

# PTA PRESS EXTRA! EXTRA! READ ALL ABOUT IT!!

By Susan Ely

The holiday season was a busy time for the Vernonia Community PTA. Our fall fundraiser order was submitted in November and deliveries arrived just before kids went home on Christmas Break. Again, community support was great and kids really gave it their all to raise money for playground equipment.

Candy grams were a huge success and a ton of fun for the kids once again, raising \$133.95 and also being tied in to the behavior rewards program as an added bonus.

The Teacher Giving Tree was once again a wonderful way for people to show their appreciation to teachers in our school by gifting them a small value classroom item that they need to help them teach. Most of the teacher's

gift items were given by parents and, in addition to those, VCPTA was able to fill the gift requests for those that were not. The PTA worked very hard to coordinate, shop, wrap and then deliver gifts to teachers with a jolly "Ho, ho, ho!" on the final day of school.

Take your family to school week is coming up February 17<sup>th</sup> through the 21<sup>st</sup>. Look for more information to come home with your student. Don't forget to check those backpacks! Also, info will be posted on the PTA bulletin board on the wall opposite the main office in the entryway of the school.

Did you know we have a Facebook page? Search "Vernonia Community PTA" and find us.

Interested in finding out even more about communicating with us? Please go to <http://www.vernonia.k12>.

or.us/node/151 to the District web site PTA page. There you will find loads of useful information and even a copy of the membership form so you can get signed up at the next meeting. How cool is that?

The PTA board members are as follows:

- Melissa Zavales - President
- Brett Costley - Vice President
- Laci Rylands - Communications
- Camrin Eyrrick - Membership
- Stacy Adams - Treasurer
- Susan Ely - Fundraising
- Laura Blacker and Makayla Adams - Co-Secretary
- Aaron Miller - Schools Representative
- Makayla Adams - VHS Representative
- Madison Zavales - VMS Representative

Want to become more involved

in your child's classroom? Contact Melissa Zavales for more details on how to become the designated adult volunteer for that classroom to assist the teacher with class parties, communicating with other parents, and increasing participation in school events like the VCPTA Carnival.

Classified Employee Week is March 3<sup>rd</sup>-7<sup>th</sup>. Consider doing something to appreciate those folks at the school that you may have previously overlooked.

Remember that the PTA hosts an annual Easter Egg Hunt in Hawkins Park! Look for more information in the upcoming PTA Press articles.

If any parents or community members would like to attend the next PTA meeting it will be held on February 20<sup>th</sup> at 7:00 PM.

## VHS Sports *continued from page 12*

who has wrestled well at times and needs to develop more mental endurance.

Zane Kovelda is strong and tough at 160 and has all the tools to be a great wrestler. "He's the real deal," says Barnes. "He has the natural ability and the desire." Barnes says he continues to work on technique, especially takedowns, with Kovelda. Kovelda has won numerous big matches this season and should be a favorite at the District Tournament with a chance to go really far at State.

Bridger Steward at 170 pounds is a senior leader on the team who has the physical ability and technique to do well and beat anybody. "When he is on, he is unbeatable," says Barnes. Steward should be a threat at the District Tournament

this year. Samuel Huot is an exchange student and first year wrestler who has had great success in the somewhat soft 182 pound weight class. An inexperienced wrestler, he should be one of the top seeds in the District with a great chance to get to State.

Kane Losli is a freshman who severely injured his knee early in the season but has stayed on his weight loss plan and continued to practice and workout with the team. "He is just awesome," says Barnes. "He's been really committed." Losli has travelled to away tournaments and been taking photos for the team. Barnes also mentioned the great work of his two statisticians, Lilly Lindsley and Jessika Goodman. "They're doing a really good job."

## Schools Update: Cold Season

By Dr. Ken Cox

Along with the cold, wet, winter weather we are all faced with colds and sometimes the flu. I hope that you are doing what you can to keep your children healthy and well, dressing them warm to come to school. In checking online at Oregon Public Health I found out that "influenza is a seasonal disease that spreads via airborne droplets and contaminated surfaces. It's highly contagious - people can spread the flu even if they don't know they're sick."

They also recommend that we all:

- "Cover your nose and mouth with a tissue or your arm when you cough or sneeze.
- Throw the tissue in the trash after you use it.
- Wash your hands often with soap and water, especially after you cough or sneeze. Alcohol-based hand sanitizers are also effective.

- Avoid touching your eyes, nose or mouth. Germs spread that way.
- Try to avoid close contact with sick people.
- Stay home if you become sick."

Here at school we have increased our surface sanitation efforts to make sure that fewer illnesses could be lying in wait for students and staff here at school. We want your children to come to school so they can learn, but we also know that it is better that they stay home if they are sick. It is my hope that you will get through this flu/cold season unscathed, but if not, then please take care of yourself and your children at home. We want to spread joy, knowledge, and kindness at school, not illness.

## VHS 1<sup>st</sup> Semester Honor Roll

### Principal's Honors

4.0

Makayla Adams, Jordan Brickley, Stephanie Castro, Emilee Easlon, Jacob Eyrrick, Jessica Gardner, Jefferey Goodman, Andrew Jennings, Timothy Jennings, Annika Johnson, Anastasia Mihalcic, Sheyenne Pedersen, Jacob Perry, Jerrian Pond, Laura rice, Jocie Roberts, Benjamin Skanes, Summer Snow, Winter Snow, Dylan Taylor, Jonna Trabosh

### High Honors

3.99-3.5

Emily Bergerson, Zi\_xian Chen, Mariah Cook, Ani Danielyan, Megan Ely, Kaitlyn Eyrrick, Julia Fletcher, Rhett Gerken, Mariantonia Giordano, Jessika Goodman, Samuel Huot, Johanna Lange, Chi Ting Lee, Paul Lemaron, Andrea Lezama, Silas Mansig, Jackhenry Masog, Jacob Medearis, Jasmine Molinaro, Heather Patton, Alex Plaschevici, Daniel Rice, Megan Rice, Alexis Scott, Quentin Skanes, Paige Smith, Meghan Sullivan, Alex Thuet, Logan Titus, Chase Tolonen, Mahaila Wilhelm, Payton Wolf, Anton Yakovenko, Brittany Young

### Honors

3.49-3.25

Tristan Adams, Katerina Brejchova, Jacob Butcher, Tori Dalebroux, Bradley Ely, Nichole Gardner, Lauren Glass, Nicole Glass, Julius Haake, Jennifer Hayes, Hera Hopkins, Brett Jones, Reed Jones, William Larke, Alisa Levenseller, Kayleigh Lillethun, Sara-Eve Mayer-Villeneuve, Jared Medearis, Meagan Schirmeister, Amanda-Rose Sicard, McKenzie Willard, Damian Young

### Honorable Mention

3.24-3.0

Makenzie Anderson, Andrew Cheney, Emma D'Onghia, Jessica Farr-Smith, MaCayla Fennell, Cassidy Fetch, Hannah Fleck, Breanna Gardner, Emil Hardenberg, Cheyenne Kemper, Bryanna Larson, Kirsten Leaverton, Nikita McCord, Audrya Owens, Courtney Pasko, Austin Ragsdale, Jarod Shaw, Sara Smith, Mikila Solberg, Autumn sorenson, Jessica Stringfield, Dominic Szlavich, Taylor Titus, Sarah Wagner, Cassidy Whitton, Sara Wilmot, Justin Wolf, Dominique Woods

## Vernonia Students of the Month

### January 2014



**Trinity Weber** Grade 1

Trinity is a responsible student and a good helper who likes to help others and is a good all around student. Trinity says her favorite subject in school is reading. She participates in the Vernonia Ballet and enjoys helping taking care of her two dogs.



**Lily Buchanan** Grade 8

Lily is a respectful student who takes pride in her work and is known for being kind to others. Lily says her favorite subject is art. In her spare time Lily says she enjoys riding horses and drawing.



**Paul Lemaron** Grade 11

Paul is a foreign exchange student from Kenya. Paul was an excellent runner on the VHS Cross Country team who just missed qualifying for the state meet. Paul says he intends to run track in the spring. He is the Junior Class Vice President and is also helping film boys basketball. Paul says his favorite subject is chemistry.

Sponsored by State Senator Betsy Johnson