

## Better Parenting *continued from page 17*

for a behavior you must do it each time. Each time the behavior happens the consequence happens.

**Should I give them a break once in a while?** Stick to the rules! The rules and consequences need to stay the same. Let's say that your rules have been in place for over a year and you decide to make an exception and give them a break. This will be a mistake. Your child will misbehave more often looking for the next exception. "If my parents did it once, they'll do it again."

**Why don't my kids listen to what I say?** They do not listen because we lie to them when we do not follow through with what we say. We train our kids not to listen to us when we say things that do not happen. It destroys credibility and trust. Kids only pay attention to what we do and not to what we say. They become parent deaf.

**When is it OK to negotiate consequences?** NEVER! Once the rules are in place, they can only be negotiated at the family meeting. If lost stereo privileges were for arguing over the volume, you must make it stick. Do not let them talk you out of it by bargaining with you. "Mom, please, can I please, this is my favorite music, I'll lose

it tomorrow." If you do this, you become a liar. You also invite begging and bargaining about consequences in the future. In other words if you negotiate now - here is what is happening: 1. You are not taking away privileges that should be for arguing. 2 You are rewarding arguing by allowing the music. 3. You are letting your child disrespect the rule. 4. You are training her to argue in the future because there is a payoff.

**What if my child thinks I am being unfair or cruel?** One of the characteristics of a great parent is in the determination to do what is right and what is best for the child rather than what is most convenient for the parent. Stick to the rules, if you don't, your kids will lose respect for you. Keep the same consequences for the same behaviors on good or bad days.

Dad: "Sorry, boys I gave you a choice, and I respect your decision not to go on the trip."

Boys: "We didn't decide that."

Dad: "Yes, you did. By not doing your yard work as agreed, you decided not to go. It was your choice and this is the result." (at this point they will probably promise anything)

Boys: "But dad..!"

## Girls, Dogs Raise Money For Fireworks



Sara Rhodes and Lily Buchanan both love fireworks. So when the girls, both aged nine, heard Vernonia might not have enough funding for the annual 4th of July display, they got to work. The girls put together a Dog Wash Day and raised \$126 to help defray the expense of the show. "I think I thought of the idea first," said Lily. The girls earned the money the hard way. "All the dogs were giant!" said Sara. "We only washed one little dog." The girls also had lemon aid and cookies for sale for customers while they waited. And of course the story has a happy ending---together the community raised enough money to pay for the Fire Department to fund a fireworks display again this year!

Sara Rhodes, "Dude", and Lily Buchanan give money they raised with their Dog Wash to help pay for the 4th of July fireworks to Dean Smith of the Vernonia Fire Department

# VERNONIA INN

Quality & comfort at affordable rates



**503-429-4006**

Suite with hot tub & private deck  
Individual entrances, TVs  
Rooms with hot tubs

**www.vernoniainn.com**

Continental Breakfast  
Handicapped Access  
Non-smoking rooms



We have all Your Filing & Office Supply Needs!

8¢ B&W copies!

# agalis

COMPUTER & INTERNET SERVICES

- Computer Servicing
- Upgrades & Repairs
- Office Supplies
- Media Transfers
- Ink and Toner Refills

- New & Used Computers in stock
- Cell Phone Service & Accessories
- Color Copies & Printing Available
- Internet Services
- Notary Services

**503.429.TECH**

**866 Bridge Street, Vernonia**

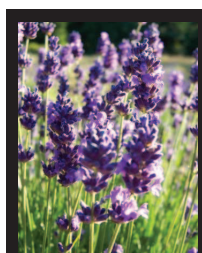
Dad: "Sorry boys. I don't lie. I said if the work was done you could go. Is the work done? No.

I hope you make a better decision next time and it works out better for you then." Let your words always be the truth. Make an issue of truth. The kids will see you as the model and put it in their hearts and minds.

**What if an unexpected behavior happens that's not on our list?** If your child does something that was not on your list of behaviors and consequences say: "I am unhappy, I do not want this to happen again, the consequences will be -----." feel free to bring the incident up at the next family meeting." Then add the information to all the copies of the list.

**Are there pay offs for not lying?** Yes! #1. When you tell them "no" they don't argue because they know it will be useless. #2. They do their work because they know the promised consequences will surely take place. #3. You tell them once, and they listen.

Resources: Dr. James Jones, Familyhood Education Foundation, C. Harrison, GOODKIDS



## Mosquito Lodge Lavender

U-Pick Lavender \$5 bunch  
Lavender plants,  
dried Lavender,  
Lavender crafts

Open Fri-Sun 10-4  
or call for appointment  
July 17th - August 2nd  
58329 Wilson Cutoff Road  
(503) 429-0589

# ABSOLUTE MARBLE & GRANITE

QUALITY FABRICATION & INSTALLATION



MARBLE  
GRANITE  
TRAVERTINE

FREE ESTIMATES

CCB# 159794

Kitchen Countertops  
Fireplace & Furniture  
Tubs & Vanities

Phone (503) 429.2617  
Fax (503) 429.0941  
ABSOLUTE@AGALIS.NET

**www.absolutemarbleandgraniteinc.net**



Necklaces, Rings, Bracelets, Earrings & Pendants !



Native American Jewelry  
Sterling Silver, Turquoise, Coral,  
Onyx, Amber and much more!







**Cornerstone Naturals 902 Bridge St.,  
Vernonia, OR 97064 503\*429\*0335**