

Natural Path to Health: More to come...

By Dr. Carol McIntyre

In my last article I tried to give you a better understanding of the types of therapies I can offer to you as a Naturopathic doctor and licensed acupuncturist. I hope I enlightened some of you and I would like to provide you with more information. There are some changes coming about in our community regarding health care, so I want everyone to clearly understand my position.

As a Naturopathic doctor, I practice as a primary care physician in the state of Oregon. I am able to bill insurance, order labs/imaging and perform any and all physical examinations including blood draws and gynecological examinations. I am also able to perform minor surgery which includes doing stitches, removing moles, warts, toenails, cysts etc... and following up with lab analysis to rule out complications when appropriate. The reason I mention these particular services is because I am in hopes that I will soon be more equipped to provide our commu-

nity with these services. Also, the Naturopathic formulary was expanded this year to the equivalent of what any medical doctor can prescribe. This means I can prescribe and manage all of your prescription medications with very few exceptions.

After the first of the year, and hopefully before, I will be an IN-network provider with most all major insurance companies which will help me serve a greater portion of our communities' population. People who will benefit most from this will be those who are covered under ODS, CHP and ASH. At the moment, ODS and CHP will not allow their patients to see any out-of-network provider... so I'm going to change my status in order to serve our community better!

Many people have called me to ask if I take Medicare/Medicaid, and unfortunately, the answer is no. The federal governments' insurance policies do not pay for any Naturopathic or acupuncture services. Hopefully this will change soon, as the Naturopathic board

continues to petition for approval. However, if you have an additional secondary insurance other than Medicare, such as HealthNet, I can bill that insurance depending on your policy! So there is a way...

I would also like to address another popular question I've been asked lately which is, "do you do sports physicals?" YES! Sports physicals are \$75.00, whether your child is an established patient or not. If your child comes to my office for a sports physical and is not an established patient, at some point they will still need to become an established patient and endure my initial appointment so I can review past medical history and so on.

Most important, I have a new clinic scheduling number and an assistant whom I hope you will all get to

know and adore. The new clinic number is: **503-429-3928** and my assistant's name is Kimberly. For my established patients, you will hear a new voice when you receive your reminder call about appointments and see a new face waiting to serve you when you come to the office to pick up supplements. Kimberly is currently helping me in the office on Tuesdays and Thursdays.

I know my practice will continue to grow and that in the very near future, I will be able to provide more needed services to our community. Please don't hesitate to call the office with questions you may have. We will do our best to get back to you promptly. Again, I look forward to growing with our community as your doctor, bringing a focus of health and well-being to as many of you I can. Thank you. Be well.

CASA Seeks More Advocates for Foster Children *continued from page 7*

permanent home;

- Half as likely to re-enter foster care;
- Substantially less likely to spend time in long-term foster care;
- Less likely to have poor conduct in school;
- More likely to pass all school courses; and
- More likely to receive court-ordered services because of the volunteer's

detailed knowledge of the child's circumstances, and these services can be more carefully targeted so that service dollars are used more effectively.

For more information on becoming a CASA volunteer, contact CASA for Kids executive director Kathryn Bourn at (503) 366-4133 or email the program at info@casaforkidsinc.org.

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First and Third Saturday of each month

Saturday, October 8

Sale starts at 12:00 pm

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We will auction everything from household to farm equipment & everything in between
This is an auction for anyone having something to sell and for anyone wishing to bid on and buy.
Buyer's Premium There is 10% Buyers Fee that will be added to your final bill.

There will be a concession stand with snacks and refreshments, and during the hourly 10 min. breaks we will have a local talent contest for children 14 years and younger.

CONSIGNMENTS WANTED

If You Have Something To Sell We Are Interested
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Consignment Fees are 10% for Items That Sell for \$5000.00+
Consignment Fees are 20% for Items That Sell for Less Than \$5000.00
We Will Accept Consignments on Friday, October 7
from 9am to 5pm and Sat. from 7am to 9am

TALENT CONTEST

So kids if you have a talent and want to show it off call Jack
at 503-475-5104. You must be age 14 or under to enter.
The audiences will vote for their favorite and the winner
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