

Cottage Grove Sentinel

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PRIMARY AMENDMENT PROPOSED.

Amendment of Oregon's direct primary law has been proposed by A. L. Mills, of Portland, who proves his friendship for the direct primary by stating that he was chairman of the league which gave the direct primary to the state.

The reason for this has been that the conditions which the direct primary corrected were rotten and any suggestion to amend the direct primary has been construed as a suggestion to return to the old conditions.

A return to the old party boss-crooked politics—the purchase of political office—liberality with liquor—immorality—these things can never to again—will never be again.

We are gradually admitting that the direct primary is not perfect—that the results achieved are not always the best—that many weak men, and some bad ones, get into office even under the direct primary.

The principal feature of the amendments proposed by Mr. Mills is that to secure a party nomination a candidate must secure at least 40 per cent of the votes cast by his party. In case where no candidate receives that percentage, a party convention is to nominate.

Simply stated, Mr. Mills' proposal is to return to a semblance of the responsibility of the party to

its candidates and responsibility of candidates to party. The greatest fault of the primary is that a candidate is responsible to no one and no party. He makes his own platform and usually finds that he can not live up to it.

The New Year would not have been started right had the Corvallis Gazette-Times failed to provide us with its splendid New Year's edition.

American girls spent \$26,000,000 more in 1924 in spoiling their complexions with cosmetics than they did during the year before.

Annual Commercial Club Meeting. The annual meeting of the commercial club will be held tomorrow night at Hotel Bartell and will be preceded by a dinner to be served at 7 o'clock.

Preserving Leaves in Specimen Book

The common method of preserving leaves by pressing them with a flat-iron rubbed on beeswax may be improved in the following way: Paint the underside of each leaf with linsed oil and iron it immediately; then paint and iron the upper side in the same way. This treatment gives the leaves sufficient gloss and keeps them pliable. It is not necessary to press and dry the leaves beforehand, although this may be done if desired.

NOTICE TO CREDITORS.

Notice is hereby given that the undersigned has been appointed by an order of the County Court of Lane County, Oregon, administratrix of the estate of Robert Carter, deceased, which order bears date the 30th day of December, 1924.

All persons having claims against the estate of said Robert Carter, deceased, are hereby notified and required to present the same, duly verified, at the law office of Herbert W. Lombard, First National Bank Building, Cottage Grove, Oregon, on or before six months from the date of the first publication of this notice.

Dated and first published this first day of January, 1925. BESSIE SUTER, Administratrix of the estate of Robert Carter, deceased. Herbert W. Lombard, Attorney for estate. j1-29c(T)

EXPERT DISCOVERS PYORRHEA CAUSE

Bad Teeth Laid to Faults in Nutrition.

Paris.—The cause and cure of pyorrhea, mouth scourge, have been discovered by an American dentist working in French laboratories. He is Dr. Charles R. Hambly of San Francisco and Los Angeles, one of the organizers of the E. R. Parker System of Dentistry and author of numerous works covering all phases of dental art.

Doctor Hambly asserts that the modern theory that many bodily ills are caused by bad teeth must give place to the real fact, which is that bad teeth, and especially pyorrhea, are the result of faults in nutrition.

This established, Doctor Hambly asserts that he has ample proof that correction of these faults in nutrition will cure pyorrhea and many other diseases to which teeth and gums are heirs.

Considering the recent estimate that four out of five persons above the age of forty suffer from pyorrhea, the inevitable end of which is loss of teeth, the importance of Doctor Hambly's discovery has been emphasized by French authorities who have been following his experiments.

"Get rid of excess lime and you get rid of pyorrhea," stated Doctor Hambly.

The Pacific coast expert said that, to eliminate excess lime, he recommended "a can of tomatoes every day, lots of tomato ketchup, plenty of cranberries, and all sour fruits in season."

For the benefit of lay readers Doctor Hambly prepared the following "brief" of the pyorrhea case:

- A.—Pus flow.
B.—Inflamed, puffy gums, loose teeth.
C.—Result, lost teeth.
D.—Diagnosis Pyorrhea (Pyos—pus, Rrhea—flow).

Cause: Lime formation; mechanical irritation.

Chemical aspect: Encrusted peridental membrane, covering tooth roots.

Treatment: Dissolve the lime, inhibit formation.
How: Acid treatment dissolves lime. Acid foods, therefore, are necessary. Cranberries, canned tomatoes, using all the juice, sour fruits, tomato catsup.

No alcohol or stimulants or leas, which dilute the acid.

Laxatives and cathartics until complete intestinal cleaning. Enemas three times per week.

Induce active perspiration. Eat less bread, cereals, milk—all lime contain-ers.

Doctor Says British Eat and Golf Too Much

London.—The British public goes too much and eats too much, according to Dr. Leonard Williams.

As for golf, the game has a bad moral effect, according to the physician. "A man loses his match," says Dr. Williams, "and, as a result, is unhappy about it, is disgruntled, is bad tempered. His thoughts are on the next game, which he vows he will win. And too often he is discontented until he does win."

The way the English take their food is almost as disturbing to Doctor Williams as the way they take their golf. "It is not realized by the public that it takes as much energy to digest an English meal as it does to take a five-mile walk. People eat far too much. The day is started with a heavy breakfast; a full meal lunch follows; then there is tea, accompanied by scones and cakes; and finally there is dinner, running to several courses. This is far more than can properly be digested. "It would be saner and healthier to start with a continental breakfast, and follow it with a light lunch. Tea should be a cup of tea and nothing more. Dinner then could remain what it is."

Bad Girls Given Trip in Reform Program

London.—The English reformers' idea of making bad girls better is to give them trips to the seaside.

Accordingly, last year several of the detention institutions for young girls took parties of inmates to various seaside resorts, where they were given a two-weeks' vacation with only the supervision of two matrons to each party of twenty-five girls.

Last year's outings proved so successful that nearly all similar institutions this year took up the idea and permitted their best-behaved girls to have a vacation.

The expenses for the trip, above what it would have cost to feed and provide for the girls at the institution, were donated by persons interested in progressive methods in the correctional institutions of the country.

Woman Cop Downs Rowdy With Her Fist

Boston.—When Thomas J. O'Brien struck at Mrs. Margaret McHugh, one of Boston's police-women, she did not pull her club on him. Instead she moved aside to avoid the blow, then stepped in and with a right-hand swing sent him sprawling to the street, opening his left cheek.

At the police station a physician's services were necessary for O'Brien.

Neighborhood News

THORNTON CORNERS.

(Special to the Sentinel.) Jan. 5.—Mr. and Mrs. George Foster were in Eugene Saturday. Miss Kathleen Smith, of Cottage Grove, spent the past week with Mr. and Mrs. C. A. Dodge.

Misses Elsie and Evelyn Rose entertained 12 young people at a party Friday night.

Mr. and Mrs. W. D. Heath and William Heath, of Mount View, and Mr. and Mrs. R. L. Ritchey and Mrs. Sarah Fisher, of Curtin, were dinner guests New Year's day of Mr. and Mrs. J. W. Fisher. Mrs. Sarah Fisher remained for an indefinite visit with her son, J. W. Fisher.

Mrs. James Plaster visited Sunday with Mrs. W. W. McFarland in Cottage Grove.

Mrs. S. P. Shortridge spent Sunday with Mr. and Mrs. Wm. Brown in the Grove.

Mr. and Mrs. H. C. Rose and family attended a watch party at the home of Gus Bronstrom in Cottage Grove.

Mr. and Mrs. Angelo Perini entertained a number of relatives from Divide Sunday.

Mrs. Don Beck returned Tuesday from Toledo, where she spent Christmas with her granddaughter, Mrs. Carl King.

Fred Beidler and son Willie, of the Grove, were out to the A. T. Beidler home Friday.

SAGINAW.

(Special to The Sentinel.) Jan. 5.—School resumed Monday morning, after the holiday vacation.

Mrs. Howard Moody is visiting in Creswell at the home of her mother, Mrs. J. S. Taylor.

J. F. Adney returned to his work at Wendling the first of the week.

Mr. and Mrs. C. H. Sherman visited with friends at Creswell Sunday afternoon.

Mrs. Lowell Benston has been ill with tonsillitis the past week.

Mrs. J. F. Adney went to Drain Monday morning, being called there to care for an aged woman, who is severely ill.

WALKER.

(Special to The Sentinel.) Jan. 5.—A. M. Winn, principal of the high school, went to Portland as a delegate to the O. S. T. A. convention.

Miss Mary Haight, assistant teacher, was in Portland visiting friends during vacation.

A watch party was held at the home of Adam Schmitt New Year's eve. Refreshments were served.

The Walker grade school held a party at the Miller home New Year's eve.

The Flying "D's" defeated the high school at the local gymnasium Friday night by a score of 34 to 31.

Glen Smith has returned to Hoppner, after spending the holidays at the home.

Mrs. M. C. Smith went to Eugene Saturday with Mrs. M. A. Horn, her daughter.

LYNX HOLLOW.

(Special to The Sentinel.) Jan. 5.—Miss Florence Caldwell, of Cottage Grove, was an over-night guest Friday with Audrey Wolford.

R. Y. Porter and son Lester made a business trip to Eugene the last of the week.

Mrs. Wm. Slater is in Eugene taking medical treatment and is at the home of her son, Horace Strong.

Mr. and Mrs. D. A. Estes, of Silk Creek, were dinner guests at the I. N. Dresser home New Year's day.

Earl Beach, of Clarkston, Wash., visited the first of the week at the homes of his brother, P. M. Beach, and his sister, Mrs. Jas. Campbell.

The Wolford people made a trip to Eugene Friday last.

The L. A. H. club will be entertained by Mrs. Tom Johnson Wednesday.

Mr. and Mrs. W. E. Lebow, of Cottage Grove, were over night visitors at the Marion Lebow home Wednesday of last week.

Grant Sweet is at home from the Springfield hospital.

The Misses Fern and DeElla Campbell, of Dorena, visited relatives here last week.

MOUNT VIEW.

Jan. 5.—E. E. Chestnut was a Eugene business visitor one day last week.

Mr. and Mrs. Charles Bales and daughter Dorothy spent Wednesday afternoon with Mr. and Mrs. Waldo Miller.

Miss Ruth Johnson, of Cottage Grove, visited last week at the C. A. King home.

Dr. Ross and Dr. Donohue, of Eugene, were called into consultation for Mrs. Claude Arne Sunday afternoon. It is believed Mrs. Arne's condition is somewhat improved.

Relatives who were here to attend the funeral of Mrs. Jane Kile were Mrs. L. K. Brunfield,

J.C. Penney Co. A NATION-WIDE INSTITUTION - 571 DEPARTMENT STORES 417-421 MAIN STREET, COTTAGE GROVE, OREGON

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Amoskeag Gingham—Scout Percale These splendid materials are in solid colors and checks, plaids, and fancy patterns of all colors. Self and organdy ruffles, embroidery, bias binding, and ric-rac braid make smart trimmings. Each flaunts a generous sash. Twelve styles in small, large, and extra large sizes.



Marshfield; Mrs. Allen Staley, Portland; Mrs. Anna Hoffman, Mrs. Roy Spangh and Forest Hodsel, Eugene, and Jake Hoffman, Marshfield. Mr. and Mrs. Addison Heath are staying at Walker during the absence of Mr. and Mrs. J. C. Wright in California. A crew of men was out Friday repairing the telephone lines which were badly damaged during the recent snow storm. Miss Elizabeth Cooley visited Sunday with Miss Ellen Ellis. Mrs. E. E. Chestnut, who slipped and fell on the frozen walk at her home more than two weeks ago, has been confined to her bed the greater part of the time since. Mr. and Mrs. Roy Spangh, of Eugene, motored up to the home of Mrs. Spangh's aunt, Mrs. Amanda Sears, Sunday. Mrs. L. Can., in Cottage Grove, held at K. Brunfield, who spent the week end in Eugene, returned with them. Mrs. Brunfield plans to remain for a short time with her mother, Mrs. Amanda Sears. Miss Forest Schneider returned to O. A. C. at Corvallis Friday. Mr. and Mrs. C. A. King attended a watch party composed of former residents of Ogema, Sask., Can., in Cottage Grove, held at the home of Gus Bronstrom.

Brown Swiss Breeder Convinced By making thorough test of Hodgson's Calf Meal. SOUTHERN PACIFIC WINTER in Sun-swept California Enjoy this winter the warmth and the healthful outdoor recreation of California playgrounds. \$ winter tourist fare to Los Angeles; on sale daily up to and including April 30; return limit May 31st. Travel in secure, cozy comfort via the comfortable, convenient trains of the Shasta route. You'll like Southern Pacific dining car service—highest quality food deliciously prepared and served at your accustomed meal-time. Full stopover privileges en route. For full information, ask Southern Pacific H. A. MORSE, Agent

ARCADE Theatre WEEKLY PROGRAM Friday, Jan. 9.—Viola Dana in "THE BEAUTY PRIZE." Comedy and Felix The Cat. Saturday, Jan. 10.—Richard Talmadge in "ON TIME," with Billie Dove, Stuart Holmes, Tom Wilson. George Seigman, Charles Clarey and Douglas Gerard. Comedy "PLUMB CRAZY." Sunday-Monday, Jan. 11-12.—"THE MARRIAGE CIRCLE," with Florence Vidor, Monte Blue, Harry Myers, Marie Provost, Adolphe Menjou and Creighton Hale. A picture about people you know, fearlessly told by a master producer. Comedy, "HERE HE COMES." Tuesday, Jan. 13.—William Farnum in "THE MAN WHO FIGHTS ALONE," with Lois Wilson and Edward Horton. Comedy, "BACK TO THE WOODS." Wednesday, Jan. 14.—Jazz, Pep, Beauty-Romance "SINNERS IN SILK" with Conrad Nagel, Eleanor Boardman, Adolphe Menjou, Hedda Hopper and Jean Hersholt. And Comedy. Thursday, Jan. 15.—Ben Wilson in "THE DESERT HAWK," with Mildred Harris, Yakima Canutt and Louis Lester. Telephone Girls comedy and International News.

THANK YOU! WE have much for which to thank our good patrons, whom we wish happiness and prosperity. Our resolution was to give an even better service during the year that has just started. This we hope to be able to do just as soon as we are in our new location, which will be just west of our present location. We extend an early invitation to one and all to plan to visit us then and see the splendid buys we shall have to offer. We trust that we may also see you often between now and then. THE WHITE PHARMACY