

How do I access medical services in Vernonia?

If you are having a medical emergency you should call 911. Non emergency dispatch numbers are, 503-397-1521 or 800-696-7795 for Police, Fire and Medical.

If you choose to seek emergency services on your own, the closest facilities are: Tuality Hospital, Forest Grove at 503 359-6180 or Providence St. Vincent Hospital, Beaverton at 503 216-1234.

If you have an Urgent need and cannot schedule with your Primary Care Physician or do not have a Primary Care Physician, the closest Urgent Care Facilities are: Legacy Urgent Care, St. Helens at 503 397-7119 or Concentra Urgent Care, Hillsboro at 503 726-1021 or PMG Urgent Care, Hillsboro at 503 216-9360 or Geneva Health Center, Forest Grove at 503 992-0288.

If you are looking for a new Primary Care Physician our local Physician Dr. Carole McIntyre is open to new clients and is working to be credentialed through most

major insurance carriers including OHP. Her contact information is: 503 429-4096.

Other Primary Care Services are: Scappoose Family Clinic 503 543-3181 or Virginia Garcia Health Center, Hillsboro at 503 601-7400 - Cornelius at 503 352-8610 or PMG Orenco Station, Hillsboro at 503 216-1600 or Geneva Health Center, Forest Grove at 503 992-0288.

If you are experiencing * Chest pain * Severe abdominal pain * Difficulty breathing or shortness of breath * Sudden dizziness, weakness or loss of coordination or balance * Sudden blurred vision * Numbness in the face, arm or leg * Sudden, severe headache * Deep cuts or bleeding that won't stop * Coughing up or vomiting blood * Severe burns * Seizures ALWAYS CALL 911.

Please keep these numbers readily accessible for your convenience.

Upcoming Events

Community Thanksgiving Dinner, November 24, 1:00-4:00 PM—Everyone is welcome for a turkey and ham dinner, at no cost, at the Vernonia Community Church gym.

Grey Dawn Gallery Annual Winter Show Opening, December 3rd, 10:00 AM – 7:00 PM— See new photographic images from Christopher Burkett along with the latest ceramics from Jeff Patterson. Also featuring the most recent bronze sculptures from Jacques and Mary Regat, as well as a newly stocked selection of bronze jewelry from Cavin Richie. Christopher Burkett will be present from 2 – 5 PM; Jeff will be on hand for the entire day. For further details and updates follow us at www.facebook.com/greydawnngallery.

Spirit of Christmas in Vernonia, December 3-- Celebrate a traditional, old-fashioned, small town holiday. Highlights include a lighted holiday parade, live nativity scene, Snow Ball Dance and Hot Chocolate Social, Victorian carolers, pottery show, fruit cake fling, story telling, chili feed and more.

School Town Hall, December 6, 7:00 PM--at the school cafeteria. This is your final chance to see and comment on the proposed design plans for the New Spencer Park.



**WINTER
SNOWBALL
DANCE & HOT
CHOCOLATE
SOCIAL**
DECEMBER 3, 7 PM
VERNONIA GRANGE HALL

Readers Lend Their Voices...

To the Editor

We, the family of Scott Baska, do not have the words to express how grateful we are to have such kind and loving friends and family. We want to thank everyone for their prayers and condolences; we are thankful for all the beautiful cards, flowers and wonderful meals that we received. We are also very thankful for all the financial gifts that we received.

We would like to give special thanks to Pastor Cahill for the wonderful service, the Class of '94 for the wonderful meal they put together, and the ladies of the Community Church for serving the meal. We would also like to give special thanks to Jaime Vealey and Ben Fifield for all their hard work and dedication in putting on the Memorial Golf Tournament.

Sincerely,
Gene, Terri, Greg, Kelly, Alexis, Hannah,
Myla and family
Vernonia

To the Editor:

No one likes to think about death and dying, but it's something everyone has to face eventually. There's an incredible resource in our community that provides comfort, dignity and respect to all those coping with a serious or life-limiting illness. It's Hospice and Palliative Care of Washington County

November is National Hospice and Palliative Care Month, a time to reach out to our community

messages to help people understand is that hospice and palliative care helps patients and families focus on living. The hospice team provides expert medical care to keep patients comfortable and able to enjoy time with loved ones. The hospice team answers questions, offers advice on what to expect, and helps families with the duties of being a caregiver. The team also provides emotional and spiritual support for the entire family.

Hospice is covered by Medicare, Medicaid in most states, and by most insurance plans and HMOs. Hospice care is provided in the home, nursing homes, assisted living facilities and long term care centers.

Hospice care is available to people of all ages, with any illness. Hospice professionals and trained volunteers will ask you what's important and listen to what you say. They make your wishes a priority.

If you or a loved one is facing a serious or life-limiting illness, the time to find out more about hospice and palliative care is right now.

Sincerely,
Christine Larch, MBA
CEO
Hospice and Palliative Care of Washington County

To the Editor

An Open Letter to Mike Kay-
Mike - Take advice from another man in this town that is considered a Persona Non Grata in certain establishments on the north end of town. Listen close here: The first rule of HOLES is that when you are in one, quit digging. I really don't understand what you hope to accomplish by arbitrating this matter with the city. Are you trying to bankrupt city hall? Is that your endeavor? Why, then, continue to live here? What good does it do to

to raise awareness about the compassionate care that hospice and palliative care.

One of the most important

“foul one’s nest”?

Remember, Mike, you perjured yourself in a court of law. You will always be held suspect of this matter of perjury. Most people show little esteem for prevaricators.

I always thought that public servants should be held accountable for their deeds and misdeeds. I guess times have changed.

Most people despise the idea of a “welfare state”. Let me ask you, Mr. Kay, who will pay for your loss in this Tort Claim? Will it be the police union?

Indubitably,
Mark J. Akers
Vernonia

To the Editor

My name is Bridger Steward and I am a fifteen year old sophomore at Vernonia High School. Some of you in the community may know me, some of you may not. I have an opportunity to travel to Italy during the summer of 2012 with my Literature teacher; Ms. Saifier and a few other students. The dates for my trip are June 27, 2012 – July 11, 2012.

I am especially looking forward to going to Milan, Venice, and Rome. What I will be doing in Milan is visiting the town's Roman arena, which dates back to the first century. In Venice we will visit Doges' Palace. In Rome we will be seeing the Coliseum of course and many other sights.

I need to earn money to help pay for my trip. I am willing to do any yard work (raking leaves, mowing, weed eating). Do you have any returnable bottles and or cans? I would be happy to come and pick them up if you would like to get rid of them. Also do you have a pet needing care? I'm willing to feed and take care of a pet if you are leaving and need a pet sitter for a few days. The total cost of my trip is \$3362.00 plus spending money.

Please call me at 503 804 4078. This is a once in a lifetime trip and I am looking forward to the experience. Thank you.

Bridger Steward
Vernonia

TerrysHomeCare@aol.com

Get Ready for the Holidays?

503-980-3289

Vernonia FishHawk Clatskanie Rainier Longview

HOW TO SEND LETTERS TO THE EDITOR

Vernonia's Voice welcomes and requests your thoughts, opinions and ideas. Please include your name, address and phone number, limit your letters to 300 words or less. Vernonia's Voice reserves the right to edit, omit, respond or ask for a response to letters submitted. We will print letters, space permitting. Deadline is the 1st and 3rd Monday of each month. Email: scott@vernonias-voice.com or mail to: Letters, PO Box 55, Vernonia, OR 97064.