Vernonia Schools Summer Athletic Update

By Gordon Jarman

This summer has been a busy one for Vernonia High School Athletics. As we begin the transition to a new division (2A) and a new league (the Northwest League) our student athletes and coaches have been training throughout the summer to make sure they have the best chance to compete at their optimum level when school and interscholastic athletics start in the fall. We have had athletes attend basketball camps for both boys and girls. The runners club has been open to any athlete throughout the summer--they meet at Vernonia Lake and run from there. We have had open gyms for wrestling, volleyball and basketball as well as the weight room open for students to attend and improve their strength and conditioning. We have had coaches attend clinics and camps to hone their skills on the latest and greatest techniques for their individual sports.

Every four years the OSAA re-evaluates the league alignments and sizes of schools competing in the different levels. At this time there are six different levels of competition, 1A through 6A based on school enrollment figures. Vernonia will be competing in the 2A division which has enrollment figures from 225 to 106. Vernonia sits in the high end of this with an enrollment around 200 ADM. When the OSAA started this process our enrollment figures were at 222. There are four different regular 2A leagues and two 3A – 2A hybrid leagues.

Our new Northwest League will give us the opportunity to compete against some old rivals and also give the Loggers the opportunity to meet some new and different competition. It consists of the following schools: Knappa, Gaston, Portland Christian, Neah-Kah-nie, Nestucca, Faith Bible, Delphian, Riverdale, and Vernonia.

We have some new coaches on staff and some coaches in different assignments for the upcoming year. In Football, Brad Baker starts his second year as the head coach-- he is assisted again by Randy Shockey and newly hired Mike Fetch. In Volleyball, Teresa Williams takes over as the head coach--her assistant is Brandy Everett. In cross country Byron Brown takes over the helm previously held by Mr. Brookins for many years.

Our first fall contests are:

Football: September 3rd at Willamina Jamboree

Volleyball: September 7th at Clatskanie

Cross Country: September 9th at Willamina invitational.

In middle school athletics there have been a few changes as we prepare for the new school year. The biggest change will be the girls and boys basketball seasons have switched. The girls will be playing first this year starting with their first practice in late October; November 10th will their first game. The girls season will last until Christmas break and the boys season will begin after Christmas break. This will also be the case with middle school wrestling. The wrestling season will begin right after the football season is concluded and will run until Christmas break.

The middle school coaching staffs for the fall and winter are:

Volleyball: Justin Ward and Juliet Safier
Football: Mike Kay
Basketball : Justin Ward and Cecil Fellas
Wrestling: TBA

VERNONIA'S 12th ANNUAL COMMUNITY WIDE GARAGE SALE

Saturday, September 18th 9AM-5PM

To sign up and for more info call Helen Bateman at 503-429-6203

Maps showing all sales locations will be available Sept. 16th

Midway Veterinary Clinic

Small and Large Animals

Open in Vernonia
Wednesday & Saturday
9 a.m. - 4 p.m.

Call for Appointments
(503) 429-1612
Or 24 hr. Emergency Number (503) 397-6470
805 Bridge Street Vernonia, OR

Vernonia Dental

622 Bridge Street Vernonia, OR 97064
phone (503) 429-0880 -- fax (503) 429-0881

INDIGO SUMMER DOGFEST 2010

a Fun Filled Festival for dogs and their people!

★ AUGUST 14th 10am · 7pm ★
★ OCU at INDIGO RANCH ★

15640 Airport Way Vernonia (across from the Vernonia Airport) $10 per car includes 3 tickets for game entries

Friendly, on-leash dogs invited!

Activities Include ★ Scootering & K9 Scent Work Demos! ★ Pet First Aid & Nutrition Workshops, Reiki, T-Touch & Animal Communication! ★ Pet Portrait Photographer ★ Crafts where you bedazzle a shirt for your dog, and your dog paints a shirt for you! ★ Fun Hay Rides & educational tours of our alpacas, goats, bunnies and chickens! ★ Face Painting & Games for people & dogs! ★ Live Music! ★ Delectable edibles for humans and dogs!

OCU at Indigo Ranch is the only cage free boarding facility in the Northwest where 100% of the profits fund Indigo Rescue, our non-profit animal rescue. Your dog gets a fun vacation and you get to help homeless animals at the same time !

Proceeds Benefit Indigo Rescue
www.indigorescue.org

OCU at indigo ranch

DALLAS BRASS
IS COMING TO VERNONIA
Friday, September 17th, 7:00PM
at Washington Grade School Gym

dallas brass

Band students in grades 7-12 will participate in a day long workshop and perform with Dallas Brass during the evening concert. All band students get a free ticket to the concert.

Tickets available at Creatures & Vernonia Florist, Vernonia School Dist. Office and during Jamboree at the Booster's Snack Shack.

Sponsored by:
The National Endowment for the Arts
Western States Art Federation
Creatures & Vernonia Florist
Vernonia School District
Vernonia Band Boosters
Vernonia Boosters
Vernonia's Voice

$10 adults
$8 students & seniors
$40 Family Pass (up to 5 people)

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NATIONAL ENDOWMENT FOR THE ARTS