

VHS Volleyball 2013

Date	Day	Opponent	Location	JV	Varsity
Aug. 31	Sat.	NW League Jamboree	Neah-Kah-Nie	---	10:00
Sept. 5	Thu.	Clatskanie	Home	5:30	6:30
Sept. 7	Sat.	De La Salle	Home	1:00	2:00
Sept. 10	Tue.	Riverdale	Riverdale	5:30	6:30
Sept. 12	Thu.	Knappa	Knappa	5:30	6:30
Sept. 14	Sat.	Salem Academy Tourn.	Salem Academy	---	TBA
Sept. 17	Tue.	Portland Christian	Home	5:30	6:30
Sept. 21	Sat.	Vernonia Tournament	Home	---	TBA
Sept. 24	Tue.	Faith Bible	Faith Bible	5:30	6:30
Sept. 26	Thu.	Delphian	Home	5:30	6:30
Oct. 1	Tue.	Portland Christian	Portland Christian	5:30	6:30
Oct. 3	Thu.	Gaston	Gaston	5:30	6:30
Oct. 5	Sat.	Clatskanie Tournament	Clatskanie	TBA	---
Oct. 8	Tue.	Neah-Kah-Nie	Neah-Kah-Nie	5:30	6:30
Oct. 10	Thu.	Knappa	Home	5:30	6:30
Oct. 12	Sat.	Nestucca	Home	1:00	2:00
Oct. 17	Thu.	Faith Bible	Home	5:30	6:30
Oct. 21	Mon.	Riverdale	Home	5:30	6:30
Oct. 22	Tue.	District Playoffs	East 5 @ East 4	---	TBA
Oct. 24	Thu.	District Playoffs	2 nd Round	---	TBA
Oct. 26	Sat.	District Playoffs	3 rd Round	---	TBA

Head Coach: Teresa Williams
JV Coach: Brandy Everett

VHS Football 2013

VARSITY

DATE	DAY	OPPONENT	LOCATION	TIME
Aug. 31	Sat.	League Jamboree	Neah-Kah-Nie	TBA
Sept. 6	Fri.	Warrenton	Home	7:00
Sept. 13	Fri.	Handsworth, B.C.	Home	7:00
Sept. 20	Fri.	Chemawa	Salem	7:00
Sept. 27	Fri.	Culver	Home	7:00
Oct. 4	Fri.	Nestucca	Home	7:00
Oct. 11	Fri.	Knappa	Knappa	7:00
Oct. 18	Fri.	Neah-Kah-Nie	Home (Homecoming)	7:00
Oct. 25	Fri.	Portland Christian	Home	7:00
Nov. 1	Fri.	Gaston	Gaston	7:00

J.V.

DATE	DAY	OPPONENT	LOCATION	TIME
Sept. 3	Tue.	Warrenton	Warrenton	5:00
Sept. 9	Mon.	Jewell (8 man)	Jewell	6:00
Sept. 16	Mon.	Chemawa	Home	4:30
Sept. 23	Mon.	Culver	Culver	5:00
Sept. 30	Mon.	Nestucca	Nestucca	5:00
Oct. 7	Mon.	Knappa	Home	5:00
Oct. 14	Mon.	Neah-Kah-Nie	NKN	5:00
Oct. 28	Mon.	Gaston	Home	5:00

Head Coach: Gordon Jarman
Assistant Coaches: John Murray
Willie Hansen
Taylor Smith

VHS Cross Country 2013

DATE	DAY	OPPONENT	LOCATION	TIME
Aug. 31	Sat.	League Jamboree	Neah-Kah-Nie	2:30
Sept. 5	Thurs.	Willamina	Willamina	4:00
Sept. 11	Wed.	Kennedy	Silver Falls	4:00
Sept. 17	Tues.	Oregon Episcopal	OES	4:00
Sept. 23	Mon.	Catlin Gabel Handicapper	Catlin Gabel	4:00
Sept. 26	Thurs.	Knappa	Knappa	4:00
Oct. 8	Tues.	Neah-Kah-Nie Bigfoot Classic	Friends Camp	4:00
Oct. 12	Sat.	Rainier	Rainier	
Oct. 16	Wed.	Vernonia Invitational	Vernonia	4:00
Oct. 24	Thurs.	District Meet	Tualatin Hills	
Nov. 2	Sat.	State Meet	Lane Community	

Head Coach: Byron Brown

VMS VOLLEYBALL 2013

DATE	DAY	OPPONENT	LOCATION	TIME
Sept. 23	Mon.	Rainier	Rainier	4:00
Sept. 25	Wed.	Warrenton	Warrenton	4:00
Sept. 30	Mon.	Clatskanie	Vernonia	4:00
Oct. 2	Wed.	Knappa	Knappa	4:00
Oct. 7	Mon.	Ilwaco	Vernonia	4:00
Oct. 9	Wed.	Neah-Kah-Nie	Neah-Kah-Nie	4:00
Oct. 14	Mon.	Jewell	Vernonia	4:00
Oct. 16	Wed.	Neah-Kah-Nie	Vernonia	4:00
Oct. 21	Mon.	Warrenton	Vernonia	4:00
Oct. 23	Wed.	Jewell	Jewell	4:00

Head Coach: Ashley Rogers
Asst. Coach: Melissa Zavales

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