

Lights ‘n Sirens: Family Activities During COVID-19

By Flo Lennox

As we start another month with limitations on our movement, I just want to remind everyone that taking care of yourself and neighbors is important in assisting the Emergency Medical System (EMS) in helping you. Most of the calls in Vernonia happen after hours or during volunteer time. Recently a large majority of the calls have been individuals that are deciding not to take regular medications and end up with medical emergency due to this decision. If you need assistance getting your prescriptions during this pandemic please call your primary care doctor’s office. They can assist getting discounted or free medications.

Speaking of your local EMS, many of these Volunteer Heroes live next door or down the street from you. May was National EMS Month, but we did not celebrate this year due to the virus – most of our volunteers are already dedicating long hours to helping this community. We would like to thank our community for all the cards, waves, and pictures we received at the Ambulance service this month.

I want to remind local drivers that when we are transporting patients to the hospital, yes, we do drive slower on Highway 47. This is due to the medical personnel who are caring for the patient in the back of the ambulance – the ride back there is like a roller coaster at times, with every bump intensified. We thank you for considering our safety when you try to pass us.

I miss our community activities during this pandemic. As the President of the Vernonia Volunteer Ambulance Association I am challenging everyone to draw a picture, create a poster, or create a digital picture, so we can decorate the ambulance bay and create an art show. We will give prizes to the best, most creative, and funniest. Each picture must contain an ambulance and must be in color. You must print your name on the back with your age. All artwork must be turned in by June 30th; date for the art show will follow. And adults – you are welcome to participate; make this a family challenge!

Family Activities to Do During COVID-19

Here are some things you can do during this time at home... you are only limited by your imagination!

Get outside and play!

- Take a nature walk at one of the Oregon State Parks.
- Visit local trails and community parks.
- Join your children outside for a game of hide and seek, kick the can, or a scavenger hunt around the neighborhood.

- Take your dog for a walk or visit the local playground.
- Start planning your summer garden!
- Go for a jog!

- Create an obstacle course with toys and games from your garage.

Explore More Indoors!

- Have a local library card? Many local libraries, including the Oregon Digital Library, allow you to check out and download ebooks!

- Read aloud to each other, read silently, or take turns reading to each other.

- Start a virtual book club! Choose a book and start an online chat with your friends.

- Play games indoors! Games for younger children include Simon Says, Duck Duck Goose, or Follow the Leader. Older children can play “I Spy,” charades, indoor bowling, or make up new games.

- Try a new recipe or make dinner as a family; find recipes and tips for cooking with children safely on the Cooking with Kids web page.

- Read a chapter book together and discuss the characters and plot, and ask questions to encourage critical thinking. Visit the Oregon Department of Education’s Family and Community Support Toolbox to find ideas to keep the reading excitement going.

- Pop some popcorn and cuddle up for a movie marathon.

- Turn up the volume and have a family dance party!

- Make a scrapbook of souvenirs from a previous vacation.

- Get the creativity flowing! Give your kids art supplies such as crayons, colored pencils, markers, or paints to create showpieces for your home. Put

the artwork on your fridge or hang them around your house and host your very own art show.

- Can’t get to the gym? Try an online workout or virtual yoga instruction! Or get the family together to make up your own workout or dance routines.

- Give everyone a task and do a big

spring cleaning!

- Wish you were at the spa? Take a bubble bath and follow it up with a home manicure or pedicure.

- Family game night! Hold a Monopoly tournament or take that puzzle off the shelf.

FORM LB-1 NOTICE OF BUDGET HEARING			
A public meeting of the Columbia County 4H & Extension Service District will be held on June 16th, 2020 at 5:00 pm at the Columbia County Courthouse, 230 Strand Street, Annex Meeting Room, St. Helens, Oregon. The purpose of this meeting is to discuss the budget for the fiscal year beginning July 1, 2020 as approved by the Col Co 4H & Extension Service District Budget Committee. A summary of the budget is presented below. A copy of the budget may be obtained by writing to OSU Extension, 505 N. Columbia River Highway, St. Helens, Or 97051, leaving a message at 503 397-3462, or online at https://extension.oregonstate.edu/columbia . This budget is for an annual budget period. This budget was prepared on a basis of accounting that is the same as the preceding year. This meeting will be conducted in person, digitally, and by phone. Email chip.bubl@oregonstate.edu for the links to the meeting.			
Contact: Chip Bubl	Telephone: 503 397-3462	Email: chip.bubl@oregonstate.edu	
FINANCIAL SUMMARY - RESOURCES			
TOTAL OF ALL FUNDS	Actual Amount 2018-19	Adopted Budget This Year 2019-20	Approved Budget Next Year 2020-21
Beginning Fund Balance/Net Working Capital	647,423	725,518	812,518
Fees, Licenses, Permits, Fines, Assessments & Other Service Charges	43,506	23,000	34,000
Federal, State & all Other Grants, Gifts, Allocations & Donations			
Revenue from Bonds and Other Debt			
Interfund Transfers / Internal Service Reimbursements	20,000	20,000	20,000
All Other Resources Except Current Year Property Taxes			
Current Year Property Taxes Estimated to be Received	284,681	300,000	280,000
Total Resources	995,610	1,068,518	1,146,518
FINANCIAL SUMMARY - REQUIREMENTS BY OBJECT CLASSIFICATION			
Personnel Services	123,481	178,200	165,000
Materials and Services	99,391	135,000	139,000
Capital Outlay	10,918	12,000	12,000
DEBT Service			
Interfund Transfers	20,000	20,000	20,000
Contingencies		245,518	261,518
Special Payments			
Unappropriated Ending Balance and Reserved for Future Expenditure	741,820	477,800	549,000
Total Requirements	995,610	1,068,518	1,146,518
FINANCIAL SUMMARY - REQUIREMENTS AND FULL-TIME EQUIVALENT EMPLOYEES (FTE) BY ORGANIZATIONAL UNIT OR PROGRAM *			
Name of Organizational Unit or Program	FTE for that unit or program		
General Fund			
FTE	3	3	3
FTE			
Not Allocated to Organizational Unit or Program			
FTE			
Total Requirements	3	3	3
Total FTE	3	3	3
STATEMENT OF CHANGES IN ACTIVITIES and SOURCES OF FINANCING *			
Modest reduction in personnel costs with a decrease in faculty FTE that was greater than a modest increase in Program Assistant FTE. COVID-19 costs and cost savings are hard to predict at budget time.			
PROPERTY TAX LEVIES			
	Rate or Amount Imposed 2018-19	Rate or Amount Imposed This Year 2019-20	Rate or Amount Approved Next Year 2020-21
Permanent Rate Levy (rate limit \$0.0571 per \$1,000)	\$0.0571	\$0.0571	\$0.0571
Local Option Levy	0	0	0
Levy For General Obligation Bonds	0	0	0
STATEMENT OF INDEBTEDNESS			
LONG TERM DEBT	Estimated Debt Outstanding on July 1,	Estimated Debt Authorized, But Not Incurred on July 1	
General Obligation Bonds	\$0	\$0	
Other Bonds	\$0	\$0	
Other Borrowings	\$0	\$0	
Total	\$0	\$0	
* If more space is needed to complete any section of this form, insert lines (rows) on this sheet. You may delete blank lines.			
150-504-073-2 (Rev. 11-18)			

FORM LB-1 NOTICE OF BUDGET HEARING			
A public meeting of the Board of Directors will be held on June 16, 2020 at 7 pm at the the Mist-Birkenfeld RFPD Main Station located at 12525 Hwy 202, Mist, OR 97016 or Toll Free 1-866-899-4679. Access Code: 592-122-437. The purpose of this meeting is to discuss the budget for the fiscal year beginning July 1, 2020 as approved by the Mist-Birkenfeld Rural Fire Protection District Budget Committee. A summary of the budget is presented below. A copy of the budget may be inspected or obtained at Main Station, between the hours of 9 a.m. and 5 p.m. or online at https://www.mistbirkenfeldrfdp.org/20-21-budget-information . This budget is for an annual budget period. This budget was prepared on a basis of accounting that is the same as the preceding year.			
Contact: Joe Kaczinski	Telephone: (503)755-2710	Email: Joek@mistbirkenfeldrfdp.org	
FINANCIAL SUMMARY - RESOURCES			
TOTAL OF ALL FUNDS	Actual Amount 2018-2019	Adopted Budget This Year 2019-2020	Approved Budget Next Year 2020-2021
Beginning Fund Balance/Net Working Capital	745,895.75	787,999.00	972,645.00
Fees, Licenses, Permits, Fines, Assessments & Other Service Charges	30,633.02	34,700.00	44,600.00
Federal, State & all Other Grants, Gifts, Allocations & Donations	86,526.68	63,000.00	63,000.00
Revenue from Bonds and Other Debt	0.00	0.00	0.00
Interfund Transfers / Internal Service Reimbursements	70,000.00	50,000.00	150,000.00
All Other Resources Except Current Year Property Taxes	37,813.84	39,500.00	38,500.00
Current Year Property Taxes Estimated to be Received	371,124.19	486,846.00	499,000.00
Total Resources	1,341,993.48	1,462,045.00	1,767,745.00
FINANCIAL SUMMARY - REQUIREMENTS BY OBJECT CLASSIFICATION			
Personnel Services	386,087.09	557,000.00	591,000.00
Materials and Services	146,038.67	183,550.00	211,050.00
Capital Outlay	151,375.40	482,800.00	627,000.00
DEBT Service	0.00	0.00	0.00
Interfund Transfers	70,000.00	50,000.00	150,000.00
Contingencies	0.00	184,695.00	184,695.00
Special Payments	0.00	0.00	0.00
Unappropriated Ending Balance and Reserved for Future Expenditure	4,000.00	4,000.00	4,000.00
Total Requirements	757,501.16	1,462,045.00	1,767,745.00
FINANCIAL SUMMARY - REQUIREMENTS AND FULL-TIME EQUIVALENT EMPLOYEES (FTE) BY ORGANIZATIONAL UNIT OR PROGRAM *			
Fire & Emergency Services	FTE for that unit or program		
Fire Service	310,142.72	435,000.00	460,000.00
FTE	4.05	4.95	5
Name			
FTE			
Name			
FTE			
Not Allocated to Organizational Unit or Program			
FTE			
Total Requirements	310,142.72	435,000.00	460,000.00
Total FTE	4.05	4.95	5
STATEMENT OF CHANGES IN ACTIVITIES and SOURCES OF FINANCING *			
M-B RFPD has sub-contracted a part-time Recruitment & Retention Coordinator. More money is being added to the Capital Reserve fund to aid in replacing older apparatus and equipment. Capital Outlay is being funded for Capital Improvements such as replacement of bathroom/showroom floors and new roofing.			
PROPERTY TAX LEVIES			
	Rate or Amount Imposed 2018-2019	Rate or Amount Imposed This Year 2019-2020	Rate or Amount Approved Next Year 2020-2021
Permanent Rate Levy (rate limit 2.0875 per \$1,000)	2.0875	2.0875	2.0875
Local Option Levy	0	0	0
Levy For General Obligation Bonds	0	0	0
STATEMENT OF INDEBTEDNESS			
LONG TERM DEBT	Estimated Debt Outstanding on July 1,	Estimated Debt Authorized, But Not Incurred on July 1	
General Obligation Bonds	\$0	\$0	
Other Bonds	\$0	\$0	
Other Borrowings	\$9,547	\$85,000	
Total	\$39,547	\$85,000	
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150-504-073-2 (Rev. 11-18)			

FORM LB-1 NOTICE OF BUDGET HEARING			
A public meeting of the Vernonia Rural Fire Protection District will be held on June 9th, 2020 at 6:45 pm at 555 E Bridge Street, Vernonia, Oregon. The purpose of this meeting is to discuss the budget for the fiscal year beginning July 1, 2020 as approved by the Vernonia Rural Fire Protection District Budget Committee. A summary of the budget is presented below. A copy of the budget may be inspected or obtained at the Fire Station, between the hours of 9 a.m. and 4 p.m. If access to the Fire Station is unavailable please call and we will get you a copy of the Budget. This budget is for an annual budget period. This budget was prepared on a basis of accounting that is the same as the preceding year.			
Contact: Earl Dean Smith	Telephone: 503-429-8252	Email: DC4502@yahoo.com	
FINANCIAL SUMMARY - RESOURCES			
TOTAL OF ALL FUNDS	Actual Amount 2018-2019	Adopted Budget This Year 2019-2020	Approved Budget Next Year 2020-2021
Beginning Fund Balance/Net Working Capital	389,902	368,391	274,789
Fees, Licenses, Permits, Fines, Assessments & Other Service Charges	1,320	800	800
Federal, State & all Other Grants, Gifts, Allocations & Donations	2,590	0	0
Revenue from Bonds and Other Debt	0	0	0
Interfund Transfers / Internal Service Reimbursements	394	15,330	37,500
All Other Resources Except Current Year Property Taxes	94,492	38,500	43,500
Current Year Property Taxes Estimated to be Received	361,775	358,000	592,000
Total Resources	850,473	781,021	948,589
FINANCIAL SUMMARY - REQUIREMENTS BY OBJECT CLASSIFICATION			
Personnel Services	230,456	276,270	359,721
Materials and Services	96,735	101,150	150,179
Capital Outlay	70,572	121,000	85,156
DEBT Service	64,441	64,470	81,630
Interfund Transfers	394	15,330	37,500
Contingencies	0	0	0
Special Payments	0	0	0
Unappropriated Ending Balance and Reserved for Future Expenditure	173,696	202,801	234,403
Total Requirements	636,294	781,021	948,589
PROPERTY TAX LEVIES			
	Rate or Amount Imposed 2018-2019	Rate or Amount Imposed This Year 2019-2020	Rate or Amount Approved Next Year 2020-2021
Permanent Rate Levy (rate limit \$0.9535 per \$1,000)	\$0.9535 per \$1,000	\$0.9535 per \$1,000	\$0.9535 per \$1,000
Local Option Levy	\$0.32 per \$1,000	\$0.32 per \$1,000	\$1.24 per \$1,000
Levy For General Obligation Bonds	\$55,000	\$55,000	\$50,000
STATEMENT OF INDEBTEDNESS			
LONG TERM DEBT	Estimated Debt Outstanding on July 1,	Estimated Debt Authorized, But Not Incurred on July 1	
General Obligation Bonds	\$330,000	\$0	
Other Bonds	\$0	\$0	
Other Borrowings	\$9,547	\$85,000	
Total	\$339,547	\$85,000	
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