# **VHS Homecoming Schedule**

Thursday, 10/11 –	Pink Out the Gym Volleyball Senior Night
Monday, 10/15 –	Volleybuff
Tuesday, 10/16 –	Volleybuff
Wednesday, 10/17 –	Air Jams and Coronation
Thursday, 10/18 –	Volleybuff
Friday, 10/19 –	Homecoming Football, Senior Night
	Homecoming Dance
Saturday, 10/20 -	White Out the Gym Volleyball District Tournament

# VHS Fall Sports continued from page 12

on October 4, Gaston on October 9, and Portland Christian on October 13, and will compete in the North Marion Tournament on October 6. They face Knappa in their final home game this season on October 11. League Playoffs will be held on October 18 and the District Playoffs, with a spot in the State Playoffs on the line, will be held October 20.

**Football** – The Loggers had mixed results in their two most recent contests, rolling over an overmatched Portland Christian side on September 21 by the score of 58-6 for their first win of the season, before falling to a strong Knappa team, 62-30 at home on September 28. Knappa is currently ranked #3 in 2A.

Head coach Reed Watson remains confident that his team can still improve and make a run at a State Playoff birth with three games remaining, although they still have to face first place Neah-Kah-Nie.

"Our kids have shown a lot of heart and they keep playing hard, even

when they get behind," said Watson. "We scored the most points against Knappa of any 2A team this season and all of our losses have been to teams that have been winning a lot. It's been frustrating but I think we're playing better than our record reflects."

Watson noted that both the offensive and defensive lines have struggled against larger sized players. He said the coaching staff made some mistakes on defensive calls that led to several big plays for Knappa, and mistakes and penalties have also hurt the team.

Watson said running back and kick returner Josh Rice is having an outstanding season so far; Rice ran for 338 yards against Portland Christian and had over 200 yards rushing and 170 yards on kick returns against Knappa, and now has over 1,000 total yards rushing on the season.

The Loggers travel to Warrenton on October 5, have a bye week and then face Neah-Kah-Nie on October 19 for Homecoming. They close their regular season on October 26 at Gaston.

Vernonia School Board Meetings are held on the second Thursday of each month. The next School Board Meeting is scheduled for October 11 at 6:00 pm at the Mist School.



# Schools Update: Spencer Health and Wellness Clinic

By Superintendent Aaron Miller

Have a student with a health need? The Spencer Health and Wellness (SHAW) Clinic can meet that need.

Students in the Vernonia School District are fortunate to have a schoolbased health center located right in the main foyer of the Vernonia Schools building. SHAW has been operating in the Vernonia School District since moving into the new building in the fall of 2012, and serves all students, grades K-12, including those utilizing the Oregon Health Plan or other forms of insurance.

Spencer Health and Wellness is open Mondays and Wednesdays from 8:30 am - 1:00 pm. You can call to make an appointment at (503) 429-1399.

Having a local clinic for health care allows parents the convenience of not driving out of town for health services, and also has a positive impact on a student's school attendance.

Not having to drive out of town can save some students a full day of school if their appointment is in the middle of the day. At SHAW they can leave class, walk down the hall, go to their appointment, and be right back in class with another walk down the hall.

SHAW can not only help with appointments for illnesses, but also can help with required vaccinations, sports physicals, and regular checkups. They are a full-service medical clinic.

Mental health services are also available here on campus through Columbia Community Mental Health (CCMH).

If you have any questions regarding how to access the Spencer Health and Wellness Clinic, how to access the Oregon Health Plan, CCMH, or any other Vernonia School District business, please contact Superintendent Miller at (503) 429-5891.



#### Adventist Health—Vernonia Now Open Sunday!

Your community health clinic is now open Sunday 10 am to 4 pm. Walk-in appointments welcome. We're here for you.

For an appointment: (503) 429-1953



Meyer's 493 Bridge Street Auto Body vernonia · 503-429-0248

## -Adventist Health

Medical Group

1005 Cougar Street Vernonia OR 97064 adventisthealth.org/trmc

A member of the TRMC RHC/Clinic Network

### **Church Directory**

Church of Jesus Christ of Latter Day Saints

Sunday Schedule: Sacrament Meeting: 10:00 am Sunday School & Primary: 11:20 am Relief Society, Priesthood and Young Women: 12:10 pm Roger Cook, Branch President 1350 E. Knott Street 503-429-7151

#### **Grace Family Fellowship**

Sunday School: 9:00 am Worship Service: 10:30 am Thursday Prayer: 6:00 pm Greg "Mac" McCallum, Pastor 957 State Avenue 503-429-6790

Nehalem Valley Bible Church Sunday School: 9:45 am Worship Service: 10:45 am Tues. Ladies Bible Study: 9:30 am Wednesday Service: 7:00 pm Sat. Men's Prayer Meeting: 6:30 am Gary Taylor, Pastor 500 North Street 503-429-5378 **Open Door Gathering Place** Service: Sunday 6:00 pm Grant Williams, Pastor 375 North Street 503-702-3553

**St. Mary's Catholic Church** Sunday Mass: 12:00 pm Fr. Josh Clifton, Administrator 960 Missouri Avenue 503-429-8841

Vernonia Christian Church

Sunday School: 9:45 am Worship Service in Youth & Family Center: 11:00 AM www.VernoniaChristianChurch.org Sam Hough, Pastor 410 North Street 503-429-6522

Vernonia Seventh-day Adventist Church Sabbath (Saturday) Services Sabbath School: 9:30 am Worship Service: 11:00 am www.VernoniaSDAC.org Larry Gibson, Pastor 2nd Avenue and Nehalem Street 503-429-8301