

OSSOM Week Activities Scheduled

The VHS OSSOM Leadership Students have scheduled a series of activities during the week of April 19-23 to highlight for students and the community the dangers of drinking and driving. Plans for the week include cars on campus that have been wrecked in accidents, distribution of information, a coffin at the school, the S.K.I.D. event ((Stopping Kids Intoxicated Driving) and ends with "Every 15 Minutes" on Friday.

The week is intentionally scheduled to be held immediately before Prom and Graduation season and is planned by community teens for community teens.

SKID is a graphic and realistic reenactment of an accident meant to illustrate the consequences of drunk driving. This event is scheduled for Thursday, April 22, at 12:45 at Logger Stadium. The public is invited to attend.

"Every 15 Minutes" is a day-long event that symbolizes that on average every fifteen minutes someone in this country is killed in an alcohol-related driving accident.

Head Start Recruiting Now

Head Start, a federally funded pre-school program, is seeking students for the 2010-2011 school year. Applications are being taken from all three and four year olds in Columbia County. Recruitment for fall enrollment is now in progress and will be completed in August. If parents are interested in enrollment information they are urged to phone immediately.

Perspective students must be three or four years old by September 1, 2010. Children must be from limited income households or have a disability and/or special needs to qualify.

Head Start incorporates a total family program that includes nutrition, education, medical and dental services for the enrolled child and home visitations. USDA approved meals are served. Training on various subjects and on the job training is offered to all enrolled families. Limited transportation may be available.

The U. S. Dept. of Agriculture (USDA) and the State of Oregon prohibit discrimination in all USDA pro-

grams and activities on the basis of race, color, national origin, sex, religion, age or disability.

The Vernonia Center is located in the Blue Heron Hollow Apartment complex. Families who live in the Mist, Birkenfeld and Vernonia areas may phone (503) 429-9243 for more information.

The Clatskanie Center is located behind the high school in Clatskanie. Families in the Clatskanie, Quincy, Westport and Knappa areas may phone (503) 728-2940 for more information.

The Rainier Center is located in the Riverside Church building. Families in the Rainier and Goble area may phone (503) 556-2807 for more information.

Students in the St. Helens area attend class at the center on Columbia Blvd. next to Mc Bride School. Families may contact (503) 397-4114 for more information.

Head Start is an agency of Community Action Team, Inc., serving Clatsop, Columbia and Tillamook counties.

Running For The Arts At WGS

Young Audiences is a non-profit arts in education organization that is dedicated to helping Washington Grade School enrich the curricula it offers to their students. Washington Grade School is participating in Young Audiences' Run For The Arts, a project that will help the grade school raise funding for artists' performances, classroom workshops and residencies and even field trips for the next school year.

During the past school year, Young Audiences has brought artists to over 100,000 students at participating schools. At a time when the arts are vanishing from our classrooms, your support for the Run For The Arts is especially needed.

Last year Washington Grade School raised \$2,553.45 from this event.

Students have had one assembly already by Comedy Sportz from Portland, and are having an Artist in Residence called Homowo. They will be working with the students on drums and rhythms from Africa. Incorporating the arts into all subjects will really allow students a chance to shine in areas where they may otherwise struggle.

As Washington Grade School gears up for its Run, they hope to raise more than \$3,000, enough for more cultural and art assemblies for the students, and more artist in residencies. This year's Run will be on Thursday, April 22nd, 2010. During the pledge period in early April, members of the community are encouraged to support Washington Grade School's Run For The Arts.

The students will see how many

laps they can run around the high school track in a 30 minute time limit. Prizes, t-shirts, and other awards are awarded for their participation.

Run For The Arts is expected to raise more than \$600,000 this year for approximately 120 schools in Oregon and Southwest Washington. Young Audiences brings the arts to an average of 225,000 students per year in the region.

You are also invited to help our school family have a successful Run by volunteering some time to help the school coordinator with the project. Our school coordinator is George Spaulding, Washington Grade School K-5 PE Teacher.

Creatures & Florist

Vernonia

Pet Supplies & Grooming
(503) 429-PETS (7387)
www.CreaturesPetShop.com

Plants • Antiques • Balloons
Handmade Crafts • Stuffed Toys
Greeting Cards & More

(503) 429-2000
www.VernoniaFlorist.com

Open Mon-Sat, 10AM to 6PM
736 Bridge St. Vernonia

Family Owned & Operated
Superior Customer Service



True Value
START RIGHT. START HERE. SM




Mowers and Repairs, Blades, Belts, and Parts, Lawn Care Supplies, Fertilizers, Garden Tools, Seeds

Family owned & operated for 40 years
834 Bridge St., Vernonia (503) 429-6364

Do your children have health care?

All Oregon children are now eligible for free or low cost coverage.

Registration assistance is available in Vernonia.



Healthy Kids

FOR A HEALTHY OREGON
www.oregonhealthykids.gov

APRIL 30TH
9AM-12PM

at the VCLC
939 Bridge Street

Call for an appointment
503-397-7110





Total Body Conditioning

ARE YOU READY TO GET SERIOUS ABOUT YOUR FITNESS?

Join today! Boot camp style training with a serious kick - to give you real results!

Special pricing... \$79.00 for 12 Classes*



Teresa Williams, NSCA-CPT
Certified Fitness Trainer

Classes on Mon, Wed & Fri at 8:30am & 6:00pm

Individual Training Sessions Also Available

503-429-5051 or 503-799-3424
fitnessbytw@netzero.com



Sign Up & Save!

*Pricing available for single classes