

Cottage Grove Sentinel

A Weekly Newspaper With Plenty of Backbone
Hede & Smith Publishers
Editor

A first-class publication entered at Cottage Grove as second-class matter
Business Office.....55 North Sixth

SUBSCRIPTION RATES
One year.....\$2.25 Three months 65c
Six months.....1.15 Single copy..... 5c

Member of
National Editorial Association
Oregon State Editorial Association
Oregon Newspaper Conference
Lane County Publishers' Association

FRIDAY, MARCH 2, 1923

MIND AND MATTER.

The power of mind over matter, particularly the power of the individual mind over the body whose actions it controls, has so suddenly become the subject of almost universal discussion that it would almost seem that something new under the sun had been discovered at last. The "Every day in every way" doctrine of Emile Coue has set the world agog and many of his disciples, despite Coue's admonitions to the contrary, have come to believe that he has discovered a method of bringing divine power to earth to be used in healing mankind.

We have been not greatly disturbed by the sudden popularity of Couesim and similar isms because we see in it or them nothing which has not been with us throughout the centuries. We were familiar with the power of mind over matter long before Coue thought of announcing his method of curing many of the ailments that beset mankind. Isms similar to Couesim have become popular several times during the past century and probably the same was true of the centuries that went before.

A quarter of a century before Coue we even heard of experiments were tried which proved that a person could be sent to his sickbed simply by the power of suggestion on the part of friends whom he met in the course of a few hours. The power of mind over matter was brought to our attention a quarter of a century ago by the cases of two young men, each taken with a serious illness. The sicker of the two, in a lucid moment, overheard the physician say that the patient would cross over the border within the hour. The mind of the patient became obsessed with the thought, "I do not want to die; I'm too young to die; there are many things I want to do; I'm not going to die." He had heard of the power of mind over matter and kept repeating to himself with all the power of which his weakened body was capable, "I do not want to die."

When the physician was recalled to the bedside a few hours later his patient, whom he had not expected to again see alive, was able to joke and laugh with him. That patient is well and hearty today and has known hardly a sick day since that time. The other young man, while not nearly as sick as the other, made up his mind that the end was near. He was a husky specimen of manhood. The physician said that there was no need of his passing on, but he had made up his mind. The end came within three or four days.

But illness is not necessary to prove the power of mind over matter. Our faces are indexes to the thoughts that are in our minds. Our faces are shaped by the thoughts that control us. Our hands and the lines of our hands distinctly record the kind of lives our minds direct us in living. Few will dispute that the thoughts which control our minds can be plainly read by those who have made a study of our "bumps." The condition of our health, the likely span of our life are indicated by the lines of our hands. Few will dispute these statements. The thoughts we think are not as secret as some of us are led to believe.

Even our eyes mirror the thoughts behind them. This sudden interest in the control of mind over matter has developed nothing new. It has brought to earth no new divine power. We may easily doubt whether there is even a direct exhibition of divine power. We may believe that it is merely the exercise of a divinely given power which is in every mind and which might have been exercised at any time either for good or evil, not that it is impossible that there have been exhibitions of divinity power directly applied, but that it is not necessary to so believe to explain what we have seen. Nor is it at all certain that there must be a voluntary effort to demonstrate the power of mind over matter.

Many years ago we were acquainted with a dear old man who had devoted the active years of his life to directing mission work among the deaf and out of an eastern city. He had given his soul to the work. His reward in worldly goods was meager but no human being we have ever known came nearer having a face resembling that which we believe the Savior to have had. We do not believe that any voluntary effort was required to bring about such a facial expression. He endeavored to do as the Savior would have done, to act as the Savior would have acted, and without effort on his part his face became that of a savior.

Probably no wife ever loved her husband more than did Mrs. William McKinley. Probably no husband has ever had a greater influence over a wife than did William McKinley. If the stories told of their lives are true, they were wrapped up in each other as few couples have been. It is related that the husband once brought the wife back from the borderland of the hereafter merely by the magnetism of his influence over her. He held her hand in his as the soul fluttered against the portals of the other world, and she came back to him.

A remarkable photograph once was taken of this couple which showed that their faces had been almost the same form. The contour and expression of one was the contour and expression of the other. Involuntarily because of their great love each had grown to resemble the other. Cases have been reported of persons who grew to resemble animals which were their life companions. A case has been reported of an Oregonian who has spent his life hunting sea lions and in the sunset of his life his face resembles greatly the face of the animal which has been the source of his livelihood and his life companion.

Prenatal influence, the power of the mind of the mother to influence the physical appearance and the mind of the child yet unborn, is no new theory and the number who do not believe in the possibility of such influence is small. A casual student of human nature can read in the face, in the eyes, the kind of life a person lives, can read the thoughts he thinks. The living of a clean life usually brings health and happiness.

Living a life of evil amid squalor and unpleasant surroundings usually brings illness in its wake. The long-lived people usually are those who have lived in God's sunshine and have kept their minds clean and clear, who have exercised the talents wherewith God has blessed them. The healthy, we have often noted, are the happiest. May it not be that the cheerfulness of mind has caused the good health of the body?

An observation of the lives of those about us should leave no doubt of the power of mind over matter, should leave no doubt of the power of mind to influence the well being of the body. But it is nothing new. It is not a power that we have not before had.

Emile Coue has merely focused our attention upon a power which we always have had and always have exercised, but probably to a lesser degree than we will in the future. Coue himself makes statements which may be thus construed.

He makes no claim of bringing divine power to earth. He merely induces us to use divinely given power which we already had. "Day by day in every way we are getting better and better."

OVERPAID LEGISLATIVE CLERKS.

The Eugene Register finds fault with the fact that clerks at the recent session of the legislature were paid three times as much as the legislators and brands such a condition as ridiculous. The Register says: "Either the people should pay their legislators more or the legislators should pay their clerks less."

The Register is more than half right, but it could make a better case if it were able to more thoroughly analyze the situation. In the first place it is necessary to have a much greater number of clerks and stenographers than there are legislators. In the next place it is necessary to have a number of clerks who would make better legislators than the members themselves. This latter is true of some of the desk clerks, as well as of the chief clerks of such committees as the ways and means committees, the judiciary and revision of laws committees, and it also should be true of the four chief clerks of the engrossed and enrolled bills committees.

In the next place, most of the legislators are business men of the state who are willing to make a donation of their time to the state, while the clerks have to be paid what they are worth. Of course some of them are paid more than they are worth, but they are not in the important positions. The legislature would be almost helpless without chief clerks for both houses who were familiar with every procedure, who could conduct their own business and also advise the officers, while it would be possible to do away with any of the legislators who feel unable to serve at three plunks per.

There is no reason, however, why legislators should not be paid what they are worth, or at least enough to cover reasonable expenses while they are serving the state.

The Sentinel notes that the Oregonian continues to give Ole Hanson all the credit for saving Seattle from the I. W. W. a few years ago. The Sentinel would not take away from Ole Hanson any of the credit which is his due, but the facts are that without the aid of intelligent and conservative organized labor the famous ex-mayor would have had much less good luck in handling a most棘手 situation. The Sentinel criticizes organized labor when it thinks organized labor needs criticism and it believes in giving organized labor credit for the good which it does, and this is one case where it got very little credit for its good offices.

National Forest Timber for Sale

Sealed bids will be received by the Forest Supervisor, Roseburg, Oregon, up to and including March 26, 1923, for all the merchantable dead western red cedar timber, standing or down, and all the live western red cedar timber designated for cutting on an area embracing about 180 acres within Sections 8, 15, 16 and 22, T. 22 S., R. 1 E., W. M., on the Frank Bricke creek watershed, Umpqua National Forest, Oregon, estimated to be 47,375 linear feet, more or less, of poles and piling and 2000 fence posts, more or less. No bid of less than 2 cents per linear feet for poles and piling and 2 cents apiece for fence posts, will be considered. Three hundred dollars must be deposited with each bid, to be applied on the purchase price, refunded, or retained in part as liquidated damages, according to conditions of sale. The right to reject any and all bids reserved. Before bids are submitted, full information concerning the timber, the conditions of sale, and the submission of bids should be obtained from the Forest Supervisor, Roseburg, Ore., or District Ranger, Disston, Ore. f23m9

NOTICE TO CREDITORS.

Notice is hereby given that the undersigned has been appointed by the County Court of Lane County, State of Oregon, Administratrix of the last will and testament of George Salton, deceased, which order bears the date of the 3rd day of February, 1923.

All persons having claims against the estate of said George Salton, deceased, are hereby notified and required to present the same, duly verified, to the undersigned, at the law office of Herbert W. Lombard, Cottage Grove, Lane County, Oregon, on or before six months from the date of the first publication of this notice.

Date of first publication February 9th, 1923. ESTELLA L. SALTON, Administratrix of the last will and testament of George Salton, Deceased Herbert W. Lombard, Attorney for estate. f9m9

NOTICE OF FINAL HEARING.

Notice is hereby given that the undersigned administrator of the estate of Crampton H. Jones, deceased, has filed his final account with the Clerk of County Court of Lane County, Oregon, and that Saturday, the 10th day of March, 1923, at the hour of 10 o'clock in the forenoon of said date in the court room of said court in the court house of Lane County, Oregon, has been fixed as the time and place for hearing objections to said report and the settlement thereof said order of date February 3rd, 1923. J. I. JONES, Administrator. ALTA KING, Attorney f9-m9

Herbert West, 15-year-old Portland youth, who was committed to the state training school for boys at Salem three months ago after he had confessed to participating in a series of robberies, made his second escape from the institution last week. Roley Swyter, who was arrested in a raid on his farm home near Albany when 150 gallons of wine were seized, was sentenced to serve six months in the Linn county jail and fined \$500 when he pleaded guilty to having intoxicated liquor in his possession.

Street improvements comprising grading, surfacing with crushed rock, and installation of curbs, were recommended by the streets committee of the Bend city council, the entire improvement involving an estimated expenditure of \$125,000 for the coming year. The state highway commission will furnish Astoria with all the trucks, wheelbarrows, picks and shovels it will require in cleaning the streets and in reconstruction work in the burned district free of charge, the only expense to the city being the cost of operation.

The contract for the erection of the Portland unit of the Shriners' hospital for crippled children was awarded to Stebbins Bros., general contractors of Portland, for approximately \$175,000. Sub-contracts also were awarded. The total cost of the hospital will be almost \$260,000.

Berry growers from all parts of Coos county organized at a meeting held in Myrtle Point, at which about 15 were present. They effected the organization for the purpose of securing better marketing facilities and generally improving conditions. Much larger areas of berries are to be put out this year.

H. J. Overturf, member of the lower house of the state legislature from the 21st district and a former member of state bonus appraisers, appeared at the United States marshal's office in Portland and accepted service on a warrant charging him with use of the mails to promote a fraud against the Oregon bonus law. Mr. Overturf immediately gave bond in the sum of \$2500.

The Lane county court is planning to sell a block of \$400,000 of its highway bonds at once. This will take care of all bond projects planned for this year. The projects to be worked this year are three sections of the old territorial road, a section of the high pass road to Lake creek valley, the Glenada-Ada road, the surfacing of the North Ford road and the Coburg-Linn county line road.

The Pacific States Lumber company, known better as the Coos Bay Lumber company, will complete extensive enlargements and improvements of its great plant at Marshfield about June 1 and will then operate on a production basis of approximately 800,000 feet in eight hours according to announcement by William Denman of San Francisco, chairman of the board of directors and executive committee of the concern.

The Umpqua valley broccoli crop will be the best from the standpoint of quality and quantity that has ever been produced there, unless future weather results in damage. With the largest acreage in the history of the industry in the valley, the weather has been very favorable for a good growth and all indications point to an unusually fine crop. Heads of some of the early varieties are beginning to come in already, but the bulk of the crop will not be harvested until the next week.

An investigation to determine why the state bonus commission has refused to grant loans up to 75 per cent of the value of the property offered for security will be made by Umpqua post of the American Legion. It has been reported that several ex-service men in Douglas county have endeavored to get loans and have offered property of considerable value as security, the security in every case being sufficient to gain a much larger loan than was allowed by the bonus commission.

Central Oregon sheepmen are optimistic, for unless unusual conditions should develop the winter season will have been almost ideal. In fact, many ranchers will carry over large quantities of hay for use next season. Winter range has been available part of the time and with plentiful supplies of hay in reserve stock is coming through the winter in excellent shape. This in turn should mean more and a better grade of wool, which may be expected to have its effect on the prices of the 1923 clip.

As a direct result of its recent victory in the extra income tax controversy the Union Fishermen's Co-Operative Packing company of Astoria will distribute approximately \$75,000 among its 300 stockholders. Some years ago the company created what was known as the shareholders' redeeming fund and it amounts to about \$300,000. For the years 1917 and 1918 the department demanded an extra income tax on this fund on the ground that the money was "borrowed capital" belonging to the stockholders and not to the company. The packing company contested this and won.

March Ushers in Newest Spring Merchandise Here

—all are invited to have "first look" at Umphrey & Mackin's



PRETTY NEW AND SERVICEABLE SILKS —THE STYLE IS IN THE FABRICS

Fashion has decreed this to be a silk season, and the selection of the materials will decide the success of your costume. Here are silks varying from the elaborate Paisley prints to the simple tones and colors including the flat crepe and other favorite fabrics.

PAISLEY AND BULGARIAN CREPES Most fashionable for trimming purposes—vestee, sleeves, suit-blouse, etc., are these new Paisley and Bulgarian pattern silk crepes. The prices range the yard.....\$2.95 to \$4.95

SILK-KNIT CREPE Woven of silk and fibre, looks as though it were knit and yet is a crepe silk—that is the description of this new silk. Silk-knit drapes most beautifully and is very rich in appearance; 36 inches wide; priced a yard.....\$2.95

PURE SILK FLOSS PONGEE AT \$1.45 A YARD Just received this beautiful all silk floss pongee in natural color; very suitable for dress, blouse or underwear; a yd.....\$1.45

AMERICAN LADY CORSETS ARE CORRECT STYLES



YARD-WIDE SILK TRICO, MESSALINE SATIN, TAFFETA These silks are shown in a score of most wanted fashionable shades and colors which you must see to appreciate; price range the yard.....\$1.95 to \$2.50

NEWEST SPRING NECKWEAR



Spring modes call for new corsets to give the new figure line its proper setting. All American Lady corsets are boned with "Mighty Bone" which is rust proof and nearly unbreakable. Let our saleswomen show you your correct model. Price range.....\$1.00 to \$5.00

SPLENDID QUALITY SILK STOCKINGS FOR WOMEN

Quality is assured in all of these best grade silk stockings and their pricings mark them as being good purchase values. Italian Silk Stockings, \$3.50 These purest Italian silk stockings, glove silk, are all purest silk from tip of toe to the top. The heels are high cut and pointed, insuring a snug fit at ankle which will not wrinkle. See them today. Pure Ingrain Silk Stockings \$1.95 a Pair These ingrain silk stockings are most dependable in weight and dye and are the same value which sold last fall at \$2.25 a pair. All Silk Boot Cotton Top Stockings, \$1.25 a Pair Better than fibre silk for wear and a splendid weight at a very moderate price.

Canned Goods Week This Week

In our Grocery Department; Phone 33; City Delivery Buy canned goods by the dozen this week; save money One Can of Vegetables Free! with each one dozen purchase of one kind or assorted canned vegetables this week. One Can of Fruit Free! with each one dozen purchase of one kind or assorted canned fruit this week.

Umphrey & Mackin THE QUALITY STORE-GOOD SERVICE

A Mathematical Mind. The Sunday school teacher asked Willie how many commandments there are and Willie answered "ten." "That's right," said the teacher. "And if you broke one of them what would happen?" and Willie replied "There would be nine left."

One Symptom, Anyway. Chauncey Reginald Archibald Asherton approached his prospective father-in-law and said, "Aw, youah daughter has—aw—promised to maw me and—aw—I'd like to know if theah is any insanity in youah family." Father looked him over a moment and then replied, "There must be."

Hard to Convince. "Don't you want to buy some fine crabs, lady? See—they're all alive." "Yes, to be sure," replied the housewife, "but are they fresh?"

Practice Makes Perfect. A technical journal makes the statement that more persons are killed by motor cars than by airplanes, and adds that it is only fair to point out that motorists have

NOTICE OF FINAL SETTLEMENT Notice is hereby given that the undersigned executor of the estate of Helen M. Sibley, deceased, has filed his final account in the matter of said estate, and an order has been made and entered of record directing this notice and setting Tuesday, the 13th day of March, A. D. 1923, at the hour of 11 o'clock a. m. at the County Court room in said County, for the hearing of objections, if any, to said account, and for the final settlement of said estate. WORTH HARVEY, Executor of the estate of Helen M. Sibley, deceased. f9m9

NOTICE FOR PUBLICATION. Department of the Interior, U. S. Land Office at Roseburg, Oregon, January 27, 1923. Notice is hereby given that Russell M. Proudfoot, of Star, Oregon, who, on October 25, 1920, made Homestead Entry, Serial No. 013408, for the N 1/4 of SW 1/4 of Section 17, Township 21 S., Range 2 W., Willamette Meridian, has filed notice of intention to make Final Three-year Proof, to establish claim to the land above described, before the Register and Receiver of the United States Land Office, at Roseburg, Oregon, on the 12th day of March, 1923. Claimant names as witnesses: Maxie Whippo, of Cottage Grove, Ore.; Tom Fatten, of Cottage Grove, Ore.; Raymond Gleason, of Star, Ore.; John Carr, of Disston, Ore. f2-m2 W. H. CANON, Register.

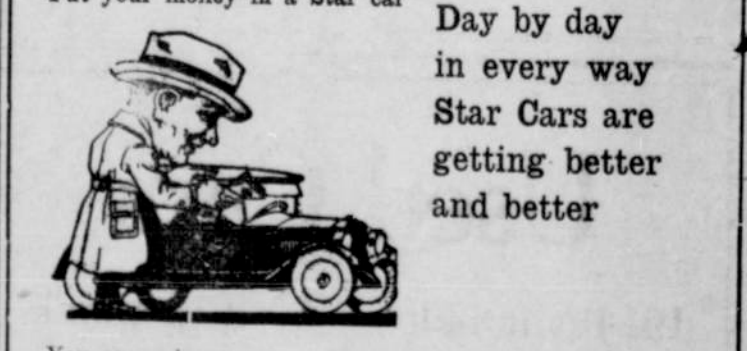
BOOKS! BOOKS!

What is friendlier than a good book? One hundred new, popular, fast-selling titles to choose from. Select a half dozen copies now from a complete stock to care for the long evenings to come.

85c a Copy

KEM'S for DRUGS

The STAR CAR



Put your money in a Star car Day by day in every way Star Cars are getting better and better

You are going to get a STAR CAR this summer, so get your order in now. Then there will not be any delay on account of shortage when you come after your car. ROADSTER..... \$528.59 COUPE..... \$559.88 TOURING..... \$558.75 SEDAN..... \$827.48 f. o. b. Cottage Grove Service Garage Long & Cruson Telephone 75