



## CVD and the Construction Industry

### Cardiovascular diseases by the numbers<sup>4</sup>...



**92 million**  
Number of Americans living with some form of cardiovascular disease.

**2,200**  
On average, the number of Americans dying daily from cardiovascular diseases

**40 seconds**  
There is a death from cardiovascular disease in our country every 40 seconds.

### The economic toll of cardiovascular disease

The annual direct and indirect cost of cardiovascular diseases and stroke is estimated to be around **\$316 billion**. Cardiovascular disease and stroke accounted for more of our country's total healthcare costs than any other classification of disease.



### Key risk factors for cardiovascular diseases include...



**Obesity**  
Defined as having a body mass index of 30 or greater



**Tobacco Use**  
Smoking is the leading preventable cause of death in the U.S.



**Lack of Physical Activity**  
A key risk factor for both heart disease and stroke.

### How do construction workers measure up?

**27 percent are obese**

More than a quarter of all construction workers are obese, meaning they have a body mass index of 30 or greater.<sup>3</sup>

**31 percent are smokers**

Smoking is more prevalent in the construction industry than virtually any other major industry<sup>1</sup>.

**66 percent don't get enough exercise**

Healthcare, the service industry and retail workers get more activity on average than construction workers.<sup>2</sup>



### How healthy are you?

The American Heart Association has developed My Life Check, a program that can evaluate your overall heart health based on seven key risk factors for cardiovascular diseases and stroke – including the three risk factors referenced above.

Visit [MyLifeCheck.org](http://MyLifeCheck.org) to get your free heart score today.



## New interactive tool looks at critical repairs needed at National Parks in Oregon

Tool breaks down \$116.5 million of overdue repairs by park and type

\$91.6 million in communities near these sites, having a positive economic impact and supporting jobs.”

National Park Service (NPS) sites are challenged by \$11.6 billion in backlogged repairs.

A new deferred maintenance interactive tool put out by the Pew Charitable Trusts shows the overdue repairs needed state by state and park by park, using NPS data. Pew acquired the information through a Freedom of Information Act request to NPS.

“Identifying repairs needed at national park sites in Oregon, brings home that we must make it a priority to secure reliable funding to preserve these national treasures in our own backyard,” said Willy Myers, executive secretary of the Columbia Pacific Building and Construction Trades Council.

The interactive tool shows that park sites in Oregon had \$116.5 million in deferred maintenance in 2017, with about a quarter of that needed for historic structures and nearly 65 percent for transportation assets, which could include roads, parking lots, and bridges and possibly impact access.

“Our community and businesses count on the tourism dollars generated by visitors to NPS sites in Oregon,” said Myers. “Last year alone, Oregon’s national park visitors spent

This information comes on the heels of an analysis commissioned by Pew that found that if \$11.3 billion were invested to fix deferred maintenance across NPS’ 400-plus sites, more than 110,000 jobs could be created or supported, including more than 1,000 jobs in Oregon.

Almost 3,000 groups nationwide, including the Northwest Oregon Labor Council, have called on Congress to dedicate funding to fix repairs at NPS sites.

There is currently bipartisan legislation moving through Congress, with the support of the Trump Administration, to provide funding for priority repairs over five years. In Oregon, Sen. Ron Wyden and U.S. Representatives Greg Walden, Earl Blumenauer, Suzanne Bonamici, and Kurt Schrader are all sponsors of the legislation.

To use the deferred maintenance interactive tool go to:

**To use the deferred maintenance interactive tool go to:**  
<https://www.pewtrusts.org/en/research-and-analysis/data-visualizations/2018/national-park-deferred-maintenance-needs>

## ...New NAFTA

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Importantly, the provision does not establish a united NAFTA front to combat currency manipulation and misalignment by non-NAFTA parties. In short, the currency rules do not set a strong marker for China or other non-NAFTA partners with a history of currency manipulation and misalignment.

The renegotiation of NAFTA is not over. U.S. Trade Representative Robert E. Lighthizer has made a good start and incorporated some of labor's advice, and there is still much work to do. America's unions will continue to work to improve the rules of trade to benefit our members and all working families of North America. Therefore, we are glad that Canada and the U.S. reached a last minute deal, but we need to review the new text to understand its effects on working families.



Vote  
**Daniel NGUYEN**  
Lake Oswego City Council

### PROUDLY ENDORSED BY:

- Northwest Oregon Labor Council
- Joint Council of Teamsters No. 37
- Clackamas County Fire Fighters Local 1159
- United Food & Commercial Workers Local 555
- Lake Oswego Municipal Employees' Association, AFSCME Local 1546

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for  
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Endorsed by  
**NW Oregon Labor Council**