

Local Food Bank Information

Vernonia Cares Food Bank is pleased to announce increased income guidelines for USDA foods which are included in the emergency food boxes given by their organization. USDA foods include 10-20 different types of foods. These foods are added into the monthly emergency food boxes which contain many other foods purchased through the Oregon Food Bank. A typical emergency grocery order is given to registered applicants once a month. It contains about three to five days' worth of food and is available for residents living in the Vernonia, Buxton, and Timber area.

"Our target population is listed

below," states Executive Director Sandy Welch. "However, we are aware that what your income was last month might look very different this month if you just became unemployed. You need help this month; you didn't need help last month. That is taken into consideration. We also have DHS applications on hand and we can help by faxing completed forms to St Helens for clients so they might qualify for SNAP Cards (formerly called food stamps). Currently we help about 400 people per month. In a time when people are discouraged by so many things, we are thankful we can extend help, thanks to our generous donors. Anyone already receiving food stamps is automatically

eligible for an emergency grocery box," concludes Ms. Welch.

USDA/TEFAP 2012 Eligibility Guidelines: 1 person household, \$1,722 gross income per month; 2 person household, \$2,333; 3 person household, \$2,944. For each additional member, add \$611 gross income per month. (This would be the gross income for all members of the same household.)

Groceries are obtained by a simple registration process, listing names of all residents in a household and address. Age categories are asked but not required. Age is for statistical purposes

and in no way affects whether a household may receive groceries. ID is required to prove applicants live within the Vernonia, Timber, or Buxton area. By signing the application, the applicant verifies their eligibility due to income or being a SNAP (food stamp) recipient. USDA commodity foods are for home consumption only and may not be sold, traded, bartered or exchanged for services. Vernonia Cares Food Bank does not discriminate on the basis of race or color, gender, national origin or ethnicity, religion, disability, familial status, marital status, military status, sexual orientation, gender identity, or age.

Bread products are available to clients and the public at Vernonia Cares Food Bank's site once a week. These same bread products, thanks to the Vernonia Food Bank, are available to the public at the Vernonia Senior Center (446 Bridge Street) on Monday through Friday, 9:00-3:00, and also at the Vernonia Community Church (957 State Street) on Sunday from noon-1:00. Please enter the church by way of the gym door off A Street. Donations are accepted to pay for the transport charge to bring the bread daily from Forest Grove Safeway to Vernonia. "If everyone would just give \$1 more as they access these bread products, we would not experience a loss to pay for this service," says Ms. Welch. "We don't look to make a profit, just to break even. The daily trips are necessary to keep the supply coming. However, we've see a consistent loss for this service. I'd really encourage people to be more generous, if at all possible, so we don't have to lose this opportunity to bring bread products to Vernonia," Welch encourages.

Questions may be answered by calling 503-429-1414. The food bank is supported by grocery donations and food drives, a financial grant from the United Way of Columbia County, by private and business donations, and through various fundraisers run by volunteers. Donations are tax deductible. The food bank is not supported by any government funds. Vernonia Cares Food Bank is open Tuesday and Thursday from 10:00 AM to 2:00 PM. It is located in the American Legion Building at 627 Adams Avenue. Donations (which are tax deductible) may be mailed to Vernonia Cares, PO Box 126, Vernonia, OR 97064-0126.

Vernonia's Voice is published twice each month on the 2nd and 4th Tuesday. Look for our next issue on March 13th.

Sportsman's Banquet Is Back Don't Miss Your Chance to Meet a Duckman...Live!

The Vernonia Community Church is pleased to announce the guest speaker and date for this year's Sportsman's Banquet as well as the date tickets will be available.

The event date is April 14, 2012 and ticket sales will begin on March 14 and will be available at the Vernonia Sentry Market Video Department. There are only 300 tickets available; tickets are only \$10.

The event includes a BBQ Dinner by Cousin Kenny's BBQ, the now famous Head and Horn Show and Great Door Prizes.

In addition, the Sportsman's Banquet is very excited to announce this year's guest speaker, Jase Robertson, one of the Duckmen from the Duck Commanders television show.

"This guy is a very sought after speaker," says event organizer Chad Hewitt. "People will know who he is and will be amazed he is coming to Vernonia."

Robertson grew up with a passion for duck hunting from an early age. Hunting, along with helping the family business to succeed, consumes most of Jase's time. Aside from



his current role as a duckman in the Duck Commander DVDs, he runs the manufacturing part of Duck Commander, making sure that every call is hand-tuned, in large part by himself.

Jase's reality show "Duck Legacy" premieres on the A&E channel on March 21, 2012. It is a show based on the lives of the Duckmen

Jase travels with his wife, Missy, to various hunting expeditions and speaking engagements all over the country. He is a very talented and entertaining speaker who touches the lives of many through his stories of hunting experiences, knowledge of ducks and witty anecdotes about life along with the hope he's found through his Savior Jesus Christ.

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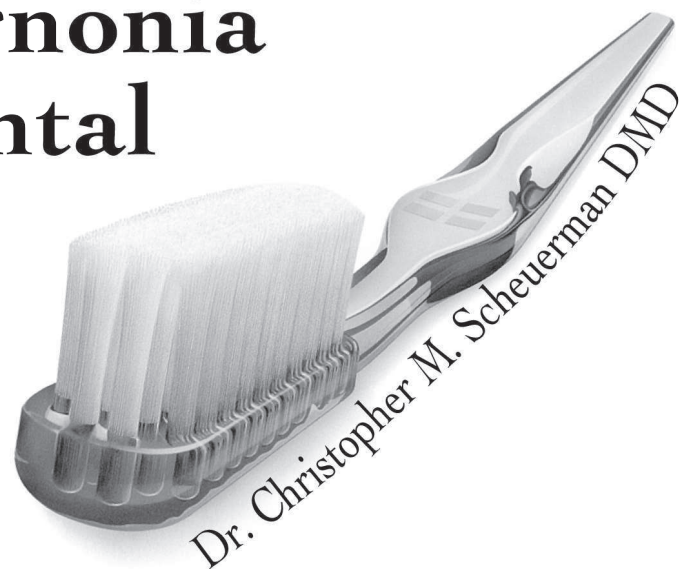
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