

## VHS Cross Country 2012

DATE	DAY	OPPONENT
Sept. 6	Thurs.	Willamina
Sept. 8	Sat.	Catlin Gabel Relays
Sept. 12	Wed.	Silver Falls (Kennedy)
Sept. 18	Tues.	Oregon Episcopal
Sept. 21	Fri.	Nestucca Beach Run
Sept. 24	Mon.	Catlin Gabel Handicapper
<b>Sept. 27</b>	<b>Thurs.</b>	<b>Vernonia Invitational (MS also)</b>
Oct. 4	Thurs.	Regis Invitational
Oct. 9	Tues.	Neah-Kah-Nie Bigfoot Challenge
Oct. 18	Thurs.	League

Head Coach: Byron Brown

## VHS Fall Sports Preview

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welcome the return of junior Stephanie Castro, who sat out last season while recovering from knee surgery. Castro brings a real athletic presence to the front line and has a big swing to go with a nice touch on the ball. Castro will be joined on the front line by senior co-captains Samantha Wallace and Cierra Henson. Wallace is a reliable player and Henson has really improved as a player in both her knowledge of the game and her intensity. Watch for sophomore outside hitter Julia Fletcher, who moved up to the varsity squad at the end of last season. Fletcher is also very athletic and should be a nice addition to the rotation as an outside hitter. Also watch for Tori Dalebroux, a junior, to have a breakout season this year. Dalebroux just seemed to get better and better last year as she gained confidence as the season went on. She should be a key component to the team this year, playing either in the middle or outside.

One question mark for Williams is who will do the setting this year. Right now it looks like sophomore Taylor Titus and Castro may share the duties.

Defensively the Lady Loggers are not quite as experienced as they are on offense. The back line should be anchored by McMahon and Hensen along with sophomores Mackenzie Titus and Brittany Young.

Three exchange students also made the varsity team this year. Iryna Budkevych, Yuliya Pestova, and Helena Veselkova were all very excited to make the team and should see some playing time this season.

The Lady Loggers will start out their season with five straight league road matches while they wait for their new gymnasium to be completed. The schedule calls for the gym to be open in time for the Vernonia Tournament on September 29. The schedule then favors the

Loggers as they have most of their games at home towards the end of the season.

This just could be the year for the Lady Loggers. Offensively they have loads of talent. They will bring a lot of experience and athleticism to their matches and have some good height up front. Last year they led Days Creek by ten points in two games that they ended up losing, proving they can play with any team in the state. This year they should challenge for first place in the always tough Northwest League and should make some waves in the state tournament.

**Cross Country**—The Loggers have a lot of talent returning this year. At the top of the list is senior Nathan Fleck, who is the defending league champion. Head Coach Byron Brown is also expecting a lot out of Junior Jacob Medaris, and sophomores Dan Rice and Drew Cheney. “We are one good runner away from being a pretty solid team on the men’s side,” says Brown. “Hopefully, we’ll develop the talent to fill that need.”

The women’s side also looks pretty strong with Gloria Ramirez, Sammy Lindauer and Rowan Cheney anchoring the team. Hanna Fleck and Maina Martin show promise; if they develop into strong runners the Lady Loggers should be pretty competitive. Foreign exchange students Karina Tolmacheva and Hanna Hoffer are just getting started in the sport.

“In short, the girls team is stronger than last year’s team and it’s hard to say yet about the men, but they have the potential to be better than last year’s team,” says Brown.

The league championship will be hosted by Vernonia on Sept 27 at the new school. “We are laying out a course now,” says Brown. Randy Shockey’s engineering class will be designing the course.

## VHS Volleyball 2012

Date	Day	Opponent	Location	JV
Sept. 11	Tues.	Riverdale	Riverdale	5:30
Sept. 13	Thurs.	Knappa	Knappa	5:30
Sept. 18	Tues.	Portland Christian	P.C.	5:30
Sept. 20	Thurs.	Bye	Bye	---
Sept. 25	Tues.	Faith Bible	Faith Bible	5:30
Sept. 27	Thurs.	Delphian	Delphian	5:30
<b>Sept. 29</b>	<b>Sat.</b>	<b>Vernonia Tournament</b>	<b>Home</b>	<b>---</b>
<b>Oct. 2</b>	<b>Tues.</b>	<b>Portland Christian</b>	<b>Home</b>	<b>5:30</b>
<b>Oct. 4</b>	<b>Thurs.</b>	<b>Gaston</b>	<b>Home</b>	<b>5:30</b>
Oct. 6	Sat.	Clatskanie Tournament	Clatskanie	8:30 am
<b>Oct. 9</b>	<b>Tues.</b>	<b>Neah-Kah-Nie</b>	<b>Home</b>	<b>5:30</b>
<b>Oct. 11</b>	<b>Thurs.</b>	<b>Knappa</b>	<b>Home</b>	<b>5:30</b>
Oct. 13	Sat.	Nestucca	Nestucca	1:00
Oct. 16	Tues.	Bye	Bye	---
<b>Oct. 18</b>	<b>Thurs.</b>	<b>Faith Bible</b>	<b>Home</b>	<b>5:30</b>
<b>Oct. 22</b>	<b>Mon.</b>	<b>Riverdale</b>	<b>Home</b>	<b>5:30</b>
Oct. 23	Tues.	League Playoffs – 5 vs. 4	#4 Hosts	---
Oct. 25	Thurs.	League Playoffs – Winner vs. #3 – then Winner vs. #2	#2 Hosts	---
Oct. 27	Sat.	League Playoffs – Final 4	Vernonia Hosts	---

Head Coach: Teresa Williams  
JV Coach: Brandy Everett



## VHS Football 2012

### VARSITY

DATE	DAY	OPPONENT	LOCATION	TIME
<b>Sept. 14</b>	<b>Fri.</b>	<b>Gervais</b>	<b>Home</b>	<b>7:00</b>
<b>Sept. 21</b>	<b>Fri.</b>	<b>Santiam</b>	<b>Home</b>	<b>7:00</b>
Sept. 28	Fri.	Culver	Culver	7:00
<b>Oct. 5</b>	<b>Fri.</b>	<b>Gaston</b>	<b>Home</b>	<b>7:00</b>
Oct. 12	Fri.	Nestucca	Nestucca	7:00
<b>Oct. 19</b>	<b>Fri.</b>	<b>Knappa</b>	<b>Home (Homecoming)</b>	<b>7:00</b>
Oct. 26	Fri.	Neah-Kah-Nie	NKN	7:00
Nov. 2	Fri.	Portland Christian	P.C.	7:00
Nov. 9-10	Fri.-Sat.	1 <sup>st</sup> Round Playoffs		

### J.V.

DATE	DAY	OPPONENT	LOCATION	TIME
Sept. 17	Mon.	Santiam	Santiam	5:00
<b>Sept. 24</b>	<b>Mon.</b>	<b>Culver</b>	<b>Home</b>	<b>4:30</b>
Oct. 1	Mon.	Gaston	Gaston	5:00
<b>Oct. 8</b>	<b>Mon.</b>	<b>Nestucca</b>	<b>Home</b>	<b>5:00</b>
Oct. 15	Mon.	Knappa	Knappa	5:00
<b>Oct. 22</b>	<b>Mon.</b>	<b>Neah-Kah-Nie</b>	<b>Home</b>	<b>5:00</b>
<b>Oct. 29</b>	<b>Mon.</b>	<b>Portland Christian</b>	<b>Home</b>	<b>5:00</b>

Head Coach: Gordon Jarman  
Assistant Coaches: John Murray, Willie Hansen, Taylor Smith