

Welcome to the world...

Landon James Ruby



Tiffanie and Jeremy, high school sweethearts followed by a fairy tale wedding in the summer of 2005, gave birth to their first child on Friday, March 21, 2008, at Legacy Meridian Park in Tualatin. Landon James Ruby made his grand appearance at 5:32 pm. He weighed 8 pounds 15 ounces and was 21 1/2 inches long. Both Mommy and baby are doing great and recovering in their new home in Vernonia, which was completed in November of 2007. "We are extremely thankful to God for bringing this bundle of joy into our lives!" said Tiffanie. Grandparents Kellie and John Murray reside in Vernonia; Grandparent David Ruby resides in Marysville, WA.

Dylan Ryan Lemay

Announcing the arrival of Dylan Ryan Lemay to proud parents Maria & Mark Lemay. Born 2/28/08, 9lbs 10.8oz and 21" long, Dylan promises to be a sturdy boy like his brother Conor. Dylan's two older siblings, Meghan and Conor adore him and he is enjoying their warm welcome to the family. Grandparents reside in Maine and Ireland.



Vernonia Volunteer to be Honored with Star of Life

Shelley Cota, long time volunteer with the Vernonia Ambulance Association, is being honored as a Star of Life for her dedication to her fellow volunteers and to her community. Cota has been an EMT-Basic for over a decade, working as an EMT professionally on a 9-1-1 unit and as a Field Supervisor for Metro West Ambulance. She also volunteers with the Vernonia Ambulance Association for which she currently serves as President. She has also served as an instructor, coach and mentor to many in the field of EMS.

Cota will travel to Washington DC in May for three days of ceremonies, sightseeing and visits with legislators. The Star of Life awards are presented annually by the American Ambulance Association. They recognize and honor dedicated ambulance service providers.

Cota is being recognized for her years of service as a volunteer and also for her dedication during the recent flooding event in the community. Cota was part of a team of Emergency First Responders that helped their neighbors, friends and families during and immediately after the flood, and she was instrumental in organizing assistance for Ambulance Association members who were directly affected by the flooding.

"Many never reach the level of commitment as a volunteer that Shelly Cota has, but she knows her life is her community and giving to her community is what life is all about," said Metro West Vernonia liaison, Melissa Zimmer. "She has proven that she truly believes everyone is her family."

"This is really quite an honor," said Cota. "I have to ask myself 'Why me?'" because I don't see myself as doing anything really special. It's hard to know how other people see what you do. I just try to say thank you and keep doing what I'm doing."

Cota has been recognized in the past with several awards including Oregon EMT-Basic of the Year and Vernonia Volunteer of the Year.



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