

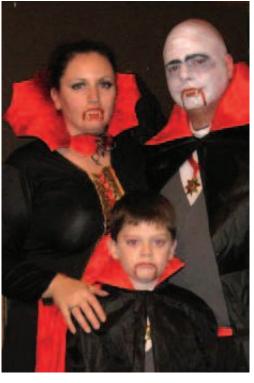
HALLOWEEN IN VERNONIA





Halloween in Vernonia means more than just ghosts and goblins and Trick or Treating. Hundreds of kids, big and small, turned out for the annual parade downtown. Some local businesses also got in on the fun—The Wauna Wonders were in their full Superhero costumes, including Brian, The Million Dollar Man.







SUICIDE INTERVENTION SKILLS TRAINING

Don't miss this opportunity to learn intervention skills that can save a life.

You are invited to attend the next ASIST (Applied Suicide Intervention Skills Training). This workshop is designed for counselors, teachers, mental health specialists and other "gatekeepers" who want to feel more comfortable, confident and competent in helping to prevent the immediate risk of suicide. ASIST is recognized as an Evidence-Based Practice by the state of Oregon.

Over 1,000,000 people have participated in this two-day, highly interactive, practical, practice-oriented workshop. ASIST will help you recognize the warning signs of suicide, assess risk and prepare you to intervene. Emphasizing structured small-group discussions and practice, ASIST trainers use case-studies and 2 award-winning audiovisuals.

This \$180.00 training is offered for a reduced price of \$65.00 thanks to the generous support of Garret Lee Smith Memorial Act Funds, Columbia Community Mental Health and the Clatskanie Together Coalition. Partial Scholarships may be available.

Dates: November 16 & 17
Time: 9 a.m. - 5 p.m.

Location: Clatskanie School District Conference Room

Cost: \$65.00 includes refreshments
Trainers: Leeann Grasseth and Brian Leavitt

Credit Available: TSPC - 14 CEU'S, ACCBO-Recertification Credit

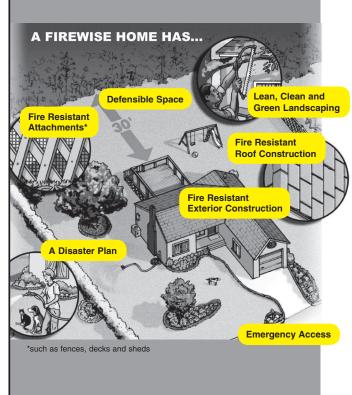
ASIST is a two-day interactive workshop. Pre-registration and attendance for the two full days is required. To insure quality training, there is a cap on the number of participants, so reserve your spot by registering now. Registration ends November 10, 2010

To pre-register or for more information, contact Leeann Grasseth at 503 728-2659 or Leeanng@ccmh1.com . For general information about ASIST and LivingWorks Education, please visit livingworks.net









Graphic courtesy of Firewise Communities

Clear the fuel. Remove the threat.

Late summer and fall are peak wildfire seasons. They're also the perfect time to create a defensible space of 30 to 200 feet around your home. Begin by clearing all dead plant material and pruning trees and shrubs, especially close to the house. Then plant only low-growing, fire-resistant plants. Keep them well watered during the dry months. Finally, stack your woodpile well away from the house.

For more information, or to request the brochure *Living* with Fire, contact your local Oregon Department of Forestry or Rural Fire District office.

