

Set your holiday table with union-made goods

If you're planning a holiday meal or party this year, don't forget to look for the union label on food and produce that you buy.

Grocery, meat and in-store bakeries are unionized at most **Fred Meyer, Safeway, Albertsons, Haggens** (Oregon City bakery) and **QFC** stores.

Grocery checkers and meat cutters are members of United Food and Commercial Workers Local 555, and in-store bakery workers are members of Bakery, Confectionery Tobacco Workers and Grain Millers Local 114.

In addition to the stores listed above, there are unionized in-store bakeries at **Roth's Family Markets, Rosauer's** (Hood River), and **Sherm's Thunderbird** (Roseburg).

Roth's and **Wizer's** stores also have unionized meat departments.

Gartners Country Meats in Portland, **M&M Inc.** in Dallas, Oregon, **Jack's Family Market** in Salem, **Rick's Food Market** in Jefferson, **Rudy's Newport Avenue Market** in Bend, **Long's Meat Market** in Eugene, and the **Red Apple Market** in St. Helens, also are union meat markets.

WHAT TO BUY

Baked goods from **Oroweat, Franz, Williams, Fred Meyer Clackamas Bakery** and **Safeway Clackamas Bread Plant** are made by members of Bakers Local 114.

Teamsters and Operating Engineers represent workers at **Tillamook County Creamery**, where some of the best cheese in the world is produced.

Teamsters also represent workers at **Darigold, Umpqua, Franz Bakery**, and **Bimbo**.

Foster Farms produces poultry at plants in Corvallis, Oregon and Kelso, Wash., and **Hill Meat Co.** in Pendleton produces fresh and smoked pork products that can be purchased at local grocers. Workers at all these plants are represented by UFCW Local 555.

The Northwest Labor Press has compiled a union shopping list for your food, beverage and dessert purchases. It is by no means an all-inclusive list, but it does include products made by members of both the AFL-CIO and Change to Win labor federations. Products are selected from union Web sites, past Union Industries Show participants, and from lists supplied by local unions.

HAMS: Alexander & Hornung, Appleton, Armour, Star, Ashley Farm, Best Choice, Best Yet, Big V, Big Y, Black Forest, Boar's Head, Brookside, Cooks, Copperfields, Daisyfield, Falls Brand, Farm Fresh, Farmland, Gallery Gourmet, Goodies, Harriet & David, Harry & David, HEB, Horizon, Hormel, John Morrell, Kings, Kirkland, Kroger, Lancaster, Margaritta, Mar-

shallville, Master Choice, Mountain Hams, Nicks, Our Family, Patrick Cudahy, Perfect Choice, Rosewood Farms, Safeway, Sahlen's, Schwann's, Seneca, Shaws, Sherwood, Shoppers, Smithfield, Stevens, Sugar Tree, Sugardale Foods, Swift, Tops, Up Country, Wellsley, Wilson Continental.

FRESH FRUITS: Mann's CA apples; Sunflavor CA; Elwin R. Mann apples; Airdrome*, Big Jim*, Sunkist*, Sunworld citrus* (grapefruit, lemons, oranges, tangerines); Swanton Berry strawberries; Coastal Berry Co.; Montpelier almonds; Patos Dream Date Garden dates. * *Only those with United Farm Workers Black Eagle label.*

VEGETABLES: Fresh: Family Farms, Monterey (California), Ariel, Del Fresh mushrooms; Andyboy vegetables; Muranaka*.

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Frozen: Bird's Eye; Freshlike; Hanover; Sparten. **Canned:** Goya blackeye and chickpeas; Green Giant; Hanover; Libbey's; Kroger cut green beans, peeled whole tomatoes, whole kernel corn; Tender-sweet.

ROSES: Armstrong, Jackson and Perkins (J&P), Meilland Star.

WINES/CHAMPAGNES: Almaden; Andre; Arbor Mist; Bartles & James; Boone's Farm; Carlo Rossi; CC Vineyards; Chateau Ste. Michelle; Columbia Crest; Saddle Mountain; Farron Ridge; North Star; Snoqualmie; St. Supery; C.R. Cellars, C.K. Mondavi, Charles Krug, Scheid Vineyards Inc.; Coastal Vinters; Cook's; Cooperfield; Corbett Canyon; Cresta Blanca; Deer Valley; DeFleu; E & J Brandy; Eden Roc; Ernest & Julio Gallo; Estate Cellars; Estate Inglenook; Franzia; Gossamer Bay; Holland House; Hornsby's; Indigo Hills; Inglenook Premium; J. Roget; Jacques Bibet; Jacques Bonet; Jacques Reynard; Krug; Le Domaine; Lejon Vermouth; Livingston Cellars; Manischewicz; Marcelina; Mogen David; Montpelier; Mystic Cliffs; Napoleon; Oakridge Vineyards; Paul Masson; Peter Vella; Scheffield; Seagram's Coolers; Select; Sonoma Tier; Stanford; Stefani; Taylor California Cellars; Taylor New York State; Totts; Tribuno Vermouth; Turning Leaf; Via Firenze; Weibel; Wycliff; Zonin.

LIQUOR: 4 Roses Bourbon; After Shock; Amar Di Amore; De Sabroso; ; Bakers; Baronof; Barren Vonschoter; Barton; Basil Hayden; Beam; Bellows; Benchmark; Blanton's; Brigadier; Budweiser; Bush Pilot; Cactus Juice; Calvert; Calypso Dark Rum; Canada House; Canadian Barclay; Canadian Hunter; Captain

Gold Tequila; Captain Morgan; Caribbean; Chi Chi; Coronet; Crystal Palace; Dekuyper; Dubonet; Fleischmann's; Gilbey's; Godiva; Grand Dad Bourbon; Imperial Blend; Jim Beam; Kamachatka; Kentucky Gentlemen; Knob Creek; Labatt's Blue; McNaughton; Molson; Moosehead; Mr. Boston; Old Crow; Pallo Viejo; Parrot Bay; Ron Rico; Royal Club Blend; Sazerac Bourbon; Schenely; Seagram's; ; VO; Wild Turkey; Windsor; Wolschmidt.

COFFEE/TEA: Kivu bulk beans in Fred Meyer stores are roasted by members of Portland-based Bakers Local 114; Boyd, USA, Melitta, Maxwell House, Peerless, Superior coffees; Tetley Tea, Mr. & Mrs. Tea, S.S. Pierce Teas, Great Value, Best Choice, Darj Green.

CANDY/STOCKING STUFFERS: Hershey; Jolly Rancher; Pot of Gold chocolates; Ovation mint sticks; Fifth Avenue; Zagnut; York Peppermint Patties; Nestle Treasures; Russell Stover Candies; Laffy Taffy; Baby Ruth; Butterfinger; BB's and Pearson's Nips; Jelly Bellies; Chocolate Dutch Mints; Chocolate Temptations; Dimples; Sweet Temptations; Herman Goelitz malted milk balls and licorice; NECCO Wafers; Mary Jane Peanut Butter Chews; Sky Bar; Thin Mints; Bolster Bar; Masterpieces and Clark Bar; See's Famous Old Time Candies; Frito-Lay chips and snacks; Orville Redenbacher popcorn; Kraft snack products; Godiva chocolates; Coastal Berry Co. fruit and nuts; Montpelier Almonds; Sunkist citrus fruit; Sunworld citrus fruit; Maui Pineapple Co.; Ghirardelli chocolates; Brown & Halley candies; Corn Nuts, Franz Cookies (made in McMinnville, Oregon by members of Bakers Local 364), all Nabisco products, Hostess, Entenmanns, and Kellogg-General Mills cereals.

CONDIMENTS: Aunt Jemima; Cattlemen's; Colonial; Colonial Salt; Diamond Crystal Salt; Durkee; Dutch Mill; Ebro; Flake; French's mustard; Fry Krisp Guldens mustard Heinz Catsup; Heinz Ketchup; Hidden Valley Ranch; Hormel; Jefferson Island; JIF peanut butter; Ken Salad Dressing; Kernal Fresh; Kitchen Bouquet; Leslie; Lucky Whip; Monarch salt; Monterey mushrooms; Morton salts; Mrs. Butterworth's; Nifda salt; Open Pit Onion, Sweet, Thick & Tangy Smoked Grill, T & T Sugar and Spice, T&T Original, Thick and Hickory, Traditional; Pace; Peanut Butter Crunch; Red & White Salt; Red Cross; Red, White and Blue; Saucy Sweet and Sour Sauce; Sorrell Ridge; Sterling Salt; Sunflower & Scotts; Susan & Polynesian; Sysco Salt; Van Holtens; Vince & Son's; Vlasic; Watkins sauces, Watkins spices.

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the Labor Community a
joyful holiday season.

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