

VERNONIA RURAL FIRE PROTECTION DISTRICT



Promotions

After countless hours spent in the nearly two-year-long Officer in Training Program, Kara Kemper and Randy Carlton were promoted and sworn in. Family members assisted in the ceremony by pinning their badges in October. Congratulations Lieutenants Kemper and Carlton.



Winter Driving Reminders



With the day light hours dwindling, the temperatures lowering, and the animals on the move, it's time to remind the commuters to drive safe.

Please leave early enough that you can travel our roads at a safe speed for the conditions that we see on a regular basis. The roads that flow to and from

our area have several surprise spots of heavy fog, black ice and animal crossings.

Remember that as a driver, regardless of the posted speed limit you always need to be able to control your vehicle, even if you come around a corner to something completely blocking your lane.

Winter is Definitely Here

Things that you can do to help prepare for the winter months:

- A 72 hour kit will benefit the family in any emergency at home; an additional kit can and should be assembled for every vehicle you own. Information can be found at <http://www.redcross.org/flash/brr/English-html/kit-contents.asp>
- Help your neighbor and let them help you. The Map Your Neighborhood program teaches neighbors to work together to make

a safer place where everyone can be accounted for during and after an emergency. Information can be found at http://www.preporegon.org/MYN_overview

- In most large scale events and even in cases of smaller events or extended power outages, sheltering in place is often recommended. Information can be found at <http://www.bt.cdc.gov/preparedness/shelter/>

Prepare Your Car for Winter

You can avoid many dangerous winter travel problems by planning ahead. Have maintenance service on your vehicle as often as the manufacturer recommends. In addition, every fall:

- Have the radiator system serviced, or check the antifreeze level yourself with an antifreeze tester. Add antifreeze, as needed.
- Replace windshield-wiper fluid with a wintertime mixture.
- Replace any worn tires, and check the air pressure in the tires.

During winter, keep the gas tank near full to help avoid ice in the tank and fuel lines.



Winter Survival Kit for Your Car

Equip your car with these items:

- blankets
- first aid kit
- a can and waterproof matches (to melt snow for water)
- windshield scraper
- booster cables
- road maps
- mobile phone
- compass
- tool kit
- paper towels
- bag of sand or cat litter (to pour on ice or snow for added traction)
- tow rope
- tire chains (in areas with heavy snow)
- collapsible shovel
- container of water and high-calorie canned or dried foods and a can opener
- flashlight and extra batteries
- canned compressed air with sealant (for emergency tire repair)
- brightly colored cloth

Map Your Neighborhood (MYN)

In a disaster, the most immediate source of help are the neighbors living around you.

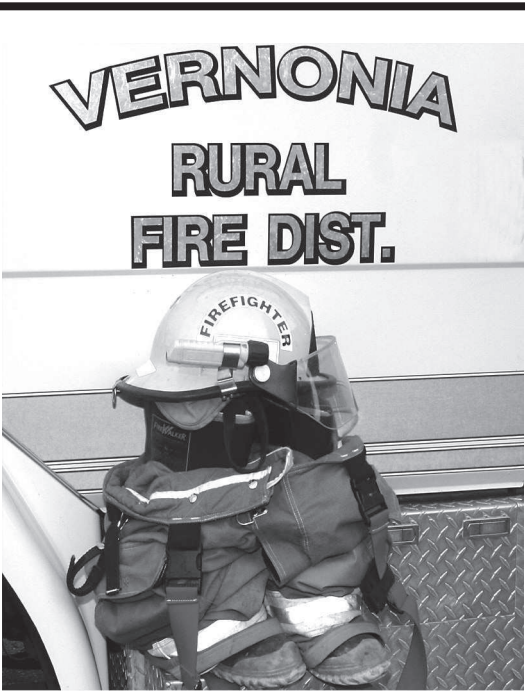
MYN Overview:

- Designed to improve disaster readiness at the neighborhood level (urban, rural, condos, apartments)
 - The Golden Hour - Those you can reach in the first hour after a disaster
- Teaches neighbors to rely on each other during the hours or days before fire, medical, police or utility responders arrive.
- It takes just one person to begin the process by inviting the neighborhood to

his or her home for a 90-minute meeting, facilitated by a program DVD.

Program Synopsis:

- Learn the 9 Steps to Take Immediately Following a Disaster
- Identify Skills and Equipment Inventory List
- Create a Neighborhood Map
 - Natural Gas/Propane shut off valves
 - Water shut off location
- Create a Neighborhood Contact List (identify)
 - Latch Key Children
 - Elderly
 - Disabled



CAN YOU FILL THESE BOOTS?

VOLUNTEERS WANTED

**Call Dean Smith
for more information
on free training
(503)429-8252**

72-HOUR SURVIVAL KIT



WATER (1 gallon per day)



FOOD (good for 3 days -non-perishables like protein/granola bars, dried fruits, crackers, cereals, food in easy-open-cans)



EMERGENCY TOOLS (flashlights, batteries, multi-purpose knife, AM radio, whistle, blankets/sleeping bag)



PERSONAL HYGIENE KIT (extra clothes/ undergarments, antibacterial soap, toothbrush/ toothpaste, hand sanitizer & alcohol, sanitary napkin/ diaper)



IMPORTANT DOCUMENTS & MONEY (cash, Passport/ ID, important information - SSS, TIN, Bank account details, Insurance Policy, birth/ marriage certificates, medical/ academic records)



FIRST AID KIT (standard first aid kit and medical items)

Calls responded to October 1-31

Fire	0
Emergency Medical Service	34
Hazardous Condition	3
Service Call	6
Good Intent	0
Severe Weather & Natural Disaster	0
Special Incident	0
No Emergency Found	0
False Alarm	1
Total	44