

Schools Update: Bestselling Children's Author Coming to Vernonia to Promote Kindness and Inclusion

On March 14, award-winning children's author and advocate Trudy Ludwig will be presenting at Vernonia Elementary School to give her nationally acclaimed presentations to students, staff, and parents on the topic of relational aggression (emotional bullying by intentionally manipulating or hurting peer relationships) and to help children connect with peers in kinder, more caring ways.

Ludwig's student assemblies will be broken down in grade clusters (i.e., K- grade 2 and grades 3-5), so that she can address this topic in an age-appropriate manner. After school, she will provide an in-service workshop to staff, followed by an evening parent presentation.

On Thursday evening, March 14, parents and community members are invited to attend "Understanding Our Kids' Online & Offline Social World: Friendships, Cliques & Power Plays." The talk will take place

from 6:00-7:30 pm in the Vernonia Schools Commons.

"We're excited to have Trudy Ludwig share her books and expertise with our school community about this very important issue," says Aaron Miller, Vernonia Elementary Principal and Vernonia School District Superintendent. "We want to stay on top of the latest research and learn about new resources and tools to help us continue to provide a safer social-emotional learning environment for our children."

Ludwig has received rave reviews around the country for her passion and compassion in addressing bullying and friendship issues. She has been featured on ABC's "Good Morning America," PBS's nationally syndicated show, "Keeping Kids Healthy," Wall Street Journal, Huffington Post, Reading Rainbow, the National Crime Prevention Council's Circle of Respect program, and served as an expert panel member on Sesame Workshop's video series addressing bully-

ing. Her books (My Secret Bully, Just Kidding, Sorry!, Trouble Talk®, Too Perfect, Confessions of a Former Bully, Better Than You, The Invisible Boy, Gifts from the Enemy, and Quiet Please, Owen McPhee!) have received national praise for helping children cope with, and thrive, in their social world.

Ludwig presents at schools and conferences throughout the U.S. to raise awareness of relational aggression among children and what adults can do to help. She also collaborates with leading bullying prevention experts and key organizations around the country.

For more information about Trudy, her books, and other resources on the topics of friendship and bullying issues, please visit the author's website: www.trudyludwig.com.

For more information regarding the presentation contact Superintendent Miller at (503) 429-5891.

VHS Athletic Hall of Fame Taking Nominations

The Vernonia High School Athletic Hall of Fame is currently taking nominations for the class of 2019.

The Vernonia Hall of Fame was established for the purpose of recognizing former Vernonia High School student athletes or coaches for their outstanding achievement in athletics while attending Vernonia High School. Outstanding community members that have contributed above and beyond what is generally accepted as normal volunteerism to the Vernonia High School athletic programs, and students that have graduated from Vernonia High School and have gone on to achieve outstanding recognition in athletics after they have graduated from Vernonia High School are also eligible.

Categories for Selection

Group one: Older athletes - those nominees that have graduated from Vernonia High School prior to ten years ago.

Group Two: Modern Day athletes - those athletes that have graduated from Vernonia High School at least five years previously but not more than ten years.

Community Members: Those members of the Vernonia community that have, over time, exhibited by their volunteerism, dedication to Vernonia Athletics, and contributions to Vernonia Athletics, gone beyond the normal realm of what is expected for individuals to contribute.

Criteria for selection

Team Sports: Football, Volleyball, Basketball, Baseball, and Softball. The inductee must meet the following criteria.

- The inductee must have graduated from Vernonia High School.

- The candidate must have been out of school for at least five years before being inducted.

- The athlete must have been selected as an all-state athlete on the first or second teams or must have been selected to play in the East West shrine football game, the state all-star basketball series, or in the state all-star baseball/softball series. Individual sports: Cross Country, Wrestling, Track and Field, Equestrian, Golf. The inductee must meet the following criteria.

- Place first or second in the OSAA sponsored state meet for their sport or,

- Place first or second in the OHSET state meets or,

- Place in the top three in the state Freestyle or Greco Roman wrestling meet or

- Be selected to the Oregon Coaches Cultural exchange wrestling team.

Process for Selection

Nominees are to be submitted to the Vernonia High School Athletic Director in writing with verifiable qualifications to be considered for induction into the Vernonia High School Athletic Hall of Fame. The Athletic Director will compile all nominations and present them to the selection committee for consideration. After the selection committee has reviewed all nominations they will determine the number and names of those to be selected to enter the VHS Hall of Fame. That number

is not to exceed six individuals and one team per year.

Selection Committee

The selection committee shall be made up of the following people:

- The Athletic Director,
- The High School Principal or his designee,
- The President of the Vernonia Boosters or their designee,
- Two community members/volunteers.

Induction ceremony

After the selections to the VHS Athletic Hall of Fame have been made, an induction ceremony will be held. The Athletic

Director will contact the inductees and inform them of their selection and invite them to participate in the ceremony. Pictures of each inductee will be taken for placement on the Hall of Fame wall, and commemorative wall plaques will be provided for the inductees. The ceremony will be held away from the school site and will include a ceremonial dinner.

For more information about the Vernonia Athletic Hall of Fame, or for the qualifying details, contact Vernonia Athletic Director Gordon Jarman at gjarman@vernonia.k12.or.us or call (503) 429-1340.

Sisters' Memorial Scholarship

The Sisters' Memorial Scholarship was set up for a graduating senior with a GPA of 2.5 who have a strong community connection, a desire to help others, and be genuine and honest.

This scholarship was established in 2014 by Dana Hyde and Jana Titus, employees of the Vernonia School District and friends who believe good will come to those who treat others with kindness and respect. The scholarship is in memory of their sisters, Kari Jo Titus (Berberick) and Sheri Lynne Wilson (Hiveley) who died of cancer, and were women of faith who touched lives beyond comprehension.

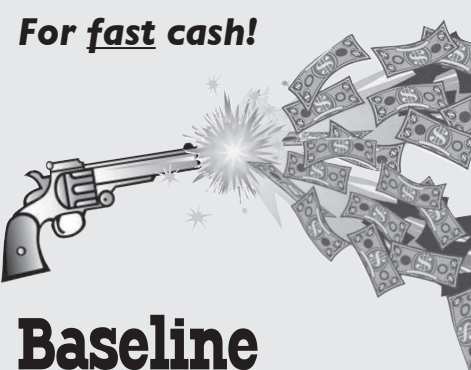
"A few years ago while Jana

and I were talking about our families we realized how much we had in common," says Hyde. "Our connection was strong and we felt a memorial scholarship would be a great way to give to our youth while honoring our sisters."

The goal is to offer a \$1,000 scholarship for a deserving student. All monies will be handled through the school's bookkeeping for tax purposes.

If you feel you are able to help them reach this goal by contributing any amount, please do so by mailing it to: Vernonia High School c/o Dana Hyde, 1000 Missouri Ave, Vernonia OR 97064. Please make checks out to: Sisters' Memorial Scholarship. For tax purposes, please use ID#93-6000336.

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