

# Best-Selling Author Coming to Vernonia School District to Address Hot Topic of Emotional Bullying

On August 31, award-winning children's author and advocate Trudy Ludwig will be visiting the Vernonia School District to give her nationally acclaimed presentations on relational aggression (emotional bullying among friends).

On Wednesday August 31, Ludwig will be providing a district-wide staff workshop, "Creating a Safer Social and Learning Environment in Schools". On Thursday, September 8, Ludwig will be visiting Washington Grade School to present to students in Kindergarten through fifth grade. Later that evening, Ludwig will provide a parent presentation, "Understanding Our Kids' Social World: Friendships, Cliques & Power Plays." This evening event will take place from 6:30 - 8

PM at Washington Grade School. Refreshments and child care will be provided

"We're excited to have Trudy share her books and expertise with our school communities about this very important issue," says DeAnna Pearl, DFC Grant Director for Vernonia Prevention Coalition. "We want to stay on top of the latest research and learn about new resources and tools to help us continue to provide safer social and learning environments for the students."

Ludwig has received rave reviews around the country for her passion and compassion in addressing bullying and friendship issues. She first became aware of relational aggression when her own daughter became a target. The author and her book, My Secret

Bully, were featured on ABC's "GOOD MORNING AMERICA" and on PBS's nationally syndicated show "KEEPING KIDS HEALTHY." Her subsequent releases, Just Kidding, Sorry!, Trouble Talk®, Too Perfect, Confessions of a Former Bully, and Better Than You, have also received high praise from leading experts, educators, and organizations nationwide.

Ludwig presents at schools and conferences throughout the US to raise awareness of the growing problem of emotional bullying among children and what adults can do to help. She also collaborates with leading anti-bullying experts and key organizations around the country. For more information about Ludwig and her work, visit [www.trudyludwig.com](http://www.trudyludwig.com).

For more information, contact:  
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Washington Grade School  
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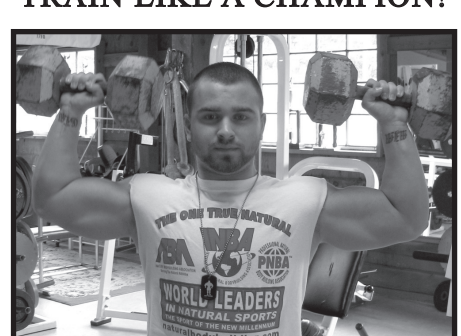
Hours of Operation:  
Mon.-Fri. 9:00 a.m.-6:00 p.m.  
Saturday 9:00 a.m.-1:00 p.m.  
Closed Sunday

<b>VHS Volleyball 2011</b>		<b>VHS Football 2011</b>	
Sep. 1	Thu. Clatskanie	Sep. 2	Fri. Willamina Jamboree
Sep. 3	Sat. Warrenton Tournament	<b>Sep. 9</b>	<b>Fri. Warrenton</b>
<b>Sep. 6</b>	<b>Tue. Rainier</b>	Sep. 16	Fri. Gervais
Sep. 10	Sat. Catlin Gabel Tournament (V)	Sep. 23	Fri. Santiam
Sep. 10	Sat. Blanchet Tournament/Salem (JV)	<b>Sep. 30</b>	<b>Fri. Culver</b>
Sep. 13	Tue. Riverdale	<b>Oct. 7</b>	<b>Fri. Portland Christian</b>
Sep. 15	Thu. Gaston	Oct. 14	Fri. Gaston
<b>Sep. 20</b>	<b>Tue. Portland Christian</b>	<b>Oct. 21</b>	<b>Fri. Nestucca (Homecoming)</b>
<b>Sep. 21</b>	<b>Wed. Portland Adventist</b>	Oct. 28	Fri. Knappa
Sep. 24	Sat. Salem Academy Tournament (V)	<b>Nov. 4</b>	<b>Fri. Neah-Kah-Nie</b>
Sep. 24	Sat. Corbett Tournament (JV)	Head Coach: Gordon Jarman	
Sep. 27	Tue. Faith Bible	Assist. Coaches: John Murray, Willie Hansen	
<b>Sep. 29</b>	<b>Thu. Delphian</b>	<b>VHS Cross Country 2011</b>	
<b>Oct. 4</b>	<b>Tue. Nestucca</b>	Sep. 8	Thu. Willamina
Oct. 6	Thu. Knappa	Sep. 10	Sat. Knappa
Oct. 8	Sat. Clatskanie Tournament	Sep. 20	Tue. OES
Oct. 11	Tue. Neah-Kah-Nie	Sep. 23	Fri. Nestucca
<b>Oct. 13</b>	<b>Thu. Gaston</b>	Oct. 6	Thu. Regis
Oct. 15	Sat. Portland Christian	Oct. 11	Tue. Neah-Kah-Nie
<b>Oct. 20</b>	<b>Thu. Faith Bible</b>	Oct. 15	Sat. Rainier
<b>Oct. 24</b>	<b>Mon. Riverdale</b>	<b>Oct. 20</b>	<b>Thu. Vernonia Relays</b>
Oct. 27	Thurs. League Play-offs	Oct. 22	Sat. League Meet
1 vs. 1, (1) 3 West @ 2 East, (2) 3 East @ 2 West		Nov. 5	Sat. State Meet
Oct. 29	Sat. League Play-offs	Head Coach: Byron Brown	
Winners of (1) vs. (2)		<b>Home Games in Bold</b>	



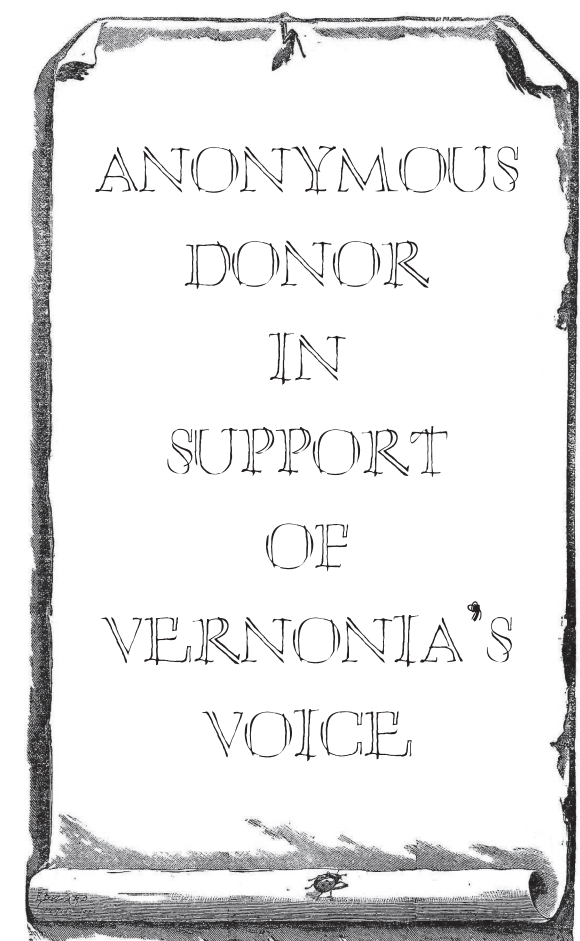
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**Mailing Address: 701 Weed Avenue, Vernonia, OR 97064**

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