

Britt Bensen Steele has trained and taught in the U.S., Southeast Asia, Indonesia, and India. She has her Bachelors in Exercise Science, and her Masters degree in Public Health. She is Yoga Alliance Certified, yoga therapy licensed, and a certified Ayurvedic Lifestyle Counselor. Her teachings are influenced by the practices of Classical Hatha, Bihar, Vinyasa, and Chakra Yoga.

Classes are mixed level and suitable for most individuals. Please arrive 10 minutes early for your first class. Dress comfortably and bring a yoga mat, if you have one. Call Britt for additional information at 503-780-4034.

We have come to this place to learn about Love... to open our hearts and let the Light in.

*Devo is a cardiovascular mind/body class set to world music that incorporates yoga and fitness modalities from around the globe.

Yoga
Tuesday & Thursday
7:30 - 8:45 am
3:45 - 5:00 pm
Devo*
Saturday
8:30 - 9:45 am
\$45 / month
\$7 drop-in
First Class Free

LED BY BRITT B STEELE 503-780-4034 VERNONIA GRANGE

Great Buys Under \$95,000!

391 1st Avenue
List Price \$89,950
RMLS# 11529628
3 bed/1 bath 1951 updated cottage on large lot
Wonderful neighborhood!
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1339 Roseview Court
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RMLS# 11010593
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Interested in Vending?
Contact Kathy at (503) 449-3591
oamvernonia@gmail.com

Vernonia Realty & Insurance Center
953 Bridge Street, Vernonia, OR, 97064
Office 503.429.6203 Cell 503.780.3466
vernoniarlty@agalis.net
Ken & Helen Bateman, Brokers

Properties Available Now!

1172 Maple Street: **Nestled along Bear Creek** you can watch the salmon migrate from your kitchen window. This comfy, tidy 3 bdrm, 2 bath double-wide features a heat pump w/ AC, woodstove, newer roof & paint, dog run, decks, and many upgrades. \$139,000

1299 E Alder: **Instantly appealing and an outstanding buy** with 4 bdms, 2 baths plus a 2 car garage all on a large lot, it is NOT a fixer. Kitchen has oak cabinets & handy island. FR w/view out into private back yard & deck. New paint in & out. \$199,500

64077 Nehalem Hwy N: **Attention outdoor enthusiasts! Great riverfront** building site or nice get-a-way property. Over 2½ acres along the Nehalem w/ a nice fishing hole plus a concrete floored garage & fixer mobile. Build new or fix up old mobile. \$119,000

1100 Texas: **Your private sanctuary** at the end of the road. Over 8 ½ wooded acres w/ meandering paths & a spic & span 3 bdrm, 2 bath dble-wide w/den, mud room & outbuilding. In the county w/city water. Next to new schools, near Lake & Linear Trail. \$297,000

85914 Northrup Ck Rd: **A charming country road** will lead you to this wooded building site. Over 12 ½ acres w/barn, silos, and storage buildings. Spring fed water source plus septic system is in. Quiet area West of Birkenfeld. Reduced to \$165,000

521 Jefferson Ave: **Need More Room?** You'll love this home w/3 spacious bdms, 2 ½ baths, huge FR, comfy LR w/pellet stove, Trek deck, covered porch, double garage w/opener & storage shed. Next to park & linear trail. \$214,900

DON'T MISS THE 9th ANNUAL...

Historic Vernonia, Oregon SALMON FESTIVAL

Sat. October 1st, 2011
10 AM - 6 PM at Hawkins Park

TROUT POND GREAT FOOD
SCARECROW STUFFING
MUSIC PUMPKIN CARVING
CRAFTSMEN VENDORS