stewart Tea party, which was a counterpart of the Boston Tea party.

Query as to "What's in a Name?" Answered

Mitchell Kennerly, the art expert, said at the Lotus club in New York:

"What's in a name? Lots." He laughed and then went on: "There's too much in a name. All the French art world is agitated just now over an old painting found in a cellar. Is it a Goya or no? If it's a Goya it's worth a fortune. Merit has nothing to do with the matter. The name alone will determine this faded and moldy picture's worth."

Another laugh. "Once in a famous gallery a famous critic said to me: 'Look at that daub in the corner. Did you ever see such muddy colors, such ridiculous drawing, such—'

"But that's a Rembrandt," said I. "Oh, what a magnificent work," said the critic, 'now that I've shifted my position so as to get it in the proper light.'—Springfield Union.

Indians' Use of Metals

The bureau of American ethnology says that Indians and Eskimos were not skilled in the working of metal previous to the coming of the whites, although copper had come into use in the Great Lakes region. However, the copper implements were made by hammering the soft metal. Ivory and bone were used by the Eskimos, and there have been a few occurrences of meteoric iron being worked to a limited degree. The Indians used stone, bone and shell implements extensively. Metal working in copper and bronze was quite highly developed among the Indians of central America and northern South America before the arrival of the whites.

Gives View of Sea Bed

Very often, when the water is clear, it is unnecessary to send a diver down simply to find an object, for the bed of the sea can be seen quite well with the aid of a submarine telescope. It is called the "Catoptic tube."

In appearance this tube is similar to an ordinary large telescope, but it has huge lenses at each end, which can be attached for keeping it vertical in the water. Sometimes, instead of the ordinary telescope eyepiece, binoculars are fitted. This "Catoptic tube" is very often used in recovering small articles of value that have been lost by dropping them in the sea from a pier or small boat.

New Mesopotamia

In the northern part of Argentina, touching the borders of Brazil, Paraguay and Uruguay, is found a country whose physical condition is strikingly similar to that of Mesopotamia, the cradle of civilization. It is bordered by two rivers, the Parana and the Uruguay, corresponding to the Asian Tigris and Euphrates. Formed between them is a fertile valley, as yet little developed, says the Department of Commerce, but capable of supporting a large population. Its climate, too, is much like that of ancient Babylonia, for it is just about as far south of the equator as the latter country is north.

Self-Education

Ignorance is no sin, but to remain in ignorance and not to strive for the acquisition of knowledge is sin. The most important and most vital lessons of life may be learned without a college education. Love and kindness and unselfishness and gentleness need not be learned in colleges. They are within reach of all who desire to attain them. Men and women of energy and character should not be dismayed by their lack of education. They can educate themselves. The hard and rugged facts and truths of life will be the objects of their pursuit.—True Experiences Magazine.

Mazamet Wools

Mazamet is a small town in southern France, where the principal business is the pulling and scouring of skin wools; that is, wool imported on the skins. These skins may be from Australia, South Africa or elsewhere. Therefore, there is a such thing as Mazamet wool entering into direct competition with our domestic product. Wools pulled and scoured in that town are known in the trade as Mazamet wools, but that has little significance, as such wools are actually classed as Australia, or what-not, when they come to be resold.

Motto All Right, but Staff Went Too Far

Samuel Grindstone was a hustler of the modern school. He believed in the gospel of speeding up. Over every desk in his office he placed a large printed notice, reading: "Do It Now!"

But a week later, with tired fingers and exhausted air, he tore them all down.

"Hello," said a friend, dashing in and seeing the ceremony of destruction. "What's up? Doesn't hustling pay? Going back to the old leisurely methods?"

"Yes, I am," snorted Grindstone. "Hustling doesn't pay. I gave ten cents each for these notices, thinking they'd spur my staff to hard work."

"Well, the net result is that they've all acted on the motto. The chief cashier has bolted with the contents of the safe, my typist has eloped with my youngest son, four juniors came in yesterday to ask for a raise, and the office boy got a better job and has gone off to it."

Someone Else Would Wear Nether Garment

The henpecked man came into a department store, majestically led by his wife. Their errand, if you want to use the plural form instead of the feminine singular, was to buy Mr. Henpeck a suit of clothes.

About 115 different suits of clothes were taken off the racks, and the coats, at least, tried on Henpeck. He said not a word and although his legs got trembly and wobbled, when he looked at his spouse out of the corner of his eye he saw he must stand up under the ordeal until unconsciousness gave him rest and relief.

The clothing salesman was getting more frazzled and worn down than any of the three. He had a boiler-factory perspiration and his temper was beginning to say, "I don't want to be good much longer." So finally he blurted out to Henpeck, "Say, friend, why don't you buy this suit. You can wear the coat of it, anyhow?"—Exchange.

Wise Man Wasn't Talking

"Sleep," said the pessimist, "is but a foretaste of death—that divine netherlife for which we poor mortals yearn."

"Sleep," said the chemist, "is caused by such an accumulation of toxins that all organic activity must be suspended or minimized pending their elimination through chemical change."

"Sleep," said the poet, fervently. "Ah, poppy and mandragora and all the drowsy shrugs!"

"Sleep," said the business man, "if I can get a good solid eight hours of it, makes me show up at the old desk feeling like a—er—fighting cock!"

"Sleep," said the philosopher, "is a phenomenon which—"

The wise man sat in the corner and said nothing. He was taking a little nap.

Fish Easily Gathered In

It may be a slander that the ostrich buries its head in the sand when frightened, but a correspondent of the Sydney Bulletin swears there is a fish that does that and more. The black-spotted sea perch, *Lutjanus fulviflamma*, when approached stands on his head and wags his tail so violently that he is driven clear out of sight into the sand. The Australian fishermen, however, just wade in and mark the spot with a piece of white shell and then make the rounds with a long sharp spear, jabbing the sand around each sign post, quickly gathering them in.

The Doctor's Ruse

The doctor of a lunatic asylum was in the bathroom one day watching a number of his patients, when one of them called out suddenly: "Let's duck the doctor!"

Seeing his danger, the doctor, with great promptitude, said: "All right, boys, but suppose, now, you give the doctor a cheer before ducking him."

This reasonable proposition was at once acceded to, and a ringing cheer resounded through the building, which at once brought the keepers, as the doctor expected, and he was saved.—Yorkshire Post.

When Washington Relaxed

Irving says that Washington on rare occasions was "surprised into hearty fits of laughter." One such instance occurred at the death of peace, when he was sailing in a boat on the Hudson, and was so overcome by the drollery of a story told by Major Fairlie of New York that he fell back in the boat in a paroxysm of laughter.

"In that fit of laughter," remarks Irving, "it was sagely presumed that he threw off the burthen of cares which had been weighing down his spirits throughout the war."—Gas Logic.

Blame the Women!

"Poor George!" "What's his latest hard luck?" "After saving tobacco coupons for seven years he figured that in a couple more years he'd have enough to get a fishing rod he coveted." "What happened?" "His wife and daughter started smoking, and in three months they had all enough coupons." "To get the fishing rod?" "No; to get a hand-carved in cense burner."

Another Beatitude!

"Blessed be the man who really loves flowers—loves them for their own sakes, for the beauty, their associations, the joy they have given, and always will give."—Henry Ward Beecher.

City and County Real Estate Becomes Active

Realtors of the city report many inquiries for property in and adjacent to Cottage Grove and a number of sales have been made. The following transfers have been reported during the week by Hall & Johnston:

The O. R. Aubrey 3 1/2-acre tract on Silk creek to S. L. Tarr. This adjoins other property owned by Mr. Tarr, who will enlarge his chicken raising business.

The N. J. Nelson residence on south Sixth street to Mrs. Emma Mentez of Colorado, who recently brought her family to this section. She will take possession at once. The Fred S. Wetherly residence on south Second street to Mr. and Mrs. Julius A. Schoen of Drain, who also will take immediate possession.

The S. M. Hansard residence on Adams avenue to J. F. McFarland of this city.

Indications in real estate are that there is to be an end to the lull of the past year. A. E. Flowers reports numerous inquiries from outside the state for both city and country property.

DIVIDE

(Special to the Sentinel.)

July 31.—Mrs. Hazel Perini has received word that her brother, Wade Cary of Pinewood, Minn., is seriously ill. He underwent an operation several weeks ago and his condition is grave.

Mrs. C. E. Burkett has gone to Big Fall creek to join Mr. Burkett, who is employed there.

Mr. and Mrs. L. J. Morran and two sons of North Bend and Mr. and Mrs. A. M. Perini of Woodard's camp spent Sunday evening at the Massimo Perini home.

Bert and Oscar McDole and their father, J. M. McDole, visited relatives in Yoncalla Sunday. Maxine Rhode, who had spent several weeks at London, returned here Sunday evening.

Kenneth McEynolds, assistant forest ranger stationed at Diamond lake, killed a big black bear last week. It had been killing sheep grazing on the range.

The Pete Mostachetti, Harry McDole and Massimo Perini families and Mrs. Katherine Perini, all of this community, and the John Mostachetti family of Leona picked on Mosby creek Sunday.

BLUE MOUNTAIN.

(Special to the Sentinel.)

July 31.—A valuable horse belonging to Floyd Jones was injured so badly recently that it had to be killed. The horse was either shot in the leg or kicked so hard that the bone was shattered. The horse was the children's pet.

Mr. and Mrs. Chapman and three children visited this week at the Harry Castle home.

Evelyn Dugan of Walden visited several days this week at the Butte Mooney home.

Magnet Clears Roads Of All Metals

One hundred eighty-five pounds of metal was picked up between Eugene and Roseburg several days ago by the mounted magnet operated on Oregon highways by the state highway commission. Only one side of the paving was covered, the other side being covered on the return trip.

Approximately 85 per cent of the material picked up by the magnet between here and Roseburg would be classed as "puncturing" material.

The truck travels at a rate of eight miles an hour. The magnetizing power is extremely great, and nails and pieces of metal can be jerked out of several inches of gravel. Adjustment apparatus makes it possible to raise or lower the magnet in its position beneath the truck.

Tons of Hay Fall On Man, Neck Hurt

Rufus Rollins, a farmer up Mosby creek, suffered a badly wrenched neck and right shoulder Monday when a load of hay fell on him. He was taking a 3-ton load of hay from the field and just as the wagon neared the barn one of the rear wheels broke. The jolt threw Mr. Rollins to the ground and the hay fell on top of him. He struck on his right shoulder and neck. Persons who chanced to be nearby extricated Mr. Rollins and it was found that except for the shock and the wrenching he was uninjured.

Wishbone Drops, Car Takes Ditch. Mr. and Mrs. J. E. Banton and granddaughter Geraldine escaped with a severe shaking up and minor bruises last Thursday afternoon when their car went into a ditch near the Mary White bridge at the end of south Sixth street. They were coming to Cottage Grove to attend the Elliott funeral and just as they were leaving the northeast approach of the bridge the left side of the wishbone frame on their Ford dropped down, throwing the car off the road and into the ditch. A bolt holding the frame had dropped out. Mr. Banton, when he saw the car going, held the wheels straight ahead, preventing the car from turning over onto the sharp rocks in the ditch. Some damage was done to the car and the services of a wrecker were required to pull it out of the ditch.

Fountain pen ink. Sentinel.

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