

## Mackenzie Carr Named Miss NPRA

Mackenzie Carr of Vernonia, Oregon was selected as the 2009 Miss Northwest Professional Rodeo Association (NPRA) during the NPRA Finals held September 19 and 20 in Sisters, Oregon. Six young ladies from throughout the Northwest competed for the title, however Mackenzie swept the competition, winning all the categories, including Speech, Knowledge, Horsemanship, Personality, and Appearance. Mackenzie will begin her reign January 1, when she takes over the crown from the current Miss NPRA, Alice Monroe of Warren. Mackenzie will spend 2009 representing the NPRA at various functions, parades, and rodeos.



Mackenzie Carr is the daughter of Alan and Barb Carr of Vernonia and a 2008 graduate and Valedictorian of Vernonia High School. Throughout high school she was a member of the varsity volleyball, track, and equestrian teams. She was a member of The National Honor Society and listed in Who's Who Among High School Students. Mackenzie currently attends Oregon State University, majoring in Civil Engineering. Mackenzie served as the 2007 Columbia County Rodeo Court Princess and 2008 Queen.

## Junior Jazzercise and Team Dance Hits Vernonia Fitness Scene

### Free Open House October 2nd

In an effort to educate kids about the importance of fitness for health, Jazzercise Instructor, Penelope Costley, will host a citywide free-for-all Junior Jazzercise & Team Dance Open House Thursday October 2nd from 3 – 5:00 PM at the Vernonia Grange Hall 375 North Street, Vernonia. Parent/guardian consent is required to participate and space is limited; please RSVP Costley at (503)429-0196 to reserve your spot.

Open house festivities will include information on the Junior Jazzercise & Team Dance programs as well as a free workout. Admission is free to everyone, and participants should dress to exercise.

Highlights of the Open House include: A 30 minute workout (modified Jazzercise routines) choreographed Halftime Routine, nutrition talk with handouts, healthy snack, door prize raffle, and special registration discounts

Energetic physical movement mixed with lots of fun music is the way to describe Junior Jazzercise. The program introduces children to the world of dance, music and the lifelong benefits of exercise. Fitness is fun with this exercise program designed especially for boys & girls grades 1st – 5th., through specially choreographed age-appropriate routines to today's most popular music. Not only will they be taught to develop large motor skills, coordination, strength and endurance, but they will learn about nutrition, the body and the importance of physical fitness.

Jazzercise Team Dance is designed to introduce preteens and teens to dance, technique, physiology, nutrition, and the many benefits of exercise. Participants will improve balance, increase flexibility, and enhance cardiovascular endurance through hip-hop, street jam, and funk moves choreographed to today's hottest music.

Participants develop a strong sense of accomplishment and build a better self image through their participation in the program. A non-competitive atmosphere allows them to relax and work together toward a common goal.

*Annabelle*

Antiques, Silver,  
Jewelry, Furniture,  
Collectibles, Art

Featuring...  
Handmade Truffles!  
The finest chocolate  
from Brazil.

866 Bridge Street, Vernonia, OR • 503-429-0444

**Banks Christian Academy**

**It's Harvest Time!**

**Open House**  
October 24, 6:30-7pm

**Harvest Carnival**  
7-9pm

22785 NW Fisher Road  
Buxton, OR 97109  
503-324-4500

**HIGH & DRY in '07!**

Low insurance. Home-Office ready.  
Well-maintained 4bed/2bth home. Gorgeous kitchen, Large fenced yard, Central Air & 1yr Home Warranty. Below market @ \$196,400.  
**OPEN HOUSE October 12, 1-4pm**

**Century 21**  
Wright-Christie & Assoc., Inc.

Call Karen @ 503-332-6664 for more info.  
Karen Durbin, Real Estate Broker  
CENTURY21 Wright-Christie 503-644-2560.  
karen.durbin@century21.com

**Midway Veterinary Clinic**

Small and Large Animals

Open in Vernonia  
Wednesday & Saturday  
9 a.m. - 4 p.m.

Call for Appointments  
(503) 429-1612

Or 24 hr. Emergency Number (503) 397-6470  
805 Bridge Street Vernonia, OR

**You can't predict emergencies,  
but you can always depend on 9-1-1.**

Life is full of uncertainties. But Columbia 9-1-1 is one thing you can count on to be there when you need it. If there's a fire, crime or medical emergency, it's comforting to know you can just pick up a phone—anytime, anywhere—and there's someone on the line within seconds. Literally seconds.

It's also comforting to know that your 9-1-1 call center is staffed with highly trained professionals supported by the latest computer and communications technology. While citizens have approved operating funding for Columbia 9-1-1 to provide this vital service, the Board and staff have also brought in significant state and federal grants to enhance technology and boost efficiency.

Columbia 9-1-1 has coordinated dispatching all of the police, fire and emergency medical agencies county-wide since 1991. We know that people depend on us

to manage costs while providing this essential service around the clock and throughout the year. You can be certain that we take this trust seriously, because you can't put a price on saving lives.

**Your Columbia 9-1-1 Communications District, serving all of our communities since 1991.**

P.O. Box 998 St. Helens, OR 97051  
Administrative Office: (503) 397-7255  
Non-emergency Dispatch:  
(503) 397-1521 1-800-696-7795  
www.columbia911.com

On November 4, voters have the opportunity to keep this essential 9-1-1 service working for all of us. The renewal measure on the ballot would maintain this valuable service at a rate lower than voters first approved in 1998. Please vote and return your ballot in time for it to count. Thank you.  
For more information, go to [www.columbia911.com](http://www.columbia911.com) or call 503-397-7255.

**Tony HYDE**  
For County Commissioner

**Re-elect Tony HYDE,**  
His goals have never changed.

**Re-elect Tony HYDE,**  
His commitment has been unwavering.

**Re-elect Tony HYDE,**  
He continues to bring positive leadership that facilitates positive results.