

VHS Winter Sports Report

Girls Basketball-The Lady Loggers continue to dominate the Northwest league. Vernonia sat in first place after winning their tenth straight game on Friday January 18, a 70-35 home victory over Gaston. The Loggers were 8-1 in league play and hold an 11-3 record over all.

Head coach Steve Whiteman and his girls chalked up important wins over the last two weeks, defeating Nes-tucca 47-13, Riverdale 44-40, Faith Bible 31-24, and Portland Christian 52-47. All four of those wins were on the road before the Lady Loggers returned home and beat Gaston.

"The team is playing really well," said Whiteman after the victory over Gaston.

Against Gaston, Stephanie Castro was solid at

the post position, scoring repeatedly on offensive rebounds. Maina Martin ran the offense to perfection, pushing the team up court quickly and finding the open player with crisp passes. Wings Samantha Lindauer and Samantha Wallace had solids games as well. Coach Whiteman was able to use his bench liberally as the Loggers cruised to the win.



Maina Martin has helped lead the VHS Lady Loggers to an 8-1 league record this season. Photo courtesy of Tracy Easlon.

"In the first half we got a pretty good lead and then in the second half we just really played well," said Whiteman.

Whiteman says that what makes this team so special is that they are a team first. "This team never asks to look at the stats, which is really un-

usual. I haven't had a single player ask for them and this is fourteen games into the season. It's about playing the next game and doing the best they can."

The Lady Loggers are looking to close out the season strongly, with their eye on a February 2 match-up against Riverdale at home, which could be for first place in the league and a berth in the State Tournament. Coach Whiteman says this would be the first Lady Logger basketball team to ever reach the State Tournament in Pendelton.

Wrestling-The young Vernonia Loggers wrestling team continues to grow, improve and mature under the guidance and leadership of head coach Chris Barnes and assistant coach Tylor Owen.

At the Bob Bishop Invitational on January 5, the Loggers finished a respectable sixth in a very tough field. Dawson Shay finished first at 182, winning three of his matches by pins. Vardan Grigoryan continued to improve and finished third at 126, pinning two of his opponents. T John Wolf finished fourth at 195 after having to default in the third place match because of

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VHS Students Present Senior Projects *continued from front page*

Jesse Edgar worked with his older brother Curtis to refurbish a 1995 Honda Shadow 1100. The motorcycle was donated to Edgar by Rocky and Jeanne Hill; it had been damaged during the 2007 Flood and had been sitting ever since. Edgar said he and his brother took apart the bike, got it running and gave it several new coats of paint. Edgar said he would like to do this type of project again as a hobby, but would probably not

tors. Szlavich said she and Easlon recruited students to write and publish the newspaper. They also worked with a former VHS student now studying at the Portland Art Institute for help with design features. Szlavich says she learned to be careful what she writes because it is easy to upset someone and also about good communication. Szlavich says the newspaper improved with each of the four issues they have published so far this year and said they intend to publish through the rest of their senior year.

Kendrick Leaverton did two rides with Metro West Ambulance in Washington County while researching a career as a Paramedic EMT. Leaverton said he observed several interesting calls. Leaverton said he plans to begin schooling after graduation for his prerequisites to become a Paramedic, but his real goal is to become a professional firefighter.

Samantha Lindauer earned her Certified Nursing Assistant certification during her senior project, enrolling in Portland Community College last summer and spending eighty hours of class

room time and seventy-five hours of hands-on training. Lindauer worked at the Robison Jewish Nursing Home and received her certification after passing the exam in October. Lindauer learned that the work is often dirty but it also in-

classes to younger students. Williams says she plans to continue her studies and may join the Tae Kwon Do team when she attends Oregon State University.

Will Parks worked with his mentor Earl Davis to learn about timber falling. Parks learned a lot about the history of logging and spent time in the woods observing the work actually being done.

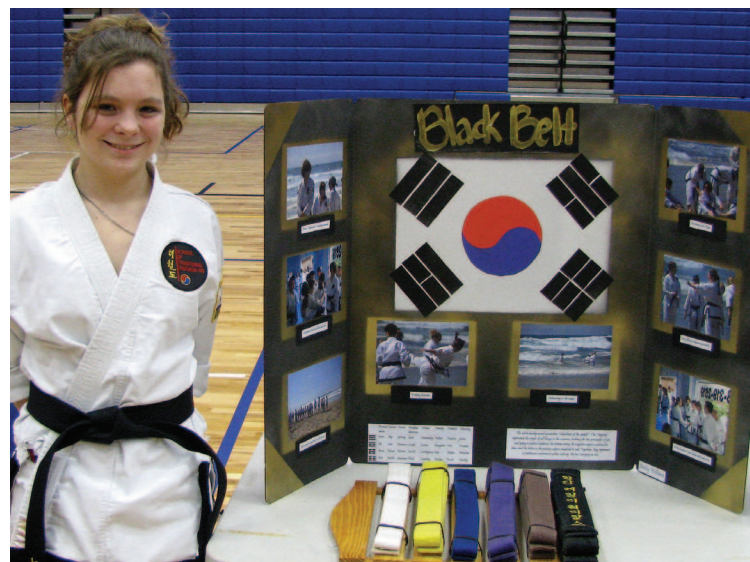
Deandra Solberg did a job shadow with Vernonia Librarian Jennifer Moloney. Solberg helped with the after school program and also helped

re-shelve books and did other tasks, allowing Moloney time to work on grants for more books. Solberg was responsible for planning the after school program for one session; she picked and read two stories to the participants and also planned a craft project. Solberg says she really enjoyed working at the Library and being able to give something back to her community.



Kendrick Leaverton researched a career as a Paramedic EMT.

pursue this type of work as a career. Elyssa Szlavich worked with another senior, Janae Easlon, to restart the school newspaper, "The Timberline." The Timberline had not been published for several years and the two ladies worked with two professional journalists from Roseburg as their men-



Bailey Williams, a second degree black belt, chose Tae Kwon Do Instructor as the subject of her senior project.

volves a lot of relationships. Lindauer says she plans to pursue a Bachelor's Degree in Nursing and then get a Master's Degree so she can specialize in a particular field.

Bailey Williams has been studying and practicing Tae Kwon Do in Banks for about ten years and is a second degree black belt. Williams shadowed her instructor Anita Hansen and taught

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