

VHS Fall Sports Report

Volleyball – The Vernonia Lady Loggers finished their regular season with a 20-5 record overall, ending the season in 2nd place in the Northwest League with a 10-2 record. They ended the season ranked 9th in the state in 2A.

On October 16 the Lady Loggers easily defeated Faith Bible 3-0 in the first round of the District playoffs.

Next they will head to Gaston on October 18. Vernonia has already defeated Gaston twice this season.

If they advance against Gaston the Lady Loggers will earn a guaranteed spot in the state playoffs and will play on Saturday, October 20 at 3:00 pm in the District finals here in the Vernonia gymnasium. If they lose to Gaston, they will play for 3rd place on October 20 at 1:00 pm, and could still qualify for the state playoffs as an at-large selection.

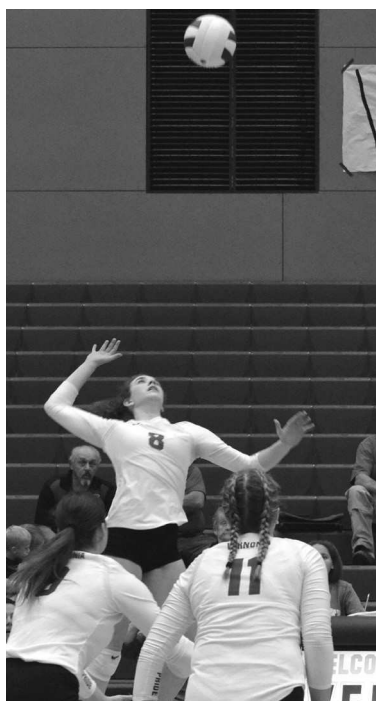
Vernonia's only two league losses this season came at the hands of Portland Christian, including a 3-1 loss in their final game of the season on October 13. It was a tough match with the Lady Loggers falling 13-25, 16-25, 25-21, 27-29. Head coach Teresa Williams says the scores, especially in the first two matches, were not indicative of how well the Lady Loggers played. The Lady Loggers battled back in the fourth game after being down 12-1 at the start of the game. "I left that game feeling good about our play," said Williams. "Even though we lost, I felt the girls played great."

Williams said senior setter and co-captain Joyce Everett continues to be the teams vocal leader on the court. Junior co-captain Jordan Walters has gotten her swing back as an outside hitter and leads by example with her strong play on the court. Freshmen Brooklyn Walters and Nita Cook have continued to improve as the season has gone on and have been big contributors to the team's success. Exchange student Barbora Kvapilova, who is playing volleyball for the first time, has stepped up from the JV squad to fill in at middle blocker for Karrah Delemos, who is out for the season with an injury. Kvapilova has picked up the game very quickly and is a good addition to the squad. Abby Coleman continues to anchor the back line defense.

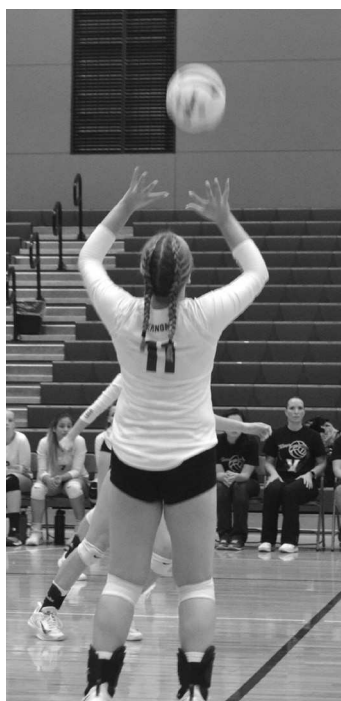
Cross Country – Head Coach John Roady's runners continue working towards the end of the season and a shot at qualifying for the State Meet.

Both the boys and girls runners had a busy couple of weeks with four meets in nine days. The teams have struggled to stay healthy and avoid injuries, and have had to run short handed at several meets.

On October 4 the teams competed in the Stayton/Regis Invitational where Jake Handegard finished 14th with a time of 18:39, Jacob Pasko finished 32nd in 19:46, and Abraham Kpirikai had a good race and finished 60th in 21:15. For the girls Sadie Gump led the way



Left: Joyce Everett, Right: Jordan Walters



with a 14th place finish in 23:01, Jenna Handegard took 22nd with a time of 23:45, and Grace Costley took 36th in 25:09.

On October 6 the teams took part in the Harvest Classic, a road race in Longview, Washington that produced fast times for all the runners. Jake Handegard led the boys with a 5th place finish in 17:49, Jacob Pasko took 20th with a time of 19:19, Byron Cook finished 29th in 19:55, and Nick Costley, Sean Coffey and Kpirikai all finished close together in 36th, 37th, and 39th place. Peter Hahn finished 4th in the middle school race with a time of 22:38. For the girls Sadie Gump took 6th place with a time of 21:39, Jenna Handegard finished 7th in 22:39, and Grace Costley finished 11th in 24:26. 7th grader Delany Draeger won the middle school race with a time of 22:02.

The teams ran in the Northwest League Championships at Blue Lake in Gresham on October 11 with the boys grabbing 3rd place after Jake Handegard took 6th in 19:04, Pasko finished 11th in 19:48, and Cook took 13th in 20:16. Handegard earned First Team All League honors with his finish and Pasko and Cook were both named Second Team All League.

Exchange Students

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complete in France and then plans to study business. She is spending her year in Vernonia living with Jeana, Justin, Sadie and Savanah Gump. She is running cross country, will try basketball in the winter, and run track. She has traveled extensively around Europe with her family, visiting Italy, Spain, Switzerland, and the United Kingdom, but this is her first time in the United States.

Laura Tonnung is from Skaarp, a town smaller than Vernonia, in southern Denmark. She is staying with Craig, Tonya, Whitley, and Torey Tolonen. Laura is running cross country this fall and is undecided about other activities she might want to try. She has visited the United States with her family seven times previously and has been to 48 states. She likes small town Vernonia because that is what she is used to and she likes the small school. She also likes the weather because it's not too hot. She has three years of high school to complete in Denmark and does plan to attend university, maybe to study biology or something to do with animals.

The girls team finished 2nd with Gump finishing 6th in 23:34, Handegard took 8th in 24:43, and Costley finished 11th in 25:35. Gump was named First Team All League and Handegard and Costley were named Second Team.

On October 13 the teams competed in the Rainier Invitational on a challenging course with Handegard finishing 12th in 19:29 and Pasko finishing 17th in 20:22. For the girls Gump and Handegard finished 8th and 9th in 23:54 and 24:16, with Costley finishing 13th in 26:53.

The teams were heading to the Clatskanie Invitational on October 18 and then it's the District Championships on October 25, with a chance to qualify for the State Meet on November 3 in Eugene.

Football – The Logger fell in an important league match-up on October 5, losing to Warrenton 42-18. The Loggers are now 1-3 in league play and 1-5 overall on the season.

Head coach Reed Watson and the Loggers had a bye week on October 12 as they prepared for their Homecoming clash with first place Neah-Kah-Nie, who are ranked #2 in the state in 2A.

Watson said it rained the entire Warrenton game, which made it difficult to hold onto the ball, and the Loggers dug themselves an early hole with mistakes, fumbles, and bad coaching decisions. "It was pretty rough and we couldn't move them at all," said Watson.

For the Loggers, Josh Rice had a pick-six interception return for 102 yards at the end of the second half and on offense Rice ran for over 200 yards. On the season he's run for over 1,200 yards.

"I'm optimistic about this group, I think they're talented and they have a lot of heart," says Watson. "The team is excited about our Homecoming game. Josh Rice is the best player in the state at 2A, in my opinion, so if you want to come watch a really special player, you should come watch us."

Vernonia Students of the Month

September 2018 Elementary School



From left to right: Addison Coburn (5th), Kamryn Means (3rd), Elsa Holloway (K), Avah McAdams (1st), Tyler Bryson (1st), Avah Rumbolz (2nd), Hannah Hanson (4th) Sawyer DeWitt (K), and Elam Cieloha (5th).

Paige Cowles Grade 6

Paige is an avid learner who comes to class ready to learn, and is kind and patient. Paige says her favorite subject is math where she is currently taking pre-algebra. She plays the flute in the school band. She has two cats, a dog, two fish, and a bird she helps take care of at home. She also helped take care of the family garden this year, where she enjoyed picking and eating the tomatoes.



Joyce Everett Grade 12



Joyce is very involved in athletics, is a co-captain of the volleyball team, and will play basketball and softball; she also plays club volleyball. She was a member of the Homecoming Court, is the Student Council President, and was just named to the National Honor Society. Next year Joyce says she plans to start studying at a community college through a dual enrollment program with a four year university, and play collegiate volleyball, while working towards law school.

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