

Summer Girls Basketball Camp

After a successful 19 win basketball season, the Vernonia Lady Loggers are already beginning to prepare for the upcoming 2013-14 season.

This past year the Lady Loggers varsity squad were league and district champions. The junior varsity team tied for first in their division.

In preparation for the upcoming season Logger coaches Steve Whiteman and Teresa Williams will hold two summer basketball camps for Vernonia area girls. These camps are free and are geared towards improving shooting and ball handling skills. They will be held in the new school gymnasiums.

Coach Whiteman has won seven Coach of the Year Awards. Coach Wil-

iams was recently named Coach of the Year for Volleyball. Between them they have coached over 600 games.

From June 10-14 a camp for potential high school players will be held each evening from 6:00 to 9:00 PM. Time will be spent on offensive and defensive skills, as well as an emphasis placed on shooting. This camp is also in preparation for the summer varsity season of sixteen games later in June.

From June 24-28 coaches Whiteman and Williams will hold a camp for incoming 6th, 7th and 8th grade girls. This is also a free camp to give young players a chance to learn the proper fundamentals of basketball. Camp will be held 9:00 AM and 12:00 PM each morning in

the school gymnasium.

Both camps will also serve as preparation for Larry Steele girl's camp during the week of July 7th-11th. Campers will learn shooting, passing, dribbling, rebounding, defense, teamwork and sportsmanship from Coach Larry Steele, a 9-year NBA player who was on the Portland Trail Blazer NBA World Championship Team in 1977. Coach Steele and his staff teach these fundamentals in the beautiful outdoor surroundings of Vernonia, at the Cedar Ridge camp, while emphasizing the importance of maintaining a positive and respectful attitude both on and off the court. Local players are offered a discounted rate of \$150 for this outstanding

camp experience. For information about Larry Steele summer basketball camps go to www.LarrySteeleBasketball.com or call 503-429-2801.

The VHS summer varsity squad will be on the road from June 16th-23rd at the Mt. Hood Camp and the University of Portland Tournament. Only those competing for a varsity position will be invited to participate on this team. This group of girls will ultimately compete with new transfers and foreign exchange students for regular season varsity positions.

Please contact Coach Whiteman at 503-369-0486 if you have further questions.

VHS Loggers Compete in Logging Competition



Left: Will Parks pole climbing
Above: John Dass and Brooke Johnson performed the Cross Cut Saw leg of the relay.
Right: John Dass competed in Tree Falling.
Photos courtesy of Chris Barnes.

The Vernonia High School Logging Team competed at Camp 18 in the Logging Exhibition on May 18, 2013.

The Vernonia team faced off against other high school programs from around the region. Vernonia is a newer program and this was their first year officially competing in the event. The Vernonia Loggers fared very well and can be proud of their efforts. The team did especially well in the

relay event finishing just several one-hundredths of a second out of second place.

Members of the Vernonia team include John Dass, Cole Harbour, Jared Whitton, Brooke Johnson, Will Parks, and Nicole Glass. The team is managed by Brent Dass.

Give Back Bash



Vernonia Friendship
Jamboree Weekend



"VIVA! VIVA!
VERNONIA!"

ELVIS will be IN the building!
World's Ultimate Elvis Tribute Artist, Justin Shandor

Saturday, August 3, 2013
50's & 60's @ 2 p.m. and 70's @ 6 p.m.

Benefit for
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Tickets start at \$15
www.BrownPaperTickets.com/event/294028

1-800-838-3006

Rock & roll & raise \$\$\$ for Vernonia Schools!
Sponsored by VHS Class of 1973

Your High School Boys Basketball Coach invites you to attend a Noah Shooting Clinic



Tuesday June 11, 2012 7:00-8:30 PM
at the Vernonia High School Gym

Each person who attends the clinic receives an entry to win a Noah Shooting System for our school!

Noah Shooting Systems:

- Helps build correct muscle memory
- Corrects flat or high shooters
- Builds player confidence
- Improves 3-point shooting
- Improves shooting percentages

Clinic Includes:

- Shot analysis
- Characteristics of a great shooter
- Shot alignment
- Release point
- Shot distance
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