

Track team sprints toward State championship

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Staff Reporter

Matching up against Lakeridge on April 18 for their fourth Three Rivers League meet of the season, it all came down to the triple jump for the girls' team.

Rachel Seigneur, junior, claimed first in the 3000m with Katherine Flyte, freshman, finishing second. Taylor Nowlin, sophomore, and four other Lion runners finished the 1500m before the first runner for the Pacers even crossed the finish line.

In the end, their efforts weren't enough, although it took a freshman from Lakeridge jumping more than a four feet better than her personal best in the triple jump to defeat the Lions, 74-68.

For the boys, Nicholas Kemner, senior, won the pole vault and Ben Morrow, junior, took second in the 3000.

Sambaran Chatterjee also grabbed first in the 200.

It came down to the end, but the boys pulled it out, accomplishing what the girls couldn't, beating the Pacers 86-59.

Despite a recent Three Rivers League loss to Putnam, the team surprised many in the first four TRL meets of the season.

In the meet against Putnam, the boys lost three of the top distance runners, Ben Morrow, Taylor Kolasinski, Michael Bernert, juniors, to a Model UN meeting, crippling their chances. The boys ended up losing but the girls took home another victory.

The big story was the first two TRL meets of the season, where the Lions were considered underdogs, including a big win against Oregon City on April 4.

"It was going to be a tight meet; could have gone either way, but we stepped up," Joe Cerny, boys' track coach, said.

Oregon City was projected to win but Cerny stressed the importance of getting it done on the track, not just on paper. They beat the Pioneers 78-67. But what pleased Cerny more was the way everyone in all the different events, running, jumping, throwing stepped up and contributed.

The big race was the 800m which was won by Kolasinski and Charles Lammers, senior, who finished second with a personal record of 2:07.

Another big first and second finish for the Lions was the 300m hurdles. Shawn Miller, senior captain, won the race, and Bryce Baker, sophomore, pulled into second place on the last two hurdles, in spite of a quad injury.

"He did a good job battling through a little soreness. I wasn't surprised by it, but I was pleased," Cerny said.

The girls also swept many events during the meet in a big win against Pioneers.

Jasmine Whitlock and Taylor Brooke, sophomores, placed first and second in the 100m and 200m dashes. The Lions swept the 800m and 1500m with first place finishes by Taylor Nowlin, sophomore, and Natalie Pittenger, junior.



Sambaran Chatterjee, senior, finishes out his 100m dash during the Oregon City meet April 4. The Lions were underdogs to the Pioneers, but came away with the victory. Photo by Malia Chong

Ali Super, junior, lead a sweep in the javelin.

Later the same week, the boys traveled to the Sisters Invitational on April 7. Miller had a great weekend there, placing second in the 110m high hurdles followed by Alexander Schlitt, sophomore, in third.

The Lions also upset the Lake Oswego Lakers on their home turf the previous week. It was almost the same scenario as the Oregon City meet, according to some of the

track members.

"I think going into the meet, (the mindset was) it was going to be close, with Lake Oswego favored, but we all stepped up together and the results were a lot better than we expected," Nico Matthews, sophomore, said.

Matthews helped the team in a huge way, winning three events and tying for first in his fourth event scoring 20 points for the team.

Sambaran Chatterjee, senior, won the 100 and 200 meter dashes.

The girls swept the discus against the Lakers, with Samantha Dewart, junior, throwing huge. Cerny said the team dominated the field events.

The first meet of the season was a non-scoring meet at Tigard where four teams competed. Super threw the javelin two inches shorter than the school record at Tigard.

"She is one of the leading throwers in the nation, not just Oregon," Cerny said.

The team also got to see Clackamas at Tigard which is going to be beneficial because the Lions will not face the Cavaliers in a dual meet this season but will face them at Districts. Cerny cited the Cavaliers as the team to beat in the TRL.

This year, Districts will be hosted by West Linn for the first time in five years, on May 10 and May 11.

Undefeated Girls' Tennis Team sits atop league

The Girls' Tennis Team started its season with a bang, and Aaron Downs, Varsity Head Coach, believes his players have made strong progress so far. He predicts a great outcome at Districts.

The team features a balance of seasoned veterans as well as young talent. At first doubles, Christiana Cha and Kaitlan Locke, seniors, after last year's successful season in which they reached the State tournament and second doubles, Alexandra Smith, junior, and Kellie Kawasaki, sophomore, have a good chance of making it to State.

At first singles, Danika Tonning, sophomore, also has a chance to make it to State. She has turned in excellent results and overcome the

challenge of changing from doubles last year to singles

everyone," Downs said.

The team holds intense practices which last up to an hour, about two to four times a week after school. If they are not at practice, they are competing.

So far they have had seven matches and they have won all of them including a close win over rival Lakeridge, 10-9, despite the fact that they have missed some practice time and a tournament in Bend on April 14.

"We've missed the last couple weeks because it was raining," Tonning said.

The team is 7-0 (4-0 in league) and preparing for its toughest match of the season against Lake Oswego on Wednesday. Other upcoming dual matches are being held today at Putnam and Friday at Clackamas. Districts will take place on May 9 and 10 at the Portland Tennis Center.

this year.

New players Taylor Coronel and Catherine Broadhurst, sophomores, have been important new additions at third doubles.

"These things can take a while to adjust, but the great senior leadership has made things much easier and has been very helpful to



Danika Tonning, sophomore, battles back against Lakeridge. Tonning won a hard fought match that went longer than any of the others. Photo by Jon Helmkamp

Equestrian Team canters to next meet

SARAH CHICOINE

Forum Editor

With the second of four meets finished, Equestrian Team members are feeling positive. Although the individuals practice on their own consistently, the team can be found every week working with the Wilsonville team, practicing in Wilsonville.

"It's great being with all my teammates and watching everyone progress as the season goes on," Ahnalise Murray, senior, said.

Because of their hard work, three of the team's athletes are in top 20 out of the 122 athletes in the TriRiver Valley District. Elizabeth Sloop, senior, is tied for second, seven points behind first. Hillary Obye, junior, is in sixth and Karleigh Vroman, sophomore, is 20th.

The team's second meet was held on March 15-18.

Each meet consists of 26 events including jumping, hunt seat, stock seat, working rancher, reining and figure eight. Murray pulled through in their second meet with seventh place in the figure eight with a time of 11.84 and fifth in barrels with a 16.37.

Sloop also contributed a first place in reining and working rancher, gaining the team 40 points. The team also finished well in trail and stock seat; Obye in third and Sloop in fourth. Vroman finished fifth in stock seat; Obye won first in hunt seat with Vroman not far behind in third. Maile Reiniche, junior, came through with a second in huntseat overfences.

With many great performances, the team placed fourth in its second meet and hopes for a good showing at State.