



TAKE A FRESH LOOK AT KAISER PERMANENTE

In these challenging economic times, our integrated care delivery system can save you time and money. Most of our medical offices include onsite lab, pharmacy, X-ray, and vision care services so you don't have to run all over town. We've also added more primary care appointments and medical facilities to meet your health care needs.

My Health Manager on kp.org allows you to e-mail your doctor's office, schedule appointments, view most lab results, and refill prescriptions. Our CHP Active & Healthy program helps you save money on nearly everything active, healthy, and fun. You'll save money on health club memberships, ski lift tickets, sporting events, and much more.

Choose value. Choose health. Choose Kaiser Permanente.



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