

VHS Fall Sports Update

Volleyball-The Vernonia Lady Loggers have won their last four matches in a row and are playing some of their best volleyball right now. They are ranked 12th in the state and have their eyes on a state playoff berth as the regular season winds down.

Head coach Teresa Williams is pleased with the way her team is playing after a 3-0 defeat of Nestucca at home on

October 12. But after soundly beating the Bobcats 25-15, 25-19 and 25-7, Williams said her team played even better in their 3-0 previous win over Knappa.

The Lady Loggers are communicating well on the court and executing their offense. They are serving the ball extremely well with Sara-Eve Mayer, Brittany Young, Julia Fletcher and Stephanie Castro leading the way and racking up points; Mayer and Young have been especially consistent. Williams is getting great front line play from Fletcher, Castro, Lilly Lindsey, Tori Dalebroux and Mayer. Taylor Titus

is doing a good job running the offense as the setter. The back line of Young, Mayer, Fletcher, and Castro are digging and passing the ball well. Williams has even been able to find playing time for some of her younger players who have all performed well, including Makayla McCord, Meghan Sullivan, McKenzie Titus, Cassidy Fetch and Sara Smith.

The Lady Loggers are currently in second place in the Northwest East Division. Vernonia has a key match-up at home against Faith Bible on Thursday October 17 before concluding their regular season with a home match against Riverdale on Monday October 21.



Cross The Loggers had their League Championship meet on October 8 at Nehalem Bay State Park near Manzanita. Paul Lemaron finished 5th and earned all-league recognition. The men's team finished 3rd to league champion Riverdale and runner-up Neahkanie. "Although we finished 3rd we made up a lot of ground on the front running teams," said Loggers head coach Byron Brown. "We now have 5 runners running under 20 minutes for 5K, which is the mark of a really good team." According to Brown Drew Cheney, Jacob Medaris, Dan Rice and Alex Rubiera are showing a lot of improvement at a crucial part of the season.

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Breast Cancer Awareness

Members of the Vernonia Middle School football team wore pink for Breast Cancer Awareness Month at their October 8 game. Players donned socks, wristbands, tape and even pink V's on their helmets to show their support.



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