



By Stacey Lynn

November and the holiday season are here to remind us that it is up to ourselves to choose to have a good attitude.

Scorpio (Oct. 23-Nov. 21) Good fortune in your finances helps your private life and security. You will seize opportunities quickly and surround yourself with people who compliment you well and with whom plans, even long range, could turn out well. It may be time to think about your

Your Horoscope for November 2014

independence from a restrictive situation.

Sagittarius (Nov. 22-Dec. 21) Opportunities for awareness, introspection and reviews will be good for your vision of the future. Your ambition will be stimulated and give you a productively bold approach for establishing your life in material and financial terms. Take care not to overly dominate your partner.

Capricorn (Dec. 22-Jan. 19) Restrict your love to those you can trust. Think twice before becoming involved romantically on a whim. The planets encourage you to clear out problematic old baggage and review things that have hung on too long. You are laying foundations of new plans in all areas.

Aquarius (Jan. 20-Feb. 18) You will

be pushed into taking radical action. There will be tension with those around you. You may seem uncompromising provoking those you deal with. New hopes will emerge and lead you to lay great plans with some nearest to you.

Pisces (Feb. 19- March 20) Don't hesitate to go for it this month. You will have every chance of finding satisfaction and people being receptive to you. You may have a tendency to become irritated easily. Moderation is essential to maintain a happy, healthy family and social life.

Aries (March 21-April 19) November will unleash profound energy levels. Situations will push you to take radical and decisive actions. Do not prioritize work to the detriment of your relationships or family. Maintaining a sense of balance will help you to avoid avoidable drama within the family circle while pursuing your dreams.

Taurus (April 20-May 20) The Sun in opposition to your sign will enable you to stand back from your plans and slow down the pace of your everyday life. Careful not to take things to excess. A positive boost to your love life is in store. Be aware of you goals and the goals of your love interest.

Gemini (May 21-June 20) You will be in contact with people that are different from your usual crowd, opening your horizons. This is a breath of fresh air and you will be encouraged to develop new projects. From the 17th on change your usual habits. Your creative flair is

spot on! Go for it regardless of what your clan thinks.

Cancer (June 21-July 22) You will be helping and supporting people going through changes essential for their development. Your stable lifestyle will be greatly appreciated. Do not forget about yourself. You may meet a new partner this month. The planets support this partnership be it business or personal.

Leo (July 23- Aug. 22) November will be successful with victories both large and small helping you develop long-term plans. Your goals will become clearer. New relationships, socially, bring opportunities for the future. After the 17th life can become rather spicy. Enjoy the change of pace!

Virgo (Aug. 23-Sept. 22) You will be forced to face situations which will bring forth your talents and bring stability to your working life. Beware of over-hasty decisions. Your love life becomes more intense. Your needs will be more demanding and trying for your partner. Become aware of your demands and aware of yourself.

Libra (Sept. 23-Oct. 22) Your life is going to take a positive upturn. Mars will feed your imagination, enabling you to be noticed and stand out, especially socially. Avoid overdoing the enthusiasm with those above you. You could come off poorly. Exploring beyond your normal boundaries brings about pleasant changes.

Ford Named Administrator

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help people with their Cover Oregon applications throughout the county.

The Public Health Foundation of Columbia County currently operates five clinics in Columbia County, all of which utilize electronic medical records that are compatible with all major health care systems so patients can expect comprehensive and coordinated care.

Clinics are located in Rainier, St. Helens, and Vernonia.

Rainier School-based health Center provides primary care services to the community and is open on Mondays, Tuesdays and Thursdays 8:30-4:30. Even though it is located on the school campus, it is accessible to all ages. Sacagawea Health Center provides medical services to children in Columbia County on Mondays and Thursdays 9-4, Tuesdays 11-6 during the school year.

St. Helens Main Office clinical services include birth control,

women's health exams and prenatal care by a Certified Nurse Midwife, immunizations, and disease testing for the county Monday through Friday 8-4:30

Spencer Health and Wellness (a School-based Health Center in Vernonia) provides medical services to Vernonia students Mondays and Wednesdays 8-3:30

Vernonia Health Center provides primary care services to anyone Monday through Friday 8-4:30.

All clinics are able to bill most major insurance plans and offer a sliding scale for uninsured/underinsured individuals. Appointment scheduling for all clinics can be done individually or by calling a centralized toll-free phone number (800) 244-4870. For more information about Public Health programs, clinics and governance, view the agency's website at www.tphfcc.org.

City Approves Zone Change

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the Dow's received a Conditional Use permit in 2007 which would allow them to develop the property for the uses they wanted. Day stated that the Dow's believed that Conditional Use permit remained in effect as long as the building stayed standing, but that the City had told them the Conditional Use permit had expired when they tried to sell the building. Day said the Dow's would not apply for any other zoning change if their application to change it to General Commercial was denied. He said instead, the Dow's would likely demolish the building and construct residential units on the parcel. The point of the General Commercial zone designation, he said, was to provide any buyer with some certainty of what they could develop on the property.

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bow~brave~curtsy~family~flag~flower
friends~forgive~hand shake~help~history
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music~peace~remember~safe~sailer~soldier
time~thank you~veterans~welcome home