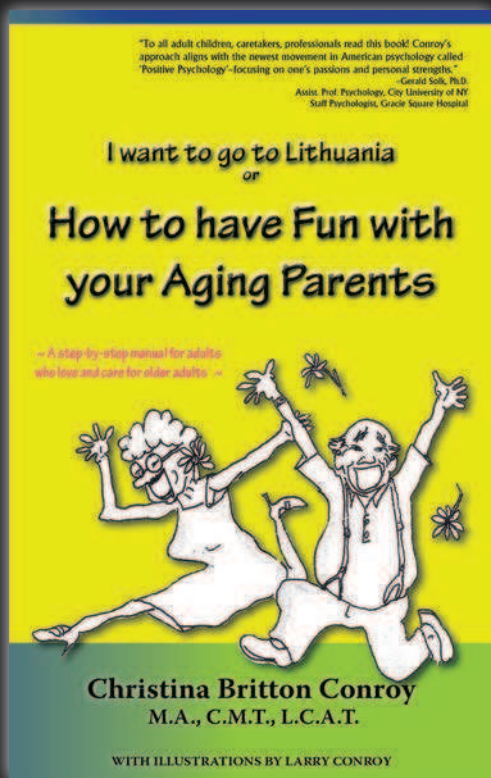


Local



~ A step-by-step manual for adults who love and care for older adults ~



Christina Britton Conroy, M.A., L.C.A.T., C.M.T. is the founder and Executive Director of Music Gives Life, bringing musical performing into the lives of senior citizens. Many of her elderly showstoppers, ages 60-101, never performed in public before joining Christina's program. NY1 - TV NEWS named them NYers of the Week. A former senior center director, nursing home music therapist, and primary caregiver for two elderly family members, Christina has unique insights into the joys and frustrations shared by geriatric patients and their caregivers.

One afternoon, music therapist Christina Britton Conroy was taking nursing home residents to activities. She was thrilled when a sweet, disoriented lady joined her group. "Mary, it's so good to see you. Do you want to go to the Bible study or BINGO?" she asked. Mary replied, "I want to go to Lithuania."

"An insightful, unique approach to helping people cope with the demands of dealing with the elderly. The writing is entertaining and insightful."
— John J. Daly, M.D., NYC Police Surgeon, St. Vincent's Hospital, NYC

"... social workers, nursing-home and community center staffers, psychologists, and family members of patients with dementia/Alzheimer's could all benefit from this information."
— Judy Foust, RN, US Army Hospital, retired, Low Vision Nursing Specialist, Lighthouse NYC

"... a great resource for caregivers, whether they are children of aging parents or professionals working in a health care settings. Conroy puts a new spin on the different ways to manage the elderly population. This book is a great reference and a great read."
— Donna Malech, R. N., P. H. N., Visiting Nurse Service, NYC

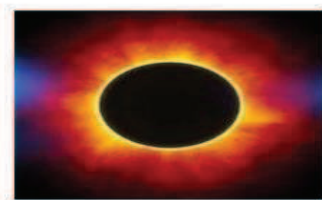
"A must in any caregiver's library."
—Marie Sibilla, Psychotherapist, Private Practice, NYC

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