

# Vernonia Fighter Goes for FCFF Championship Title

On Saturday, January 23rd Daniel Pihl of Vernonia will make his way to Portland, Oregon to fight for the Full Contact Fighting Federation's (FCFF) 185-pound Middleweight Championship Title at "Rumble @ The Roseland 85." The FCFF is Oregon's oldest and most prestigious mixed martial arts (MMA) organization in the region. The fight card also features a battle for the 155-pound Lightweight Championship belt. Tickets are available online at Cascade Tickets and at the door on fight night starting at 6 pm, fights at 7 pm.



Updated fight cards and more information available at [www.thefcff.com](http://www.thefcff.com) and [www.facebook.com/fullcontactfightingfederation](http://www.facebook.com/fullcontactfightingfederation).

Daniel Pihl, who trains at the immensely popular gym "Rose City FC" will take on Austin Vanderford for the vacant FCFF 185-pound title. Vanderford had two impressive round-one wins in 2015. This will be Vanderford's first fight in the FCFF and Daniel Pihl's fifth, as he's fought exclusively in the FCFF.

Pihl made a name for himself in his very first fight at Rumble @ The Roseland 65 with a round-one keylock submission over Josh Bird. He overcame back-to-back losses with a new found determination. He faced a formidable opponent, Scott Baker of Hood River (who has been a title contender in the past) and won via a round-one TKO/referee stoppage in 95 seconds of the fight. "Both of these fighters are submission experts and possess stand-up power. This fight could be over quickly or be a chess match, it could go either way," said FCFF matchmaker, Heather Standing.

**About the FCFF:** The FCFF is Oregon's oldest and most respected mixed martial arts promotions company. Its signature event "Rumble @ The Roseland" was established in 2001 at Roseland Theater in downtown Portland. The FCFF has grown across the state, hosting events from Pendleton, Oregon to the Coast. Most recently, the FCFF has established the "Battle at the Mountain" series in partnership with Spirit Mountain Casino. In 2014 the FCFF began hosting professional MMA fights in addition to matching up the region's top amateurs in battles for the belt.

# VHS Senior Projects *continued from page 11*

to improvise and work with what you have. He thanked his mentors Kim and Steve Perry.

**Sheyenne Pedersen** job shadowed an equine farrier, Don Murphy, and learned about horse shoeing. Sheyenne says she learned about the tools that are used and had a chance to do some hands on work herself. She says she is interested in pursuing some type of equine business, like horse training or breeding, as a career.



Sheyenne Pedersen

**Jordan Brickley** helped birth and raise a puppy for her project. Her dogs Link and Paxis gave birth to a litter of seven puppies on June 29. Jordan says she helped with the birth, rotated the puppies to feed, changed blankets and cleaned up after them. Her family kept Lobo and Jordan has been working to train him; he was very well behaved in the arena setting with numerous young school children coming up to greet him. Jordan says she wants to be a veterinarian and this experience helped her learn that she can handle some of the difficult aspects of caring for animals.



Jordan Brickley with Lobo

**Rachele Hanner** job shadowed Mrs. Campbell in her 5<sup>th</sup> grade class at Vernonia Elementary School. She mostly worked with a group of about eight students and planned lessons and taught them spelling and math. She also worked one-on-one with students who needed extra help in Common Core Math. She says the students were great and she felt very comfortable in the teaching role. Rachele says







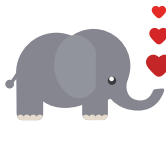






Rachele Hanner


she would like to teach young elementary students as a career. **Nichole Gardner** volunteered at the Vernonia Library and assisted Library Director Shannon Romtvedt. Nichole helped with craft time, assisted at the front desk and shelved books. She said her project gave her an opportunity to work with the public and especially with children. Nichole continues to volunteer at the Library even though her project is complete. She said she plans to attend the International Air and Hospitality Academy in Vancouver and would like to work as a flight attendant.


# Valentine Classified Ads


Join us in wishing our loved ones a Happy Valentine's Day!  
It's not ALL about Sweethearts... it's about LOVE!


Remember grandparents, parents, children, spouses, grandchildren, aunts & uncles,  
nieces & nephews, best friends, pets, even your hunting buddy!


4.  5.  6.  7.  8.  9.  10.  11.  12.  13.  14. 


3.  It's easy!  
1. Write your message (30 words or less) \_\_\_\_\_  
\_\_\_\_\_


2.  2. Choose your icon # \_\_\_\_\_  
3. Send this ad and a check for \$5 for each classified to:  
Valentine Classified PO Box 55, Vernonia, OR 97064  
4. Deadline Monday, February 1st. Valentine Classifieds to be published in the February 4th issue.


1.  Additional messages: \_\_\_\_\_  
\_\_\_\_\_ Icon # \_\_\_\_\_  
\_\_\_\_\_ Icon # \_\_\_\_\_


 Little Brown Bat, I'm so glad you are here to enrich my life. Thanks for being such a good friend.


 Mom, Thank you for always being there for me. I love you to the moon and back. Bill


 Gabby & Olive, we make a good pack. Happy Valentine's Day.

 Trevor & Sophie, we love and miss seeing you! Your Vernonia Aunt & Uncle

 Monkey Puzzle, my love for you has such depth and meaning. Thanks for sharing this crazy life with me.

 Laslo, you're the best playmate ever. I love you. Okemah

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