

# VHS Fall Sports Report *continued from page 11*

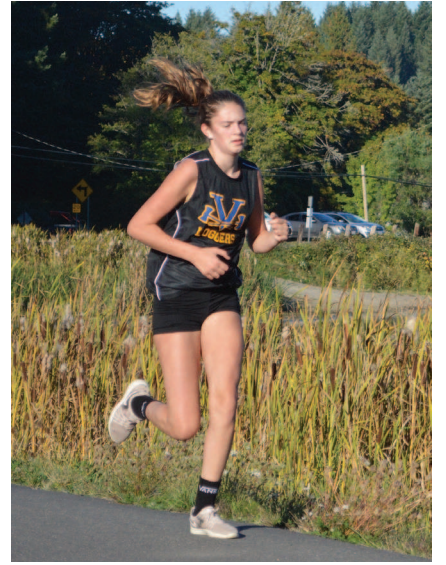
Middle School runner Sadie Gump continued her strong season with a 4th place finish overall and finished 2nd among all 8th graders and Delaney Draeger finished 2nd among all 6th graders and took 7th place overall.

The teams both head to the pre-district meet on Friday, October 20 where the coaches and runners will get a chance to gauge their chances in the District Meet on October 27. The top five individual finishers automatically qualify for the state meet, along with the top three teams in the 17 team District, based on the scores of their top five finishers. According to Roady Jake Handegaard is cur-



*Jenna Handegard, Jakob Handegard, and Adele Cousseau were named All League in cross country.*

rently ranked 2nd in the District but has yet to beat the 3rd-5th place runners in head-to-head competitions. Massengo, who has been fighting a calf injury, would really have to improve his time significantly to qualify for state as an individual, but the boys team have a solid shot at qualifying if all top five runners place high enough. For the girls, Jenna Handegard is currently ranked 6th in the District and both she and Cousseau have a shot at qualifying for state individually.



*Jenna Handegard*

## Adopt a Teacher Contest Winner



*Vernonia Elementary School teacher Debbie Taylor (r) received the most votes in Wauna Credit Union's Adopt a Teacher contest. She was awarded a check for \$500 to use in her classroom from Wauna's Sue Whitton (l) and Pam Weller (c).*



## Storytime with Community Helpers

*Amy Bates and Sylar Navarro from Cub Scout Troop 201 read a story at Vernonia Library Preschool Storytime. The special visit included a show & tell about their role in the community and a craft.*

*Friday, October 20  
Taekwondo Instructor  
Friday, October 27  
Police Officer*

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*Heather Lewis,  
LMT, LMP, CMT, NT*

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- Home Study Groups
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- Christian Bow Hunters of America Annual Sportsman's Banquet

Pastor Sam Hough  
410 North St.  
Vernonia

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