

Set your holiday table with union-made goods

If you're planning a holiday meal or party this year, don't forget to look for the union label on food and produce that you buy.

Grocery, meat and in-store bakeries are unionized at most **Fred Meyer, Safeway, Albertsons, Haggens** and **QFC** stores.

Grocery checkers and meat cutters are members of **United Food and Commercial Workers Local 555**, and in-store bakery workers are members of **Bakery, Confectionery Tobacco Workers and Grain Millers Local 114**.

In addition to the stores listed above, there are unionized in-store bakeries at **Roth's Family Markets, Rosauer's** (Hood River), and **Sherm's Thunderbird** (Roseburg).

Roth's and **Wizer's** stores also have unionized meat departments.

Gartners Country Meats in Portland, **M&M Inc.** in Dalles, Oregon, **Jack's Family Market** in Salem, **Rick's Food Market** in Jefferson, **Rudy's Market** in Newport, **Long's Meat Market** in Longview, and the **Red Apple Market** in St. Helens, also are union meat markets.

WHAT TO BUY

Baked goods from **Oroweat, Franz, Williams, Fred Meyer Clackamas Bakery** and **Safeway Clackamas Bread Plant** are made by members of **Bakers Local 114**.

Teamsters and Operating Engineers represent workers at **Tillamook County Creamery**, where some of the best cheese in the world is produced.

Teamsters also represent workers at **Smuckers, Darigold** and **Franz Bakery**.

Foster Farms produces poultry at plants in Corvallis and Creswell, and **Hill Meat Co.** in Pendleton produces fresh and smoked pork products that can be purchased at local grocers. Workers at all these plants are represented by **UFCW Local 555**.

The Northwest Labor Press has

compiled a union shopping list for your food, beverage and dessert purchases. It is by no means an all-inclusive list, but it does include products made by members of both the **AFL-CIO** and **Change to Win** labor federations. Products are selected from union Web sites, the **Union Industries Show** participants and from lists supplied by local unions.

HAMS: Alexander & Hornung, Appleton, Armour, Armour Golden Star, Ashley Farm, Best Choice, Best Yet, Big V, Big Y, Black Forest, Boar's Head, Brookside, Carando, Cooks, Copperfields, Eckrich, Extra Tender Fresh Pork, Farm Fresh, Farmland, Gallery Gourmet, Harriet & David, HEB, Hormel, Kroger, Lancaster, Levonian, Lykes Sunnyland, Margaritta, Master Choice, Our Family, Patrick Cudahy, Perfect Choice Honey Ham, Peter Eckrich, Prestige, Ridge Creek, Rosewood Farms, Safeway, Sahlen's, Shaws, Sherwood, Shoppers, Smithfield Sugar Tree, Swift, Tops, Wilson Continental Deli.

COFFEE/TEA: Boyd, USA, Melitta, Maxwell House, Peerless, Superior coffees; Tetley Tea, Mr. & Mrs. Tea, S.S. Pierce Teas, Great Value, Best Choice, Darj Green.

WINES/CHAMPAGNES: Chateau Ste. Michelle; Columbia

Crest; Saddle Mountain; Farron Ridge; North Star; Snoqualmie; St. Supery; E&J Gallo; Scheid Vineyards, Inc.; Gallo of Sonoma; Gallo Estate; Rancho Zabaco; Anapamu; Marcelina; Indigo Hills; Turning Leaf; B&J (Bartle & James); Boone's Farm; Carlo Rossi; CC Vineyards; Chateau Lafayette; Corbett Canyon; Cresta Blanca; Eden Roc; Estate Cellars; Estate Inglenook; Franzia Wine in the Box; Inglenook Premium Select; Le Domaine; Livingston Cellars; Oakridge Vineyards; Mogen David; Paul Masson; Sonoma Cask Sebastiani; Vintner's Choice.

CANDY/STOCKING STUFFERS: Hershey Products; Jolly Rancher Candies; Pot of Gold chocolates; Ovation mint sticks; Fifth Avenue; Zagnut; York Peppermint Patties; Nestle Treasures; Russell Stover Candies; Laffy Taffy; Flips Pretzels; Baby Ruth; Butterfinger; BB's and Pearson's Nips; Jelly Bellies; Chocolate Dutch Mints; Chocolate Temptations; Dimples; Sweet Temptations; Malted Milk Balls — Herman Goelitz; Licorice — Herman Goelitz; NECCO Wafers; Mary Jane Peanut Butter Chews; Sky Bar; Thin Mints; Bolster Bar; Masterpieces and Clark Bar; See's Famous Old Time Candies; Frito-Lay chips and snacks; Orville Redenbacher popcorn; Kraft snack

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